



South Arm Peninsula News

Vol. 11, Issue 1 | February - March 2021

A day on the water is as popular as ever!

A blast from the past at Cremorne Beach. Photo courtesy of local Steve Morrisby who came across this image belonging to one of the descendants of the original owners of Cremorne's 'Waterloo'.



This edition of the South Arm Peninsula News features a 'spotlight on Cremorne' - head to page 7 for a taste of what's on in this vibrant slice of the Peninsula community.



Calling all shutterbugs!

As you can see, wonderful photos are priceless! And we're on the hunt for more! We need photos for our website, this newsletter and for Facebook. Unfortunately, the talented Sammy can no longer be our official photographer, so we're putting out the call for your photos!

Some ideas include:

- Places around the Peninsula
- Peninsula flora
- Events, including the Market
- People enjoying the Peninsula.

Please send in your shots - editor@southarm.tas.au



About this newsletter

Contributions to the newsletter close **the 2nd Friday, every 2nd month - Friday 12 March 2021**

Send contributions -
Wendy Polzin
editor@southarm.tas.au
0428 339 400

Advertising enquiries -
Kerry Scambler
SAPRAPres@southarm.tas.au
0407 875 460

The bi-monthly *South Arm Peninsula News* is distributed throughout the South Arm Peninsula community - Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

The newsletter was initiated in 1989, and continues to be supported by, the South Arm Peninsula Residents Association (SAPRA). Opinions expressed in articles are not necessarily the views of the Committee.

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

SAPRA Committee members:

President

Kerry Scambler 0407 875 460
SAPRAPres@southarm.tas.au

Treasurer

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SAPRATreas@southarm.tas.au

Secretary

Kirstie Judd 0426 821 530
SAPRAsec@southarm.tas.au

General Committee:

Bree Hunter 0448 332 560

Noela Foxcroft

Sharyn Von Bertouch 0429 199 113



South Arm Market update

What a great way to start the New Year! The January 2021 South Arm Community Market had something for everyone with an estimated 60 stalls. Stall holders commented on the "next level" top notch organisation, be it the boom gate on arrival or the folk directing cars into place. So a **big** thank you to the volunteers.

Colourful gazebo tops lined up like teepees looked great from a distance. Happy stall holders, happy patrons, brilliant weather, a huge variety of food and good coffee. All the ingredients for a wonderful atmosphere for people to gather, catch up and enjoy a cruisey friendly Sunday morning event.

Stalls included: the South Arm Garden Club, beautiful painted artwork, handcrafted wooden items, the ever popular "Flamingo" greeting cards, an array of plants including succulents and natives, loads of handcrafted goodies be they sewn, knitted or crocheted, hand made jewellery, Hmong vegies, the Lego Man, Osare liqueurs, yummy jams, relishes and sauces, and many more! Plus a few bric-a-brac stalls for that pre-loved bargain!

Food included: Jacky's Corner - yummy cakes, pies, pulled pork rolls and a revitalising cuppa, fresh and cooked seafood, a coffee van, sourdough, ice cream, and of course the ever reliable RSL Sub Branch sausage sizzle.

Please note that government COVID regulations require all patrons of the market to "check in". It's easily done via the "Check in Tas" app and scanning our unique QR code. Forms are available at market entry points if you prefer to do this manually. Thank you in advance for your cooperation.

We look forward to seeing you at the March market. **Mark the first Sunday of each month in your 2021 calendars now.** Follow us on Facebook for updates.

- *The Marketing Musketeers*

Rainfall on the Peninsula



	Cremorne	Opossum Bay	Sandford	South Arm
Nov	18.5mm	15.4mm	10.0mm	17.0mm
Dec	41.0mm	49.0mm	45.5mm	32.5mm
2020 Year to Date	584.3mm	599.7mm	617.5mm	451.7mm
2019 Year to Date	333.5mm	354.8mm	367.6mm	288.9mm
	Geir Hurlen Rødven	Teresa Quine	Bradley Lee	Bob Kimber

Cremorne's yearly average (since 2009) is now 481.52mm? November 2020 was the driest month since Geir started recording.



