

# Critically endangered Swift Parrots spotted on the South Arm Peninsula

A very special summer visitor has arrived on the South Arm Peninsula: a group of critically Endangered Swift Parrots, including a pair exhibiting breeding behaviours in mature tree hollows. Not to be confused with the Musk Lorikeet or Eastern Rosella, the arrival of this rare, nomadic parrot is exceptional. These tiny birds fly from New South Wales and Victoria just to breed and nest in Tasmania. Swifts "need flowering Tasmanian Black and Blue Gums for food as well as trees over 150 years old to provide suitable hollows for nesting." Researchers never precisely know where the birds will breed in Tasmania as they do not return to the same precise area every year but rather follow the flowering of the Gums which can be sporadic. This year, that is right on the South Arm Peninsula.

BirdLife Australia, the Department of Natural Resources and Environment, and the Australian National University – all trying to combat their continuing decline – have been informed of the sightings and are receiving regular updates from residents monitoring their behaviours to aid in conservation efforts. "To have these beautiful creatures here with us, watching them play, chatter, bathe and feed, is so moving. The wildlife in our State is amazing and deserves our attention and protection", said one resident who has at least 14 on their property at the moment.

The Swifts are in a precarious position with a "high risk for extinction due to fragmentation of habitat from active logging operations as well as environmental hazards such as invasive sugar gliders, introduced social bees competing for nectar, and bush fire". It is believed that less than 1,000 Swift Parrots remain and there may only be as few as 300 effective birds left.

The arrival of the Swifties in our community highlights the important role even private land holders and home owners can have in their protection. By preserving existing mature eucalyptus as well as any dead trees and branches, we can provide precious food sources and hollows essential to the Swifts and many other beloved birds frequently spotted in our community.

If you would like to know more about assisting the Swift Parrots, please visit actforbirds.org/protectswiftparrot

We are lucky to live in such a beautiful habitat and share it with these precious and chatty summer neighbours! If you see them, please do record the sighting with the Natural Values Atlas or BirdLife Australia. We hope to have more information about the Swift Parrots and all our local feathered friends at a future Community Market.

- Rachael Zebrowski



We acknowledge the palawa/pakana people (Tasmanian Aboriginal Community) as the traditional owners and ongoing custodians of lutruwita/Tasmania - its land and waters. We acknowledge their long history and deep connection to this place and pay respect to Elders past, present and emerging.



#### About this newsletter

Contributions to the newsletter close the 2nd Friday, every 2nd month -

# Friday 13 January 2023

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

Send contributions to -

Wendy Polzin editor@southarm.tas.au 0428 339 400

Advertising enquiries -

Kerry Scambler SAPRAPres@southarm.tas.au 0407 875 460

The bi-monthly South Arm Peninsula News is distributed throughout the South Arm Peninsula community - Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

This newsletter has been published since 1989 by the South Arm Peninsula Residents Association (SAPRA).

Opinions expressed in articles are not necessarily the views of the Committee.



#### SAPRA Committee members:

#### President

Kerry Scambler 0407 875 460 SAPRAPres@southarm.tas.au

#### Treasurer

Gillian Waldie 0408 123 906 SAPRATreas@southarm.tas.au

#### Secretary

Vacant

SAPRASec@southarm.tas.au

#### General Committee

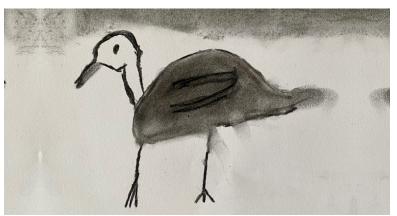
Noela Foxcroft 0418 600 707 Michael Topfer 0400 416 099

Jenni McLeod

Vacancies

# South Arm Primary School

One of the high points during the prolonged rainy weather was to see classes participating in Outdoor Class. Primary classes were involved in creating charcoal drawings of native Australian animals, sensory walks, and cooking damper over a firepit. The prep/1 students also experimented with charcoal artwork and participated whole heartedly (ie. got very wet!) in water exploration.



Please remember to enrol your children for 2023 we look forward to seeing your children joining in on all the fun!

# What's happening at South Arm Primary? A School Association Report.

Firstly, thank you to Piggery Productions for yet another amazing show and fundraiser. The proceeds from Piggery shows have long been used to support the improvement of the school, most recently purchasing a pump for our beautiful water play area established in January. Thank you to all the people behind the show and everyone that bought tickets to come along to enjoy it.

