

## South Arm Store owners farewelled by the community

Jacqui and Mark Stevens retire after 16 years.

At 7am on Australia Day 16 years ago, Jacqui and Mark Stevens opened the doors of Ye Old South Arm Store for the first time as the new owners. It proved to be a veritable baptism of fire with the temperature soaring and thirsty, hungry visitors flocking to the beach... and just the two of them working the shop!

16 years later they have closed the door on this chapter of their lives. On a Facebook post, Jacqui said "It has been an absolute privilege to serve our community over the past 16 years and we will miss you all, although we have so many special memories to keep". She went on, "We are grateful that we had the opportunity to see so many kids in our area grow from tiny little people to amazing adults, the children gave us absolute joy every day. We also had to farewell so many of our beautiful customers, and their memory is held close to our heart, they were the hardest days".

Jacqui also thanked all her staff over the years including Carol and Glenn Palmer who ran the shop so they could live their dream of a 12-month holiday.

At a farewell gathering at the RSL & Community Club, SAPRA President, Kerry Scambler, and Calverton Hall President/Piggery Director, Cherie Osborn, paid tribute to Jacqui and Mark's dedication to our community. All the posters put up, membership forms handed out, local mailouts done, newsletters distributed, contributions to causes, sales of Piggery tickets and



every local raffle, done without hesitation for all local groups or causes with a smile, and "of course we can".

There was a good reason Jacqui (together with Karen Kelly) won the ABC Community Spirit Award (see [Issue 3, Jun-Jul 2021](#)) – we all know it's because community is in her heart.

Jacqui and Mark, we wish you all the very best in retirement – enjoy those sleep-ins and your freedom. We will certainly miss your friendly faces in the shop but are glad we're not losing you from South Arm.

THANK YOU from your community.

## A showcase of Peninsula artistic flair!

It's been seven years since the Community Centre last overflowed with the talent of Peninsula artists. In 2015, it was the late Pam Larkins, Cheryl Talbot and Kerry Scambler who brought together an amazing event – the South Arm Art & Craft Exhibition which raised \$24,000+ over six events for Legacy. How we've missed those showcases of art and craft + community...

But, on the first weekend in July and with the Market team on a well-earned break, we finally saw the Centre's walls once again full of glorious artwork, showcasing the remarkable array of talent that lies, too often hidden, on our Peninsula. Cont'd p. 8



We acknowledge the palawa/pakana people (Tasmanian Aboriginal Community) as the traditional owners and ongoing custodians of lutruwita/Tasmania – its land and waters. We acknowledge their long history and deep connection to this place and pay respect to Elders past and present.

The paper and printing of this newsletter is kindly supplied by Heather Chong.

## About this newsletter

Contributions to the newsletter close the 2nd Friday, every 2nd month –  
**Friday 9 September 2022**

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

Send contributions to –

Wendy Polzin  
 editor@southarm.tas.au  
 0428 339 400

Advertising enquiries –

Kerry Scambler  
 SAPRAPres@southarm.tas.au  
 0407 875 460

The bi-monthly South Arm Peninsula News is distributed throughout the South Arm Peninsula community – Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

This newsletter has been published since 1989 by the South Arm Peninsula Residents Association (SAPRA).

Opinions expressed in articles are not necessarily the views of the Committee.

# South Arm Primary School



Was your child born in 2018? Enrolments are open for our 2023 Kinder class – for all children born in 2018. For more information, call 6239 9126.



## June Prior Memorial Garden

The June Prior Memorial Garden was officially dedicated on Friday, 13 May. Thank you to all parents, staff and students who have contributed to this memorial/sensory garden. June's son was able to attend our event and expressed his great appreciation for the work done and the thoughtfulness of the school in dedicating the garden to his mother's memory. One of our current parents prepared a written reflection for the day and spoke of the love of reading that Mrs Prior instilled in her students. June's daughter was unable to attend on the day but has been involved in the planning and creation of the garden from the beginning.

