



ANZAC CENTENARY

SOUTH ARM RSL SUB-BRANCH INC. Extends an open invitation to all community members to attend & support this 100th Anniversary of the Gallipoli Landings. Saturday 25 April 2015

0555 Hrs. Dawn Service. A Commemorative Service will be held at Lone Pine Memorial, Cape Deliverance, Fort Direction for all community members. South Arm RSL Sub-Branch Chaplain will be officiating. The Service will commence at 0555Hrs with a short march by Members to the Memorial site for a 6 AM start.

Please follow Parking Attendants directions and watch out for pedestrian traffic when parking. At the conclusion of the Dawn Service, The Committee extends an invitation to all community members to join them for a "Hot Toddy" and a Gun Fire Breakfast at the RSL & Community Club.

11.00 AM Service. A Ceremonial Service will be held at the South Arm Cenotaph. Those people wishing to join the march are requested to "form up" on South Arm Road outside the 4 Acres Café & South Arm Community Pharmacy by **NLT 1020Hrs** in readiness to march to the Cenotaph. Clarence City Band will be in attendance.

Those people wishing to lay wreaths during either Service are encouraged to do so. Please contact the Vice President on 0418 380 524 ASAP.

At the conclusion of the ANZAC Day Service, everyone is invited back to the RSL & Community Club. A two course luncheon can be purchased. Free sausage sizzle for students and children. Traffic control will be provided by Tasmania Police with assistance from the South Arm Volunteer Fire Brigade.



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REMINDER: DON'T FORGET MOTHER'S DAY IN MAY



LAUNCH INTO LEARNING SOUTH ARM PRIMARY SCHOOL

South Arm Primary School Early Years programs' was developed over 9 years ago for families with children aged 0-4 years old. Initially, the school supported the local playgroup which was developed by an extremely dedicated and passionate group of parents, many of who still have children at the school. These early years programs are inextricably linked to the school, helping to lay the foundations for developing positive and respectful relationships with the families in the school and the wider community. During the year we will touch base with the program so see what our little people are up to. For details of the program see page 5.

SOUTH ARM COMMUNITY PHARMACY



FLU CLINICS 2015

Flu season is almost upon us again and we are pleased that we are able to offer Clinics again this year in conjunction with Lauderdale Doctors. Dates are:

Monday 27 April—9:00am to 1:00pm

Thursday 30 April—2:00 to 5:00pm

Saturday 2 May-9:00am to noon.

Your doctor consultation is bulk billed – bring your Medicare card. Anyone aged over 65 or who has diabetes/asthma/COPD/CVD or is pregnant receives a federally funded FREE VACCINE. If you can't tick any of those boxes your vaccine will cost \$20. Please ring to make a booking to ensure the clinics run smoothly and we can get as many people vaccinated as possible. Contact the pharmacy on 6239 9529.



ABOUT THIS NEWSLETTER

The South Arm Peninsula News is produced bi-monthly and distributed throughout the South Arm Peninsula community which is inclusive of areas around Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

The newsletter was initiated by the South Arm Peninsula Residents Association (SAPRA) and continues to be supported financially by SAPRA. Please note the opinions expressed in articles in are not necessarily the views of the Committee.

Both individuals and groups are welcome to submit notices, reports, photos, general articles or other contributions. Guidelines for all contributions are available from the editor: contact **Annaliese Caney** on 6248 8441 or annaliesecaney@hotmail.com. Space is provided for advertising, contact **Kerry Scambler** on 6248 9302 or kerry@theksprinciple.com.au.

CLOSING DATE:

Contributions for the next issue are due WEDNESDAY 20 MAY 2015.

SAPRA COMMITTEE MEMBERS

- Kerry Scambler (President) 0407 875460 kerry@theksprinciple.com.au
- Gillian Waldie (Treasurer) .408 123 906
- Jenni McLeod (Secretary).....

General Committee:

- Jo Barwick.....0428 623 997
- Dot Kelly.....6239 9190
- Andrew Geddes.....0419 484 010
- Pam Larkins.....0403 547 764
- Morrie Larkins.....0427 489 852
- Louisa Smith.....
- Laura Strugnell.....
- Richard Vaughan.....6239 9739
- Sharyn Von Bertouch.....0429 199 113
- Jamie Whittaker.....

CALVERTON HALL, OVAL AND TENNIS COURT: A COMMUNITY HUB

The Hall and the Oval started as the Cricket Pavilion and Oval. The cricket club had regular matches for years and the club belonged to the Clarence District Cricket Association. The club folded in the late sixties and then started again in the late seventies when there were two teams—South Arm and Opossum Bay. Once again it folder due to lack of interest. The books containing details of all matches played were given to the Bellerive Cricket Museum at Blundstone Oval where they can be seen if the museum is open.