Raffle ticket sales were incredible – raising \$6,022 for our school association. We ended up having too many prizes, so keep your eye out for a Christmas raffle. Thank you so much to our community members who bought tickets supporting the school. Congratulations to Sophie Klee who won our top prize – a \$500 Airbnb voucher.

Earlier this year, the school association submitted a successful grant application to the Premier's Fund for Children and Young People - the grant will be used to install a bike pump track on the oval.

At the end of this year our Principal, MaryAnne Piccone, will be retiring. We wish MaryAnne all the best in her next chapter.

As an Association we would like to wish everyone a safe and happy summer and thank you all for your continued support of the school.

#### Rainfall on the Peninsula Cremorne Opossum Bay Sandford South Arm Sep 53.50mm 56.40mm 63.00mm 34.00mm 81.50mm 95.90mm 92.60mm 72.20mm Oct 2022 Year 544.0mm 512.9mm 541.3mm 420.0mm 2021 Year 479.5mm 471.0mm 515.5mm 313.5mm to Date Bob Kimber Geir Hurlen Rødven Teresa Quine Bradley Mollison

# Fire brigade preps for competition + new recruits

With the wet weather we have been experiencing, bushfires are probably far from your mind. There are no plans currently for when we will commence the fire permit season, but things can change rapidly. One thing for sure, the grass is growing quickly! When summer does finally come, there is going to be quite a high fuel load on the ground. As always, if you are conducting a burn outside, make sure there is someone present at all times, you have a means to extinguish it, you have a clearing around the pile, and you call 1800 000 699 to register. This ensures the fire service is not called out unnecessarily, and the operator will also be able to provide you with simple advice. You can also call your local Brigade Chief if you have any questions.

Over winter, South Arm Brigade planned an exercise with Sandford and Lauderdale Brigades with a simulated fire and rescue at our local school. This was an excellent opportunity for the neighbouring Brigades to practice together and become familiar with our equipment and local buildings. We very much rely



on each other for all larger fires, and the depth of experience within these Brigades is fantastic.

The last month had seen a few of our members training for a fire competition that will be held in Hobart early next year. Our team has had to develop one of the gruelling challenges, as well as prepare for what other Brigades have planned. The overall aim is to improve knowledge and skills, with a little competitive edge to make things fun. If you see our smaller truck going through it's paces, this is why.

We are recruiting again for a new member or two starting after Christmas. Volunteering offers some fantastic opportunities, but also is what provides fire protection for our town. If you are interested, give me a call and I can explain what is involved and arrange an introduction.

 Val Ansett, Brigade Chief, South Arm Fire Brigade 0408267887



# Best wishes and thank you from all of us at South Arm Community Pharmacy

Kim, Shane, Milli, Lisa, Karen and Jan would like to wish everyone a safe, happy and healthy festive season.

Thank you to everyone for your loyalty, support, friendship, and words of appreciation. We consider ourselves very lucky to be able to work in such a lovely, friendly and vibrant community.

Over the Christmas and New Year period we will be closed Sundays and public holidays, so we'll be closed Christmas Day, Boxing Day and New Year's Day, and also closed on the Tuesday 27 Dec and Monday 2 January public holidays.

#### Shop locally for Christmas!



We have brought in lots of new products, locally made or produced to help you find a unique gift.

Mongrel socks, Ted & Tilly ear rings, Huon pine bowls, boards & knives, Myrtle & Me jewellery, madmia socks, kaiko fidgets, Bee Native soaps and candles, Lauriston Grove olive oil, Bee Collective honey, Morish nuts.....

#### Hope in a suitcase

We are proud to be a local collection point for 'Hope in a suitcase".

This volunteer-run charity organisation puts together a suitcase of age-appropriate items for Tasmanian children in foster care. Their mission is to provide children with something they can call their own, sending the message that they are worthy, valued and cared for.

The suitcases are filled with essential items such as toiletries, underwear, pyjamas, clothing, something to cuddle or perhaps a book to read.

For more information about what they do or more ideas of suitable items to donate please visit their Facebook page or website – hopeinasuitcase.com.au

Suitable donations can be left with us anytime.

— Kim I South Arm Community Pharmacy Info@southarmpharmacy.com.au



# Do you like gardening?

You could do two things at once, just an hour of gardening would be of great help maintaining our lovely community and it's something you like doing. There are 3 little gardening gatherings where we really need your help:

#### St Barnabas Church

Monthly first Saturday of the month 10am to noon

#### Community Centre Community Garden

Weekly each Friday for about an hour 10am

#### Opossum Bay Park

Weekly each Wednesday 9.30-10.30am

Enquiries - Rae 0417 555 175

# South Arm Community Market



The October market boomed with people everywhere and over 80 stalls to choose from. The music was awesome with Olivia singing and playing the guitar. She really is a pleasure to listen to.