– Wendy Huxley, Business Manager, South Arm Primary School  
 6239 9126 | wendy.huxley@education.tas.gov.au



## SAPRA Committee members:

### President

Kerry Scambler 0407 875 460  
 SAPRAPres@southarm.tas.au

### Treasurer

Gillian Waldie 0408 123 906  
 SAPRATreas@southarm.tas.au

### Secretary

Kirstie 0426 821 530  
 SAPRASec@southarm.tas.au

### General Committee

Bree Hunter 0448 332 560  
 Sharyn Von Bertouch 0429 199 113  
 Noela Foxcroft 0418 600 707  
 Eric Bound  
 Michael Topfer 0400 416 099



## Rainfall on the Peninsula

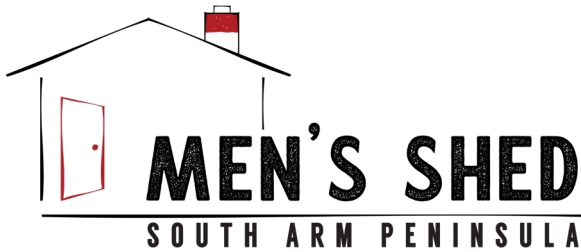
	Cremorne	Opossum Bay	Sandford	South Arm
May	135.0mm	112.0mm	124.9mm	99.0mm
June	58.5mm	57.2mm	51.1mm	50.0mm
2022 Year to Date	319.0mm	274.4mm	288.2mm	241.1mm
2021 Year to Date	253.5mm	239.6mm	266.2mm	144.0mm
	Geir Hurlen Rødven	Teresa Quine	Bradley Lee	Bob Kimber

## Weather facts -

May 22 in Cremorne is the wettest May and fourth highest monthly rainfall Geir has recorded since the beginning of 2009. The average for May since 2009 is 46.3mm. June 22 was the third wettest June (average 49.1mm). 2009 had an amazing 161mm (which broke the 3 years of drought prior to that).

In Opossum Bay, a whopping 51.4mm fell on the 6<sup>th</sup> May.





**Full steam ahead**

The recent news that we have been granted Planning Approval to build our shed on RSL and Community Club land has provided renewed enthusiasm within our membership. While we need to obtain other approvals before commencing our build, we can now be certain that we will have a shed. Already work has been undertaken to enable us to move ahead with our slab design. The support of Terry Roe (President) and the RSL and Community Club committee has greatly facilitated our progress and is much appreciated.

We are one of 69 Men's Sheds which make up the Tasmanian Men's Shed Association. The prospect of becoming an active member of this organisation is exciting. The types of activities shed members engage in, particularly those that benefit the community are many and varied. A number of local groups and individuals have already approached us for assistance which at this stage we are unable to provide. In the future an active Men's Shed will not only benefit the men in our community, but the community as a whole.

During June, Sheds participated in Men's Health Week with a number of gatherings around the State. Our representatives attended a gathering at the Defence and Veterans Workshop at Dowsing Point. As guest speaker Dr Rob Walters spoke of the role of Sheds in regard to men's health. In recent years males in Tasmania have been heavily represented in suicides (75%), workplace deaths (100%) and traffic fatalities (75%). A local Shed which enables men to gather in a friendly, non-confrontational and supportive environment could save a life.

Membership enquiries – email mensshed@southarm.tas.au or phone – Robin Barnes, 0408 446 249 Michael Seddon, 0418 556 727

— Robin Barnes / President SAPMS

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**Australia's Biggest Morning Tea**

**Over \$1,500 raised at a morning tea held at Calverton Hall**

An amazing achievement! Thanks go to the incredible organising team, and those who provided the delicious baking, tremendous donations and the handmade prizes donated. AND to you the community who came along and supported the cause.



**BINGO - first Tuesday each month**

Community Centre, doors open 7pm

\$15 to play 15 games. CASH PRIZES. BYO nibbles and drinks (alcohol permitted). Come join the fun. Enquiries to Kirstie 0426 821 530

Add these dates to your calendar:

2 Aug    6 Sep    4 Oct    1 Nov    6 Dec

**Local snippets**

The reasons we love where we live, surrounded by nature, beautifully captured in these words from Rae Calvert.

**Magic on our Beaches**

August: What a day; if anything could go wrong, it had! Then, driving home, the rain started and I still had two dogs to walk. But it was lovely. The sun shone through the rain, drops sparkled on plants and yes, a double rainbow. There was no wind and the sunlight shone across the still, silver water. The air was clean, the seabirds called and I was smiling.

**Correction to Calverton Hall Loo piece in previous issue**

It has been confirmed that the Calverton Hall toilets were opened for use in September 1995, not 1990.

# Winter Home Fire Safety

As the cold weather settles in, there is always an increase in fires in the home.

Many of these fires are from unattended cooking in the kitchen, but in winter, heaters are a major cause. Clothing hung too close to heaters, heater doors left open, hot coals discarded carelessly and chimneys that are not regularly cleaned are the main culprits.

Other causes include overloaded power boards, lint build up in the dryers, discarded cigarette, and candles.

Recently there has also been a spate of fires caused by substandard battery chargers (scooters, bikes and tools) that don't meet Australian Standards.