Men's Shed update

Shed design and plans are being further fine-tuned with the aim of having a home for Shedders by the end of year, subject to funding.

The Development Application is hoped to be with Council in coming months to advance the process.

Fund-raising - with some grant opportunities offering dollar for dollar support, it's crucial we get as much banked as possible to maximise our funds. And you can help us!

Thanks to Quiz Master Andy Quinn, 55 people were fully entertained at our inaugural **Quiz Night** at the RSL & Community Club. Congrats to joint winners, teams Muddy Brains & CWA (Chooks With Attitude)! \$700+ was banked from the night. Thanks to all prize donors too. Join us for our next Quiz Night - details page 6.

The Bunnings Sausage Sizzle in early December raised over \$1,000 - thanks to Goodman Fielder for the Bread and the volunteer Shed Banger BBQ crew!

Raffle - Great prizes are being gathered for our next raffle to be launched in early Feb, if not before. Look for tickets in local shops and check social media for online ticket purchase details.

Garden stakes - We have access to thousands of 1800mm treated pine stakes, thanks to Pipeclay Oysters, and are selling them as fund-raisers (15 for \$10) - get in touch to purchase!

Membership \$10 - There's always room for more in our Shed. If you want to join, know more or support the Shed in any way, please contact us.

Robin 0408 446 249 | Steve 0419 339 415
mensshed@southarm.tas.au

Membership forms - South Arm Store, Community Centre or www.southarm.tas.au/index.php/mens-shed/



Pot Luck Op Shop & Library re-opening Saturdays!

From February 2021, the Pot Luck Op Shop and the Library at the Community Centre will return to opening on Saturdays from 1-3pm.

OP SHOP MINI MAKEOVER

We recently conducted a massive clear out of Winter stock and unsold garments, and reworked the store layout, making selection of great items even easier.

The racks have been restocked with fantastic new items, with even more coming out as rack space allows. We maintain a superior standard throughout all shop sections - only undamaged garments, with no or minimal signs of use, are being stocked.

All funds raised by the Op Shop help meet the costs of operating the South Arm Community Centre.

Donations of high quality, clean, undamaged clothing, shoes and accessories accepted any time with thanks.



\$1ea Children's items arranged in easy to find sizes

\$1ea Adults - quality tops, trousers, skirts, blouses, shirts, ties, scarves, shoes, hats, shorts, active wear, bags, jewellery & more

\$2ea Jackets, coats & jeans

\$5ea Quality brands / brand new items

SOUTH ARM COMMUNITY CENTRE
9 CALVERTON PLACE

Mondays: 10am - 12 noon
Fridays: 2pm - 4 pm
Saturdays: 1 pm - 3pm

Enquiries: Karen 0439 474 370
Volunteers always welcome!

South Arm Fire Station



Do you ever wonder about your local volunteer fire brigade?

The State Fire Commission, through the Tasmania Fire Service (TFS) strategically locates volunteer fire stations in communities around the state to supplement the permanently staffed career brigades located in major urban areas.

Those volunteer stations then recruit local personnel to participate in all fire service activities such as response to structural and bushfires, motor vehicle accidents, gas and fuel leaks, natural disasters and community service incidents.

There are people from a wide variety of sectors within our community who willingly commit their time free of charge to undertake training, practice drills and familiarisation of the local area in order to be ready to respond to any emergency incidents. They may also be requested to attend incidents anywhere in the state if they are available and can also volunteer for deployment to major incidents interstate.

Among members of the South Arm Volunteer Fire Brigade there are builders, electricians, transport drivers, sprinkler fitters, mine safety inspectors, administration officers, career firefighters, security staff, engineers and retired personnel who play an active response or operational support role.

Members are trained, mentored and supervised while being provided with a uniform, personal protective equipment and specialised training courses to enable them to safely respond to emergency incidents. Each member carries a personal pager activated by TFS when required, any time of the day, any day of the week, any week of the year, whatever the weather.

Volunteer fire brigades in our local area include South Arm, Sandford and Lauderdale who provide cooperative support to each other during emergency incidents and training drills.