Jodie, our lovely face painter, joined us again. The market is proud to host her and her wonderful talents. I certainly know the children love having her - the queues speak for themselves. Thank you Jodie for putting smiles on so many faces. This service was provided free of charge to the kids by the Market thanks to our raffle fundraising.

The November market was blessed with long awaited beautiful sunny weather for the 90+ stalls. Entertainment was provided by Sharn Hitchens, a beautiful voice enjoyed by all. Thank you Sharn, we look forward to having you back soon. Personally, I just loved the Highland cows – a great crowd puller for young not so young. Thank you for making the trip from Collingsvale with your beauties. Looking forward to welcoming back Heilen Coos again soon.

I found a stallholder selling coffee jam which was delicious. I hope there is more next month. What a great gift for Christmas for those who are willing to try something different.

The 4th December market is looking to be HUGE.

- The Marketing Musketeers | market@southarm.tas.au

# Meditation workshops

2nd & 4th Sundays 3:00 - 4:00 pm St Barnabas Community Church Hall, South Arm

Are you seeking a more contemplative way of life? Come join a small group exploring meditation, its practices and teachings. All understandings of God, and those just considering the question thereof welcome. Includes 20 minutes meditation practice.

— Beverley Elliott / beverleyfe@gmail.com / 0460 519 037

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# **BUS to SUMMER festivities**

Thinking about heading to the Taste of Summer or Wooden Boat Festival? To help us plan ahead, please register your interest now in a bus transfer to these events with drop off/pickup at the Bellerive Ferry (if service available) or the City.

Shopping trips: interested in a service to Glebe Hill, Shoreline or Eastlands? Register your interest so we can update you on our regular trips. \$8 return.

communitybus@southarm.tas.au Text or phone 0419 339 415

Where else could your bus take you this summer? The possibilities are endless!

Owned and managed by the South Arm Peninsula Residents Association Inc.





# SOUTH ARM PENINSULA Community Bus

Available for groups or individuals joining a pre-organised service.

www.southarm.tas.au/community-bus

Bookings & enquiries - Steve Hinton 0419 339 415

communitybus@southarm.tas.au



# FORB prepares for bushfires

At the request of the Friends of Ralphs Bay community group (FORB), the Sandford Fire Brigade Chief and 2 Brigade members conducted a fire awareness and preparation session covering the new bushfire danger ratings and fire warning system, what to expect in a bushfire, how bushfires attack buildings and how to make a house more resistant to bushfire attack.

There was discussion about structural fire safety, preparing a fire safety plan for both bush and structural fires with a walk and talk around the house & garden to illustrate practical ways to reduce risk.

FORB members were able to inspect the Sandford fire tanker which led to discussion about fire brigade access requirements and access to stored water supplies. The presentation concluded with advice about fire permits and the importance of registering all burn offs with the TFS throughout the year to avoid any unnecessary call-outs.

Sandford brigade would like to thank FORB for organising the event and the host. The presentation was enthusiastically received with the most common comment being "It's given me a lot to think about".

Axel von Krusenstierna - Sandford Brigade





Welcome to Summer – what a splendiferous time to live in this very special place!

The AGM was almost a full house with SAPRA members and community group leaders. We were delighted to also welcome Mayor Brendan Blomeley and Councillors Heather Chong, Daniel Hulme and Bree Hunter and thank them for their interest in our community.

Each year the SAPRA Annual Report provides a solid and informative summary of SAPRA's finances and activities through the year. It will be available on the website shortly.

Unfortunately, we are now a much smaller Committee. Thanks go to outgoing members Kirstie Judd, Sharyn von Bertouch, Eric Bound, Bree Hunter and Allison Holland. Bree is leaving to focus on her Council role, Eric to build the Men's Shed, and Kirstie, Sharyn and Alison taking a break from commitments. Special thanks to Sharyn who joined the Committee in 2008. With her position and experience at Council, she has provided sage advice and guidance, making our relationship with Council smooth and effective for all involved.

New committee members are welcome - please contact us for more information.

