

South Arm Peninsula News

Vol. 10, Issue 5 | October - November 2020

Cruises from South Arm Jetty a success!

Pennicott Wilderness Journey's Iron Pot cruise was a fantastic success with over 80 people taking the trip. As a result of demand (and some weather changes) this event ended up running over 5 days in August and September.

What a fabulous experience it was for us to be collected so close to home, and how grateful Pennicott's were of community support. Rob Pennicott wrote a letter to the editor of The Mercury which was published on Saturday 29th August 2020 saying "Thank you Tasmania. I have been blown away by the kindness and generosity of Tasmanians.... who have been amazing getting out and about. And we have had support from people joining special events." That's us! WELL DONE SOUTH ARM PENINSULA!

Story continues on page 2



What a day on 'the Spit Track'!

A great community effort, supported by funds from the Tasmanian Community Fund and Clarence City Council has seen 'The Spit Track' undergo a dramatic facelift! Along with the huge volunteer turnout, many thanks also go to Peter Hodoniczky for working with us so closely on the sculpture design, Lazenby Sand for their advice on materials and Shane at the local School Road quarry for his rock donation. [Photos page 5.]



3 cubic metres of gravel



4 tonnes of rock



18 cubic metres of mulch



20 plants



1 very heavy rock moved



1 fish landed



750kg of green waste (weeds) + rubbish removed



40 toasties, 2 big pots of curry, 1 cake + lots of fruit consumed



1 day



76 volunteers incl. 36 kids



approx. 200+ person-hours of work

A massive thanks for this great community group effort. We hope the work gives track walkers an even more amazing experience of this special part of the world.

– The Pipe Clay Coastcare Team



About this newsletter

Contributions to the newsletter close the 2nd Friday, every 2nd month -
Friday 13 November 2020

Send contributions -
 Wendy Polzin
 editor@southarm.tas.au
 0428 339 400

Advertising enquiries -
 Kerry Scambler
 SAPRAPres@southarm.tas.au
 0407 875 460

The bi-monthly *South Arm Peninsula News* is distributed throughout the South Arm Peninsula community - Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

The newsletter was initiated, and continues to be supported by, the South Arm Peninsula Residents Association (SAPRA). Please note, the opinions expressed in articles are not necessarily the views of the Committee.

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

SAPRA Committee members:

President

Kerry Scambler 0407 875 460
 SAPRAPres@southarm.tas.au

Treasurer

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 SAPRATreas@southarm.tas.au

Secretary

Kirstie Judd 0426 821 530
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General Committee:

Lyn Aylett

Beth Cooke 0439 624 799

Karen Kelly 0439 474 370

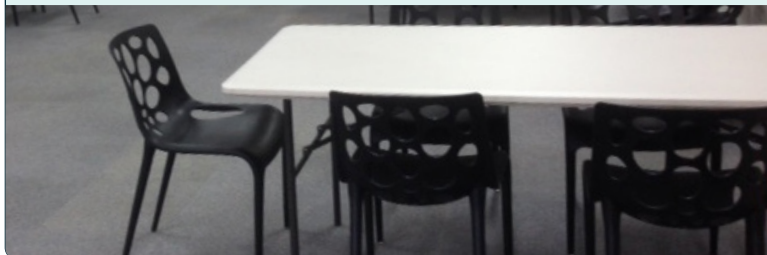
Bree Hunter 0448 332 560

Sharyn Von Bertouch 0429 199 113

Grant success



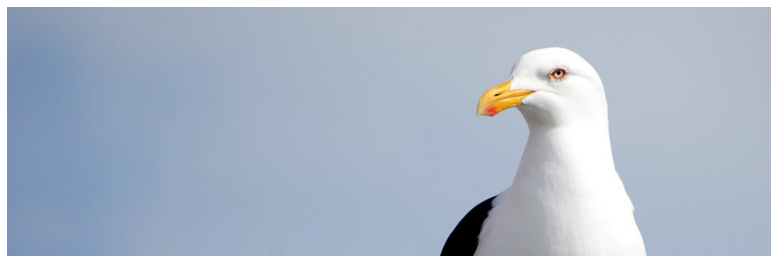
22 New centre chairs have been provided to the community centre as a result of a \$1000 grant obtained for us by Hon Jacquie Petrusma MP. They replace the mismatched chairs that have been in use for many years. These new chairs are light, easy stack, Covid cleaning friendly and look really snazzy.