There is no need to fear fire, but a healthy respect of it is vital. Children are taught fire safety in primary school these days. The importance of having a working smoke alarm in all hallways and the top of stairs is mandatory. This ensures if anything bad does happen, you know about it in seconds. If you would like to know more about how to make your house fire safe, give me call or visit [www.fire.tas.gov.au/HomeFireSafety](http://www.fire.tas.gov.au/HomeFireSafety)



The South Arm Brigade recently assisted with a pile burn at St Barnabas church. Whilst we don't normally get involved in private burns, it was nice to help the community and expose our newer members to different lighting and extinguishment techniques. Whilst there are currently no permits required to light fires, it is always wise to register them by calling 1800 000 699. This ensures no false call outs for us, but also allows the operator to advise of any impending bad weather or restrictions.



Finally, there have been several accidents on the neck recently where no one called 000. This is always the first and best number to ring for help. Apart from assisting with first aid, calling emergency services will also deal with any hazards, spilt chemicals, fallen power lines and even traffic control. At the end of the day, we will do our best to ensure you are safe, but we can only help if you call us.


— Val Ansett | Brigade Chief, South Arm Fire Brigade



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To book - [www.southarmbus.simplybooke.me](http://www.southarmbus.simplybooke.me)  
or phone 0426 821 530

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(South Arm Peninsula Residents Association)



## Piggery productions presents 'Boaring 20s - Slip Slop Slappers'

The community is ready for some laughs and we have been working so hard on putting the show together. The annual Piggery Production is a major fundraiser for the South Arm Primary School.

Book now - Fridays and Saturdays 26 + 27 Aug and 2 + 3 Sep.

Tickets - [www.tinyurl.com/piggery22](http://www.tinyurl.com/piggery22)

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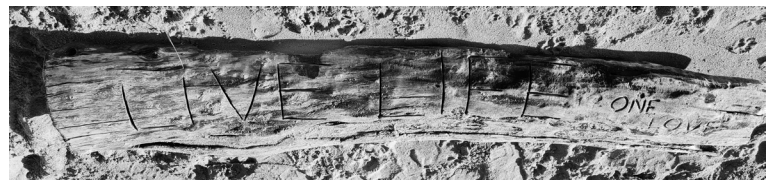
(Dipl.Fam.Hist.Studies) Member A.I.G., S.A.G.

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## What's the story?

Ever come across something that sparks your curiosity about who/what/why/how?



This log washed up at the Halfmoon Bay end of South Arm Beach in recent storms. The engraving *LIVE LIFE, one love* set some of us wondering who engraved it, when and who their one love was.

Do know the story of the log? Or have you followed up an object and discovered a fascinating story?

We'd love to hear from you! Email us - [editor@southarm.tas.au](mailto:editor@southarm.tas.au) or find our post on [Facebook.com/Sapra.Inc](https://www.facebook.com/Sapra.Inc) and add your comment.



# SAPRA update

Well, here we are halfway through Winter, yet there's a golden glimmering of spring in the wattles and early daffs.

**Community Centre** – Whilst the Market team took a well-earned break, the SAPRA team took to the Centre's walls, painting them with the color of local artworks (see p.1).

**The Buchanan Hall** - our main meeting area received stage 2 of the floor covering upgrade with laying of new vinyl. It looks great! And all thanks to YOU – members of the community who support our Op Shop and Market.

**Memberships now due** - It costs just \$2 per person to invest in your community organisation. Complete the membership form below. Any queries, please email Membership Officer, Michael Topfer – [sapramembers@southarm.tas.au](mailto:sapramembers@southarm.tas.au) .

Speaking of Michael have you kept up with the **history page on the South Arm website**? New articles are being added regularly and new stories shared on the South Arm Peninsula History Group Facebook page

**Iron Plot Community Garden** - Have you discovered this colourful piece of serenity yet? Our Plotters are always busy and everyone is welcome to visit – to relax or pull out some weeds and relieve some stress!

**BIG thank yous** – it might seem repetitive but it's important to recognise the tremendous work done by volunteers and other community members, day in, day out.

Firstly to our departing South Arm Store owners, Jacqui and Mark – we thank you and your staff for the support you've shown over many years.

Then of course it's to the many people who make our Centre hum – Kirstie and the team of Library and Op Shop volunteers plus Michael in the History Room and to all those not mentioned, we thank you.

The vibe over the Art Display weekend was inspiring and rewarding for all of us who work to make our community a more inclusive, supportive and special place.

Feedback, projects, issues or queries? Please get in touch – we love hearing from the community we serve .

