

South Arm Peninsula

Issue 6 December 2015 - January 2016

CLIFTON BEACH SLSC

The club will be hosting an OPEN DAY on Sunday 6 December 9.00am – 1.00pm and everyone is welcome to come along. It is a FUN DAY with surf life savers showing off their skills. This will also be the first day at Clifton for the nippers who have started training at the Clarence Pool and Cremorne.



On 2 January (Saturday) Clifton will be hosting a Boat Carnival and in February it will be holding two state-wide carnivals, with the Senior's on Saturday 27 and Sunday 28 for the Juniors. So come along and see lifesavers in action on boards, ski's, swimming, beach events and boats.

Beach patrols start on Saturday 5 December 2015 until Tuesday 29 March 2016. The hours are 10.00am – 3.00pm Saturday, Sunday and Public Holidays. NO PATROLS ON CHRISTMAS DAY.

Clifton is one of the most dangerous surf beaches in Tasmania so it is very important that YOU SWIM BETWEEN THE FLAGS. If unsure of the surf conditions please feel free to come up to one of the lifesavers on patrol to seek advice and have a friendly chat. All lifesavers are volunteers and they put in a lot of time

updating their skills in life saving awards. If you would like to become a lifesaver please feel free to contact our club President Mark Godfrey.

All club contacts are listed on p. 12

SAPRA COMMUNITY NEWS

You're invited! We'd love to see some new faces on our Committee, the more the merrier we think! You might not realise it but everyone has something to contribute — an idea, a point of view or a different perspective. It's all appreciated. We meet once a month and achieve a lot for a small group but think how much more we could do with a bigger group! Committee nomination forms available at the South Arm Store or simply contact one of the Committee Members (p. 2). We welcome new members at any time.

Our **Community Centre** has been busy in the last few months hosting two groups over multiple days after which we received valuable feedback and of course, some income! **Courses**: thanks to a grant from the Premier, Hon Will Hodgman, the internet will be connected early in 2015 with courses to start soon after. We have also organised Basic Mosaics workshops for Jan/Feb – final dates to be confirmed. It's all finally coming together folks so keep an eye on our Facebook page for updates.

CONTINUED P.5

BEST WISHES FOR THE FESTIVE SEASON



INSIDE THIS ISSUE PAGE Arm End Public Reserve Update 2 Arts & Events (CCC) 10 Community Meetings, Classes & Events 12 Cremorne Community Group 7 Cremorne Playgroup 3 6 Design a logo Fire danger levels 8 7 Halloween! KBD local gym 9 **Local Services** 10-11 Leukemia Fundraiser 7 SAPRA community news (cont) 5 Scholarship 3

CONTACT: ANGLICAN PARISH OF HOWRAH 2015 "CHURCH IN COMMUNITY"

CHURCH OFFICE 6247 9700 MOBILE 0429 865 733

A SERVICE OF SOLACE & THANKSGIVING

Wednesday 16th December 7.00 pm at St Thomas'
Refreshments to follow.

A time of thanksgiving for loved ones who have passed on. You are welcome to bring a photo in a frame of your loved one



JESUS BIRTHDAY PARTY for KIDS Saturday 19th December 3.00-4.30 @ St Thomas'. RSVP to Ed.



9 READINGS AND CAROLS
SUNDAY 20th December
ST BARNABAS SOUTH ARM
SOUTH ARM



CHRISTMAS EVE BY CANDLELIGHT Thursday 24 December 11.00 pm StThomas' Howrah

CHRISTMAS DAY CELEBATION Friday 25th December 9.00 St Barnabas South Arm

9.00 St Thomas' Howrah







ABOUT THIS NEWSLETTER

The South Arm Peninsula News is produced bi-monthly and distributed throughout the South Arm Peninsula community which is inclusive of areas around Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay. The newsletter was initiated by the South Arm Peninsula Residents Association (SAPRA) and continues to be supported financially by SAPRA. Please note the opinions expressed in articles in are not necessarily the views of the Committee.

Both individuals and groups are welcome to submit notices, reports, photos, general articles or other contributions. Guidelines for all contributions are available from the editor: contact Annaliese Caney on 6248 8441 or annaliesecaney@hotmail.com. Space is provided for advertising, contact Kerry Scambler on 6248 9302 or kerry@theksprinciple.com.au.

CLOSING DATE: Contributions for the next issue are due WEDNESDAY 20 JANUARY 2016.