Cruises cont'd

Such was the appreciation and enjoyment of the experience, the SAPRA committee is discussing another cruise with Pennicott Wilderness Journeys to circumnavigate Bruny Island. This will be a full day cruise (5-6 hours), departing South Arm jetty, and making a stop on Bruny island for refreshments. It is likely to occur in late November or early December 2020 and it is possible we may have the maiden voyage of a brand new 45 seat catamaran, prior to it being sent to Coles Bay where it will be permanently moored.

As details and dates are finalised, social media and community notice boards will be updated. **We're excited!**

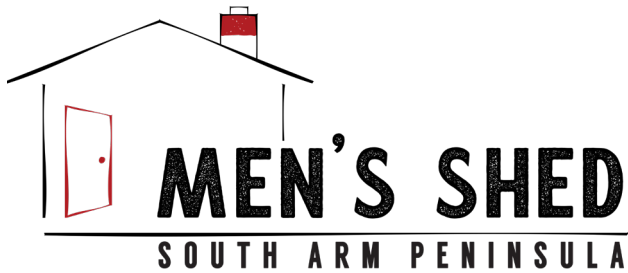


Rainfall around the Peninsula



	Cremorne	Opossum Bay	Sandford	South Arm
July	9.0mm	7.8mm	10.8mm	5.0mm
August	91.5mm	80.0mm	85.1mm	65.2mm
2020 Year to Date	413.75mm	412.5mm	437.9mm	292.6mm
2019 Year to Date	239.75mm	254.6mm	262.7mm	202.0mm
	Geir Hurlen Rødven	Teresa Quine	Bradley Lee	Bob Kimber

In Cremorne, Geir noted that July 2020 is the driest July in his records (from 2009) and August 2020 is the wettest August!



Men's Shed update

It's been a busy couple of months in the Shed!

Thanks to all who bought raffle tickets and the prize donors - Pennicotts, SA Community Pharmacy, SA RSL & Community Club, the SA Store and Harmony Garden Centre. Congrats to the winners too!

We partnered with Harmony Garden Centre Market exchanging excellent car parking marshals for a \$200 Harmony voucher to raffle and a free stall at the market. Win win! We followed up with a stall at the South Arm Market the following day receiving a very positive response across both.

Shed members turned into worker bees for the Iron Plot Community Garden, helping out with some structures and maintenance - another partnership is budding!

Our very first AGM is on the 27th Sept at the Community Centre where the preliminary plans will be on show and more information available. For more details contact us.

Membership is up to a fantastic 70 and there's plenty of room for more. If you want to join, know more or support the Shed in any way, please contact us.

Enquiries:
Robin 0408 446 249 or Steve 0419 339 415
email: mensshed@southarm.tas.au

Founding membership only \$10

Forms at South Arm Store, Community Centre or www.southarm.tas.au/index.php/mens-shed/



South Arm Primary students support Homely Retreats

Our local school is working alongside Bayview Secondary College to grow awareness about how Homely Retreats provides respite for families affected by cancer and helping to fundraise for the cause. Over \$1900 was raised over four primary schools - South Arm, Lauderdale, Rokeby and Clarendon Vale - a wonderful effort!

The students are also learning about the importance of community support, how they can be involved and the great value of their contribution.



South Arm Primary hosted an event in August which made WIN news. Pictured above are Grade 6 students Molly Aliendi and Oliver Hayes being interviewed!

For more information, www.homelyretreats.com.au

SAVE THE DATE

SAPRA AGM + General Meeting



7pm TUESDAY 17th November

Updates on SAPRA and other community activities/groups. Further details to come.

Committee nominations open shortly - check SAPRA FB page or email SAPRASec@southarm.tas.au for details and a nomination form (or phone 0407 875 460). It can be a rewarding, challenging, fun and great way to connect with others in our local community. Open to those who live and/or work on the South Arm Peninsula and have their community at heart.