— *Kerry Scambler, President, SAPRA*  
0407 875 460 | [SAPRAPres@southarm.tas.au](mailto:SAPRAPres@southarm.tas.au)  
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Leave this form at the South Arm Shop in the SAPRA mail box. Thankyou for supporting SAPRA's work in our community.

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# Cremorne Corner



## Plan Bee

Our initial Spring working bee was scheduled for the Spit Track, but we've organised this maintenance work with contractors instead. So, Plan Working Bee now is to tidy up the weedy track at the northern end of the Frederick Henry Pde cul-de-sac down to the beach.

If we have a big enough lot of workers, we'll do the next path a long too. So let us know if you can make it so we know quantities of materials to order. Snacks and lunch provided. A great way for a spring catch-up and workout. The contribution of our community volunteers is always outstanding and we hope you're all buzzing to be here on **Sun 11th Sept, 10am – lunch time.**

## Going platinum!

To celebrate the Queen's 70 years as Monarch, the Federal Government made available a grant to plant commemorative trees. We're pleased to announce Pipe Clay Coastcare was successful in being awarded funds to plant mature trees up on the headlands coastal track.

Mature tree seedlings have been chosen for this spot as they will be less palatable to browsing native animals. Planting is to occur in Autumn 2023 – watch this space for updates. Our gratitude to Julie Collins Office for this opportunity and the Cremorne Bowls & Community Club for supporting us with our application.

## Free! Free! Free!

Yep, more free trees and shrubs for our coastal foreshores is the plan. Autumn 2023 may seem ages away, but we need to start planning our orders, so let us know what you want.

We really want as many locals as possible to plant out (and maintain) on the Cremorne dunes and lagoon foreshore areas outside their residence to help stabilise these highly erodible edges. Send us an email if you would like suitable coastal plants for your patch ([gcrummy@bigpond.net.au](mailto:gcrummy@bigpond.net.au)).

## Come join in!

If you would like to be involved with Coastcare events please get in touch. We'd love to hear from you.

- *The Coastcare Team*



# Cremorne Community Group



## AGM

Planning is underway for the upcoming AGM - **3pm, Sunday 21 August.** We warmly invite all Cremorne residents to attend. If you need a little incentive, Patto's pizza's will be there providing a tasty snack for attendees. We hope to fill the roles of Public Officer and Treasurer. If you are interested in either of these roles please come along to the meeting and express your interest.

## Vinyl night rocked!

The recent vinyl night at the bowls club went off! The community gathered to share their favourite tunes on vinyl, dancing the night away with 'DJ Leigh J' on the decks. A huge thank you to the Community Bowls Club for hosting, and to Leigh for volunteering your time. We hope this becomes a regular event on the Cremorne social calendar.

## Twilight gathering

We have a tentative date for the twilight gathering - **Saturday 29<sup>th</sup> October.** We may change this up a bit this year, so please keep an eye out for more information on our Facebook page or the CCG noticeboard at the beach reserve.

## Cremorne calendar

### JULY

Fri 29<sup>th</sup> Pop Up @ Bowlo 'Taco Taco'  
Great time to get plants in the ground

### AUGUST

Fri 26<sup>th</sup> Pop Up @ Bowlo 'Fried & Loaded'  
Sun 21<sup>st</sup> Cremorne Community Group AGM

### SEPTEMBER

Sun 11<sup>th</sup> Coastcare Working Bee – Frederick Henry Parade  
Fri 23<sup>rd</sup> Pop Up @ Bowlo 'Tas Gourmet Seafoods'

### OCTOBER

Fri 28<sup>th</sup> Pop Up @ Bowlo 'Anju – Korean Tapas & Grill'

### EVERY MONTH

Tuesdays Barefoot Bowls - check weekly  
Tue-Sat 4:30–7:30pm, Cremorne Bowls & Community Club Bar

Fortnightly Pete's Bar Snacks @ Bowlo

[Join 'Cremorne Tas Noticeboard' Facebook group for details]

# Peninsula artistic flair cont'd



Inspired by Kirstie's idea to support local artists, many still recovering from the effects of lockdowns, a small group of volunteers managed, in about three weeks, to create a special event, appreciated by all who visited the display. It was satisfying to see some sales made too – win, win!

Thanks Kirstie, for the concept and your hard work. Thanks also to the hanging team of Steve Hinton and artist Robbie Gard who placed the artworks and to the volunteers manning the Centre over the weekend.


The team from St Barnabas – now our community-owned church – provided delicious morning and afternoon teas as a successful fund-raiser.