Prospective members are always encouraged to contact their local brigade - see page 12 for contact information.

STAY FIRE SAFE, PREPARE YOUR PROPERTY AND DIAL 000 TO REPORT ALL FIRES

- Mark Smith | Brigade Chief, South Arm Fire Brigade



BINGO - first Tuesday of each month

Community Centre doors open 7pm

\$15 to play 15 games. CASH PRIZES. BYO nibbles and drinks (alcohol permitted). Come join us for some great fun & laughs.

Add these dates to your calendar:

2 February	4 May	3 August	2 November
2 March	1 June	7 September	7 December
6 April	6 July	5 October	

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St Barnabas Church

Going forward

We are now considering how the church will function once it is community owned. Feedback from any interested residents would be much appreciated. e.g:

- what would you like to see happen?
- If there was a Catholic service, would you attend?

The church will always be available for Baptisms, Weddings and Funerals, but did you know the Church is a wonderful venue for other suitable events, such as concerts, singing and other musical groups, temporary art exhibitions and more!

In addition, the hall is a good venue for art classes, children's parties, meetings etc.

To share your ideas about the church's future, please contact Linda Roe (62399067), Rachel Todd (62399706), or Jane Beavan (62399244, jrbeavan@gmail.com)

Christmas reflection

Christmas celebrations were a little different this year due to Covid-19. The Annual Community Carol Service was held outside, and the weather, which didn't look promising in the morning, thankfully improved. The new minister, Jamie Bester conducted a more informal service, with several lively children taking part. Most of our Community groups were represented.

We wish everybody a happy, healthy and safe 2021.

- Jane Beavan

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Expressions of interest for

SOUTH ARM PENINSULA BOOK CLUB

Looking for like minded people to start an under 40's monthly book club. If anyone is keen to have some fun and read some good books, text Georgia on 0408414916.



SAPRA update

Happy New Year! We hope your festive season was enjoyable. Like you, we're all hoping 2021 brings far more stability and far fewer buzzwords!

Maurice Potter History Room Whilst the man himself has left our shores for sunnier climes, his work lives on. Michael Topfer has volunteered to look after and continue developing Maurice's collection. Michael has family connections to the area and is a keen researcher himself – a perfect fit!

South Arm News A huge thank you to our Editor Wendy Polzin and all our volunteer folders and deliverers for their work getting the fantastic bumper Christmas issue out. A big thanks to Sarah Lovell MLC and Annette Branch for their help to get the newsletter in the mail system too!

Iron Plot Community Garden It's great to see families using the pizza oven and enjoying this beautiful space that continues to blossom with the hard work of the Plotters. All welcome.

A New Year Thank You to the various tradies, retired folk and Council staff who answer our calls for help; to the volunteers who keep the Centre buzzing, particularly in our Op Shop (p3) & the Market crew (p2) for their ability to pivot (buzzword alert!) when stalls increase & CovidSafe regulations change.

Checking In for CovidSafe Government regulations mean you must check in when visiting the Centre and Market. Details on the paper register are held for the mandatory 28 days then shredded and the Tas Govt Check In App is a quick (usually!) alternative. Your data is only accessed if there is a COVID case alert. We ALL need to comply to keep us ALL safe.

– Kerry Scambler | President, SAPRA
0407 875 460 | SAPRAPres@southarm.tas.au

Got a great photo?

Get your best Peninsula Pic on the front of our next round of fund-raising South Arm stubby holders! It could be a single shot or a montage. We might even create a collectors range! Send us your photos [SAPRAsec@southarm.tas.au] and stay tuned to the SAPRA FB page and next newsletter for updates.



MEN'S SHED
SOUTH ARM PENINSULA

QUIZ NIGHT - 2

7.30pm SATURDAY 20 FEB
@ CALVERTON HALL
FUN & PRIZES

6 per table (On your own? We can co-ordinate a table!)
\$15 per person including supper

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Spotlight on Cremorne

Early Clean Up Australia Day



3pm Sunday 28th Feb
@ Cremorne Beach Reserve

Can't make this time? Pick up a bag at Anne's door (5 PCE) or Jen's (41a Cremorne Ave). Leave down at Reserve.