The two properties together with the tennis court were given to the Clarence City Council in 1985 on the clear understanding that they would always be managed by the community. The Calverton Hall Association was formed and leases the area from the Council.

This Association raises funds to keep everything in the Hall in order. In the last few years nearly \$100,000 has been spent on the Hall and the tennis court. A dressing room was added to the Hall and the kitchen renovated. The tennis court was resurfaced with supergrass and a new fence erected. A BBQ was installed with funds from the Hall Association, SAPRA and the Council. It is used quite often by people in the area as well as visitors.

Although we no longer have an official cricket team there are still games played occasionally. The Oval is used for soccer training for the younger children one night each week and for school activities when required. The Boot Camp uses it regularly. The Clarence Ladies Football Club uses it for pre-season training and the Clarence Football Club has trained there. Car Boot sales are held on the oval on market days.

The Hall is used regularly by the Craft Group, Tai Chi, the Bridge Club, Indoor Bowls, birthday parties, a children’s holiday club which also uses the oval, wedding receptions and funeral wakes. The Apple Islander Caravan Club has a weekend at the hall and the oval. There is a Soup and Sandwich lunch every month which raises money for charities. People are brought in buses from the Rest Homes to these lunches.

Every year a Melbourne Cup lunch is held organised by some very energetic ladies. The Scouts have a sleepover on ANZAC Day. There have been some family reunions too. Once a year Piggery Productions puts on a Revue which over the years has raised much money for the school.

If you would like to book the Hall or the Oval please call 6239 9141 or for the tennis court call the South Arm Shop on 6239 9172.

CAN YOU DRIVE?

Urgently needed 1 day a fortnight/month/2 months community bus drivers.

If you can spare a day here and there to help out with getting members of our community out and about, we’d love to hear from you. No special license needed and all necessary checks paid for.

If we can’t get a couple more drivers, the bus may not be able to operate and that would be a tragedy for many people who rely on the bus for getting to town and generally out and about with others from the area.

Please contact either Richard Bird on 0412 789 789 or Kerry Scambler on 0407 875 460.

	Rainfall	Cremorne	Opossum Bay	Sandford	South Arm
January 2015		152.25 mm	145.4 mm	153.5 mm	110 mm
February 2015		14.5 mm	12.6 mm	14.5 mm	8.5 mm
2015 Year to Date		166.75 mm	158 mm	168 mm	118.5 mm
2014 Year to Date		66.75 mm	40.4 mm	55.5 mm	37.7 mm
		Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft

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CERT: South Arm Update

Firstly on behalf of the Community Emergency Response Team (CERT) I would like to extend a big thank you to the wider community for the continued support shown to our group. As volunteers we all find it extremely rewarding to provide first response to those in medical need within the community, but whether it is through fund raising or a simple thank you when we bump into someone it really is appreciated! More specifically a heartfelt thanks to a group of our local ladies, who raised money last year at a Melbourne Cup Luncheon. Ladies we were most overwhelmed by your kind donation and will keep you posted as to what we use the money for. Past donations have allowed us to purchase additional equipment including additional torches, better quality stethoscopes and traction splints.

Did you know for the period July 2014 through to October 2014 there were 63 calls to triple zero from the South Arm and surrounding areas? This is an average of around 15 calls per month. So if there were any doubts about the need for the CERT service I think these figures tell the story!

Currently we are in desperate need for more volunteers. Ambulance Tasmania provides all the training so there is absolutely no requirement to have previous medical or first aid background. Not only do you get an opportunity to support your community but gain lifelong skills, which can and do save lives. Please contact me or speak to any of the volunteers should you have questions or just want to understand a little more about what we do.

I hope that the Easter break is an enjoyable time with family and friends and the community stays safe and well.

CHRISTINE BOONSTRA | CERT Coordinator | cfboon4@bigpond.com

\$ FOR SALE \$

Baby wooden change table, hardly used (from playgroup), on wheels, mat on top, underneath shelf. Re-tails at \$200+ will sell for \$50 ono. Call Jodie: 0434 499 730 | 6237 0720.

King single mattress, purchased Jan 2014 for \$249. Used ONCE! Sell to SAPRA reader for \$100. Call Brian or Helen: 6248 9389 or 0417 444 389.

7th Edition **CAMPS Australia Wide**. Brand new \$20. Call Annaliese 0409 147 449.