We'll be do it all again on 6 and 7 August with a new mix of works – we've seen a few snippets of what's coming and it's going to be a splendiferous display!

And we know Pam would be delighted to see all this flourishing again.





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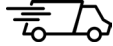
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## St Barnabas Community Church

How special it is to see our much loved 130 year old church still standing serenely at the top of the hill? 130 years of Christian worship & witness in the community.

The magnificent view reminds us of God's amazing creation. The cemetery closely surrounding the church reminds us of the history of our Parish, and it is a comfort to know that those we have known and loved can be laid to rest in this place close to where many have spent a considerable part of their lives.

All this is still possible because the community rallied together since 2018 to make sure our church remained an icon for future generations. Thank you everybody.

**St Barnabas Day** on 11 June was a happy occasion, and we all shared a special lunch after the service. Many of you may remember the Centenary 30 years ago - an extra special day. Most people, including all the many children were wearing period costume.

Thanks to Robert Wansborough the children were taken to the Calverton Hall in relays by pony trap, we played old fashioned games and enjoyed old fashioned food - in fact a very special time was had by all.

We would like to see the church in frequent use apart from Sundays. One suggestion has been to open the Church for people to just go in for some quiet time. This would need volunteers - if you would like to volunteer for anything, please get in touch.

It's time to start collecting items for shoe boxes again - eg. school supplies, toilet items, T-shirts and other clothes, something to love, something to play with etc.

Best wishes to all in our community.

— Jane Beavan

## Introductory meditation workshop

2:00-3:30pm Sunday 21 August  
St Barnabas Community Church Hall

Based in ancient Christian practices, this method of meditation, also called Centering Prayer, is a receptive method of silent prayer.

In the introductory session we look at Centering Prayer's beginnings, how this tradition understands the nature of the Divine's work within us, and the 4 guidelines for practicing the method. Afterwards it will be decided if an ongoing group might form.

For further information and intention to attend -  
beverlyfe@gmail.com or 04 60519037

— Beverley Elliott

# Local services & notices

Free service for Peninsula businesses.

## Accommodation

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Federal Member for Franklin

Thank you!

I am grateful and humbled by your support.

I will continue to work hard for all in the South Arm Peninsula.



**A: 18 Ross Avenue (PO Box 38)**  
Rosny Park TAS 7018

**T: 6244 1222**

**E: Julie.Collins.MP@aph.gov.au**

**Labor**

Authorised by Julie Collins MP, ALP Tasmania, 18 Ross Avenue, Rosny Park TAS 7018.

ADVERTISEMENT

Jacque  
**Petrusma**  
Liberal Member  
for Franklin



If you need support or assistance on any matter, please contact my Electorate Office.

3/90 Clarence Street, Bellerive, 7018 | (03) 6165 7825  
jacque.petrusma@dpac.tas.gov.au  
[www.jacquepetrusma.com.au](http://www.jacquepetrusma.com.au)

Authorised by J Petrusma, 3/90 Clarence Street, Bellerive TAS 7018.

## Administrative services

### Justice of the Peace - Opossum Bay

David Skegg - [davidskegg@icloud.com](mailto:davidskegg@icloud.com) 0418 374 305

### Justice of the Peace

Witnessing documents, affidavit for use in court, statutory declarations, certifying true copy of original document.  
Terry Roe 0400 140 870

## Animal services

### Sandford Cat Hotel

5 star luxury for your cat when you're away.  
[thesandfordcathotel.com.au](http://thesandfordcathotel.com.au) Hazel Jones 0403 568 999

## Automotive

### Auto Towing & Windscreen Repairs

Tilt tray towing, windscreen repair. Anthony  
0412 110 992

## Beauty

### Eco and Body

Massage (health fund rebates), counselling & meditation classes. Victoria Haberley, Counsellor  
0414 516 234 | [www.ecoandbody.com](http://www.ecoandbody.com)

### Jewellery

Handmade precious jewellery designed & made locally.  
Gavin 0414 629 185 | [www.gavinmacsporrans.com.au](http://www.gavinmacsporrans.com.au)

### Mj's Hair Design

Fully qualified hairdressers for all hair care needs. Facial waxing/tinting & spray tanning. 3120 South Arm Rd, Wed to Sat, or by appt. 6239 9612 or 0421 859 408

### Mobile Haircuts

Professional hair cuts in your home. Tues-Fri 9am-5pm. Adults \$35, Kids/Teens \$25. Tania 0458 528 258, [Facebook.com/mobilehaircuts.tania](https://www.facebook.com/mobilehaircuts.tania)

### South Arm Skin Care

Qualified beauty therapist with over 19 yrs experience. Facials, waxing, tinting, henna, tanning & more. Now located at Mj's hair design, 3120 South Arm Rd. Book online [www.facebook.com/SouthArmSkinCare](https://www.facebook.com/SouthArmSkinCare) or 0409 552 869. Open Wednesday to Saturday.

