



South Arm Peninsula News

Vol.11, Issue 1 | April - May 2023

Volunteers across the Peninsula celebrated

On the second annual Volunteers' Thank You Day, over 50 volunteers from around the Peninsula came together and enjoyed the restful atmosphere of the Iron Plot Community Garden on a lovely summer's day.

Created and supported by SAPRA (a volunteer organisation for over 33 years), it's a chance to mingle with like-minded folk with our community at heart.

Stories were told, laughs were had and many new connections were made.

We had representatives from the SA Furies, our First Responders, Clifton Beach Surf Club, Friends of Opossum Bay Park, the Community Garden Plotters, the Market, the Bus, Calverton Hall, the Sub-Branch and RSL & Community Club, St Barnabas, Men's Shed, Cremorne Community Group plus Centre volunteers from the Op Shop and Library and our Newsletter production team - phew!

Thanks to Noela Foxcroft and Michelle Blom for organising the event, Ian Sale for his photos, TCM for their catering support and to the Coffee Bean team who kept us caffeinated and supplied with cool treats!

Plus of course, a HUGE thank you to all the volunteers who joined us - we hope you enjoyed the afternoon and felt a sense of pride in the part you play in our vibrant community.

- Kerry Scambler, President, SAPRA Inc.



South Arm RSL Sub-Branch ANZAC Day, Tue 25 April

All are welcome to join us for our ANZAC Day services:

Dawn Service - Lone Pine Memorial, Fort Direction

Parade form up 5.50am at Lone Pine | Service commences at 6.00am

Ample parking but please be early as long queues common from 5.40am onward, and follow directions.

Gunfire Breakfast - South Arm RSL and Community Club

Commences at 7am, all welcome and donation requested.

11am Service - Wall of Remembrance & Memorial Park, South Arm RSL and Community Club

Parade form up 10.45am in Memorial Park precinct | Service commences at 11.00am

Parking available at the Club, however entrance will be closed from 10.40am until the end of the Service.

Refreshments and meals will be available at the Club plus a sausage sizzle for the children. All welcome.

— Peter van Loggerenberg

President | South Arm RSL Sub-Branch Inc. | 0477 706 497



Lest We Forget

We acknowledge the palawa/pakana people (Tasmanian Aboriginal Community) as the traditional owners and ongoing custodians of lutruwita/Tasmania - its land and waters. We acknowledge their long history and deep connection to this place and pay respect to Elders past, present and emerging.

The paper and printing of this newsletter is kindly supplied by Heather Chong.

About this newsletter

Contributions to the newsletter close the 2nd Friday, every 2nd month -
Friday 12 May 2023

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

Send contributions to -

Editor
 editor@southarm.tas.au

Editorial and advertising enquiries -

Kerry Scambler
 SAPRAPres@southarm.tas.au
 0407 875 460

The bi-monthly *South Arm Peninsula News* is distributed throughout the South Arm Peninsula community - Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

This newsletter has been published since 1989 by the South Arm Peninsula Residents Association (SAPRA).

Opinions expressed in articles are not necessarily the views of the Committee.



SAPRA Committee members:

President

Kerry Scambler 0407 875 460
 SAPRAPres@southarm.tas.au

Treasurer

Gillian Waldie 0408 123 906
 SAPRATreas@southarm.tas.au

Secretary

Vacant
 SAPRASEC@southarm.tas.au

General Committee

Noela Foxcroft 0418 600 707
 Michael Topfer 0400 416 099
 Jenni McLeod 0448 515 867
 Michelle Blom 0438 489 974

To address a committee meeting, please contact the President.

VALE Wendy Polzin

Editor Extraordinaire, South Arm Peninsula News

On behalf of the Peninsula community, including all those involved in the newsletter production and everyone who simply enjoys reading a wonderful local publication, we extend heartfelt sympathy to Wendy's family – husband Daryl, son Ash and daughter-in-law Realm – on her passing.

Wendy's first newsletter was Dec 18-Jan 19 and over the ensuing years she has liaised with many of us right across the peninsula, gathering stories and information and crafting them into a much-anticipated newsletter. Her creativity and dedication has built a publication widely praised for its professional, friendly, local feel and range of content.

Many have commented that whilst they'd never met Wendy in person, her kindness, consideration and forethought were evident through her emails and brought us all closer to her.