SOUTH ARM OVAL MASTER PLAN: NEXT STEPS

Consultation on the Draft South Arm Oval Master Plan closes on Wednesday 8 April. To date Council has received a large number of responses and commends the local community for their engagement with the consultation program. After April 8, Council officers will collate all the responses received and present the outcomes and findings to a Council Workshop for discussion and review by Alderman. Following the outcomes of these discussions, Council officers will then compile an Agenda Item with recommendations for any revisions, additions or amendments to the Draft South Arm Oval Master Plan. This Agenda item will be considered for adoption by Council at a formal Council Meeting and will result in the development of the final version of the South Arm Oval Master Plan.



Clarence... a brighter place

The dates for these Council Workshops and Meetings are yet to be confirmed. Timing will be dependent on the final number of responses received and the time required to collate the data. It is also dependent on the current program and availability to book time to present the findings at Council Meetings. Council will endeavour to keep the local community informed and up to date with the process as it unfolds.

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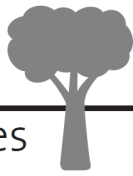
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SCHOOL TERMS

First term has flown by and the kids will be well into their school holidays when this is delivered.

Second terms starts on Monday 20 April 2015 and finishes Friday 3 July 2015.

CHICKEN, SWEET POTATO AND FETA BAKE

(This one is gluten free)

- Mix 250g feta crumbled and 3 or 4 handfuls of spinach (fresh or frozen but if frozen squeeze out the excess moisture).
- Cut 2 large sweet potatoes (about 1kg) into slices—boil or steam until tender.
- Cook 4 chicken breasts in a frying pan and thinly slice
- Cook 1 large white onion (chopped finely) and 2 tsp fresh thyme. When soft add to the feta mix.
- Cook 1/4 cup sour cream, 1/2 cup chicken stock, 2 tsp corn flour, 1 tbs water until the mixture boils and thickens.
- Then layer all the ingredients in an ovenproof dish and pour cream mixture over the top. Season with salt and pepper if desired.
- Sprinkle with your favourite cheese and bake uncovered in a moderately hot oven for about 30 mins or until cheese browns.

Tip: You can swap onion for leek or even sweet potato for pumpkin!

NEW GYM OPENS IN SOUTH ARM – NO EXCUSES NOW!

For some of us, travelling out of the Peninsula to a gym facility has been a great excuse for not giving our bodies the care and attention they deserve. Well, be warned, from the 18 April this excuse simply won't exist!

After setting up her Personal Training business and getting a local boot camp happening, Sam Douglass and her husband Mark are making it even easier for Peninsula people to get fitter and healthier, right here.

KBD Personal Fitness & Health Club is opening a fully equipped gym in April in the heart of South Arm, between MJ's Hair and the Community Pharmacy.

WHO'S IT FOR?

Never been to a gym or not for a long while? Don't be shy and don't worry, you're not the only one! Just come in and check it out.

Seniors or those with injuries/weaknesses please call in and chat to Sam as she is fully qualified, has the experience and is keen to help you lift your fitness and importantly, your mobility – gently of course!

Looking for better results? Talk to Sam about her Personal Training sessions to get you started. If you're on social media, check out the feedback on KBD's Facebook page – she has already helped a lot of locals change their lives for the better.

Already fit? How convenient to have access 7 days a week and right on your door step!

MEMBERSHIP AND CASUAL VISIT OPTIONS

Along with casual rates, there are some special opening offers to tempt you into making a commitment to look after yourself a lot better. There are no joining fees and no exit fees, just an affordable, easy-pay system.

Contact Sam on 0467 000 393 or search for KBD Personal Fitness on Facebook.

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When: Every Friday during the school term

COMMENCING 20TH FEBRUARY 2015

Where: School Library and Early Learning Centre

READ, ROCK & RHYME - 10.00am - 10.30a.m (for children 0-4 years)

ACTIVITY/PLAY SESSION - 10.45am-12.00pm (for children 0-4 years)

For more information please contact the school on

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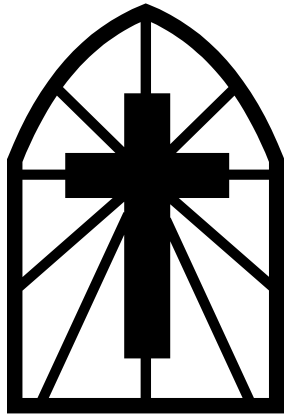
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SAPRA NEWS: Your community association at work

Isn't Autumn a lovely time on our Peninsula? The still, warm days and evenings with that cool, crisp edge with air so fresh. Having just spent a short break in Queensland, I appreciate our surroundings, climate and community so very much more!