## Business services

### Rachel-is-IT

Computer repairs, up-grades, IT help. Vinyl signage for car, boat or business. 6239 9706 | 0438 399 706

### Tasmanian Geeks

Computer Repair, Virus Removal, Service & Tune Up.  
Dale 0415 269 256

## Ceremony

### Oakdown Celebrant

Naming days, weddings & more. Make your day unique.  
Tara Bellette 0408 367932 [tarabellette76@gmail.com](mailto:tarabellette76@gmail.com)

### Lyn Gallagher, Marriage Celebrant

Weddings, Naming Days, Renewing of Vows, Special Birthdays, Funerals. Facebook - Little Red Buds  
0459 769 419 | [hopefulandtrue@gmail.com](mailto:hopefulandtrue@gmail.com)



## Marriage & other Life Event Celebrant



Saying I do? Let me be your guide  
– Beverley Elliot.  
beverleyfe@gmail.com Ph.  
0460519037

## Community meetings & classes

### Bible Discussion - Connect Group

We welcome new members.  
Fridays 10.30am  
3218 Main Rd, South Arm. Jane  
Beavan 6239 9244

### Community Garden - Iron Plot

Community space with pizza oven!  
Chat, help, & plan Fridays 9–10am

### Cremorne Community Group Inc

www.cremorne.tas.au, Facebook,  
cremornecommunitygroup@gmail.com  
Marquee hire for CCG members –  
ghr@pipshy.com or 0412 305 794

### Bridge

Calverton Hall, Wednesdays at  
2pm. New members and beginners  
always welcome. Noela 6239 9172

### Craft Group

2nd, 4th & 5th Tues of the month  
12:30–3pm, Calverton Hall. \$2/  
session. Lesley Gore 6239 9321

### Garden Club

Meets 1st Monday of the month at  
the Community Centre at 4:30pm  
Laura 0400 101 900

### Girls' & Boys' Brigades

Adventure for girls & boys 5–18yrs.  
Thursdays 5:30 – 7:30pm, at  
Emmanuel School, 1 Chipmans Rd,  
Rokeby. Libby 0416 277 101  
eneduljee@gmail.com

### Sandford Scout Group

Friends, fun, community service and  
adventure for boys and girls!  
Joey Scouts (5–7 yrs) Mon 5–6pm  
Cubs (8–11 yrs) Mon 6.15–7.45pm  
Scouts (11–15 yrs) Wed 7–9pm  
Susanne sehovington@hovo.id.au

### SAPRA Committee Meeting

2nd Tuesday of the month, 7pm at  
South Arm Community Centre.  
*To address the Committee, please  
contact the President (see p2)*

### South Arm Community Centre

Library, Op Shop & History Room 9  
Calverton Place, South Arm  
Mon 10–2 Fri 2–4 Sat 1–3

### South Arm Songsters Choir

All welcome for songs & laughs!  
7pm Mondays at the Community  
Centre. Betsy 0418 526 002

## St Barnabas Community Church, South Arm

Morning service, Sundays 10am.  
Rachel Todd, 6239 9706, or Jane  
Beavan 6239 9244. Working bee  
10am, 1st Saturday each month.

## Exercise & activities

### Bingo

1st Tues each month 7pm.  
\$15 for 15 games. BYO welcome  
(incl Alcohol). Enq. 0426 821 530

### Cremorne Bowls Club

www.cremorne.bowls.com.au  
6248 9856

### Indoor bowls

Every Monday 1:30– 3pm Calverton  
Hall. Beginners always welcome!

### Evolve Fitness

Thurs 5pm, Sat 8am, Sandford  
Community Hall. First Class Free.  
Susan 0488 707 056 or  
evolvefitnessaus@gmail.com  
facebook.com/evolvefitnessaus



### Jayne Martin Yoga

Beginners classes at Lauderdale  
Hall. Sun 8–9am, Wed 7–8pm.  
Jayne 0474821552  
Jaynemartin04@gmail.com

### Pilates

9am Mon Calverton Hall & 6pm  
Thurs South Arm Community Centre  
Helen 0498 177 916

### South Arm Fitness & Wellness Hub

Gym open 24/7. \$12 /week,  
no lock in contract. Yoga 9am  
Mondays Laura 0421 859 408 (f)