SAPRA COMMITTEE MEMBERS

Kerry Scambler (President) 0407 875460 kerry@theksprinciple.com.au Gillian Waldie (Treasurer)0408 123 906 Jenni McLeod (Secretary).....

General Committee:

Jo Barwick	0428 623 997
Dot Kelly	6239 9190
Andrew Geddes	0419 484 010
Pam Larkins	0403 547 764
Morrie Larkins	0427 489 852
Laura Strugnell	
Richard Vaughan	6239 9739
Sharyn Von Bertouch	0429 199 113
Jamie Whittaker	



Our Mission

"To provide a supportive environment for lifelong learning that reflects community values"

South Arm Primary is a wonderful place to enrol your child from birth to Grade 6. The school, parents and volunteers form a vital part of the local community. We offer a wide variety of specialist programs to support the learning needs of every student.

South Arm Primary is a school where children feel safe, secure and success is encouraged in all areas. Please ring the new Principal,

John Cranwell for an appointment or any further information you require.

w: www.southarmprimary.tased.edu.au e: south.arm.primary@education.tas.gov.au p: 6239 9126

South Arm Primary School Department of Education



Arm End Public Recreation Reserve Update

The project is progressing through another Resource Management Planning Appeals Tribunal process with a small group of representors. This follows the Clarence City Council voting 9-1 to approve the new Development Application for the site, which adopted many of the community's improvements for the overall project.

Arm End remains on track to begin onsite construction in 2016.

For further information please visit www.armend.com.au or contact the project at info@armend.com.au

Plant ahead for the Harvest Market 2016

Hope you've started those pumpkins for our pumpkin competition in May (remember it's only for pumpkins from our area—the neck at Lauderdale to Opossum Bay)! You might have to water them this year as we're expecting a hot, dry summer! We may expand the harvest theme a little more — not necessarily competitions, but demonstrations on things to do with your excess produce (bottling fruit, making wine, special recipes), samples, a scarecrow exhibition! Suggestions welcome, watch this space!

RAE CALVERT | Garden Club | 0417 555 175

Rainfall	Cremorne	Opossum Bay	Sandford	South Arm
September 2015	21.5 mm	25.2 mm	25.5 mm	22 mm
October 2015	9.5 mm	15.6 mm	13.5 mm	14.5 mm
2015 Year to Date	397 mm	442.2 mm	438.5 mm	347.5 mm
2014 Year to Date	343.75 mm	352.2 mm	354 mm	Unavailable
	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft





-0408 687 503-

New 2015 prices....Just call

SCHOLARSHIP OFFERED FOR FIRST YEAR UNI STUDY, TRAINEESHIP OR APPRENTICESHIP IN 2016

Luke Young (1988 - 2009) was an inspirational young man, respected by all who knew him in South Arm and beyond. He was also a promising golfer who upheld the values of sportsmanship. His life was cut short by a tragic car accident that took his life and that of his mother Julie.

The South Arm RSL & Community Club, with the kind permission of Luke's family, is again honouring his memory through a scholarship of \$2,000. It will be presented to one young person per year to help with costs of their first year of further education (eg University, TAFE etc) or an apprenticeship/traineeship.

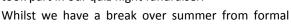
If you, or your parent(s), are members of the Club, and you are starting further studies in 2016, you are eligible for this assistance. Simply fill in an application form and write a submission (approx 250 words) about the course you are taking and what financial support would mean to your first year of studies.

Applications must be in by 31st January 2015.

For an application form and further details contact Ron Clegg, Treasurer on 0408 356 915 or email sueron182@bigpond.com

CREMORNE PLAYGROUP

Thanks to the many in the South Arm Peninsula area for their support in making our playgroup happen – families, the Cremorne Bowls and Community Club and associated volunteers. A huge thanks to all who took part in our quiz night fundraiser.



play sessions, members regularly communicate through our Google Groups email network about beach and park gatherings etc, so join up if you want to keep in the loop.

Position Available — Secretary

Our dedicated Secretary Bron is leaving the role and the shoes must be filled if we are to continue. They're probably more Blundstone than Tony Bianco but whatever you're flavour we'd love to hear from you! We've been going for 6+ years now so it's all generally very down packed and supported by the President and Treasurer. Thanks for all your hard work Bron.

The President's position, unless someone would like to step in earlier (and members are most free to do so) will definitely be available after 2016. We would like to have an efficient handover in place. Maybe you would like to fill a supporting role for the upcoming year so you can fill the upcoming vacancy? Call Jodie on 6237 0720 — playgroup details are listed on p. 12.