The General Meeting was another premium showcase of community activity with updates from: SAPRA (Jul-Nov), South Arm Volunteer Fire Brigade (see p. 3), Iron Plot Community Garden, St Barnabas Church & Cemetery (p. 9), Community Library & Pot Luck Op Shop, History Room & Peninsula History Group, SA Peninsula Men's

Shed (p. 8), SA Community Market (p. 4), SA Peninsula Community Bus (p. 5), the SA Primary School (p. 2) and the SA RSL Sub-Branch. A very inspiring evening, thank you all!

PS. Volunteering contributes \$3billion to the Tasmanian economy. I reckon our Peninsula would be well above the average community contribution – don't you?

Helping Songsters Return to Song safely: SAPRA was delighted that our auspiced Clarence Council grant application for choral masks was successful. The choir brings much joy and social connection but singing through a medical mask just isn't the same experience.

SAPRA membership. Thanks to everyone who has joined, showing support for our community organisation and its volunteers. (To check your membership, contact Michael Topfer 0400 416 099, sapramembers@southarm.tas.au

Thank you yet again to my fellow committee members and all our volunteers for your contribution this year - it's always appreciated. A heartfelt thank you to all the other local groups and individuals that make this Peninsula community so vibrant and caring, creating an extraordinary place to live.

May your festive/holiday season bring you happiness, contentment and relaxation amongst family and friends. Please take care, look out for others, be kind and stay safe on land and water. We'll see you in 2023!



If you're a small group working on community projects, please remember SAPRA can auspice grants on your behalf. We do the admin, you achieve your goal!

#### Digital newsletter in colour!

Find back editions here -  $\underline{www.southarm.tas.au/southarm-news}$ 

Subscribe to the digital edition - email editor@southarm.tas.au

#### Printed copies

Delivered to your mailbox (Sandford, Cremorne, Clifton Beach and Opossum Bay), and your PO Box (South Arm) and available at the *Community Centre*.

- Wendy Polzin I editor@southarm.tas.au



# Cremorne Corner



# Coastcare sum up - 2022

#### Thank you

The support of our volunteers over 2022 has been greatly appreciated. A big thanks to all for your work from planting, mulching, collecting rubbish, feeding the hungry workers, organising plants for the giveaway, taking away green waste and rubbish, watering plants and more.

Super inspiring, as always, is the great team of youth we have rocking up and working hard at our working bees. Additionally, we acknowledge the fabulous work from the many locals who undertake coastcare jobs outside of the official working bees. A huge shoutout for all the rubbish that is collected in some hot spots including the main stretch of Cremorne Ave and around the pontoon.

#### Despite all the rain ....

During the summer when the rain stops, or even if it doesn't (!!!), and the evaporation is high, please look around for plantings out on nature strips, dunes and the foreshore and give them a good soak.



#### 2023 Kick off

We'll kick start 2023 with Clean Up Australia Day. We're needing someone new to be the 2023 coordinator for this event. If you've been thinking about volunteering but it's always been a bit hard – this is the PERFECT role for you. It's only once a year, takes little time prior, during and after, is simple but much needed. You just need to be over 18 years old and be able to chat to people down at the Beach Reserve and direct them to the clean-up spots. Please get in touch if interested on pipecarecoastcare@outlook.com or phone (details on back).

#### Season's greetings

Thank you again everyone for your support. Wishing you all a very happy and safe Christmas and New Year.

- The Coastcare Team

# Cremorne Community Group

A sincere thank you to the Cremorne Community for their support in both assisting and attending our events during 2022. There has been something for everyone from Drag Bingo, Halloween at the Bowlo, the Christmas Market and the upcoming Christmas in Cremorne.

Wishing everyone a safe and relaxing festive season. We look forward to seeing you all in 2023.





Back by popular demand - Drag Bingo with Pussay Poppins. Fri 9th Dec @ Bowlo

# Cremorne calendar

Weed & water your plantings all summer

Pop Up @ Bowlo on a break over the Summer, but keep an eye out for some ad hoc pop ups!

#### **DECEMBER**

Fri 9<sup>th</sup> Drag Bingo @ Bowlo

Sun 11<sup>th</sup> Christmas in Cremorne @

Beach Reserve

February

Fri 10th Pop Up @ Bowlo 'American BBQ'

#### **EVERY MONTH**

Pete's Bar Snacks - On a break but other locals filling this space

Thursdays Indoor Bowls

Tue-Sat 4:30-7:30pm, Cremorne Bowls &

Community Club Bar

[Join 'Cremorne Tas Noticeboard' Facebook group for details]



Progress towards the construction of our shed is progressing! Now that's a statement that requires some explanation or is it just very bad use of the English language? The South Arm Peninsula Men's Shed has been on the go for over 3 years. Along the way we have encountered many obstacles which have contributed to this lengthy process. Fortunately, through hard work by a dedicated group of committed "Shedders" and support from the Community and governments we are now in a position to build.