### Tennis Court

\$10/hr. Book at South Arm Store  
or after hours Ron 0408 356 915

### Yoga at Lauderdale Hall

Wed 10.30–12pm. Strength & calm  
– asana, pranayama, Yoga Nidra &  
meditation. Margaret 0428 252 560

## Food & dining

### Fresh fish delivered door to door

Every second Wed 11am–1pm.  
30+ years. Robyn 0438 721 448  
or robdaze@bigpond.com

### Opossum Bay Store

Open 7 days. Great coffee, fishing,  
takeaways, groceries, tools, cards,  
petrol & friendly service. 6239 9134

### South Arm RSL & Comm. Club

Great meals for Members & visitors.  
Dinner 7 days + lunch on Sundays.  
Dine in / take-away: Pizza – Fri,  
Sat; Asian – Sun, Mon, Tue, Thu.  
Discount meals: Wednesdays  
Enquiries/bookings ph 6239 9171

## Thai Larder

Authentic home-cooked Thai meals  
delivered to your door. Lessons &  
catering too. Ann 0455 793 260  
www.thailarder.com.au

## Touch of the MO Cafe

Wed to Sun 8:30am–2:00pm.  
Coffee, cakes, smoothies & more.  
6295 5532 or find us on Facebook

## Gardening

### AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm  
Call Andrew for a free quote  
6239 9863 or 0422 992 479

### Emma Parker Garden Supplies

Pea straw (baled / chopped /  
bagged), sheep or screened cow  
manure. High quality, weed-free.  
Regular or bulk delivery & other  
products avail. Enq. 0409 555 098

### Qualified Landscaper

Develop new gardens or rejuvenate  
– big or small. References. Quotes.  
Steve 6239 9050 or 0408 000 645

### South Arm Garden Supplies

Pea & barley straw, horse, sheep  
& chicken manure, potting mix  
& organic compost. Free local  
delivery. Adrian 0427 976618



### Tasmanian tree care

Tree pruning, removal, support  
systems, recovery programs with  
soil injections & pest control.  
Colin Fry 0424 149 587  
colin@tasmaniantreecare.com



## Home & property

### Activ8 Electrical & Data Contractor Lic. 15607236

Commercial & residential.  
Michael Calabrese 0407 281 383  
www.activ8electrical.com.au  
activ8electrical@gmail.com



### Blakey's plumbing and maintenance [after hours]

Domestic plumbing, blockages &  
repairs. Robert 0410 118 254



### Crowy's Excavations

Local, competent, fully insured.  
Pete 0417051537



### Electrical & Heat Pumps

Richard Pohl (Lic 945766)  
0419 899 100



### Flatrock Concrete

Formwork, concrete & excavations  
Justin 0439 915 386



## Greg Steinbauer

Gardening, odd jobs + home maintenance. 0419 136 693  
gstein101@gmail.com



## House-sitter Clare

Experienced, reliable, mature & local. Excellent references.  
0450 417 061

## Interior Design

DIY consultations, new build & renos. Free discovery call. Kellie, Hello White Interiors 0421972370

## Property Consultant

Robert Goyne, Fall Real Estate  
0458 653 553 robert@fall.com.au  
info@hellowhite.com.au

## Reptile Ranger

Rescue & relocate snakes correctly. Permit 2001766. Craig 0424 441 488

## Rockstar Tiling & Bathroom Renovations.

Waterproofing, tiling & bathroom renos. Servicing Peninsula & Eastern Shore. Rick 0499 279561

## Snoopy's Gas Fitting

Install, service and maintain. Brett Newell | 0448877062  
sssnoopy11@gmail.com



## Tas.i.vac Gutter Cleaning

Roof, solar panel, tank etc cleaning. Inspections, tank sanitising & more. Damon.tasivac19@gmail.com  
0476 042 765

## Tassie handyman

Maintenance, carpentry, painting, fencing, small landscaping, windows & doors. 0448 667732 or via Facebook



## Weekly Cleans Mon-Fri

Malena 0419670446

## Health services

### Converse Online Speech Pathology

Specialising in Autism, social skills, literacy & early intervention. Frankie 0487 718 750  
www.conversetherapy.com.au  
frankie@conversetherapy.com.au

### South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd  
03 6239 9529, Fax 03 6239 9600  
info@southarmpharmacy.com.au  
Mon -Fri 8.30am-5.30pm,  
Sat 9am- 12 noon

### TSL Counselling Services

Qualified Counsellor, PACFA member Toni - 0432 998 858  
www.tslcounselling.com.au