HAPPY CHRISTMAS, HAPPY NEW YEAR AND HAVE A GREAT SUMMER.

REMINDER!

The New Year is a good time to check that the details of your community meetings, classes or event listings are up to date for 2016, as well as any listings that you may have in the local notices section (starts p.10).



Please get in touch with the editorial team and email updates or revisions to either:

annaliesecaney@hotmail.com

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peter@timelytaxandaccounting.com.au

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WOW! \$3,000 raised for Leukemia

A huge thank you to all who came along to the Quiz Night at the RSL & Community Club on the 26 October. We had a great night and together raised funds for leukemia research, a disease which has sadly touched many of us.

Thank you also to the wonderful donors including:

- · Paul and Jan Purdon, Fairdinkum Sheds
- Steve and Therese Soul
- Lindsay Morley
- South Arm Store
- and to all the other wonderful generous people who gave donations they were all gratefully appreciated.

A big mention to Judy and Tony at the Club for all their help and support to make this night happen.

Your generosity meant we raised over \$3,000 for the night, a great effort by all. Thank you all again.

Ang Calvert and Shirley Calvert

ADVERTISEMENT

JULIE COLLINS MP

If you require assistance on any federal matter, please call me on 6244 1222.





COMMUNITY MARKET

1ST SUNDAY IN THE MONTH



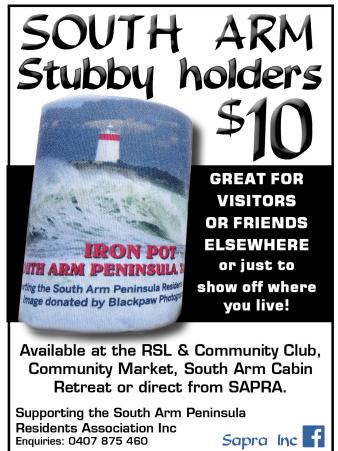
What a great vibe at the Novem-

ber market with the sun shining and the Time Bandits strumming away – no wonder people started humming along and swingin' the hips!

There's always a great range on offer and so much of it is hand- made – delicious pies, artwork, cards, candles, beautiful jewellery, cakes, sausage sizzle, furniture, bric a brac and crafts. And the gardens of the Peninsula must be blooming well given the business Tony does with his cheap, healthy plants and help from the Garden Club!

The stallholders all love the atmosphere of our community market so please come along and see why.

Contact Lauren on 0403 909 848 for bookings including car boot sale sites.



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Local owners James and Kylie Baldwin welcome you: 538 South Arm Rd. Lauderdale 7021 Ph: 6248 1026

SAPRA COMMUNITY NEWS (cont. 1)

Community Market: We welcome Lauren Green as Market Manager from December. Lauren has been studying and working in events management and will put her skills to work on our little market. Please make her feel welcome when you visit the market.

Vale Lou Smith: Our Committee meetings and lives will never be quite the same with the passing of this vibrant lady in October. Lou was practical and pragmatic and we valued her contributions. We enjoyed her quick wit, sense of humour and lovely smile and marvelled at her amazing attitude to life. More than a few of us held her as role model. Lou had a life well lived and worth celebrating now may she rest in peace.

Festive season: Like many people, I'm not sure where 2015 has gone - if someone works it out, please let me know! The SAPRA Committee wishes everyone in our Peninsula community the very best for the upcoming festive and holiday season. May your days be full of fun and family and laughter (and may some of the nights be full of much needed rain!). Please stay safe and let's all be grateful for our special spot in the world.

Please see Facebook for updates or contact me or any Committee Member with ideas, issues or projects.

Kerry Scambler | SAPRA President | 0407 875 460 | kerry@theksprinciple.com.au

ROBERT GOYNE **Local Real Estate Specialist**

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The team @ Mj's hair design wishes everyone a Merry Christmas and a very Happy New Year!

Thank you all again for your support over the last year. Mj's will be opening longer hours leading up to Christmas and then closed from 25 December to 8 January.

The team would like to welcome Mel who has over 10 years hair styling experience and looks forward to meeting everyone—and is happy to call South Arm Home! In 2016 Mj's welcomes Alice Rodman. Alice is a qualified beautician and looks forward to pampering everyone in the new year.

Please call 6239 9612 to make an appointment and find them on Facebook.