South Arm Oval Master Plan: did you have your say on Council's suggested plans for the oval and precinct? SAPRA is pleased to see forward thinking and all the different ideas that are possible. As custodians of the Community Centre we have also put forward our feedback and look forward to seeing some exciting projects come to fruition over the coming years. It seems the community has provided a great response (see Council article Page 3) - we expected nothing less of course!

Have you noticed new seats in the area? One of SAPRA's most hard-working people (yes you Dick Vaughan!) has been instrumental in seeing four new seats installed along the Flowering Gum Avenue and Blessington Street Reserve. If you'd like to see a seat/table installed somewhere or for someone special, please contact one of our Committee members (see page 2 for details) or get in touch via our Facebook page. We'll be installing when and where we can and as funds become available. Thanks also to Clarence Council staff for their assistance for helping with implementation.

Courses and workshops at Your Community Centre: stay tuned, we're lining up some interesting activities for the Centre over coming months. We'll put notices in the shops and on our Facebook page in plenty of time. If you'd like to participate in something specific, please tell us all about it!

First Aid Course: if you're interested in doing a First Aid Course, please get in touch via email, phone or Facebook or leave feedback at the Centre or South Arm Store. We're working on getting a course going through the winter months. Let us know what timing suits you - weekends, week nights etc.

That's all for this month so here's cheers!

**KERRY SCAMBLER | SAPRA President | 0407 875 460 |
kerry@theksprinciple.com.au**

FIND US ON FACEBOOK for updates on projects and issues between newsletters: <https://www.facebook.com/Sapra.Inc>

IT'S NEARLY COMPETITION TIME! STAY TUNED WE HOPE TO RUN A FEW COMPETITIONS IN THIS NEWSLETTER DURING THE YEAR—AT LEAST ONE FOR THE KIDS AND ONE FOR THE ADULTS. Your ideas for this newsletter are always welcome—contact the editor (details p.2).

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Rokeby High School





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HISTORY & HERITAGE WORLD WAR 1

Following on from the story about Horace Calvert in the last newsletter much more information has come to light about Horace which will be covered at a later date. We have read about the many others throughout the Clarence Municipality and the east coast of Tasmania who enlisted to join the forces during World War 1. The men began their training at the Army Camp set up at Claremont while others went into Camp at Pontville. The daily newspapers reported the names of those men as they enlisted from May 1916 and the following six months. During that period they soon reached a total of 2000 men in training at the Camp. This number reduced when the 40th Battalion departed from Hobart aboard HMAT Berrima on 1 July 1916. At the time there were a number of German descendants and families living in Tasmania, these were interned at Claremont and later moved to Bruny Island. We all know or have read the many stories of men and what they experienced in battles such as the landing at Gallipoli and the harsh conditions experienced plus the war that followed in France and Belgium. Australians were moved by the stories of their troops' with more men going to enlist, but after months of combat the whole exercise at Gallipoli was abandoned. Looking at the other sides of War I have just read a book "The Bad Boys" by Fran Read. It covers the stories of the men who enlisted from Runnymede, Buckland, Wielangta, Orford and Triabunna with many photos and letters of those who wrote home to their families. This book covers the experiences of life and the health associated while in training in these other countries prior to entering the areas of war. As we are aware unfortunately many did not return home, of those who did the welcome home at the end of the war is well documented in this book. As the war happened 100 years ago it is no wonder that many of these volunteers who enlisted came from a farming background throughout the country towns. Tasmania then was still under a way of development with settlers who had struggled to establish a business or farms as so desired.

During the next few months we will see services conducted and the many updates to Memorials as we remember those who did not return.

MAURICE POTTER | maurice.potter@bigpond.com



MAY COMMUNITY MARKET


It's almost time to harvest your pumpkins and bring your biggest to the market on Sunday 3 May for a weigh in. The Garden Club and the Market Committee are waiting to give a prize to the biggest pumpkin entered, whatever its size! This time last year we were wondering who's pumpkins survived the drought, this year conditions have been quite different! Please note they HAVE to be grown on our Peninsula (this side of Lauderdale).

The May market is also close to Mother's Days so bring your mother or daughter and see what you can find...beautiful soaps, a necklace and earring set, a painting, a pie or books!

Contact Pam on 6248 9852 for all enquiries, site and car seller bookings.