- Kerry Scambler | President, SAPRA
0407 875 460 | SAPRAPres@southarm.tas.au

A little history -

Convicts in South Arm part II

In the previous edition, we met James Hatherall, who purchased a farm in the Peninsula, which would later be farmed by John Potter. Originally listed as a Seaman, John was the son of Thomas Steadman and Mary Ann Potter, marrying Elizabeth Ann Alomes at Hobart in 1861. They farmed a 350 acre property at the end of South Arm Peninsula.

In 1859 John Potter was reported as being a boatman and he likely first met James Hatherall who was also boatman at Hobart Town. John Potter owned the passage boat 'Peter & James' which carried firewood and produce to Hobart Town from South Arm, when he held the lease on the property, being sold by William Lindsay in 1858, due to Hatherall defaulting payments.

An interesting article in *The Mercury* of April 25, 1874 about the search for bodies from the 'Henrietta':

"Mr. John Potter of the 'Peter and James', who left yesterday for Ralph's Bay, intends making a search for the bodies further down the river."

The Mercury of September 28, 1877 reported that John Potter was appointed the Constable at South Arm and the October 11, 1883 edition carried a thank you notice as follows:

"I, THOMAS SMITH, who was unfortunate in losing my leg, through an accident on board the "Alfred and Lizzie," wish most sincerely to return my GRATEFUL THANKS to all those who have assisted and subscribed to get me an artificial leg. I most heartily thank Mr. John Potter, of South Arm, for rescuing me from my perilous position in such heavy surf."

The 'Alfred & Lizzie' was a barge that traded between Pittwater and Hobart, which went to ground on Hope Beach during a storm and was a total loss. The remains of the 'Alfred & Lizzie' could still be seen at low tide when I visited Hope Beach many years after in 1940. I never saw the remains again.

- Maurice Potter

BINGO



Come join in some fun with BINGO at the Community Centre. Play for \$150 in cash prizes at each event. \$15 to play. \$2 for unlimited tea and coffee. Get a table of friends together or meet new people on the day.

Exact days and times are being finalised but at this stage a Wednesday night (BYO wine and nibbles to the evening event) and a Thursday afternoon seem likely. Keep an eye on the South Arm Community Centre Facebook page, the SAPRA notice boards, or contact us for more details.



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Remembrance Day

If **authorised**, the South Arm RSL Sub-Branch will again conduct a Remembrance Day Service at the South Arm RSL Remembrance Wall at 10.30am, Wednesday 11 November.

Notices will be posted at major centres of South Arm early in November.

– *Mike Gallagher, President South Arm RSL Sub-Branch Inc*



Volunteer opportunities

SAPRA needs you! 

This is a great opportunity to give back to this beautiful region of ours and to meet new people.

More volunteers will enable the sharing of effort, and give SAPRA the capacity to stage more community activities.

You can volunteer on a regular or event basis. We have a range of opportunities:

- Catering or bar service
- Op shop retail sales
- History room openings or library service
- Deliveries, collections
- Event set up / pack up
- Maintenance activities
- Gardening
- Working bees
- Region ambassadors
- Committees and working groups
- Fundraising activities
- Community bus drivers,
- Event coordinators
- and so much more!

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Pipe Clay Coastcare Working Bee





St Barnabas news

Although nothing is finalised yet, we do have some good news at St Barnabas.

Weekly at 10:a.m is proving a popular Service time, and the congregation is slowly growing.

We have a new minister with 4 young children coming to look after this Parish, (Howrah to Opossum Bay), at the end of October. He is looking forward to getting to know people in the Community.

A very happy Baptism service has been held, the first for some time, when we were delighted to welcome Wesley to a new start in his life.



Our Friday discussion group is quite a lively time as we see just how relevant the Bible is for today. (**B**asic **I**nstructions **B**efore **L**eaving **E**arth) as someone worked out.

Operation Christmas Child

A big thank you to everyone who has taken shoe boxes to fill, and also to those who have donated money towards sending them. A gift like this can literally turn around the life of a child who has never owned anything.

If anyone would like to see a DVD of the children opening their boxes, please call 6239 9244.

Please return the boxes around the end of September, (but Oct is not too late).

Please get in touch if there's anything we can do to help, or even if you're just feeling lonely and would like a chat.

– Jane Beavan



The market is back!

Well crack open the hand sanitiser! The South Arm Community market is back!