Rachel L. Todd

IT Systems Administrator

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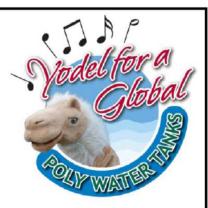
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SAPRA MEMBERSHIP – 1st July 2015 to 30th June 2016

	<u> </u>	
Name(s):		- R
Address:		
Town:	Postcode:	TS ASSOCIAL
Phone:		
Email:		
Date:	MEMBERSHIP \$2.00 PERSON - TOTAL ENCLOSED	\$

Please provide feedback/suggestions on the back of this form, contact a Committee member or write to us c/- South Arm Shop (where you can also leave this membership form!)



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Wanted: a great logo for our Community Centre!

Our Community Centre needs a logo of its very own and we're inviting you to design one. There will be a prize for the winning entry, apart from the glory!

Our vision is for the Centre to be a fun, welcoming place for everyone. Think of the atmosphere on a Market day when the sun is shining, people are standing and chatting and there a smiles all around. It's a place to meet and share, learn and guide. It's currently home to SAPRA, our First Responders, the Community Market and the Art Class and we hope to have more groups joining us in the coming year.

So see if you can capture the essence of our Centre in a visual design for a logo and send your designs to kerry@theksprinciple.com.au and/or annaliesecaney@hotmail.com

Winning design announced in early 2016.

South Arm Primary School

Launching Into Learning program
For children 0-4 years





A great way for parents and carers to meet and for children to learn new skills and make friends in a fun, friendly and supportive environment.

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COMMENCING FEBRUARY 2016!

in the School Library

Early Learning Centre



For more information please contact the school on Tel: (03) 6239 9126 Fax: (03) 6239 9606

Email: south arm primary@education tas govalue.



CREMORNE COMMUNITY GROUP

In our last SAPRA article, our Community Group was anticipating the arrival of a purpose-built trailer for the storage and transport of gazebos and associated gear. We now have the trailer housed within our village for Cremorne community use and are sure it will be an asset we appreciate for years to come. Now available for hire! The biggest thanks we can make for this equipment is to the Foundation for Rural & Regional Renewal (FRRR) which provided most of the funding but thanks is also due to a variety of individuals and groups that helped fill the void between our "aspirational" and the eventual price. Take a bow: Cremorne Bowls & Community Club, Cremorne Playgroup, Pipeclay Coastcare Group, Daylight Saving Barbecuers, Jodie Presnell & Geir Rodven, Nordstrom Catering and the raffle ticket buyers at the Pop-Up Café held on 27 February this year.



Fittingly, our Gazebos to Go! trailer's first outing is to a 4-year-old's party!

Have a safe and enjoyable Summer, everyone. Perhaps we'll see you in the waters somewhere on "Paradise Peninsular". BRIAN BENNETT | President | Cremorne Community Group

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HALLOWEEN!

Did anything make you look twice on 31 October? Spooks and imagination were plenty around the peninsula. Many thanks to those that supported the Halloween party in South Arm and particularly the CWA for all their help. Here is some of the action from the photo booth!







Go to places, events and shows, meet some really terrific people and enjoy a break from your daily routine.

Become a volunteer driver for the Communtiy Bus.

Do it as often or as little as you like!

All help appreciated so come and join the fun, meet new people and lend a hand at the same time.

To find out more call Richard Bird on 0412 789 789



Your local representative in the Legislative Council

6212 2330 rumney@parliament.tas.gov.au

> Authorised by Tony Mulder, Parliament House, Hobart

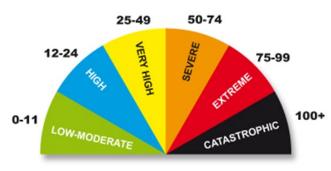
ROKEBY SERVICE CENTRE Lot 25, 73 Droughty Point Rd 6247 1354 Full mechanical repairs Supply and fit tyres Transport inspections TACC SERVICE Coordidate Coordidate Coordinate Co

Parking in Blessington Street

There is concern about cars being parked on the footpath making it dangerous for pedestrians. Could residents ask their visitors not to park on the footpath.

FIRE DANGER LEVELS — Important for all

We are now well into the fire season and the Brigade again urges all residents and shack owners to be familiar with the fire danger levels. The TFS held its pre fire season briefing for Brigades a few weeks



ago and brigades were advised that the indications are that we will have a hot dry summer and a bad bushfire season this year. We have already had 3 total fire ban days, which is unusual this early in the fire season.