Looking forward to finds of the weirdest, biggest, ugliest, the most useful and prettiest!

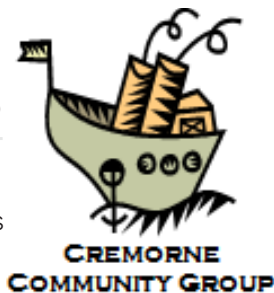


Pipe Clay Coastcare

February and March are typically hot and dry. If you have plantings out on the reserve near your place it would be great if you could give them a bucket of water or two.

Please let us know your feedback about poplar tree avenue as mentioned in the C-Breeze

Cremorne Community Group



Santa had a lot to smile about at the Cremorne Christmas Party. Loads of kids were eager to see him, arriving in style on the fire truck with his helpful elves. Thanks to everyone who attended and Clarence Council for their support.

If you would like to get involved with community events and activities (even on a small scale) the Cremorne Community Group would love to hear from you. Volunteers are most appreciated and needed to keep community happening. Contact details on page 11.

- Cremorne Community Group | www.cremorne.tas.au



Cremorne Bowls Club



Pharmacy Day,
sponsored by
Lauderdale Pharmacy

MONDAY 8th FEBRUARY 2021,
12.00 for 12.30

2 games of Fours. Single entry or enter your team of 4.
Some great prizes to be won. Visitors welcome.

Cost \$8 per player
Dress Mufti
Entry Form on the bar or phone
Ron Waters 0437 324 995
Entries close Fri 5 Feb 2021

What's on

FEBRUARY

Water plants on dunes and the Reserve

Mon 8th Pharmacy Day Bowls, 12 noon

Mon 15th American Tea @ Bowls & Community Club

Fri 26th Pop Up @ Bowlo - TBC

Sun 28th Clean Up Cremorne Day, 3pm

MARCH

Water plants on dunes and the Reserve

Fri 26th Pop Up @ Bowlo - 'Get Curry Indian'

APRIL

Fri 30th Pop Up @ Bowlo - 'American BBQ'

Every month

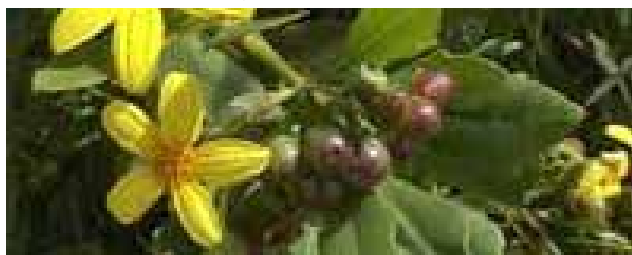
Tue-Sat 4:30-7:30pm, Cremorne Bowls & Community Club Bar

Fortnightly Pete's Bar Snacks @ Bowlo

[Join 'Cremorne Tas Noticeboard' Facebook group for details]

Boneseed is disappearing from Arm End Reserve – a victory for community action

In the 25 years since Arm End was acquired by the State Government, the less grazed coastal fringes have been recovering very well with just a little help from the community.



If you're not acquainted with Boneseed, this what this South African weed looks like when in flower. More information from here:

<https://dpiwwe.tas.gov.au/invasive-species/weeds/weeds-index/declared-weeds-index/boneseed>

Boneseed was only recently introduced to Arm End and community action to control it was very timely. A community volunteer conducted a survey for this weed along the entire Clarence coastline in 2008. Only a small patch was found in Arm End, on the southern end of Shelly Beach. However it quickly started to spread across the southern end of the reserve, especially after a burn event.

Over the last 10 years local coastcare groups have worked every year to identify and systematically remove boneseed plants and burning any seeds.

In the last 2 years we are confident that all known mature plants, have been controlled and we have notice that the total number of plants we are finding has dramatically reduced.

Arm End is a large reserve and we could be missing some, so if you have seen any since the middle of November 2020 please report them to us.

