# South Arm Peninsula Newsletter

## DECEMBER 2012, ISSUE 6





Once again the South Arm Fire Brigade Christmas run with Santa Clause will be on the afternoon of Christmas Eve. Santa will leave from the fire station at 5.00 to 5.30pm, and the fire-truck will follow the normal route around the South Arm area, arriving at Opossum Bay at about 6.30pm.

## **Pink Ladies out in Force**

In the true spirit of generosity that the peninsula community is known for, a force of 150 ladies gathered at the South Arm RSL and Community Club in October for a **Girls Night In** to raise money for women's cancers. This was fund raising with plenty of heart and soul as these days it seems very few of us evade the emotion and loss associated with cancer. Cancer might be serious business but on this particular night it was laughter and solidarity that won out...and all wrapped up in pink! The Girls Night In is a national initiative that aims to 'help the girls out by staying in.' Funds raised support the work of the Cancer Council in providing prevention programs, support services and world class research. Pictured are the



**Newsletter news!** In 2013 the newsletter will be expanding. With a little more space to play with we hope to include photos, a local classified section, space to showcase creative writing and the work of our children, new opportunities for advertisements and of course more articles and information relevant to our area. With this in mind **GET SNAP HAPPY** and share what you, your family and friends get up to over the summer around the peninsula. Send in photos of your summer fun—and any other ideas you have for the newsletter—to the editor annaliesecaney@hotmail.com. For photos please include the names of people and place/event as appropriate.

#### **Community Market**

The market is thriving! New stalls are always welcome and if you're cleaning out over the summer please consider joining as a car boot seller. Contact Pam on 6248 9852. The next market is on **6 January 2013**. Peninsula Pumpkin Competition Start nurturing a pumpkin plant now! The Garden Club and the South Arm Market Committee will run a **Big** Pumpkin competition at the May market next year (May 5, 2013).



INSIDE THIS ISSUE	PAGE			
Arm End—Letter to Residen	ts	6		
Boneseed		3		
Clifton Beach SLSC		6		
Coastcare—Pipeclay		4		
Coastcare—South Arm		5		
Community Bus		2		
Community Centre		3		
Friends of the Parks		2		
Gardening Presentation		4		
History & Heritage		5		
Local Services		7		
Playgroup—Cremorne		2		
Rainfall		8		
Regular Events		8		
South Arm Fire Brigade		4		
St Barnabas Church		3		
Tennis Court		2		
The opinions expressed in articles in this				
Newsletter are not necessarily the views				
of the SAPRA Committee.				

#### **Christmas Services**

**Kids Christmas.** 2 December, 5:00-6:30pm. South Arm Anglican Church. Dress up as an angel, shepherd, wise man or animal from the Christmas story and join the nativity Play. Call Jane 6239 9244 | Rob 0427 727 080.

**Carols on the lawn** of historic Rokeby Anglican Church. Sunday 9 December. From 5:30pm there will be pre carols fun with a free BBQ, face painting and jumping castle. Carols begin at 6:30pm. This is a smoke free event. For more information 6247 7828.

Nine Readings and Carols. 23 December, 7:00pm. South Arm Anglican Church.

**Christmas Eve Services.** 24 December, 7:00pm, Sandford Anglican Church. Also 9:00pm Rokeby Anglican Church.

**Christmas Day Services.** 25 December, 8:00am, South Arm Anglican Church. Also 9:30am Rokeby Anglican Church.

**New Years Eve.** 31 December, 9:00pm. Sandford Anglican Church.

The paper and photocopying of this Newsletter was supplied by Heather Chong. Many thanks, Heather.



Michael Best **Property Consultant** 0400 399 593



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For all emergencies ALWAYS CALL 000 do NOT call members of the Community Emergency Response Team or Fire Brigade. This could result in unnecessary delays and stress for all. 