We have contracted to buy a shed from Fair Dinkum Sheds. This will enable us to complete our progress towards achieving a Building Permit. We can confidently expect a shed to be erected in the New Year due to the hard work of members who laid the foundation for the construction process to commence.

The by-product of our work has been a huge pile of wood chips which are available to the public for a small donation. Please contact a "Shedder" for details.

Over the journey we have received many donations of equipment for use in our shed. We appreciate these donations and continue to receive more like gear from member Don Mitchell who is moving interstate - thanks and best wishes as you embark on a new phase of life.

Remarkably this is the last opportunity to wish members and their families "Merry Christmas", happy family time and enjoyable holidays. Best wishes.

- Robin Barnes / President SAPMS / 0408 446 249



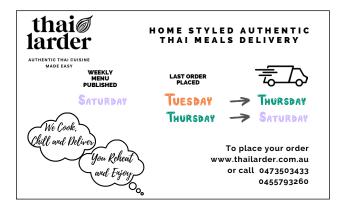
# Letter to the Editor

Along with many residents of the South Arm Peninsula, I was disappointed to see that such a long serving councillor, such a stalwart for our community, Sharyn Von Bertouch, is no longer an Alderman for Clarence. Sharyn has served this community for 15 years, guietly, unobtrusively, intelligently, working for her constituents.

While congratulating newly elected office-holders to the Clarence City Council, I hope that they will follow Sharyn's constructive, conscientious example. It's rare to discover someone who works for the community, as she has done, without simply seeking the limelight or using local council as a stepping stone to further political ambitions.

Best wishes for a stellar future, Sharyn.

- Janet Upcher, Opossum Bay



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# St Barnabas Community Church

Over the past few months our Community Church has been fulfilling it's purpose. The weekly services, at 10am every Sunday are each a little different, with different leaders and speakers. We are very grateful to Ryan Kennedy, our organist. We would be delighted to hear of anyone who could contribute in any way, (eg singing, guitar, etc.)

A pet service was held on St Francis' Day which was enjoyed by both animals and owners. All the pets received a blessing and were very well behaved.

On the 30th Oct (a fifth Sunday), Rex Martin Bird was baptised at a Family Service, so he becomes a member of the church. We plan to have a Family Service, or something special on every 5th Sunday, the next being a Harvest Festival on 29th Jan 2023. The church is always available for Baptisms, marriages and funerals.



#### Progress!

The cemetery is looking well cared for, thanks to the people who help at the Working Bee held on the first Saturday of each month.

The church now has a more visible sign which is obvious from both directions.

Each Market day we have a church stall and we are grateful for all donations. We now have a shed in which to store donated goods, freeing up the Hall.

#### Christmas Shoe Boxes Milestone

For the 1st time we packed 100 shoe boxes. A big thank you to all the generous people in the community who helped. To see the joy these small gifts provide for children, most of whom have never owned anything of their own, is very special.

Our other on-going project is collecting nonperishable donations each week for the City Mission, which are much appreciated.

Our Community Carol Service, conducted by Andrew Lake will be held at 7pm on 18th Dec (no morning service). Our Christmas Day service will be at 9am, giving everyone time to prepare for the rest of the day.

The St Barnabas congregation would like to wish everyone a safe, happy and holy Christmas.

- Jane Beavan

#### St Barnabas Community Church Services

Dec 11th 10am Iona service Dec 18th 7pm Carol Service Dec 25th 9am Communion Service 10am Morning Prayer Jan 1st Jan 8th 10am Iona Service Jan 15th 10am Communion Service Jan 22nd 10am Communion Service Jan 29th 10am Harvest Festival



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# Local services & notices

Free service for Peninsula businesses.