- Robyn McNical | RITE Re Imagine Arm End

Sustainability tip

Did you know the REDcycle soft plastics recycling service is now available at the South Arm Community Centre, (as well as Coles & Woolworths supermarkets across Tasmania)?

Soft plastic that can be 'scrunched' is accepted for recycling via these special collection bins.

For a full list of currently accepted soft plastic items, visit the REDcycle website - www.redcycle.net.au

ROBERT GOYNE

Local Real Estate Specialist

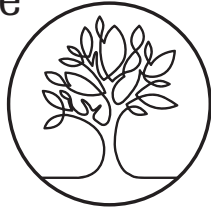
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Share your stories



South Arm Peninsula residents, and those beyond, are invited to share their stories about Arm End.

For many people living around South Arm, and for many of those following our project since its inception, Arm End has been their 'backyard'. We want to celebrate all that Arm End means to locals and those who visit on land or water. All the stories and memories combine to create a sense of place and we want to celebrate all that Arm End means.

If you have a story, photos or recollections, please send them to info@armend.com.au

In coming months, we'll be posting short video stories on our website about Arm End – the overall project, how we are merging the golf course with new walking and cycling tracks, plus interviews with various people connected to Arm End.

The next two videos will include interviews with golf course and landscape designers Paul Mogford and Neil Crafter, from internationally-renowned design firm Crafter + Mogford.

Recently we posted a video about the revegetation program – our extensive planting list includes a variety of native fauna which existed at Arm End before the land was cleared for farming more than 150 years ago. Since posting the video, we've received great feedback from local residents and others, very excited about how the site will return to the original coastal vegetation species. We continue the weed eradication program, with the African Boxthorn and Serrated Tussock under control.

Find our videos at www.armend.com.au

– Craig Ferguson | Project Manager
0409 222 858 | info@armend.com.au



Make a 5 min bushfire plan

You and your loved ones' safety and survival during a bushfire will depend on how prepared you are. TFS has a new online tool to help you create your **5 MINUTE Bushfire Plan** in 3 easy steps.

Your 5 MINUTE Bushfire Plan can be easily shared via email, printed out or saved as a PDF.
<https://bushfire.tas.gov.au/my-bushfire-plan>

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JULIE COLLINS MP
Federal Member for Franklin

Please email or call if you
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Labor

Authorised by Julie Collins MP, Australian Labor Party (Tas) 18 Ross Avenue, Rosny Park TAS 7018

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jacque.petrusma@dpac.tas.gov.au
www.jacquepetrusma.com.au

Authorised by S Smith, Suite 4C, Level 3/33 Salamanca Place, Hobart TAS 7000

Local services & notices

Accommodation

Cremorne Self Contained Cabin

Holiday cabin ideal for couple. Great location on Cremorne rural block, but close to beach. Ph: 0434 499 730
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Administrative services

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Justice of the Peace - Opossum Bay

David Skegg - davidskegg@icloud.com 0418 374 305



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tarabellette76@gmail.com

Community meetings & classes

Bible Discussion - Connect Group

We welcome new members.
Fridays 10.30am
3218 Main Rd, South Arm
Jane Beavan 6239 9244.

Bridge

Calverton Hall, Wednesdays at 2pm.
New members and beginners always welcome.
Noela 6239 9172

Church Services St Barnabas

South Arm. Weekly Morning service, 10am every Sunday.
Contact Rachel Todd, 62399706, or Jane Beavan 6239 9244
Grounds working bee - 1st Saturday of the month at 10am

Cremorne Community Group Inc

Visit www.cremorne.tas.au or like us on Facebook. Renee Potter, President - 0449 760 751

South Arm Songsters Choir

Sing with us! We tune up 7pm Monday nights at Calverton Hall. Everyone can sing - all welcome for an evening of song & laughter.
Betsy 0418 526 002

Community Garden - Iron Plot

Chat, help, plan. A community space with a pizza oven.
Meet Fridays 9am - 10am

Craft Group

2nd, 4th & 5th Tuesday of the month 12:30-3pm, Calverton Hall. \$2/session
Lesley Gore 6239 9321