True to her character, Wendy's last newsletter was the Feb-March 2023 edition, put together from hospital where she told me it "was a welcome distraction from hospital dreariness!!".

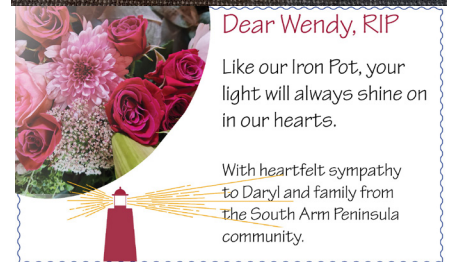
Wendy has also helped us with various other marketing/creative ideas over the years, including designing the Men's Shed and Community Bus logos, and always been very supportive to us all.


Wendy's contribution to our community has been, and will always be, highly valued, and appreciated by us all.



RIP Wendy.

Kerry Scambler
 President, SAPRA



	Cremorne	Opossum Bay	Sandford	South Arm
				
Jan	11.00mm	12.80mm	11.20mm	7.50mm
Feb	66.50mm	46.40mm	56.20mm	47.70mm
2023 Year to Date	77.50mm	59.20mm	67.40mm	55.20mm
2022 Year to Date	60.50mm	47.60mm	54.30mm	39.90mm
	Geir Hurlen Rødven	Teresa Quine	Bradley Mollison	Bob Kimber

South Arm to Mackay to Darwin with Team Crapi!

Following the successful fund-raising Car Show at the RSL & Community Club last August, ([see report in Oct-Nov 2022 edition](#)), Shannon Altmann and Tom Herbert set off on their ultimate goal - the Sh*tbox Rally. It was an experience of a lifetime, says Shannon.

In October Tom and I participated in the Spring edition of the Sh*tbox Rally, after raising over \$7,000 for the Cancer Council.

Our 1992 Ford Capri made the journey from South Arm all the way to the start line in Mackay.

Over the next seven days, we travelled via the Gulf of Carpentaria into the Northern Territory and crossed the finish line in Darwin's CBD.

The majority of the route was on unsealed, highly corrugated roads frequented by road trains and more cows than I have ever seen in my life!

Saying the rally went off without a hitch is almost true, but not quite. After deciding to leave Tasmania a day early to try and travel between previous and predicted floods, we blew a head gasket roughly 100km south of the Queensland border.

With only two days until we were required to be in Mackay, a broken car and over 1,000km to go, we thought our adventure was over before it began.

With eternal thanks to the team we were travelling with (and an incredible amount of luck), we somehow fluked being a day ahead of the last support vehicle with a car trailer.

We were picked up the next day and chauffeured to our motel where we had parts waiting for us. A quick head gasket replacement in the motel car park and we were ready to roll. The car didn't miss a beat after that, not even a flat tyre!

For anyone considering getting involved in these rallies, I couldn't recommend them highly enough. I had the absolute time of my life, met some truly inspirational people and did it all while raising money for such an important charity.

We are having a break from the fundraising this year, but this definitely won't be the last rally I do.

- Shannon Altmann



SOUTH ARM RSL AND COMMUNITY CLUB INC

At the AGM in late February, new faces joined experienced committee members on the Executive with three General Committee members also elected. The committee for 2023/2024 is:

President: Aaron Witts **Treasurer:** Steve Hinton **Secretary:** Denae Boscoe
General Committee: Peter van Loggerenberg, Kevan Blom, David Wright, Mark Green and Terry Hill

There are still some casual vacancies so if you'd like to know more or express an interest in joining the Committee, talk to Denae or Steve or email for us for further information.

The new committee looks forward to bringing some fresh perspectives and ideas to the Club and working closely and productively with Tony and Judy and our co-tenants and colleagues in the RSL Sub-Branch, Iron Pot Golf Club and the Men's Shed.

To keep up with events and activities, follow our Facebook page and keep an eye out for posters locally.

If you have any suggestions or feedback, please contact us.

- Aaron Witts | President | South Arm RSL & Community Club Inc.

MEMBERSHIPS RENEWALS DUE

Membership renewal forms available at the Club or email membership@southarmrsl.com.au

CONTACT US

Aaron Witts - President
President@southarmrsl.com.au

Denae Boscoe - Secretary
Secretary@southarmrsl.com.au

Steve Hinton - Treasurer
Treasurer@southarmrsl.com.au

CLUB PHONE: 6239 9171

South Arm Community Market



Another couple of awesome markets to entertain the crowds which seem to be increasing, along with our many existing stallholders and new ones too. It's exciting to see patrons enjoying the market days, some with their furry friends.