During the bushfire season, fire danger ratings forecast for Tasmania will be available on the Bureau of Meteorology website, the Tasmania Fire Service website and on the weather page of Tasmania's daily newspapers. You should listen for warnings on ABC Radio or check the TFS website at www.fire.tas.gov.au to find out where fires are burning. Power supplies and phones are likely to fail in a bushfire. If power fails, listen to fire updates on your car radio.

During Fire Danger Levels of Catastrophic, Extreme, Severe, and Very High you should frequently check conditions outside your home. If smoke is blowing towards you, a fire is approaching and you should make a "stay or go" decision immediately, and if leaving do so by a safe route, away from the fire. Please don't wait for an official warning. If ash or burning embers are landing in your yard, the fire is very close and it may be too late to leave. If this is the case, take shelter in your home. Fill your bath and all available containers with water, and actively defend your home by using the water to put out any parts of your home that catch fire. Alternatively and if time permits, go immediately to a nearby safe place.

The Tasmanian Fire Service has a number of booklets/brochures available via their website www.fire.tas.gov.au/Show?pageId=colPublications

These include: Bushfire Survival Plan, Using Fire Outdoors and Fire Resisting Garden Plants. Also available through the TFS is the DVD 'Bushfire Prepare to Survive.'

On a lighter note the brigade and fire truck will be at a number of local community events over the Xmas period (of course operational needs will always take precedence). Finally, the South Arm Fire Brigade wishes all residents, shack owners and visitors a happy, safe and fire free Xmas and New Year, and thank you all for your support during the last 12 months.

BARRY HEATHER | 2nd Officer/Brigade Secretary | 6239 9564





Merry Christmas ^{and a} Happy New Year

from Michael and the staff at Lazenby Sand

Over the Festive Season

Closed from 4pm Wednesday 23 December, 2015 **Reopening** at 8am Monday 4 January, 2016

Normal Trading Hours

Monday to Friday 8am – 5pm Saturday 8am – 4pm Sundays & Public Holidays CLOSED South Arm Road, Sandford Located 3km past Clifton Beach turn off

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LOCAL SOUTH ARM GYM ACHIEVING FANTASTIC RESULTS

KBD Personal Fitness and Health Club opened in April 2015. What a fantastic local business to have in this great community that is South Arm Peninsula - between the Pharmacy and Laura's Hairdressing salon. Sam Douglass is fully qualified as a Specialist Personal Trainer with a Diploma of Fitness and she is absolutely passionate about her job and helping others to achieve their goals of reducing weight, increasing fitness and generally living a healthier lifestyle.

Sam recently competed in the INBA Tassie State Championships, a natural body building competition that was held in Launceston. She entered 3 divisions, Fitness Novice, Fitness First Timer and Fitness Momma and won all three, Sam then headed off to Canberra to compete in the Australian INBA National Championships!

This is a reflection of the dedication, passion and commitment that Sam has not only to herself but her clients and business also. This is a testament to KBD Personal Fitness and Health Club and Mark and Sam's knowledge around training. Sam and Mark love to share their knowledge with their client's allowing you also to have a fitter and healthier lifestyle as well as achieve your own goals - whatever they may be! Sam knows her stuff. Sam winning first place all the three divisions is proof that she knows the correct training techniques to gain the maximum results!

Member ages vary from younger members to those elderly in our community. The results and feedback is amazing:

"Before coming to the gym and getting a program from Sam I was unable to get up from sitting or off the toilet without help from holding onto something to help me up. Now I am stronger and balance is better I can get up without help from anything" (aged 65). This is very important as we age as it assists with falls prevention and helps people to stay independent in their homes for longer.

"Since starting with Sam's Bootcamp before the gym was open and now with regular personal training and support I have lost over 15kg, have more self-confidence and belief in myself that anything is possible."

It is well documented that people who are fit and of a healthy weight have less long term health issues and greater longevity. So come on down and get in shape for summer...call on 0467 000 393 to make an appointment to have a chat to Sam or Mark. This is a taste of what's on offer:

- Mondays—Beach Boot Camp 6:15-7:00pm
- Tuesdays—Ab Class (core) 6:45-7:30pm
- Wednesdays—Functional Class 6:15-7:00pm
- Thursdays—BoxFIT 6:15-7:00pm
- Personal Training

SIGN UP BEFORE 31 DECEMBER FOR A 12 MEMBERSHIP AND SAVE 50% ON THE JOINING FEE, RECEIVE A FREE PERSONAL TRAINING SESSION AND FREE NUTRITIONAL COACHING FOR 3 MONTHS.