#### **Accommodation**

#### **Cremorne Self Contained Cabin**

Great rural location, close to beach. 0434 499 730 www.airbnb.com/h/cremorne-trinity

#### The Octopus 💂 South Arm

Fully self-contained accomodation suitable for 2 guests (+ one infant 0-2 on request). To enquire, book or for more information and photos - www.airbnb.com/h/theoctopus







#### Administrative services

#### Justice of the Peace - Opossum Bay



David Skegg - davidskegg@icloud.com 0418 374 305

#### Justice of the Peace

Witnessing documents, affidavit for use in court, statutory declarations, certifying true copy of original document. Terry Roe 0400 140 870



#### **Animal services**

#### **Sandford Cat Hotel**



5 star luxury for your cat when you're away. thesandfordcathotel.com.au Hazel Jones 0403 568 999

#### **Automotive**

#### **Auto Towing & Windscreen Repairs**



Tilt tray towing, windscreen repair. Anthony 0412 110 992

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#### **Jewellery**

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#### Mj's Hair Design



Fully qualified hairdressers for all hair care needs. Facial waxing/tinting & spray tanning. 3120 South Arm Rd, Wed to Sat, or by appt. 6239 9612 or 0421 859 408

#### **Mobile Haircuts**

Professional hair cuts in your home. Tues-Fri 9am-5pm. Adults \$35, Kids/Teens \$25. Tania 0458 528 258, Facebook.com/mobilehaircuts.tania

#### South Arm Skin Care



Qualified beauty therapist with over 19 yrs experience. Facials, waxing, tinting, henna, tanning & more. Now located at Mj's hair design, 3120 South Arm Rd. Book online <a href="www.facebook.com/SouthArmSkinCare">www.facebook.com/SouthArmSkinCare</a> or 0409 552 869. Open Wednesday to Saturday.

## **Business services**

#### Rachel-is-IT



Computer repairs, up-grades, IT help. Vinyl signage for car, boat or business. 6239 9706 | 0438 399 706

#### Tasmanian Geeks

OB

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# Ceremony

#### Oakdown Celebrant

Naming days, weddings & more. Make your day unique. Tara Bellette 0408 367932 tarabellette76@gmail.com

#### Lyn Gallagher, Marriage Celebrant

Weddings, Naming Days, Renewing of Vows, Special Birthdays, Funerals. Facebook - Little Red Buds 0459 769 419 | hopefulandtrue@gmail.com



#### Marriage & other Life Event Celebrant

Saying I do? Let me be your guide - Beverley Elliiot. beverleyfe@gmail.com Ph. 0460519037

## Community meetings & classes

#### **Bible Discussion - Connect** Group

We welcome new members. Fridays 10.30am, in Gellibrand Fellowship Hall at St Barnabas Church. Jane Beavan 6239 9244

#### **Community Garden - Iron Plot**

Community space with pizza oven! Chat, help & plan Fridays 10-11am

#### **Cremorne Community Group Inc.**

www.cremorne.tas.au, Facebook, cremornecommunitygroup@gmail.com Marquee hire for CCG members ghr@pipshy.com or 0412 305 794

#### **Bridge**

Calverton Hall. Wednesdays at 2pm. New members and beginners always welcome. Noela 6239 9172

#### **Craft Group**

2nd, 4th & 5th Tues of the month 12:30-3pm, Calverton Hall. \$2/ session. Lesley Gore 6239 9321

#### Garden Club

Meets 1st Monday of the month at the Community Centre at 4:30pm Laura 0400 101 900

#### Girls' & Boys' Brigades

Adventure for airls & boys 5-18vrs. Thursdays 5:30 - 7:30pm, at Emmanuel School, 1 Chipmans Rd, Rokeby. Libby 0416 277 101 eneduljee@gmail.com

#### **Sandford Scout Group**

Friends, fun, community service and adventure for boys and girls! Joey Scouts (5-7 yrs) Mon 5-6pm Cubs (8-11 yrs) Mon 6.15-7.45pm Scouts (11-15 yrs) Wed 7-9pm Susanne sehovington@hovo.id.au

#### SAPRA Committee Meeting

2nd Tuesday of the month, 7pm at South Arm Community Centre. To address the Committee, please contact the President (see p2)

#### **South Arm Community Centre**

Library, Op Shop & History Room 9 Calverton Place, South Arm Mon 10am-2pm, Fri & Sat 1pm-3pm, market days 9:30am-1pm.

#### South Arm Songsters Choir

All welcome for songs & laughs! 7pm Mondays at the Community Centre. Betsy 0418 526 002

#### St Barnabas Community Church, South Arm

Morning service, Sundays 10am. Rachel Todd, 6239 9706, or Jane Beavan 6239 9244. Working bee 10am, 1st Saturday each month.

#### **Exercise & activities**

#### Bingo

1st Tues each month 7pm. \$15 for 15 games. BYO welcome (incl Alcohol). Eng. 0426 821 530

#### Cremorne Bowls Club

www.cremorne.bowls.com.au 6248 9856

#### Indoor bowls

Every Monday 1:30- 3pm Calverton Hall. Beginners always welcome!