The February market saw the car show from Fortnightly Meets with a wide range of rare and vintage vehicles. So beautifully cared for, all shining more than my private school education school shoes! Thanks to one and all for being part of this event. We hope to have them return later in the year.

The March Market saw Justin Kneebone return to another enthusiastic crowd, showcasing those magnificent snakes, baby blue-tongued lizards and a small python to hang around the necks of some very brave kids. Not for me, but majestic, graceful and mesmerizing as they're safely confined!

Sharn Hitchens provided the music for the day, so engaging and easy to listen to. Thank you Sharn for making time to play and sing at our local market. We love having you join us.

To the wonderful stallholders and the patrons who support them, THANK YOU. We couldn't do it without you. Hope to see you in April and May for more fantastic days with live entertainment, lots of goodies and a great time.

See you there.

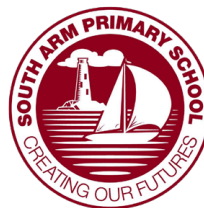
- The Marketing Musketeers | market@southarm.tas.au

MARKET WINTER BREAK

Please note, after many amazing, busy markets, our Musketeers are taking a well-earned rest so the market will be closed close June, July and August. We'll be back refreshed with the daffodils in Spring!



New Principal for South Arm Primary



The 2023 school year has started wonderfully at South Arm Primary School and it's been an honour to come on board as Principal following the retirement of MaryAnne Picone at the end of last year. Throughout the selection process for the role, I focused on my belief that our little school is, and will continue to be, a vital community hub as well as a centre for excellence in teaching and learning.

One thing I've learned during the past six weeks is how well supported the school is by families and friends, as well as community organisations including SAPRA!

I thank the association on behalf of the students and staff and will work to strengthen this and other links between the school and wider community on the Peninsula.

As the school year continues, we look forward to seeing our young people continue to grow socially, emotionally and academically as we prepare them to go on and achieve great things.

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I look forward to sharing regular updates on some of the great things happening at South Arm Primary School in future SAPRA newsletters.

- Stu Warren, Principal

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Bus growing in popularity

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A diverse range of groups and individuals is choosing to use the bus to get to and from their event or activity. From groups like the Sandford Cricket Club through to St Barnabas Community Church and everyone in between, all are jumping on board this convenient and cost effective mode of transport for 11 people (plus driver).

The bus is also proving popular with private groups who are looking to get to a show, festival, birthday, wedding or just out to lunch or dinner with their friends and family.



Regular fortnightly transport to Rosny Park

In addition to group trips, your Community Bus is providing a regular service to Rosny Park via Glebe Hill and Shoreline, leaving Opossum Bay at 10.30am, travelling via South Arm, Sandford, Clifton and Cremorne as needed, and returning by 2.30pm.

This Tuesday fortnightly trip is available to all Peninsula residents. Bookings are essential and cost is only \$8 return.

Please support this service if you can so we can continue to provide it throughout the year.

Contact us for further information, to book a seat or to register for direct updates on future public outings and services.

Steve Hinton, Community Bus Co-ordinator

ph/txt 0419 339 415 | communitybus@southarm.tas.au
www.southarm.tas.au/community-bus

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*Please note position has historically been
done on a volunteer basis.*

On the SAPRA agenda

Welcome to autumn when the winds are (hopefully) light and the evenings and mornings have that crisp, fresh feel to them.

We were saddened by the loss of our wonderful Newsletter Editor, Wendy Polzin, but have worked hard to bring you this edition and hope you enjoy reading about all the activities going on in your community.

Pot Luck Op Shop makeover: by the time you read this, our Op Shop will be preening itself with brand new *matching* carpet, woo hoo! The amazing hard work of our op shop volunteers, past and present, has made this a self-funded project - we're all very proud of that!

The shower bays will have vinyl laid and we are a designated Emergency Recovery Centre, we thank Clarence Council for funding this component.

New racks will enhance the refresh so make sure you drop in soon!

Strengthening ties: we welcome Stu Warren as Principal at the school and look forward to working with him, continuing our support of the best little school in Tas!

Bingo: first Tuesday each month Kirstie and her crew get the Bingo fun and action going. It's a very social evening with many laughs so add it to your calendar.