### **Cremorne Playgroup**

Local Cremorne residents be on the lookout Grants were won to buy this bus; for our Christmas fund raising catalogue in grants are won to keep it running; your mailbox with 10c from every purchase approved volunteer drivers drive it. going towards our group. Get your orders The service was established to rein before 7 December to ensure they arrive duce the distance barrier for people on time. If we miss your mailbox (or you're who might feel it was too difficult to further afield) you can order online at get to events and appointments in www.toysandmore.com.au. Just make sure Hobart and elsewhere. Use it or we you nominate Cremorne Playgroup might lose it! (Tasmania) to ensure funds come back to Ring Fred on 6239 9111 to book a us. There are a great range of toys included seat on Tuesdays. We share this bus that are both educational and fun. They with other communities but it's all suit from babies up to 12 years old.

Can't join our Monday playgroup but would it other days if it's not being used like to keep up with family get togethers elsewhere. and what not? Please contact either Bron or Jodie (6248 8067 or 6237 0720) and we can sign you up to our group email list. During the summer the group meets informally at the beach or park. Details provided on the group emails.

The final two playgroup sessions are on 10 going till we get on the bus, whereand 17 December and will be at the park upon we have a discussion whilst (so we can do a spring clean at the Club heading for Hobart. We usually get and be ready for 2013). Many thanks to to visit a couple of excellent delicaeveryone who has helped out during 2012. tessens, a good coffee shop and a

## **Friends of the Parks**

Give your wonderful peninsula parks an hour now and then...weed, chat, plant and help plan.

- Opossum Bay Park Friends meet at 9am each Tuesday for about one hour's work. Contact Richard | 6239 9739.
- Friends of South Arm Garden. We need a few people to offer an hour on a monthly basis to maintain and improve this lovely little garden near the BBQ at the South Arm Oval. Contact Rae on 6239 9342 to get your name on our email list help when convenient.

## **Tennis Court**

The court at South Arm has now reopened after annual maintenance. Now that day light savings is here some may wish to us the court in the evenings. If you want t book after the shop has closed, contact Noela on 6239 9172. Fee for casual use \$10 per hour and a Family Pass, which give the holder 6 months of use of the court an time there is not a prior booking can b purchased for \$80. Call Noela to organise pass.

## **Community Bus**

ours on Tuesdays. Groups can book



We never quite know where we're boring shopping centre. You can drop out any time and go to the pictures, or an appointment, or visit a friend and our friendly driver will make sure you're picked up again. There's room for 9 people (shopping takes up a bit of space) but there's lots of room for laughs and good cheer. Second Tuesday in the month, approx. 9.30am-3.30pm. Call Barbara 6239 9897 to book.

The SAPRA AGM was postponed from mid November and will be re -scheduled soon. Look out for posters in the local shops.

y-	SAPRA COMMITTEE ME	MBERS			
se	Dot Kelly (President)	6239 9190			
to	Ian Calvert (Vice President) 0418138090				
ct	Kerry Scambler (Treasurer)	6248 9302 j			
is	kerry@smsaccounting.com.au				
es	Jenni McLeod				
ny	Pene Marshall				
be	Lou Smith				
а	<ul> <li>Dick Vaugnan</li> </ul>	6239 9739			
d	Sharyn Von Bertouch 042	9 199 113			
	È				



## St Barnabas Church

Christmas! A time when we remember with awe and wonder that God gave his Son for us. The four Sundays leading to Christmas Day are in the season of Advent—a time for us to prepare ourselves and celebrate the birth of Jesus Christ. Everyone is invited to our Traditional Community Carol Service on the 23rd at 7:00pm. Our service on Christmas Day will be at 8:00am and, as at all our services, everyone is welcome. A verse of John Betjeman's poem Christmas gives us food for thought:-

> And is it true, And is it true, This most tremendous tale of all, Seem in a stained glass window's hue, A baby in an ox's stall? The Maker of the stars and sea Become a child on earth for me?