It's prime time for snakes so do take care. Visit the website www.reptilerescue.org.au for information on snake awareness, first aid and the rescue services.





Andre Morrisby

Sales Manager

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CLARENCE ARTS & EVENTS

Join the mailing list to receive all your Clarence Arts & Events news www.clarenceartsandevents.net

Upcoming exhibition—4 December to 9 January at the School House Gallery (11am - 5pm, Wed to Sun)

Snapshot: Celebrating Our Community is a collaborative imagery project working with the Hobart Photographic Society aimed at increasing community awareness of how equity in lifestyle, health and wellbeing outcomes benefits everybody. Often people feel that meeting the needs of those with disabilities has no direct benefit to them. However, by aspiring to higher standards of equity for everyone, standards and expectations can be lifted for everybody, not just those with a disability.

Upcoming event—26 January (8:30am—12 noon)

Australia Day on the Bellerive Boardwalk starts with the Big Aussie Breakfast and entertainment from 8:30am and at 11am the Citizenship Ceremony, Australia Day Awards and special guest speaker.



LOCAL SERVICES (continues p.11)

ACCOMMODATION

Cremorne Self Contained Cabin

Holiday cabin ideal for couple. Great location on Cremorne rural block but close to beach. Phone: 0434 499 730 or view at: https://www.airbnb.com.au/rooms/5087229?s=gzo

Iron Pot Cottage

Self contained 'Apartment' style B&B with 2 large bedrooms, lounge, bathroom, large balcony with views of the Derwent, private access and parking and much more! Call Debbie or Peter on 0412 533 658 or call in to view at 10 Blessington Street, South Arm.

Opossum Bay Beach Cottage — Holiday letting

Sleeps 6 people; master bedroom with ensuite & Juliet balcony plus double bedroom and 3rd bedroom with 2 single beds; open plan living and dining; TV, DVD player, stereo, reverse-cycle heat pump; fully equipped kitchen with dishwasher and microwave; BBQ facilities and courtyard (No pets). 0417 800 065

South Arm Cabin Retreat

5 self contained 2 bedroom cabins, waterfront of Ralphs Bay, opposite RSL, known as 'Ralphsdene.' Laundry facilities and old apple packing shed set up as games room with BBQ area. Contact Malcolm or Rose on 6239 9894 | 0447 402 977 | www.southarmcabinretreat.com

ANIMALS

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THRRO

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Starts page 10

AUTOMOTIVE

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BUSINESS

NEW

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For skilled, timely and affordable web design, publication and attachment to all search engines, Google, Yahoo, and Bing etc. phone Bethamy on 0429 399 961 or email treewitch3@yahoo.com.au

Website — Think Tasmania

...promoting all things Tasmanian! www.think-tasmania.com Contact Tania to have your business included: 0407 790 642 or email tania@think-tasmania.com

CEREMONY & CELEBRATION

'Celebration by Ceremony'

Kaye Wilkinson-Green, Civil Celebrant in Sandford. For Meaningful Rites of Passage contact kayewilkgreen@bigpond.com| 0438 336 049

Civil Celebrant

Performing weddings, baby namings, vow renewals, funerals and memorials.
Lynn Stein - Joyous Celebrations
South Arm. Contact 0438 392 614 |
lynn@joyouscelebrations.com.au

FOOD & EATING OUT

Fresh Fish—Delivered to your door fortnightly on Weds. Sharon: 0459 373 743

Iron Pot Coffee Lounge

Great coffee and food! Pizza on Friday nights—eat in or take away. Ideal venue for small functions. Open Thurs to Sun (may change). 6239 9998

South Arm RSL & Comm. Club

Great meals for members and visitors. Dinner 7 days — Asian dine in or take away Sunday, Monday & Thursday, Wednesday meals from \$14, a la carte Friday & Saturday, Members' night Tuesday (visitors also welcome). Lunch on Sunday. Bottleshop facility available and new members very welcome. All enquiries and bookings ph 6239 9171.