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the Legislative Council*

6212 2330
rumney@parliament.tas.gov.au

*Authorised by Tony Mulder,
Parliament House, Hobart*

CREMORNE PLAYGROUP

Playgroup has started back in full swing. Now with the days getting a bit shorter we're back to sessions as the Cremorne Bowls Club and the last Monday of the month is an outing somewhere different (usually the Foreshore Tavern). We welcome new comers - especially those with newborns. Even if you feel your little one/s would probably spend most the time asleep in the pram it's a great way to meet others and see what's on offer. We'll let you have a rest and give you a cuppa.

You can find more info about the group on the Cremorne Community Webpage (follow links to community groups). Even if you can't make Mondays perhaps you would like to join up to our email group to keep in touch with what is going on (e.g. most important girls nights out). Our contact details on back page. OH and fun to be had - our AGM will be on 27 April during playgroup session. **JODIE**

WATER TANK HEALTH

I recently saw a CSIRO link/article float by on the Cremorne playgroup email and it's worth a read. The article is a timely reminder that water tanks are not "set-and-forget" household utilities they need to be in tip top shape and some regular checks will keep your tanks in good health.

There are 5 tips for maintaining rainwater tanks:

1. Get your mind (and the leaves) out of the gutter – every 3 months.
2. Mozzie mesh – every 3 months
3. Spend some quality time getting to know your water quality – every 6 months
4. Pump it real good – every 6 months
5. It's time to desludge

Read the article—posted by Adam Knight—in full at the following link:

<http://csironewsblog.com/2015/02/11/its-raining-water-tanks-top-tips-for-keeping-them-healthy-and-efficient/>

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HOW'S YOUR ARTS SHAPING UP? September's not that far away!

We know September seems months away but Easter's over already and the AFL season is on in earnest. Have you given any thought to what you could create for our special Peninsula showcase of art and craft? Whether you do it as your life's work or just for fun, your artistic endeavours will be appreciated by us and the 300 odd people that come through the Exhibition each year!

This will be the sixth South Arm Art & Craft Exhibition with more than \$18,000 raised for Legacy Tasmania over previous years. We've also showcased the work of well over 150 art and craft people over that time. Plus each launch night has seen 120+ people gather to start the celebration of our Peninsula's creative side.

SO BOOK US IN DANNO!

Opening night: Friday 18 September with a special guest lined up.

Exhibition open: Saturday 19 and Sunday 20 September, 10am - 4pm each day.

Like to be part of the fun, up front or behind the scenes?

Artists: entry forms are now available from any of the team listed below.

Helpers: assistance and support of any kind is most welcome by our very small team! Please give us call, send an email or message us on Facebook - search for South Arm Art & Craft Exhibition

Art & Craft Exhibition Contacts:

Pam Larkins | pamorrie@optusnet.com.au | 6248 9852 | 0403 547 764

Kerry Scambler | kerry@theksprinciple.com.au | 6248 9302 | 0407 875 460

Cheryl Talbot | cheryltalbot@iinet.net.au | 6248 9486 | 0432 373 678

A COMMUNITY THANKS South Arm Dive Club

The South Arm Dive Club would like to thank those who donated towards maintenance on the raft located just off South Arm beach. Thanks to the volunteers who also helped refloat the raft in recent months. Much appreciated by the Dive Club, SAPRA and the many kids who enjoy using it.

STRAIGHT TO YOUR INBOX

If you would like an electronic copy of this newsletter please email the editor annaliesecaney@hotmail.com to receive a pdf version. The benefits are a colour version and its hot off the press! Please note Australia Post deliver our newsletters to your other box and we cannot accommodate individual requests to receive only electronic issues at this stage.

Correct Connection ELECTRICAL



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Sandford Tas 7020

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E: correct.connection.electrical@gmail.com

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Fall Real Estate have offices at Howrah, Lindisfarne, Hobart and now Lauderdale next to the doctors surgery. Your property is displayed in all offices plus the coffee shop and notice board at the local South Arm shop for tourists and locals.

Experience, advertising and available 7 day a week — contact Robert on 0458 653 553 | 62487666 | robert@fall.com.au. Visit the new office at 456 South Arm Rd Lauderdale for free advice.



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SOUTH ARM FIRE BRIGADE: AS THE WEATHER COOLS DOWN BE VIGILANT

The fire permit period has recently ceased but the vegetation in the area is still dry enough for fires to get out of control and spread. We are about to install our new 'Fire Permits Required' sign, which will be permanently placed on the main road between the RSL and the Fort Direction Road junction. In the non-permit season the sign will display a fire safety message.



We have had a quiet season so far this year, with the brigade recently called to a vegetation fire at Musk Road and a shed fire. Although traditionally the bushfire season has been the busiest time for fire-fighters, in Tasmania autumn and winter often prove to be more dangerous, with significantly more house fires, and unfortunately, some fire-related deaths.