New Committee Member:

We welcome Michelle Blom to the SAPRA committee. Michelle has lived on the Peninsula for 30 years and many may remember her and husband Kevan from the Cremorne store.

Committee vacancies: if you're interested in contributing to our community and can spare an 1-2 hours each month for a meeting, please get in touch. We always welcome new faces and perspectives at our friendly, productive meetings.

Get in touch: if you have a great project in mind and need some guidance or support or an issue you'd like followed up, please contact us (see P2).

We wish you a Happy Easter - enjoy the break and please stay safe.

- Kerry Scambler | President | 0407 875 460



SAPRA MEMBERSHIP expires 30 June 2023

\$2 per person

Name(s)

Address

Phone Email

Date Amount enclosed (\$2 pp, & donations welcome) \$

Your annual \$2 per person membership fee helps us to help you. It supports the many activities and services run in our community and funding the Community Centre as our hub.

Digital newsletter in colour!

Subscribe to the digital edition - email editor@southarm.tas.au

Find all editions back to 2014 here:

www.southarm.tas.au/south-arm-news

Printed copies

Delivered to your mailbox (Sandford, Cremorne, Clifton Beach and Opossum Bay), and your PO Box (South Arm) and available at the Community Centre. editor@southarm.tas.au



LAZENBY SAND PTY LTD



Happy Easter

From Michael and the Staff at Lazenby Sand

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Cremorne Corner



PIPE CLAY
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Clean up Australia Day

Thanks to all who participated – especially cleaning up the hotspots around the village. A huge thank you to Terry who always tackles the Avenue stretch picking up huge amount of rubbish. Many thanks to those who clean up throughout the year, whilst we don't necessarily know who you are, we do know where you go, as we see that the rubbish is being kept on top of. Thank you!

Autumn means planting time

Queens Jubilee planting

Last year Pipe Clay Coastcare was granted funds to plant commemorative trees up on the Coastal Headlands Track as part of the Queen's 70 years as Monarch celebration. This funding was through the Federal Government.

Mature tree seedlings have been chosen for this spot as they will be less palatable to browsing native animals. Planting is set to occur this coming autumn through work conducted by our local supplier, Wildseed Nursery. Our gratitude to Julie Collins' office for this opportunity and the Cremorne Bowls & Community Club for supporting us with our application.

Planting on nature strips and reserves

The Big Plant Give Away has resulted in a lot of natives going in the ground. 2023 will have some variation given we will be busy with the coastal headlands planting. Additionally, we figure many gardens are fairly populated after three give aways. As such, we will focus on four key coastal species for planting out on dunes and lagoon foreshore. The species will be *Dodonaea viscosa* (Hopbush), *Atriplex cinerea* (Saltbush), *Acacia sophorae* (Coastal wattle) and *Drooping Sheoak* (*Allocasuarina verticillata*). If you have an area you can plant with these species, please get in touch by end of April so that we can put in an order. Email pipeclaycoastcare@outlook.com. Phone 0434 499 730

Date shuffles

The weather wasn't kind for our Sandcastle Comp, so consequently, we postponed to Saturday 18th March. Hopefully by the time this newsletter comes out in print the day will have been one of sun and fun. Quiz Night has been rescheduled to a later date in the year. TBC.

For more info on these/other events:

See back page for details on our Facebook page. Let us know if you would like to be involved - we'd love to have new faces on board (or old ones!).

- *The Coastcare Team*

Cremorne Bowls & Community Club



Your local Cremorne social spot is so easy to join and your membership helps with running costs and improvements.

Head to the webpage for details on the how and where to join - <https://cremorne.bowls.com.au/>

Cremorne calendar

Coastcare - late March watering.

APRIL Fri 28th Pop Up @ Bowlo - **American BBQ**

MAY Fridays Pop Up @ Bowlo - check the sign at Cremorne

REGULAR at the BOWLO

Pete's Bar Snacks - On a break but other locals filling this space

Thursdays Indoor Bowls

Tue-Sat: 4:30–7:30pm, Cremorne Bowls & Community Club Bar

Details <https://cremorne.bowls.com.au>

Join 'Cremorne Tas Noticeboard' Facebook group for details

South Arm Volunteer Fire Brigade

The South Arm Volunteer Brigade has recently completed training of three new members, welcoming Chris, Tate and Jacob into the exciting position of firefighter.