FOR HIRE

Calverton Hall & Oval

Hall and Oval Hire - Joan 6239 9141

South Arm Community Centre

Special interest group meetings, special occasions, workshops, business meetings, short courses, training sessions. Very reasonable rates. Contact Kerry at kerry@theksprinciple.com.au or 0407 875 460

Tennis Court

Tennis Court Hire — Noela 6239 9172

HEALTH & WELLBEING

Counselling

Adolescent, adult, family and couples. Registered Psychologist Helen Middleton, Opossum Bay, 0407 790 234

Grief Support Group

Support meeting, 1st Friday of the month. Social Lunch, 3rd Friday of the month. Enquiries to Clarence Plains Community Health

Holistic Counselling

Professional and confidential support for life's challenges. To make an appointment ring Wajan 0400 464 004

KBD Personal Fitness

One-on-one personal training, no sweaty over-crowded gyms, first 2 sessions discount price \$25 per 45 min session. Group sessions available for up to 4 people (discounted price). Join KBD for a journey to a fitter healthier lifestyle! Ph Samantha 0467 000 393 | kbdpersonalfitness@hotmail.com

Weight Loss Program

Our clients never feel hungry; results guaranteed; feel energized and revitalized; personal success coach FREE sample pack, try before you buy!!! Call Kylee now 0386 712 822

HOUSE & PROPERTY

AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm. Ph 6239 9863 or 0422 992 479. Free quotes.

Carpentry, plastering, tiling

Tony White 0419 399 481

Electrical and Heat Pumps

Richard Pohl (Lic C1717) 0419 899 100

Fencing Decks and Pergolas

Accredited Builder, specialising in decks, pergolas and individualized residential fencing 0400 532 491 www.fdap.com.au

Hobart Home Improvements

Painting—colour consultancy available from qualified consultant. Handyman & Landscaping—free quotes & competitive rates. Call Jonathon 0448 430 544

House-sitter

Experienced, reliable and mature. Excellent refs, local family. Contact Clare 0450 417 061

Immac Cabinets Pty Ltd

Sam McCrum | 0415 558 540 Immac.cabinets@gmail.com

Outdoor Furniture

Deck, Patio, Garden, Classic Adirondack. Dave 6239 9001

Phil's Water—0419 190 648

Plasterer

New homes, renovations, and small jobs. Ian 6239 9830

Property Consultant

Ben Palmer – Raine & Horne Eastern Shore 0417 556 731 Ben.palmer@rh.com.au

Qualified Landscaper

Develop new gardens or rejuvenate no job too big or too small. References available, free quotes. ABN 265 672 241. Ph Steve: 6239 9050 or 0408 000 645

Restoration, repair and polishing of wooden furniture. Ph. Garry 6248

of wooden furniture. Ph. Garry 6248 9144

Slashing

Blocks slashed. Ph: Ian on 0418 138 090

Simon Says—Lawns & Gardens

Clean up, maintenance, pruning, waste removal & whipper snipping.
Pensioner rates apply, free quotes
0439 314 246 or 6239 9315

TV101, Home Theatre, antenna & internet digital installations. Ph Lewis 0400 496 645.

Window Cleaning

Bay Window Cleaning for crystal clear windows – South Arm and surrounding areas. Call Pete on 0457 581 918.

COMMUNITY MEETINGS, CLASSES & EVENTS

SPECIAL INTEREST

Family Portraits

Portraits with a personal touch. I come to you or wherever your family is happy for al, fun and beautiful family photographs. Discuss your ideas with Kate 0427 561 565

Family History Research

Happy to discuss your family history research interests. Please email your request to ancestralressertas@iinet.net.au or fax 6248 8528.

Scrapbooking Classes

Clifton Beach area. Guidance, assistance, some supplies. Small groups, beginners welcome. Contact Karen 6248 8879 | kdboddy@iiprimus.com.au

TRANSPORT

Community Bus

Each Tuesday to Hobart, usually leaving South Arm at 10:00am and back around 3:30pm. The bus will drop you off for appointments, movies and while you shop. Book by Friday prior to Tuesday. Available some other days with times to suit. Enquiries and bookings: Richard Bird on 0412 789 789

Art Classes

Community Centre at South Arm Wednesday mornings at 10.00am. All Welcome.

Bible Discussion—Connect Group

Running for 20 years this group would love to welcome new members. Fridays 10.30am at 3218 Main Rd, South Arm. Commencing in February 2015. Ph Jane Beavan 6239 9244.