#### **Evolve Fitness**

Thurs 5pm, Sat 8am, Sandford Community Hall. First Class Free. Susan 0488 707 056 or evolvefitnessaus@gmail.com facebook.com/evolvefitnessaus

#### Jayne Martin Yoga

Beginners classes at Lauderdale Hall. Sun 8-9am, Wed 7-8pm. Javne 0474821552 Jaynemartin04@gmail.com

#### **Pilates**

9am Mon Calverton Hall & 6pm Thurs South Arm Community Centre Helen 0498 177 916

#### South Arm Fitness & Wellness Hub

Gym open 24/7. \$12 /week, no lock in contract. Yoga 9am Mondays Laura 0421 859 408 (f)

#### **Tennis Court**

\$10/hr. Book at South Arm Store or after hours Ron 0408 356 915

#### Yoga at Lauderdale Hall

Wed 10.30-12pm. Strength & calm - asana, pranayama, Yoga Nidra & meditation. Margaret 0428 252 560

# Food & dining

#### Fresh fish delivered door to door

Every second Wed 11am-1pm. 30+ years. Robyn 0438 721 448 or robdaze@bigpond.com

#### **Opossum Bay Store**

Open 7 days. Great coffee, fishing, takeaways, groceries, tools, cards, petrol & friendly service. 6239 9134

#### South Arm RSL & Comm. Club

Great meals for Members & visitors. Dinner 7 days + lunch on Sundays. Dine in / take-away: Pizza - Fri, Sat; Asian - Sun, Mon, Tue, Thu. Discount meals: Wednesdays Enquiries/bookings ph 6239 9171

#### Thai Larder

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Authentic home-cooked Thai meals delivered to your door. Lessons & catering too. Ann 0455 793 260 www.thailarder.com.au

#### Touch of the MO Cafe

Wed to Sun 8:30am-2:00pm. Coffee, cakes, smoothies & more. 6295 5532 or find us on Facebook

## Gardening

#### AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm Call Andrew for a free quote 6239 9863 or 0422 992 479

#### **Emma Parker Garden Supplies**

Pea straw (baled chopped bagged). Manure (sheep or screened cow). Quality, weed-free. Other things too. Regular or bulk del.0409 555 098

#### **Gardening Matters**

Want to set up a vegie garden NEW or learn how to make organic compost? Call your local expert Sandy 0427 807 800

#### Last Straw Garden Supplies SA \$\frac{\pi}{2}\$

Pea & barley straw, horse, sheep & chicken manure, potting mix & organic compost. Free local delivery. Adrian 0427 976618

#### Qualified Landscaper

Develop new gardens or rejuvenate - big or small. References. Quotes. Steve 6239 9050 or 0408 000 645

#### Tasmanian tree care

Tree pruning, removal, support systems, recovery programs with soil injections & pest control. Colin Fry 0424 149 587 colin@tasmaniantreecare.com

#### The Snail Whisperer

Bothered by lots of snails eating your veggies and flowers? I can help you at NO COST by removing snails from your garden or land or just collecting them from you. Alistair 0417 457 140

#### Worm poo and worms

Natural magic food for veg & plants \$4 bag poo \$9 bag worms. Free local delivery or pick up South Arm Market. Jill 0419 732 390.

# Home & property

#### **Activ8 Electrical & Data** Contractor Lic. 15607236

Commercial & residential Michael Calabrese 0407 281 383 www.activ8electrical.com.au activ8electrical@gmail.com

#### Blakey's plumbing and maintenance [after hours]

Domestic plumbing, blockages & repairs. Robert 0410 118 254

#### **Crowy's Excavations**

Local, competent, fully insured. Pete 0417051537

























#### **Electrical & Heat Pumps**

Richard Pohl (Lic 945766) 0419 899 100

#### Flatrock Concrete

Formwork, concrete & excavations Justin 0439 915 386

#### **Greg Steinbauer**

Gardening, odd jobs + home maintenance. 0419 136 693 gstein 101@gmail.com

#### **House-sitter Clare**

Experienced, reliable, mature & local. Excellent references. 0450 417 061

#### **Interior Design**

DIY consultations, new build & renos. Free discovery call. Kellie, Hello White Interiors 0421972370

#### **Property Consultant**

Robert Goyne, Fall Real Estate 0458 653 553 robert@fall.com.au info@hellowhite.com.au

#### **Reptile Ranger**

Rescue & relocate snakes correctly. Permit 2001766. Craig 0424 441 488

#### **Rockstar Tiling & Bathroom** Renovations.

Waterproofing, tiling & bathroom renos. Servicing Peninsula & Eastern Shore. Rick 0499 279561