This brings our full contingent up to 20 people - it's a wonderful sign of the generosity of the community that so many people are willing to volunteer their time and energy for our small Brigade.

The final exercise was conducted on the oval in March with all members and both trucks being put through their paces for firefighting and first aid.

As the weather starts to cool and we move from bush firefighting to house fires, we encourage the community to have their chimneys cleaned prior to being used, inspect electric blankets, heaters are clean, and ensure power-points and power-boards are not overloaded.

As I write this, permit season is still in force. This means any fire larger than 1m requires a permit before lighting. Please ring 1800 000 699 to get a permit, or register your fire.

- *Val Ansett, Brigade Chief, South Arm Volunteer Fire Brigade*



Tasmania Fire Service

Shed's major milestone On-site construction started

The 9th March 2023, was a very significant day in the life of SAPMS.



Over several years (or many months) preliminary but essential activities, have been completed.

These activities include formation of the organisation, concept development, site identification and lease acquisition, fund raising, grant acquisition, engineering, design and drafting, planning and building approval, procurement of building materials, engagement of contractors, and site clearing.

Construction of the shed site on South Arm RSL and Community Club property finally started under the management of our Project Manger, Eric Bound.

We are very pleased to be able to share photos of this significant day with you.

— Robin Barnes / President SAPMS / 0408 446 249



Do you like gardening?

If you do, just an hour of gardening would be a great help in maintaining our lovely community. Here are 3 little gardening gatherings where you could help:

St Barnabas Church

First Saturday each month, 10 to 12noon

Iron Plot Community Garden @ the Centre

Weekly each Friday 10 to approx 11am

Opossum Bay Park

Weekly each Wednesday 9.30 to 10.30am

Enquiries - Rae 0417 555 175

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St Barnabas Community Church

The Easter season is now upon us, and the shops are full of many different breeds of chocolate bunnies, eggs, hot cross buns, and various other paraphernalia supposedly connected with Easter!

If it hadn't been for the very first Easter, when the empty grave was discovered, and Jesus was seen - not as a ghost, but in his resurrection body, we would never have heard of Christianity.

If you have a Bible somewhere in your house try reading John 20, and/or Luke 23-24 which will tell you what actually happened. (if you don't have a Bible we will be very happy to give you one.)

The book of Acts tells us what happened next, and that is quite astonishing, but in a very short time there were over 3000 believers.

If Jesus had not risen from the dead the whole story would have died out in one or two generations! So Good Friday, and then most crucially Easter Day, are the two most important days in the Christian year. Our services on both these days will be at 10.a.m.

Weekly services are continuing regularly at 10 a.m. We've had some interesting visitors lately, including our Mayor, Brendan Blomley, and a cycling visitor from Victoria. Our services are always followed by tea/coffee in the hall, a lot of talk, and an opportunity to make new friends.

A lot of work has happened in the Cemetery during the Working Bees each 1st Saturday between 10 and 12.in the morning. More helpers always VERY welcome.

The church building is now being prepared for painting, which will hopefully happen soon, and we now have an excellent ramp making it possible for wheel chairs, and anyone who has problems with steps to access our community church easily.



We are so blessed to live in this beautiful and safe place and have so much for which to be thankful for.

We wish everyone in our Community a happy, holy and safe Easter.

— Jane Beavan

St Barnabas Community Church

Services

Regular 10am Sunday services. Special services as below

April	2nd	10am	Morning Prayer
	6th	7pm	Maundy Thursday <i>(Commemorating Last Supper.)</i>
	7th	10am	Good Friday Service
	9th	10am	Easter Day
	16th		<i>To be arranged</i>
	23rd		Holy Communion
	30th		<i>To be arranged</i>
May	7th	10am	Morning service
	14th		Iona service
	21st		Traditional Holy Communion
	28th		Holy Communion

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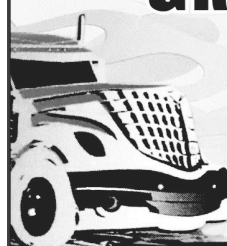
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Authorised by Sarah Lovell. 1/33 South Arm Rd, Rokeby

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JULIE COLLINS MP

Federal Member for Franklin

Thank you!

I am grateful and humbled by your support.

I will continue to work hard for all in the South Arm Peninsula.