Wood heaters are always a potential for house fires and need to be serviced every year. Clothes should not be placed to dry any closer than 2 metres from the heater.

Smoke alarms do save lives, but the batteries should be changed every a year when daylight saving finishes, this year that will be on 5 April, so please don't forget to replace your battery.

GLYNIS HEATHER | BRIGADE SECRETARY | 6239 9564

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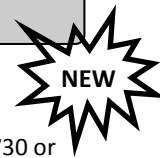


LOCAL SERVICES (continues p.11)

ACCOMMODATION

Cremorne Self Contained Cabin

Holiday cabin ideal for couple. Great location on Cremorne rural block but close to beach. Phone: 0434 499 730 or view at: <https://www.airbnb.com.au/rooms/5087229?s=gzo>



Iron Pot Cottage

Self contained 'Apartment' style B&B with 2 large bedrooms, lounge, bathroom, large balcony with views of the Derwent, private access and parking and much more! Call Debbie or Peter on 0412 533 658 or call in to view at 10 Blessington Street, South Arm.

Opossum Bay Beach Cottage—Holiday letting

Sleeps 6 people; master bedroom with ensuite & Juliet balcony plus double bedroom and 3rd bedroom with 2 single beds; open plan living and dining; TV, DVD player, stereo, reverse-cycle heat pump; fully equipped kitchen with dishwasher and microwave; BBQ facilities and courtyard (No pets). 0417 800 065

South Arm Cabin Retreat

5 self contained 2 bedroom cabins, waterfront of Ralphs Bay, opposite RSL, known as 'Ralphsdene.' Laundry facilities and old apple packing shed set up as games room with BBQ area. Contact Malcolm or Rose on 6239 9894 | 0447 402 977 | www.southarmcabinretreat.com

ANIMALS

Dogtainers Hobart for your pets

Domestic flights & crate hire, local road transport (vet, airport etc), luxury boutique cat boarding with reverse cycle heat pump, small pet boarding with own cage, local pet sitting for Opossum Bay, South Arm, Sandford and Lauderdale, daily medication for special needs pets. Call Mel (trained vet nurse) on 1300 13 52 52 (not a call centre!) | hobart@dogtainers.com.au or Hobart under office locations at www.dogtainers.com.au

Equus Essentials

Equine Supplements, Accessories & Gear 0458 490 033 | equus-essentials@netspace.net.au | www.equusessentials.webs.com

Paws n People Positive Dog Training

Come and join our qualified instructors for one-on-one training and behavioural consultations. We can come to your home or visit us in beautiful Sandford. Bring out the best in your relationship with your dog and solve some of those nagging behavioural problems. We teach you modern, positive reinforcement techniques so you can effectively alter behaviours in your dog. Training is something we do WITH our dogs, not TO our dogs. Kim 0409 488 753 | dogs@kimrobertson.com.au | pawsnpeople.com.au

THRRO

Tas. Horse Rescue and Rehabilitation Org.
Please help with donations, sponsorship, foster homes, or volunteering. 0457 147 428 or www.thrro.webs.com

AUTOMOTIVE

Auto Towing & Windscreen Repairs

Tilt tray towing, windscreen repair, car detailing. Free wreck removal. Phone: Anthony 0412 110 992

Starts page 10

BUSINESS

Mj's Hair Design

We cater to all hair care needs. 3120 South Arm Rd (between cafe and pharmacy). Open Wed - Sat or by appointment 6239 9612 / 0421 859 408

Short on time?

Need products, services or even holidays researched, sourced &/or purchased at the most reasonable price or within a certain budget? I have the time to save you time & money! I am a long term, local resident with reliable, quality services. Please call Alex on 0439 379 416 to talk about your requirements.

Web Site Design & Publication

For skilled, timely and affordable web design, publication and attachment to all search engines, Google, Yahoo, and Bing etc. phone Bethamy on 0429 399 961 or email treewitch3@yahoo.com.au

Website — Think Tasmania

...promoting all things Tasmanian! www.think-tasmania.com
Contact Tania to have your business included: 0407 790 642 or email tania@think-tasmania.com

CEREMONY & CELEBRATION

'Celebration by Ceremony'

Kaye Wilkinson-Green, Civil Celebrant in Sandford. For Meaningful Rites of Passage contact kayewilkgreen@bigpond.com | 0438 336 049

Civil Celebrant

Performing weddings, baby namings, vow renewals, funerals and memorials. Lynn Stein - Joyous Celebrations South Arm. Contact 0438 392 614 | lynn@joyouscelebrations.com.au