#### Snoopy's Gas Fitting

Install, service and maintain. Brett Newell | 0448877062 sssnoopy11@gmail.com

#### Tas.i.vac Gutter Cleaning

Roof, solar panel, tank etc cleaning. Inspections, tank sanitising & more. Damon.tasivac19@gmail.com 0476 042 765

#### Tassie handyman

Maintenance, carpentry, painting, fencing, small landscaping, windows & doors. 0448 667732 or via Facebook

#### Weekly Cleans Mon-Fri

Malena 0419670446

## Health services

#### Converse Online Speech Pathology

Specialising in Autism, social skills, literacy & early intervention. Frankie 0487 718 750 www.conversetherapy.com.au frankie@ conversetherapy.com.au

#### South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd 03 6239 9529, Fax 03 6239 9600 info@southarmpharmacy.com.au Mon -Fri 8.30am-5.30pm, Sat 9am- 12 noon

#### **TSL Counselling Services**

Qualified Counsellor, PACFA



## Special interest

#### Family History Research

Want family history research or a gift? Jim 0417 518 336 ancestralressertas@iinet.net.au

#### Genealogy Research

Start your family tree or solve family mystery. \$50 initial review incl 2hrs research. Maree 0409 169 659 harriets.garden@bigpond.com

#### TCE Tutor: ENW, ENL or French

Many years' experience teaching pre-tertiary + tertiary. Can help with essays, English etc. 0477 771 040

#### **Maurice Potter History Room**

In Community Centre. Join South Arm Peninsula History Facebook group. history@southarm.tas.au Michael Topfer 0400 416 099

# Transport & equipment

#### South Arm Peninsula **Community Bus**

For group hire, 65c/km. 12 seats, tow bar, volunteer driver. Steve 0419 339 415 www.southarm.tas.au/community-bus

#### Wheelchairs and walker

Short-term loans to South Arm RSL Sub-Branch Members and Defence Services personnel (and their dependants). Peter 0477 706 497

update:

# Venue hire

#### Calverton Hall & Oval

Hire enquiries - Cherie Osborn cmposborn@gmail.com 0409 217 975

#### South Arm Community Centre

Special occasions, interest group or business meetings, workshops etc. Reasonable rates. 0407 875 460 SAPRAPres@southarm.tas.au

# Volunteering

#### Coastcare

#### Opossum Bay & South Arm -**OBSAC**

1st Sunday each month. 10am - 12noon. Different venues. Robyn 0400 119 519

#### **Pipeclay**

Autumn, Spring & Clean Up Aust Day working bees. 0408 121 304 pipecarecoastcare@outlook.com

#### Wildcare-Deslacs (Clifton)

info@wildcaredeslacs.org

#### **Mortimer Bay**

Leanne 0408 498 468

#### Fire Brigades

#### South Arm Fire Station

2nd and last Tuesdays of the month, 7pm Val Ansett, Brigade Chief 0408 267 887

#### Sandford Fire Station

Training each Monday 7:30 Paul Lawler, Brigade Chief 0409 305 808

#### Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park ev. Wednesday, 9:30-10:30am. Rae 0417 555 175

#### Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries - President Craig Rogerson, 0418 120 796 or Vanessa Copeland, 0419 561 746 secretary@cliftonbeachslsc.com.au www.cliftonbeachslsc.com.au

#### Water carters

#### MKH Water Supply & Cartage

Domestic & civil. Services all areas. Marcus 0438 643 176

#### Reliable Water

Tim 0419 614 457

#### SouthAir Water

Damien 0417 928 377

#### Streamline Water

Wavne 0418 125 096

# Wellbeing & health

#### Tara Edwards Reflexology

Qualified. Home visits for relaxation or health concerns (chronic pain, sleep, circulation, & digestion). \$70/hr Tara 0457 327 482

#### Massage

Remedial, relaxation, hot rocks and pampering massage. Wed & Sat. Vicky 0414 516 234

#### **Naturopath / Nutritionist** & Psychic Medium/Healing

Amanda Erskine in Sandford. 0417 727 065

#### Pamper Room

Facials, relaxation, hot stone, or pregnancy massages. Mon-Sat www.pamperroom.com.au Tania 0458 528 258

#### Sandford Massage Wellness Centre 🖤

Massage & naturopathic services by appt Sun, Mon, Tues 10am-5pm. \$50 Kyla 0418 537 279!