**A: 18 Ross Avenue (PO Box 38)
Rosny Park TAS 7018**

T: 6244 1222

E: Julie.Collins.MP@aph.gov.au

Labor 

Authorised by Julie Collins MP, ALP Tasmania, 18 Ross Avenue, Rosny Park TAS 7018.

Administrative services

Justice of the Peace - Opossum Bay

David Skegg - davidskegg@icloud.com 0418 374 300

Justice of the Peace

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Fully qualified hairdressers for all hair care needs. Facial waxing/tinting & spray tanning. 3120 South Arm Rd, Wed to Sat, or by appt. 6239 9612 or 0421 859 408

Mobile Haircuts

Professional hair cuts in your own home. Tue-Fri 9am-6pm. Adults \$40, Kids/Teens \$30. Tania 0458 528 258, Facebook.com/mobilehaircuts.tania

South Arm Skin Care

Qualified beauty therapist with over 19 yrs experience. Facials, waxing, tinting, henna, tanning & more now located at Mj's hair design, 3120 South Arm Rd. Book online www.facebook.com/SouthArmSkinCare or 0409 552 869. Open Wednesday to Saturday.

Business services

Copywriter - Bethamy, Grad Cert JMC

Attract & retain customers. I research & write brochures, flyers, ads and websites for your events & business. 0429 399 961 | bethamylari@gmail.com

Rachel-is-IT

Computer repairs, up-grades, IT help. Vinyl signage for car, boat or business. 6239 9706 | 0438 399 706

Tasmanian Geeks

Computer Repair, Virus Removal, Service & Tune Up. Dale 0415 269 256

Ceremony

Oakdown Celebrant

Naming days, weddings & more. Make your day unique. Tara Bellette 0408 367932 tarabellette76@gmail.com

Lyn Gallagher, Marriage Celebrant

Weddings, Naming Days, Renewing of Vows, Special Birthdays, Funerals. Facebook - Little Red Buds 0459 769 419 | hopefulandtrue@gmail.com

Marriage & other Life Event Celebrant

Saying I do? Let me be your guide - Beverley Elliot. beverleyfe@gmail.com Ph. 0460 519 037

Community meetings & classes

Bible Discussion - Connect Group

New members welcome. Fridays 10.30am. in Gellibrand Fellowship Hall at St Barnabas Church. Jane Beavan 6239 9244

Community Garden - Iron Plot

Community space with pizza oven! Chat, help & plan Fridays 10-11am

Cremorne Community Group Inc

www.cremorne.tas.au, Facebook, cremornecommunitygroup@gmail.com

Marquee hire for CCG members - ghr@pipshy.com or 0412 305 794

Bridge

Calverton Hall, Wednesdays at 2pm. New members and beginners always welcome. Noela 6239 9172

Craft Group

2nd, 4th & 5th Tues of the month 12:30-3pm, Calverton Hall. \$2/ session. Lesley Gore 6239 9321

Garden Club

Meets 1st Monday of the month at the Community Centre at 4:30pm Laura 0400 101 900

Girls' & Boys' Brigades

Adventure for girls & boys 5-18yrs. Thursdays 5:30 - 7:30pm, at Emmanuel School, 1 Chipmans Rd, Rokeyby. Libby 0416 277 101 eneduljee@gmail.com

Sandford Scout Group

Friends, fun, community service and adventure for boys and girls! Joey Scouts (5-7 yrs) Mon 5-6pm Cubs (8-11 yrs) Mon 6.15-7.45pm Scouts (11-15 yrs) Wed 7-9pm Susanne sehovington@hovo.id.au

SAPRA Committee Meeting

2nd Tuesday of the month, 7pm at South Arm Community Centre. To address the Committee, see p2.

South Arm Community Centre

Library, Op Shop & History Room 9 Calverton Place, South Arm Mon 10am-2pm, Fri & Sat 1pm-3pm, market days 9:30am-1pm.

South Arm Songsters Choir

All welcome for songs & laughs! 7pm Mondays at the Community Centre. Betsy 0418 526 002

St Barnabas Community Church, South Arm

Morning service, Sundays 10am. Rachel Todd, 6239 9706, or Jane Beavan 6239 9244. Working bee 10am, 1st Saturday each month.

Exercise & activities

Bingo

1st Tues each month 7pm. \$15 for 15 games. BYO welcome (incl alcohol). Enq. 0426 821 530

Cremorne Bowls Club

www.cremorne.bowls.com.au 6248 9856

Indoor bowls

Every Monday 1:30- 3pm Calverton Hall. Beginners always welcome!