Mindful of COVID-19 requirements, "team market" organisers put on a great September event. Outdoor stalls were aplenty and happy patrons enjoyed the available wares and uplifting atmosphere.

Couldn't get there? Well good news, future health advice permitting, the market is set to continue in October and November. Great time to do your Christmas shopping, with lots of handmade gifts, an array of plants and gift cards. Enjoy the yummy home made food, amazing coffee and treat yourself to a snag or two, or just come down and enjoy the fun! Keeping fingers crossed we will have the veggies back.

For latest updates and photos of the September market, check out the work of our new on-site photographer Sammy-Jo featured on the market Facebook page.

– South Arm Community Market Team

New local business – Thai food delivery + cookery classes

Last month Ann Patcharin of Sandford launched a new venture - Thai Larder. Every week delicious, home-cooked authentic Thai ready-made meals are created from scratch and delivered locally (and beyond) in biodegradable packaging. All ingredients are carefully sourced from the freshest premium quality produce and free range meat, Tasmanian grown wherever possible.

Ann also offers private, tailored cooking lessons and Thai catering, and organises corporate cooking events. Read her story and this new local business at www.thailarder.com.au



SAPRA update

Partnerships sometimes arise in unlikely places and we are delighted to be working with Pennicotts Cruises to help an iconic Tassie business through these times. AND what a huge bonus to be boarding from our local jetty! The Devonshire teas at the Centre following the cruises were a treat. Thanks to the SAPRA team that organised both.

Another great partnership - SAPRA and the Southern Support School. SAPRA needs newsletter folding help and the School needs real life work and community service experiences for their students. Thanks go both ways:-)

Membership continues to grow - thank you to everyone who has joined and shown us that our community work is valued. It means a great deal!

Community Centre upgrades: don't our new black chairs look rather swish! Instant hot water in the servery helps our COVIDSafe plan and is great for gatherings small and large. Thanks to Hon Jacque Petrusma MP for the purchase of both and to Moonah Plumbing and Terry Hill for installation of the cylinder. Thanks also to Abundant Life Church for the donation of a freezer.

Market: a glorious spring day took on much more meaning this year with the return of our market and happy faces everywhere!

Community Garden: the Plotters have been busy and the garden is looking just glorious, a lovely setting for the our artistically decorated wood-fired oven (available for hire).

COVID19 and future plans: this dreaded lurgy had a big impact on the SAPRA/Centre finances but we're planning some fun ways to bring funds back. Paint 'n' wine, bingo, fashion parade and many more are on the whiteboard!

AGM: is scheduled for 17th November (see p3) seeing the celebration of SAPRA's 31st year and the start of yet another. A great effort for a small volunteer run community organisation!

Care pack deliveries by our Community Volunteers is lessening as things improve but we'll keep monitoring and respond as and when required.

LIKE TO GET INVOLVED IN YOUR COMMUNITY? Join the committee or just help out in any small/medium/large way you can! SAPRA is involved in a wide range of activities and also offers the chance to bring a community project or idea to life (see page 5). Please just get in touch!

We're so thankful that at the time of writing we are all safe but please be aware the impact on some is far from over. Please, look out and look after each other.

– Kerry Scambler | President, SAPRA
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www.facebook.com/Sapra.Inc



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Name(s)	<input style="width: 100%;" type="text"/>	
Address	<input style="width: 100%;" type="text"/>	
Phone	<input style="width: 200px;" type="text"/>	Email <input style="width: 200px;" type="text"/>
Date	<input style="width: 200px;" type="text"/>	Amount enclosed (\$2 pp, and donations welcome) <input style="width: 50px;" type="text" value="\$"/>
Leave this form at the South Arm Shop in the SAPRA mail box. Thankyou for supporting SAPRA's work in our community.		

Launch of alternate vision for Arm End Reserve



On Sunday 30th August, Re Imagine The End's vision for Arm End Reserve was launched at the end of Spitfarm Road. Thirty supporters attended the launch, most were residents from South Arm and Opossum Bay but some came from greater Hobart.

We presented images and concept plan ideas. The response was very encouraging, with valuable feedback to improve the vision. Posters depicting the vision can be viewed at www.rite.org.au/vision

RITE launched its vision due to the lack of visible progress of the golf development. Council has confirmed the current permit expires in 18 months.