Garden Club

Meets 1st Monday of the month at the Community Centre at 4:30pm
Diane 0448 824 892

Girls' & Boys' Brigades

Adventure for girls & boys 5-18yrs. Thursday nights 5:30 - 7:30pm, at Emmanuel School, 1 Chipmans Road, Rokeby
Libby 0416 277 101
eneduljee@gmail.com

SAPRA Committee Meeting

2nd Tuesday in the month, 7pm at South Arm Community Centre.
To address the Committee, please contact the President (see p2)

Sandford Scout Group

Friends, fun, adventure and community service for boys & girls!
Joey Scouts (5-7 yrs) Mon 5 - 6pm
Cub Scouts (8-11 yrs) Mon 6.15-7.45
Scouts (11-15 yrs) Wed 7-9
Susanne sehovington@hovo.id.au

Food & dining

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Opossum Bay Store

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South Arm RSL & Comm. Club

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Exercise & activities

Cremorne Bowls Club

www.cremorne.bowls.com.au
6248 9856

Indoor bowls

Every Monday 1:30- 3:00pm
Calverton Hall, South Arm.
Beginners welcome just come along!


Pilates

9am Mon Calverton Hall & 6pm Thurs South Arm Community Centre
Helen 0498 177 916

Evolve Fitness

Thurs 5pm, Sat 8am, Sandford Community Hall. First Class Free.
Susan 0488 707 056 or evolvefitnessaus@gmail.com
facebook.com/evolvefitnessaus


South Arm Fitness & Wellness Hub

A space to work on **you**, in your time. Gym open 24/7. \$12 /week, no lock in contract. Laura 0421 859 408 

South Arm Community Yoga

Community yoga, all levels welcome. Text Lucinda 0449 171 900 or email yoga_instructor@yahoo.com
facebook.com/southarmcommunityyoga

Stand Up Paddle Boarding


SUP flat water lessons for 1 or 2 students. Coach Stacey van Dongen. www.precisionsuptas.com.au 

Tennis Court


\$10 / hr. Book at South Arm Store or after hours phone Noela 6239 9172

Gardening


AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm
Call Andrew for a free quote
6239 9863 or 0422 992 479 



Healthy Gardens Hobart

Qualified, experienced, insured & local. Mowing, brush cutting, weeding, mulching, planting, hedge trimming, pruning, advice and more.
Robbie 0427 278 325 

MR Mowing

Reliable, reasonably priced and local. Mowing, whipper snipping & pruning. Marty Ryan 0400 740 068 



Emma Parker Garden Supplies

Pea straw (baled/chopped/bagged), sheep or screened cow manure. High quality, weed-free. Regular or bulk delivery & other products avail. Enquire now 0409 555 098  

South Arm Garden Supplies

Pea & barley straw, horse, sheep & chicken manure, potting mix & organic compost. Free local delivery.
Adrian 0427 976618

Tasmanian tree care

Tree pruning, removal, support systems, recovery programs with soil injections & pest control. Colin Fry 0424 149 587
colin@tasmaniantreecare.com  

Qualified Landscaper

Develop new gardens or rejuvenate - big or small. References. Quotes. Steve 6239 9050 | 0408 000 645

Home & property

Crowy's Excavations



Local, competent, fully insured.
Pete 0417051537

Dynamic Architectural Designs

Local building designer creating livable spaces. Marc - 0497 398 085
marc@dynamicdesign.com.au

Electrical & Heat Pumps



Richard Pohl (Lic 945766)
0419 899 100

Terry Hill Electrical



Available for domestic work.
62399181 or 0407 399 181

Activ8 Electrical & Data



Contractor Lic. 15607236
Commercial & residential.
Michael Calabrese 0407 281 383
www.activ8electrical.com.au
activ8electrical@gmail.com

NEW!

Southern Electric Co.



Jack Rodman 0438 502603
southernelectricco@outlook.com

NEW!

Greg Steinbauer



Gardening, odd jobs and home maintenance.
0419 136 693 | gstein101@gmail.com

Tassie handyman



Maintenance, carpentry, painting, fencing, small landscaping, window & door replacement or modifications.
0448 667732 or via Facebook

NEW!