Bridge

Bridge group meets at Calverton Hall Tuesdays, 7:30pm. New members welcome. Ph: Noela 6239 9172

Church Services

St Barnabas, South Arm, 1st, 3rd and 5th Sunday of the month at 4:00pm followed by a meal. Contact Rev Helen Phillips on 6247 9700 or Jane Beavan on 62399 244

Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries: President: Mark Godfrey | 0439 441 707; Club Captain: Barnie Reardon | 0418 146 760; Junior Development/Nippers: Anthony Chapman | 0437 946 675; Secretary: Meisha Austin | 0419 561 746; or visit www.cliftonbeachslsc.com.au

CWA South Arm Peninsula Branch

Meets 7.30pm 1st Thursday of the month at South Arm RSL. Contact: Helen 0421 441 323 or 6239 9023

Coastcare

Mortimer Bay. 1st Sunday of the month, 9:30-11:30am. Ph: Leanne 0408 498 468

Pipeclay. Meets 10:00am 3rd Sunday in park opposite shop in Cremorne. Ph: Rachel Viney 0439 373 383 or 6248 9498 and visit www.cremorne.tas.au

Wildcare—Deslacs (Clifton). info@wildcaredeslacs.org

Craft Group

2nd, 4th & 5th Tuesday of the month 12.30—3:00pm at Calverton Hall. \$2 per session. Ph: Leslie Gore 6239 9321

Cremorne Bowls Club

Tuesday social bowls and soup \$5. 10:30am for an 11:00am start. Wednesday indoor bowls with supper \$3, 7:30pm. Saturday social bowls with a sav \$6, 11:30pm for a midday start. All welcome. Contact Glenn on 6248 9856 after 4.30pm or contact glennbrem@netspace.net.au

Cremorne Community Group Inc

www.cremorne.tas.au | ccg@cremorne.t as.au. To receive newsletters and information about the group contact Convenor, Vicki Pearce: 0418 992 891 or vicki_pearce@hotmail.com or Secretary, Brian Bennett: 0417 444 389 or bhbennett@bigpond.com

Dog and Owner Walk

Saturday, 8:30am on beach below Saltair Court. Ph: Jane 6239 9244

Fire Brigade

South Arm Fire Station—2nd Tuesday of the month, 7:30pm. Fire Captain: 6239 9412

Sandford Fire Station—Training each Monday 7:30 in summer and every second Monday in winter. Contact Dave Williams, Brigade Chief, 0417339553

Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park. Tuesdays 9-10am daylight savings (10-11am over winter). Enq: Dick 6239 9739 or Rae 6239 9342

Garden Club

Meets 1st Monday after South Arm Market at St Barnabas Church Hall at 4:30pm. Ring Barbara 6239 9897 or Dot 6239 9190.

Heartmoves

Gentle Exercise, Wednesdays, 3.30pm at the Sandford Hall. Contact Jenny 6243 8547 | 0417 489 145

Karate

For all ages, at Calverton Hall. We do not have classes during the school holidays. Phone: Kathy 6239 9022

Lauderdale Yoga

Monday nights at 7pm at Lauderdale Primary School (in the green room). \$10 per session, mats provided. Beginners welcome. Visit www.facebook.com/ RDRyoga or call Kelliann 0409 042338.

Market

1st Sunday of the month at the South Arm Community Centre, 9.30am—1pm. For site and car boot bookings and all enquiries: Lauren 0403 909 848 or Kerry 0407 875 460

Playgroup

Monday, 10am — noon. \$2.50, bring a piece of fruit. Held at the Cremorne Bowls Club. Contact Bron: 6248 8067 or Jodie: 6237 0720 or visit www.cremorne.tas.au

South Arm RSL & Comm. Club

Great meals for members and visitors. Dinner Wed to Saturday and lunch on Sunday. Bottleshop facility available and new members very welcome. All enquiries and bookings ph 6239 9171.

SAPRA Committee Meeting

2nd Tuesday in the month, 7:30pm at the South Arm Community Centre. Guests welcome—contact a committee member to arrange (p. 2).

Sandford Scout Group

Friends, fun, adventure and community service for boys and girls!
Joey Scouts (6 & 7 yrs) Mondays 4.30-5.30pm | Cub Scouts (8-11 yrs) Mondays 6.15-7.45pm | Scouts (11-15 yrs) Wednesday 7-9pm | Venturers (15-18 yrs). Contact: Jo Maddock 6239 9876

Soup and Sandwich

3rd Monday of the month, midday. Calverton Hall — \$8 per person. Contact Jenny Morgan 6239 9162 | 0407 312 966

Yoga—with Atmashakti

Tuesday and Thursday evenings at Half Moon Bay. Phone: 0400 507 748