RITE's vision is the product of 2 years of consultation with the community, experts and important stakeholders such as architects, cultural and scientific experts and with government bodies such as the Derwent Estuary Program.

Our vision proposes a diverse range of passive recreation activities including walking, running, art installations, dog-walking and picnicking. We see Arm End as a place for both social and environmental recovery.

Key interventions incorporated in the concept plan include a picnic shelter, toilets, nature play area, landscaped cultural interpretative elements referencing heritage values (Aboriginal and European) and recognition of the traditional owners of Arm End, the Mumirimina people.

We will spend the next 18 months getting feedback, and then finessing our vision to be the alternative to the golf course. We encourage feedback via the web site and Facebook.

– Robyn Mcnicol RITE coordinator

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Convicts of South Arm: A Walk Through Time

South Arm has a history which may surprise you...

Behind the beach shacks and million dollar views, the ghosts of another South Arm linger, from a time when the Peninsula provided opportunities for ex-convicts to re-establish themselves as respectable farming folk (or at least try to). Stories with renowned Port Arthur story teller James Parker were told as we strolled the South Arm Convict Trail taking in the delightful scenery, birdlife and fresh South Arm air!

Clarence Council in conjunction with SAPRA and the history group ran this event for around 20 people from all around Hobart. The walk started at Opossum Bay Park, with a quick stop at the Church graveyard, and onwards to the community centre for a soup and sandwich lunch provided by SAPRA.

Along the way James treated us to stories about the history, lives and events that shaped the Peninsula told by. James has a way of adding life to the stories, interesting botanical knowledge and an extensive aboriginal history understanding to share with the group.

– Penelope Marshall | South Arm History Group

Arm End update



Further site rehabilitation works began at the end of September with the planting of locally-grown sheoaks thanks to the hard work of local residents Pam and Dennis Richardson.

Pam came to us with the idea of helping with the propagation of the drooping sheoaks so we provided her with soil and some equipment. She and Dennis have been amazing, successfully propagating a healthy crop of the local providence trees. They've actually grown around 2,000 of them from seed collected from existing site trees!

Ongoing weed eradication program has seen the African Boxthorn and serrated tussock under control for the first time in 15 years.

Overall, the project is right on track – we're close to finalising the pipeline with TasWater and aim to start construction in November.

Apart from providing water to the region, including the Iron Pot Golf Club, the South Arm Community RSL & Community Club and local farmers, the pipeline will also provide five crucial access points for the South Arm Volunteer Fire Brigade with unlimited water and good pressure.

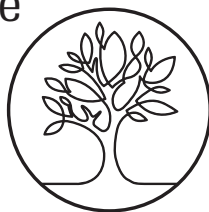
The pipeline infrastructure will be constructed by South Arm Pipeline P/L and will enable the start of the Arm End Project. Both projects will bring benefits to South Arm & Opossum Bay communities.

– Craig Ferguson | Project Manager
0409 222 858 | info@armend.com.au

Garden maintenance

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- Brushcutting, mulching
- Hedge trimming, pruning
- Weeding, planting
- Advice

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Local services & notices

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Holiday cabin ideal for couple. Great location on Cremorne rural block, but close to beach. Ph: 0434 499 730
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South Arm Cabin Retreat

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Administrative services

Justice of the Peace

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Justice of the Peace - Opossum Bay

David Skegg - davidskegg@icloud.com 0418 374 305



Animals

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Community meetings & classes

Bible Discussion - Connect Group

We welcome new members.
Fridays 10.30am
3218 Main Rd, South Arm
Jane Beavan 6239 9244.

Bridge

Calverton Hall, Wednesdays at 2pm.
New members and beginners always welcome.