Evolve Fitness

Thurs 5pm, Sat 8am, Sandford Community Hall. First Class Free. Susan 0488 707 056 or evolvefitnessaus@gmail.com facebook.com/evolvefitnessaus

Jayne Martin Yoga

Slow gentle flow suitable for beginners. For more info, contact jmartin04@gmail.com

Pilates

9am Mon Calverton Hall & 6pm Thurs South Arm Community Centre. Helen 0498 177 916

South Arm Fitness & Wellness Hub

Gym open 24/7. \$12 /week, no lock in contract. Yoga 9am Mondays Laura 0421 859 408

Tennis Court

\$10/hr. Book at South Arm Store or after hours Ron 0408 356 915

Yoga at Lauderdale Hall

Wed 10.30-12pm. Strength & calm - asana, pranayama, Yoga Nidra & meditation. Margaret 0428 252 560

Food & dining

Fresh fish delivered door to door

Every second Wed 11am-1pm. 30+ years. Robyn 0438 721 448 or robdaze@bigpond.com

Opossum Bay Store

Open 7 days. Great coffee, fishing, takeaways, groceries, tools, cards, petrol & friendly service. 6239 9134

South Arm RSL & Comm. Club

Great meals for Members & visitors. Dinner 7 days + lunch on Sundays. Dine in / take-away: Pizza - Fri, Sat; Asian - Sun, Mon, Tue, Thu. A la carte meals Wednesdays Enquiries/bookings ph 6239 9171

Touch of the MO Cafe

Wed to Sun 8:30am-2:00pm. Coffee, cakes, smoothies & more. 6295 5532 or find us on Facebook

Gardening

AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm Call Andrew for a free quote 6239 9863 or 0422 992 479

Emma Parker Garden Supplies

Pea straw (baled chopped bagged). Manure (sheep or screened cow). Quality, weed-free. Other things too. Regular or bulk delivery. 0409 555 098

Gardening Matters

Want to set up a veggie garden or learn how to make organic compost? Call your local expert Sandy 0427 807 800

Last Straw Garden Supplies SA

Pea & barley straw, horse, sheep & chicken manure, potting mix & organic compost. Free local delivery. Adrian 0427 976618

Qualified Landscaper

Develop new gardens or rejuvenate - big or small. References. Quotes. Steve 6239 9050 or 0408 000 645

Tasmanian tree care

Tree pruning, removal, support systems, recovery programs with soil injections & pest control. Colin Fry 0424 149 587 colin@tasmaniantreecare.com

The Snail Whisperer

Bothered by lots of snails eating your veggies and flowers? I can help you at NO COST by removing snails from your garden or land or just collecting them from you. Alistair 0417 457 140

Worm poo and worms

Natural magic food for veg & plants. \$4 bag poo \$9 bag worms. Free local delivery or pick up South Arm Market. Jill 0419 732 390.

Home & property

Activ8 Electrical & Data Contractor

Lic. 15607236 Commercial & residential. Michael Calabrese 0407 281 383 www.activ8electrical.com.au activ8electrical@gmail.com

Blakey's plumbing and maintenance [after hours]

Domestic plumbing, blockages & repairs. Robert 0410 118 254

Construction & Carpentry

For all your building requirements. Simon 0405 936 652

Crowy's Excavations

Local, competent, fully insured. Pete 0417 051 537

Electrical & Heat Pumps

Richard Pohl (Lic 945766)
0419 899 100

Flatrock Concrete

Formwork, concrete & excavations
Justin 0439 915 386

Greg Steinbauer

Gardening, odd jobs + home
maintenance. 0419 136 693
gstein101@gmail.com

House-sitter Clare

Experienced, reliable, mature &
local. Excellent references.
0450 417 061

Interior Design

DIY consultations, new build &
renos. Free discovery call. Kellie,
Hello White Interiors 0421972370

Property Consultant

Robert Goynes, Fall Real Estate
0458 653 553 robert@fall.com.au
info@hellowhite.com.au

Reptile Ranger

Rescue & relocate snakes correctly.
Permit 2001766. Craig 0424 441 488

Rockstar Tiling & Bathroom Renovations.