### Help out—look out for Boneseed

Over the last few months, the Southern Tasmanian Councils Authority (STCA) has been working to control boneseed in the South Arm/Opossum Bay area, as part of the Southern Tasmania Boneseed Program. Boneseed is a Weed of National Significance, and a declared weed in Tasmania. It is highly invasive and is a particular threat in coastal areas, where it can take over from native vegetation. The plant is a hardy evergreen shrub which can grow up to 2–3 metres tall, with bright yellow daisylike flowers. At this time of year flowering has almost finished, and plants are now producing fruits - small berries which will ripen from green to black.

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With the help of the Parks & Wildlife Service, contractors Anthony Davidson and Regnans Enviro Contracting, and South Arm Coastcare, boneseed has been controlled on over 50 private properties and more than 20km of coastline and roadsides in the area. More than 17,000 plants have been pulled or treated so far! Funding for this project has been provided through the Australian Government Caring for our Country initiative. The STCA is asking for help from local residents and visitors to the area. Mature boneseed plants can produce up to 50,000 seeds in a year, and these will start to germinate soon after large plants are removed. New seedlings are very easy to pull out. You can do your bit by watching for seedlings in your area, perhaps while you're walking the dog, and removing them as they appear.

If you need help to identify boneseed, please contact Vicki on vickicampbell@stca.tas.gov.au or 6270 2242 or 0407 042 323. Please also get in touch if you think you may have boneseed on your property, and haven't already been contacted by the STCA. We are able to provide initial treatment free-of-charge. With everyone's support over the next few years we believe it's possible to rid the Peninsula of this unwanted invader.

#### **Community Centre**

Our very small team is doing its best to get things going at the Centre but the old adage about many hands is so true and can only make more things happen. If you can help in any way by helping to organise a course or event, doing a bit of admin or maintenance, marketing and promotion - we'd love to hear from you. Just contact Pene at seafoam@bigpond.com or a SAPRA Committee Member to discuss...and make it hum!





#### Presentation: Soil Life, Mulch & Compost A presentation to look

below the soil surface and explore how creating good conditions for micro-organisms can improve soil health, help to grow better plants and save on water. **Sunday 20 January**, **2013, 3pm**, at the Community Centre, with a cuppa and scones to finish. Put this in your diary now! Enquiries to Rae on 6239 9342.

Southern Wildlife Rescue & Care 0439 190 052

## **Pipeclay Coastcare**

Many thanks to all who have helped out during the year, we look forward to starting again in March when we will kick off with Clean Up Australia Day. Our big project this year has been the construction of the Spit Track so there can be access from one side of the beach to the other during high tide. Previously people have made their way over the dune on a multitude of informal paths which has increased sand dispersion and hence the stability of the dune. A single hard surfaced track has helped limit this erosion. It's only a short track but there has been a lot of time, behind the scenes work and also muscle involved in shifting gravel and stones. Thanks again to everyone.

## South Arm Fire Brigade

We are approaching the fire season and the Brigade urges all residents and shack owners to be familiar with the fire danger levels. During the bushfire season, fire



danger ratings forecast for Tasmania will be available on the Bureau of Meteorology website, the Tasmania Fire Service website and on the weather page of Tasmania's daily newspapers. You should listen for warnings on ABC Radio or check the TFS

website at www.fire.tas.gov.au to find out where fires are burning. Power supplies and phones are likely to fail in a bushfire. If power fails, listen to fire updates on your car radio. During Fire Danger Levels of Catastrophic, Extreme, Severe, and Very High you should frequently check conditions outside your home. If smoke is blowing towards you, a fire is approaching and you should leave immediately by a safe route, away from the fire. Please don't wait for an official warning. If ash or burning embers are landing in your yard, the fire is very close and it may be too late to leave. If this is the case, take shelter in your home. Fill your bath and all available containers with water, and actively defend your home by using the water to put out any parts of your home that catch fire. Alternatively and if time permits, go immediately to a nearby safe place. Information and resources to help you prepare your property are available on the TFS website.