Noela 6239 9172

Church Services St Barnabas

South Arm. Weekly Morning service, 10am every Sunday.
Contact Rachel Todd, 62399706, or Jane Beavan 6239 9244
Grounds working bee - 1st Saturday of the month at 10am

Cremorne Community Group Inc

For information about the group visit www.cremorne.tas.au or like us on Facebook

South Arm Songsters Choir

Sing with us! We tune up 7pm
Monday nights at Calverton Hall.
Everyone can sing - all welcome for an evening of song & laughter.
Betsy 0418 526 002

Community Garden - Iron Plot

Chat, help, plan. A community space with a pizza oven.
Meet Fridays 9am - 10am

Craft Group

2nd, 4th & 5th Tuesday of the month 12:30-3pm, Calverton Hall. \$2/session
Lesley Gore 6239 9321

Garden Club

Meets 1st Monday of the month at the Community Centre at 4:30pm
Diane 0448 824 892

Girls' & Boys' Brigades

Adventure for girls & boys 5-18yrs.
Thursday nights 5:30 - 7:30pm,
at Emmanuel School, 1 Chipmans Road, Rokeby
Libby 0416 277 101
eneduljee@gmail.com

South Arm Care Quilts

Each Wednesday, 9.30-12.30 at South Arm Community Centre, making quilts for, Women's shelters, Bethlehem House and others. All materials provided.

Or work on your own sewing with company, do come and join us.

Andrea - 0400 564 987

SAPRA Committee Meeting

2nd Tuesday in the month, 7pm at South Arm Community Centre.
To address the Committee, please contact the President (see p2)

Sandford Scout Group

Friends, fun, adventure and community service for boys & girls!
Joey Scouts (6/7 yrs) Mon 4.30-5.30
Cub Scouts (8-11 yrs) Mon 6.15-7.45
Scouts (11-15 yrs) Wed 7-9
Venturers (15-18 yrs)
Call Jo Maddock 6239 9876

Food & dining

Fresh fish delivered door to door

In the area fortnightly on Wednesdays between 11am-1pm (approx). Operating for over 30 years.
Ph: Robyn, 0438 721 448 or email robdaze@bigpond.com

Opossum Bay Store

Open 7 days for great coffee, takeaways, groceries, tools, fishing, cards, petrol with friendly service.
6239 9134

South Arm RSL & Comm. Club

Great meals for Members and visitors. Dinner 7 days + lunch on Sundays.
Sun, Mon, Tue, Thurs - Asian (dine in / take-away).
Fri Sat - Pizza (dine in/take-away)
Wednesday - discount meals.
Bottleshop available.
Enquiries/bookings ph 6239 9171

Thai Larder - ready made meals delivered



Authentic home-cooked Thai meals made from scratch and delivered every week to your door. Cookery lessons and catering also available.
Ann 0455 793 260
www.thailarder.com.au

Touch of the MO Cafe

Open Fri to Sun 9-1pm.
Coffee, Breakfast, Lunch, Cakes, Smoothies, Milkshakes & more.
6295 5532 or find us on Facebook.

Exercise & activities

Cremorne Bowls Club

www.cremorne.bowls.com.au
6248 9856

Indoor bowls

Every Monday 1:30- 3:00pm
Calverton Hall, South Arm.
Beginners welcome just come along!

Pilates

9am Mon Calverton Hall & 6pm
Thurs South Arm Community Centre
Helen 0498 177 916

South Arm Community Yoga

Community yoga, all levels welcome
Text Lucinda 0449 171 900 or email yoga_instructor@yahoo.com
facebook.com/coutharmcommunityyoga

Stand Up Paddle Boarding

SUP flat water lessons for one or two students with coach Stacey van Dongen at Lauderdale.
www.precisionsuptas.com.au

Tennis Court

\$10 per hour. Book at South Arm Store or after hours phone Noela 6239 9172

Gardening

AJs Lawnmowing & Maintenance



6 Calverton Place, South Arm
Call Andrew for a free quote
6239 9863 or 0422 992 479

Healthy Gardens Hobart



Qualified, experienced, insured and local. Mowing, brush cutting, weeding, mulching, planting, hedge trimming, pruning, advice and more.
Robbie 0427 278 325

MR Mowing

Reliable reasonably priced local service for lawn mowing, whipper snipping and pruning.
Marty Ryan 0400 740 068



Sandford Garden Supplies

Pea straw, screened cow manure, and sheep manure. Delivery to most areas (small fee may apply)
Emma 0409 55509



South Arm Garden Supplies

Pea & barley straw, horse, sheep & chicken manure, potting mix, and organic compost. Free local delivery.
Adrian 0427 976618



Qualified Landscaper

Develop new gardens or rejuvenate - big or small.
References available. Quotes.
Steve: 6239 9050 | 0408 000 645

Home & property services

Crowy's Excavations



Local, competent, fully insured operator.