FOOD & EATING OUT

Fresh Fish—Delivered to your door fortnightly on Weds. Sharon: 0459 373 743

Iron Pot Coffee Lounge

Great coffee and food! Pizza on Friday nights—eat in or take away. Ideal venue for small functions. Open Thurs to Sun (may change). 6239 9998

South Arm RSL & Comm. Club

Great meals every night for members and visitors. Bottleshop facility for members. New members very welcome. Ph: 6239 9171

FOR HIRE

Calverton Hall & Oval

Hall and Oval Hire — Joan 6239 9141

South Arm Community Centre

Available for hire for all sorts of events — special occasions, workshops, group or business meetings, short courses, training sessions. Rates are very reasonable contact a SAPRA member

Tennis Court

Tennis Court Hire — Noela 6239 9172

HEALTH & WELLBEING

Counselling

Adolescent, adult, family and couples. Registered Psychologist Helen Middleton, Opossum Bay, 0407 790 234

Grief Support Group

Support meeting, 1st Friday of the month. Social Lunch, 3rd Friday of the month. Enquiries to Clarence Plains Community Health

Holistic Counselling

Professional and confidential support for life's challenges. To make an appointment ring Wajan 0400 464 004

KBD Personal Fitness

One-on-one personal training, no sweaty over-crowded gyms, first 2 sessions discount price \$25 per 45 min session. Group sessions available for up to 4 people (discounted price). Join KBD for a journey to a fitter healthier lifestyle! Ph Samantha 0467 000 393 | kbdpersonalfitness@hotmail.com

Massage Therapy

Massage therapist living locally in South Arm. Book a massage today to reduce muscular aches and pains, stress and improve general well being. Studio at 157 Blessington St or a mobile service to your home—call Leeann 0404 465 486.

Weight Loss Program

Our clients never feel hungry; results guaranteed; feel energized and revitalized; personal success coach FREE sample pack, try before you buy!!! Call Kylee now 0386 712 822

HOUSE & PROPERTY

AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm. Ph 6239 9863 or 0422 992 479. Free quotes.

Carpentry, plastering, tiling

Tony White 0419 399 481

Electrical and Heat Pumps

Richard Pohl (Lic C1717) 0419 899 100

Fencing Decks and Pergolas

Accredited Builder, specialising in decks, pergolas and individualized residential fencing 0400 532 491 www.fdap.com.au

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Painting—colour consultancy available from qualified consultant. Handyman & Landscaping—free quotes & competitive rates. Call Jonathon 0448 430 544

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Qualified Landscaper

Develop new gardens or rejuvenate no job too big or too small. References available, free quotes. ABN 265 672 241. Ph Steve: 6239 9050 or 0408 000 645

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of wooden furniture. Ph. Garry 6248 9144

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Blocks slashed. Ph: Ian on 0418 138 090

Simon Says—Lawns & Gardens

Clean up, maintenance, pruning, waste removal & whipper snipping. Pensioner rates apply, free quotes 0439 314 246 or 6239 9315

TV101, Home Theatre, antenna & internet digital installations. Ph Lewis 0400 496 645.

SPECIAL INTEREST

Family Portraits

Portraits with a personal touch. I come to you or wherever your family is happy for al, fun and beautiful family photographs. Discuss your ideas with Kate 0427 561 565

COMMUNITY MEETINGS, CLASSES & EVENTS

Family History Research

Happy to discuss your family history research interests. Please email your request to ancestralressertas@bigpond.com or fax 6248 8528 or jdu85255@bigpond.net.au

Scrapbooking Classes

Clifton Beach area. Guidance, assistance, some supplies. Small groups, beginners welcome. Contact Karen 6248 8879 | kdboddy@iiprimus.com.au

TRANSPORT

Community Bus

Each Tuesday to Hobart, usually leaving South Arm at 10:00am and back around 3:30pm. The bus will drop you off for appointments, movies and while you shop. Book by Friday prior to Tuesday. Available some other days with times to suit. Enquiries and bookings: Fred Herbert 6239 9111 or 0438 435 018.

Taxi

Support your local taxi based in Delphis Drive above Cremorne. Home-city-airport, will meet at airport. Bookings only — 7 days. Bob 0408 887 389

Art Classes

Community Centre at South Arm Wednesday mornings at 10.00am. All Welcome.

Bible Discussion—Connect Group

Running for 20 years this group would love to welcome new members. Fridays 10.30am at 3218 Main Rd, South Arm. Commencing in February 2015. Ph Jane Beavan 6239 9244.