It is expected that the Fire Permit season will be declared before Christmas. Permit Officers for the South Arm/Opossum Bay area are: Richard Calvert | 6239 412, Barry Heather | 6239 9564, Brett Arnold | 6239 9259 and Glenn Palmer | 6239 9346.

On a lighter note the brigade and fire truck will be at a number of local community events over the Christmas period, including the annual Christmas Eve lolly run (see page 1). Finally, the South Arm Fire Brigade wishes all residents, shack owners and visitors a happy, safe and fire free Christmas and New Year, and thank you all for your support during the last 12 months.

GLYNIS HEATHER | Brigade Secretary | 6239 9564





## Coastcare—South Arm

**Best wishes for the Festive Season.** Make a resolution to join us after the 'silly season' to help the environment of our beautiful South Arm...just 2 hours a month.

**Clean up The Neck Day Sept 2012.** Well done all, it looked brilliant after we had finished. Special thanks to Noela for the considerable organisation. Twenty plus people helped and as well as The Neck some even managed to clear the roadside up to Goats Bluff and others cleaned the beach where litter floats in from further afield. We all felt there was less rubbish than the last time we'd cleaned up, so perhaps that that shows that a neat roadside verge makes people less likely to chuck things out of the car window. There will be another Clean-up Day in March 2013. You can volunteer to clean up a small section of roadside verge, or beach, just register with Coastcare so we can co-ordinate.

Working Bee—9 December, 10am at 70 Bangor Road, Opossum Bay. South Arm Coastcare will meet for a spot of Boneseed seedling removal at Shelly Beach, Opossum Bay, then back to 70 Bangor Road (internal block with lots of parking) for a gathering to talk about future projects. Coastcare will supply a light lunch in the form of sushi, fruit juice, cuppa and cake – you might like to bring a plate to supplement this tucker. If you can't make the working bee please come at about 11am to eat and suggest projects. I hope to know by then if the working bee in January will clash with a fun run at the RSL Club.

RAE CALVERT | 6239 9342

## History & Heritage—Spring Beach

There are many reasons put forward to change the names of towns, suburbs, lighthouses etc over the years, but the idea that has just come to light to name a beach at South Arm appears to have happened without any approach to the people in South Arm or any appropriate body for that matter, until now. Following several complaints to Clarence City Council it has now been put to SAPRA to offer

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#### ROBERT GOYNE Area Specialist

Now in my 26th year as a real estate consultant living and working in the area and my wife Maryse runs the Iron Pot Coffee Lounge. Fall Real Estate have three offices to display your home plus all the technology to showcase your property. However, it's good advertising, local networking, and 7 day availability that makes me the Paradise Peninsula real estate specialist that you need to have working on your property.

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suggestions of a new name for Spring Beach at South Arm. The name Spring Beach dates back over a hundred years here in South Arm. My grandfather Edward (Ted) Alomes and his father George Alomes who purchased the property above Spring Beach in 1854 all referred to the beach as Spring Beach. The spring water that came from the hill above was, in those early days a great supply for them to water the sheep that grazed the area, hence the name Spring Beach. Perhaps it was due to the housing development and road construction which has taken place since, that this water course has changed with very little water to be seen coming from the same area now.

Several alternative names have been suggested, Little Spring Beach, South Spring Beach, etc. My suggestion is leave it as Spring Beach for it will always be known by that name at South Arm regardless of what the Nomenclature Office of DPIPWE Board decide. In 1885 they changed the name from Iron Pot Lighthouse to Derwent Lighthouse yet most people still refer to its former name. Roaring Beach is now Hope Beach with both names still being used. In fact many local beaches around the peninsula have two names, Goats Beach and Potters Beach, Watsons Beach and Calvert's Beach, Johns Beach and Fort Beach. So for me, and many others it will always be Spring Beach. **MAURICE POTTER** 



## PHIL'S WATER Ph 0419 190 648





Shane, Kim, Karen, Nikki and Jan wish everyone a happy and healthy festive season. The Pharmacy will be closed on PUBLIC HOLIDAYS and SUNDAYS,

and OPEN NORMAL HOURS on all other days. We look forward to helping you with all your healthcare and gift needs.