Pete 0417051537

Dynamic Architectural Designs



Local building designer creating liveable spaces.

Marc - 0497 398 085
marc@dynamicdesign.com.au

Electrical & Heat Pumps



Richard Pohl (Lic 945766)
0419 899 100

Greg Steinbauer

Gardening, odd jobs and home maintenance. Ph 0419 136 693 or email gstein101@gmail.com

House-sitter

Experienced, reliable and mature. Excellent references, local family.
Clare 0450 417 061

Interior Design



Specialising in new builds, renovations and DIY consultations. Please contact us to arrange a free discovery call.

Kellie - Hello White Interiors
0421972370 info@hellowhite.com.au

MKH Water Supply & Cartage

Domestic and civil, fresh drinking water, services all areas.
0438 643 176

Property Consultant - Robert Goyne

Fall Real Estate, Lauderdale.
0458 653 553 | robert@fall.com.au

TV101



Home theatre, antenna & internet digital installations.
Lewis 0400 496 645

Special interest

Genealogy Research.



Get you started with your family tree or solve a family mystery. \$50 for initial review incl. 2 hrs research.
Maree 0409 169 659 or email harriets.garden@bigpond.com

Transport & equipment

Wheelchairs and walker

Available on short-term loan to South Arm RSL Sub-Branch Members and Defence Services personnel (and their dependants) in our local community.
Peter 0477 706 497

Venue hire

Calverton Hall & Oval

Hall and Oval Hire - Joan 6239 9141

South Arm Community Centre

Special interest group meetings, special occasions, workshops, business meetings, short courses, training sessions. Reasonable rates.
SAPRAPres@southarm.tas.au
0407 875 460

Volunteering

Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries - President Craig Rogerson, 0418 120 796 or Vanessa Copeland, 0419 561 746 (secretary@cliftonbeachslsc.com.au)
www.cliftonbeachslsc.com.au

Coastcare

Mortimer Bay

Leanne 0408 498 468

Opossum Bay & South Arm

2nd Sun- day of the month, 10-midday. Different venues.
Robyn 0400 119 519

Pipeclay

Meets for Clean up Australia Day and annual autumn and spring working bees Anne 0408 121 304
gcrummy@bigpond.net.au

Wildcare--Deslacs (Clifton)

info@wildcaredeslacs.org

Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park.
Every Wednesday, 9-10am
Rae 0417 555 175

Fire Brigades

South Arm Fire Station -

2nd Tuesday of the month, 6:30pm for 7pm start

Mark Smith, Brigade Chief
0419 399 939

Sandford Fire Station -

Training each Monday or Wednesday 7:30

Paul Lawler, Brigade Chief
0409 305 808

Water carters

MKH Water

Marcus 0438 643 176

Reliable Water

Tim 0419 614 457

SouthAir Water

Damien 0417 928 377

Streamline Water

Wayne 0418 125 096

Wellbeing & health services

Cremorne Reflexology



Qualified reflexologist able to provide home visits for relaxation or health concerns - chronic pain, sleep, circulation, and digestion. \$60/hour
Ph Tara 0457 327482

Converse Online Speech Pathology



Specialising in Autism, social skills, literacy & early intervention. Adaptable to needs.
Frankie 0487 718 750
www.conversetherapy.com.au
frankie@conversetherapy.com.au

Naturopath / Nutritionist & Psychic/Medium and healings



Amanda Erskine in Sandford.
To book ph 0417 727 065

South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd
03 6239 9529, Fax 03 6239 9600
info@southarmpharmacy.com.au
Monday-Friday 8.30am-5.30pm,
Sat 9am- 12 noon

Sandford Massage Wellness Centre



Massage and naturopathic services by appointment Sun, Mon, Tues 10am-5pm. \$50
Ph Kyla 0418 537279

TSL Counselling Services



Qualified Counsellor, PACFA member
Phone Toni - 0432 998 858
www.tslcounselling.com.au

Key



Cremorne



Sandford



Lauderdale



South Arm



Opossum Bay