Bridge

Bridge group meets at Calverton Hall Tuesdays, 7:30pm. New members welcome. Ph: Noela 6239 9172

Church Services

St Barnabas, South Arm, 1st, 3rd and 5th Sunday of the month at 4:00pm followed by a meal. Contact Rev Helen Phillips on 6247 9700 or Jane Beavan on 62399 244

Clifton Beach Surf Life Saving Club

Membership, sponsorship & clubhouse inquiries: President: Mel Bush | 0418 296 925; Club Captain: Grant Conway | 0439 207 549; Junior Activities: Rod Kershaw | rod@construction3.com; General Enquiries: Shayne Clark | 0429 891 102; or visit www.cliftonbeachslsc.com.au

Coastcare

Mortimer Bay. 1st Sunday of the month, 9:30-11:30am. Ph: Leanne 0408 498 468

Pipeclay. Meets 10:00am 3rd Sunday in park opposite shop in Cremorne. Ph: Rachel Viney 0439 373 383 or 6248 9498 and visit www.cremorne.tas.au

Wildcare—Deslacs (Clifton).

info@wildcaredeslacs.org

Craft Group

2nd, 4th & 5th Tuesday of the month 12.30—3:00pm at Calverton Hall. \$2 per session. Ph: Leslie Gore 6239 9321

Cremorne Bowls Club

Tuesday social bowls and soup \$5. 10:30am for an 11:00am start. Wednesday indoor bowls with supper \$3, 7:30pm. Saturday social bowls with a sav \$6, 11:30pm for a midday start. All welcome. Contact Glenn on 6248 9856 after 4.30pm or contact glennbrem@netspace.net.au

Cremorne Community Group Inc

www.cremorne.tas.au | ccg@cremorene.tas.au. To receive newsletters and information about the group contact Convenor, Vicki Pearce: 0418 992 891 or vicki_pearce@hotmail.com or Secretary, Brian Bennett: 0417 444 389 or bhbennett@bigpond.com

Dog and Owner Walk

Saturday, 8:30am on beach below Saltair Court. Ph: Jane 6239 9244

Fire Brigade

South Arm Fire Station—2nd Tuesday of the month, 7:30pm. Fire Captain: 6239 9412

Sandford Fire Station—Training each Monday 7:30 in summer and every second Monday in winter. Contact Dave Williams, Brigade Chief, 0417339553

Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park. Tuesdays 9-10am daylight savings (10-11am over winter). Enq: Dick 6239 9739 or Rae 6239 9342

Garden Club

Meets 1st Monday after South Arm Market at St Barnabas Church Hall at 4:30pm. Ring Barbara 6239 9897 or Dot 6239 9190.

Heartmoves

Gentle Exercise, Wednesdays, 3.30pm at the Sandford Hall. Contact Jenny 6243 8547 | 0417 489 145

Karate

For all ages, at Calverton Hall. We do not have classes during the school holidays. Phone: Kathy 6239 9022

Market

1st Sunday of the month at the South Arm Community Centre, 9am—1pm. For site and car boot bookings and all enquiries: Pam 6248 9852

Playgroup

Monday, 10am —noon. \$2.50, bring a piece of fruit. Held at the Cremorne Bowls Club. Contact Bron: 6248 8067 or Jodie: 6237 0720 or visit www.cremorne.tas.au

SAPRA Committee Meeting

2nd Tuesday in the month, 7:30pm at the South Arm Community Centre. Guests welcome—contact a committee member to arrange (p. 2).

Sandford Scout Group

Friends, fun, adventure and community service for boys and girls!

Joey Scouts (6 & 7 yrs) Mondays 4.30-5.30pm | Cub Scouts (8-11 yrs) Mondays 6.15-7.45pm | Scouts (11-15 yrs) Wednesday 7-9pm | Venturers (15-18 yrs). Contact: Jo Maddock 6239 9876

Siddha Yoga Chanting & Meditation Group Sandford

All welcome. 1st Friday of every month. Phone 6248 8247.

Soup and Sandwich

3rd Monday of the month, midday. Calverton Hall — \$8 per person. Contact Jenny Morgan 6239 9162 | 0407 312 966.

South Arm RSL Sub-Branch Inc.

General Meetings 4pm, fortnightly on Thursdays at the RSL. Contact Terry Roe 0400 140 870 or email troey1@bigpond.com

Tai Chi @ South Arm

Has commenced on Tuesday mornings at 10.30am, Calverton Hall. Contact: Marigold 6239 9541

Yoga—with Atmashakti

Tuesday and Thursday evenings at Half Moon Bay. Phone: 0400 507 748