## Clifton Beach SLSC

The water is warming rapidly and summer activities at Clifton Beach are happening now! As you read this Macquarie Builders will be hard at work on the upgrade of our clubhouse facilities at Clifton. This work means we are without a clubhouse until mid-February when work is scheduled to be completed. NO WARM SHOWERS AFTER TRAINING!

Nippers have been hard at work, enjoying some great beach time at the sheltered waters of Cremorne before hitting the waves at Clifton in December. If you have children interested in joining please bring them down to Clifton any Sunday morning from December to see what goes on.

Water safety patrols begin on Saturdays, Sundays and public holidays from the first weekend of December and continue until the end of March. Swim in safety between the flags from 10am to 4pm on patrol days.

Surf competition action comes to Clifton Beach in a big way on 15 December when the Southern States Young Guns and Navy Series Surf Boat Racing events are being staged. Some 15 crews of young rowers from South Australia and Victoria will challenge Tasmania's best in a series of events that day. In the afternoon Tasmania's top senior crews will race for Round 1 honours in the popular National Navy Series. Come along and see the great surf boat action! Please check our new website for more specific calendar dates and great photos of members in action www.cliftonbeachslsc.com.au



## **Dear Residents**

It has been 5 years since I first sat down with then Head of Parks & Wildlife Scott Gadd to suggest that Parks & Wildlife could revive and rehabilitate the Arm End headland into a wonderful community recreation space and tourism asset, through a public golf links. I would like to thank the many many people within the community who have provided such constructive feedback and been so supportive to this vision for a new future for the property, over the last few years. We would not have reached such a comprehensive and inclusive vision for the property without your input and look forward to delivering the many dreams that have been shared with us, in the years ahead.

Even to those who appear to have dedicated enormous energy in thwarting this proposal, we thank you for your good natured representation of concerns and opposition. If we are so fortunate as to receive all approvals, we hope that you too might turn around one day and say "This is a fabulous revival of public land, for public enjoyment, that is now earning funds for the public purse, instead of draining funds from our public services". We think Arm End can become a community beacon for the whole of Hobart and surrounds, and will obviously be looking forward to Clarence City Council's assessment of our planning application. Many thanks again.

Greg Ramsay | Experience Consulting | 0409 595 702

NEWSLETTER CLOSING DATES: Contributions for the next issue due Wednesday 16 January. For advertising enquiries contact Kerry Scambler on kerry@smsaccounting.com.au | 6248 9302. For general notices and articles contact Annaliese Caney on 6248 8441 | annaliesecaney@hotmail.com

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#### Civil Celebrant

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#### **Community Bus**

Each Tuesday to Hobart. Available some other days with times to suit. Enquiries and bookings: Fred Herbert 6239 9111

#### Counselling

Adolescent, adult, family and couples. Registered Psychologist Helen Middleton, Opossum Bay, 0407 790 234

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#### **Family History Research**

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#### **Grief Support Group**

Support meeting, 1st Friday of the month. Social Lunch, 3rd Friday of the month. Enquiries to Clarence Plains Community Health

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#### Iron Pot Coffee Lounge

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#### Slashing

Blocks slashed. Phone Ian on 0418 138 090

#### **Scrapbooking Classes**

Clifton Beach area. Guidance, assistance, some supplies. Small groups, beginners welcome. Contact Karen 6248 8879 or email: kdboddy@iiprimus.com.au

#### Simon Says—Lawns & Gardens

Clean up, maintenance, pruning, waste removal & whipper snipping. Pensioner rates apply, free quotes 0439 314 246 or 6239 9315

#### South Arm Cabin Retreat

5 self contained 2 bedroom cabins on waterfront of Ralphs Bay, known as 'Ralphsdene', opposite RSL. Laundry facilities and old apple packing shed set up as games room with bbq area. Contact Malcolm or Rose on 6239 9894 | 0447 402 977 | www.southarmcabinretreat.com