Waterproofing, tiling & bathroom
renos. Servicing Peninsula &
Eastern Shore. Rick 0499 279561

Snoopy's Gas Fitting

Install, service and maintain.
Brett Newell | 0448877062
sssnoopy11@gmail.com



Tas.i.vac Gutter Cleaning

Roof, solar panel, tank etc cleaning.
Inspections, tank sanitising &
more. Damon.tasivac19@gmail.com
0476 042 765

Tassie handyman

Maintenance, carpentry, painting,
fencing, small landscaping, windows &
doors. 0448 667732 or via Facebook



Weekly Cleans Mon-Fri

Malena 0419670446

Health services

Converse Online Speech Pathology

Specialising in Autism, social skills,
literacy & early intervention.
Frankie 0487 718 750
www.conversetherapy.com.au
frankie@conversetherapy.com.au

South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd
03 6239 9529, Fax 03 6239 9600
info@southarmpharmacy.com.au
Mon -Fri 8.30am-5.30pm,
Sat 9am- 12 noon

TSL Counselling Services

Qualified Counsellor, PACFA
member Toni - 0432 998 858
www.tslcounselling.com.au



Special interest

Family History Research

Want family history research or
a gift? Jim 0417 518 336
ancestralressertas@iinet.net.au

Genealogy Research

Start your family tree or solve
family mystery. \$50 initial review
incl 2hrs research. Maree 0409 169
659 harriets.garden@bigpond.com

TCE Tutor: ENW, ENL or French

Many years' experience teaching
pre-tertiary + tertiary. Can help
with essays, English etc. 0477 771
040

Maurice Potter History Room

In Community Centre. Join South
Arm Peninsula History Facebook
group. history@southarm.tas.au
Michael Topfer 0400 416 099

Transport & equipment

South Arm Peninsula Community Bus

For group hire. 65c/km.
11 seats + vol driver, tow bar.
Steve 0419 339 415
communitybus@southarm.tas.au

Wheelchairs and walker

Short-term loans to South Arm RSL
Sub-Branch Members and Defence
Services personnel (and their
dependants). Peter 0477 706 497

Venue hire

Calverton Hall & Oval

Hire enquiries - Cherie Osborn
cmposborn@gmail.com
0409 217 975

South Arm Community Centre

Special occasions, interest group
or business meetings, workshops
etc. Reasonable rates. 0407 875
460 SAPRAPres@southarm.tas.au

Volunteering

Coastcare

Opossum Bay & South Arm -

1st Sunday each month.
10am -12noon. Different venues.
Robyn 0400 119 519

Pipeclay

Autumn, Spring & Clean Up Aust
Day working bees. 0408 121 304
pipeclaycoastcare@outlook.com
Search for us on Facebook.

Wildcare-Deslacs (Clifton)

info@wildcaredeslacs.org

Mortimer Bay

Leanne 0408 498 468
mortimerbay@landcaretas.org.au

Fire Brigades

South Arm Fire Station

2nd and last Tuesdays of the
month, 7pm
Val Ansett, Brigade Chief
0408 267 887

Sandford Fire Station

Training each Monday 7.30pm
Paul Lawler, Brigade Chief
0409 305 808

Friends of Opossum Bay Park

Plant, plan, weed and chat at
Opossum Bay Park ev. Wednesday,
9:30-10:30am. Rae 0417 555 175

Clifton Beach Surf Life Saving Club

Membership, activities,
sponsorship & clubhouse
inquiries - President Anthony
Chapman 0437 946 675 or Nicole
Davey, 0492 979 625 secretary@
cliftonbeachslsc.com.au www.
cliftonbeachslsc.com.au

Water carters

MKH Water Supply & Cartage

Domestic & civil. Services all areas.
Marcus 0438 643 176

Reliable Water

Tim 0419 614 457

SouthAir Water

Damien 0417 928 377

Streamline Water

Wayne 0418 125 096

Wellbeing & health

Tara Edwards Reflexology

Qualified. Home visits for
relaxation or health concerns
(chronic pain, sleep, circulation, &
digestion). \$70/hr Tara 0457 327
482



Massage

Remedial, relaxation, hot rocks and
pampering massage.
Wed & Sat. Vicky 0414 516 234

Naturopath / Nutritionist & Psychic Medium/Healing

Amanda Erskine in Sandford.
0417 727 065



Pamper Room

Facials, relaxation, hot stone, or
pregnancy massages. Mon- Sat
www.pamperroom.com.au
Tania 0458 528 258