Tas.i.vac Gutter Cleaning

Roof, solar panel, tank etc cleaning. Inspections, tank sanitising & more.
Damon.tasivac19@gmail.com
0476 042 765

NEW!

House-sitter Clare

Experienced, reliable, mature & local. Excellent references. 0450 417 061

Interior Design

DIY consultations, new build & renovations. Free discovery call.
Kellie Hello White Interiors
0421972370 info@hellowhite.com.au

Property Consultant



Robert Goyne, Fall Real Estate
0458 653 553 | robert@fall.com.au

SNOOPY's Gas Fitting



Install, service and maintain.
Brett Newell | 0448877062
sssnoopy11@gmail.com

NEW!

Reptile Ranger

NEW!

Rescue & relocate snakes with correct equipment. Permit 2001766.
Craig Budd 0424441488

Special interest

Genealogy Research

Get your family tree started or solve family mystery. \$50 initial review incl 2hrs research. Maree 0409 169 659
harriets.garden@bigpond.com

Family History Research



Want some family history research? Want to create a gift? Contact for a quote & guidance. Jim 0417 518 336
ancestralressertas@inet.net.au

Transport & equipment

Wheelchairs and walker

Available on short-term loan to South Arm RSL Sub-Branch Members and Defence Services personnel (and their dependants).
Peter 0477 706 497

Venue hire

Calverton Hall & Oval

Hall and Oval Hire - Joan 6239 9141

South Arm Community Centre

Special interest group meetings, special occasions, workshops, business meetings, short courses, training sessions. Reasonable rates.
SAPRAPres@southarm.tas.au
0407 875 460

Volunteering

Coastcare

Mortimer Bay

Leanne 0408 498 468

Opossum Bay & South Arm

2nd Sun- day of the month, 10-midday. Different venues.
Robyn 0400 119 519

Pipeclay

Autumn & Spring & Clean Up Aust Day working bees. 0408 121 304
(Anne) gcrummy@bigpond.net.au

Wildcare-Deslacs (Clifton)

info@wildcaredeslacs.org

Friends of Opossum Bay Park

Plant, plan, weed & chat at Opossum Bay Park every Wednesday, 9 - 10am
Rae 0417 555 175

Fire Brigades

South Arm Fire Station -

2nd Tuesday of the month, 6:30pm for 7pm start. Mark Smith, Brigade Chief 0419 399 939

Sandford Fire Station -

Training each Monday or Wednesday 7:30. Paul Lawler, Brigade Chief 0409 305 808

Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries - President Craig Rogerson, 0418 120 796 or Vanessa Copeland, 0419 561 746
secretary@cliftonbeachslsc.com.au
www.cliftonbeachslsc.com.au

Water carters

MKH Water Supply & Cartage

Domestic & civil. Services all areas.
Marcus 0438 643 176

Reliable Water

Tim 0419 614 457

SouthAir Water

Damien 0417 928 377

Streamline Water

Wayne 0418 125 096

Wellbeing & health

Cremorne Reflexology

Qualified reflexologist able to provide home visits for relaxation or health concerns - chronic pain, sleep, circulation, and digestion. \$60/hour
Tara 0457 327482

Converse Online Speech Pathology



Specialising in Autism, social skills, literacy & early intervention. Adaptable to needs.
Frankie 0487 718 750
www.conversetherapy.com.au
frankie@conversetherapy.com.au

Naturopath / Nutritionist & Psychic/Medium & Healings



Amanda Erskine in Sandford.
To book ph 0417 727 065

South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd
03 6239 9529, Fax 03 6239 9600
info@southarmpharmacy.com.au
Monday-Friday 8.30am-5.30pm,
Sat 9am- 12 noon

Sandford Massage Wellness Centre

Massage and naturopathic services by appointment Sun, Mon, Tues 10am-5pm. \$50
Kyla 0418 537279

TSL Counselling Services



Qualified Counsellor, PACFA member
Toni - 0432 998 858
www.tslcounselling.com.au