## Special interest



### Family History Research

Want family history research or a gift? Jim 0417 518 336  
ancestralressertas@iinet.net.au

### Genealogy Research

Start your family tree or solve family mystery. \$50 initial review incl 2hrs research. Maree 0409 169 659  
harriets.garden@bigpond.com

### TCE Tutor: ENW, ENL or French

Many years' experience teaching pre-tertiary + tertiary. Can help with essays, English etc. 0477 771 040

### Maurice Potter History Room

In Community Centre. Join South Arm Peninsula History Facebook group. history@southarm.tas.au  
Michael Topfer 0400 416 099

## Transport & equipment

### SAPRA Community Bus

For group hire. 65c/km. 12 seats, tow bar, volunteer driver. Kirstie 0426821530  
www.southarmbus.simplybook.me

### Wheelchairs and walker

Short-term loans to South Arm RSL Sub-Branch Members and Defence Services personnel (and their dependants). Peter 0477 706 497

## Venue hire

### Calverton Hall & Oval

Hire enquiries - Cherie Osborn  
0409 217 975

### South Arm Community Centre

Special occasions, interest group or business meetings, workshops etc. Reasonable rates. 0407 875 460  
SAPRAPres@southarm.tas.au

## Volunteering

### Coastcare

#### Mortimer Bay

Leanne 0408 498 468

#### Opossum Bay & South Arm - OBSAC

1st Sunday each month. 10am - 12noon. Different venues. Robyn 0400 119 519

#### Pipeclay

Autumn, Spring & Clean Up Aust Day working bees. 0408 121 304 (Anne) gcrummy@bigpond.net.au

#### Wildcare-Deslacs (Clifton)

info@wildcaredeslacs.org

## Fire Brigades



### South Arm Fire Station

2nd and last Tuesdays of the month, 7pm  
Val Ansett, Brigade Chief  
0408 267 887

### Sandford Fire Station

Training each Monday 7:30  
Paul Lawler, Brigade Chief  
0409 305 808

### Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park ev. Wednesday, 9-10am. Rae 0417 555 175

### Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries - President Craig Rogerson, 0418 120 796 or Vanessa Copeland, 0419 561 746  
secretary@cliftonbeachslsc.com.au  
www.cliftonbeachslsc.com.au

## Water carters

### MKH Water Supply & Cartage

Domestic & civil. Services all areas. Marcus 0438 643 176

### Reliable Water

Tim 0419 614 457

### SouthAir Water

Damien 0417 928 377

### Streamline Water

Wayne 0418 125 096

## Wellbeing & health

### Cremorne Reflexology

Qualified. Home visits for relaxation or health concerns (chronic pain, sleep, circulation, & digestion). \$60/hr Tara 0457 327 482



### Massage

Remedial, relaxation, hot rocks and pampering massage. Wed & Sat. Vicky 0414 516 234

### Naturopath / Nutritionist & Psychic Medium/Healing

Amanda Erskine in Sandford. 0417 727 065



### Pamper Room

Facials, relaxation, hot stone, or pregnancy massages. Mon- Sat  
www.pamperroom.com.au  
Tania 0458 528 258

### Sandford Massage Wellness Centre

Massage & naturopathic services by appt Sun, Mon, Tues 10am-5pm. \$50 Kyla 0418 537 279!





## South Arm Peninsula Men's Shed Membership Application

(Applicants must be 18 and over)

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_

### About You (Optional)

#### Occupation (Past or Present)

What are your areas of interest in our Shed?

Other information which may be helpful in assisting with the construction and operation of our Shed.

#### Please Note:

Your support of our Men's Shed enables you to:

- Δ Enjoy the facilities of our new shed, due for completion in early 2023
- Δ Assist us in addressing the issues surrounding men's mental health in our region
- Δ Attend Men's Shed functions and receive frequent updates on our progress and activities

**If you are unable to become a member at this time, you may wish to make a donation.**

At the time of our AGM (September 18<sup>th</sup>), all financial members will be eligible to be in the draw for a dinner for two, to the value of \$100. This is kindly donated by the **RSL & Community Club** who are valued partners in our Men's Shed venture.

Please forward completed applications to:

<p>Treasurer South Arm Peninsula Men's Shed PO South Arm. TAS 7022</p> <p><b>OR</b></p> <p>Email mensshed@southarm.tas.au</p>	<p>Payment can be either enclosed or by direct debit.</p> <p><b>Please include your name when making payment.</b> BSB: 633 000</p> <p>Account Number: 173 500 240</p> <p><b>2022/2023 Membership \$20.00</b></p>
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