#### Taxi

Support your local taxi based in Delphis Drive above Cremorne. Home-city-airport, will meet at airport. Bookings only -7days. Bob 0408 887 389

#### THRRO

Tas. Horse Rescue and Rehabilitation Org. Please help with donations, sponsorship, foster homes, or volunteering. 0457 147 428 or www.thrro.webs.com

#### Website — Think Tasmania

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## **Regular Events**

#### Beachside Health and Fitness Exercise Class

Tuesdays 11am-12 noon and Fridays 10 -11am at Lauderdale Hall. Dumbbells/bands for strength, agility/balance exercises, stretching and flexibility. All welcome, just come along. Ph: Darrel 6248 7145

#### **Bible Discussion**

Fridays 10.30am at Jane Beavan's. Ph: 6239 9244

Monday evenings, 7:00pm. Non denominational Bible discussion. Enq: Paul & Wendy Fenton 6239 9234

#### Bridge

Tuesday, 7:30pm. Phone: Noela 6239 9172

#### **Church Events**

**Gardening** at St Barnabas. First Monday of each month at 9.30am. Enq: Jane 6239 9244

#### **Church Services**

**St Barnabas,** South Arm, Sundays at 5:00pm with a weekly children's program. Meal following every 1st and 3rd Sunday service of the month.

**St Martins,** Sandford, Sundays at 8:00am. **St Matthews,** Rokeby, Sundays at 10:00am. Contact Rob 6248 8455 or Jane 6239 9244.

#### **Clifton Beach Surf Life Saving Club**

Membership, sponsorship & clubhouse inquiries: President-Craig Sly, Sandford, 0418 136 470; Vice President- Maree van Galen, Clifton Beach, 6248 8465; Denise & Ron Kelly, South Arm, 6239 9283; Shayne Clark, Sandford, 6248 9101 or visit www.cliftonbeach@slst.asn.au

#### Coastcare

**Mortimer Bay**. 1st Sunday of the month, 9:30-11:30am. Ph: Leanne 0408 498 468

**Pipeclay.** Meets 10:00am 3rd Sunday in park opposite shop in Cremorne. Ph: Rachel Viney 0439 373 383 or 6248 9498 and visit www.cremorne.tas.au

South Am. Note: change to previous info. 9 December, 10am at 70 Bangor Rd, Opossum Bay. Ph: Rae 6239 9342

Wildcare—Deslacs (Clifton). info@wildcaredeslacs.org

#### **Craft Group**

2nd, 4th & 5th Tuesday of the month 12.30—3:00pm at Calverton Hall. \$2 per session. Ph: Leslie Gore 6239 9321

#### **Cremorne Bowls Club**

Tuesday (Social Bowls), 10.30am - Random Draw. \$7.00, soup after the first game. Wednesday (Indoor Bowls), 7.30pm - Rostered Teams.

Saturday (Social Bowls), 12.30pm- Teams. \$7.00, saveloys after the second game. All welcome. Ph: 6248 9856 after 4.30pm or contact glennbrem@netspace.net.au

#### Cremorne Community Group Inc

www.cremorne.tas.au | ccg@cremorne.tas. au. To receive newsletters and information about the group contact Convenor, Vicki Pearce): 0418 992 891 or vicki\_pearce@hotmail.com or Secretary, Brian Bennett: 0417 444 389 or bhbennett@bigpond.com

#### **Dog and Owner Walk**

Saturdays, 8:30am meet on the beach below Saltair Crt, and return approx 9:30-10am. Ph: Jane 6239 9244

#### **Fire Brigade**

2nd Tuesday of the month, 7:30pm. South Arm Fire Station. Fire Captain: 6239 9412

#### Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park. Daylight savings time is 9-10am on Tuesdays (10-11am over winter). Enq: Dick 6239 9739 or Rae 6239 9342

#### Garden Club

No December meeting. Next meeting 7 January 2013, 4:00pm at the Church Hall. Ring Dot 6239 9190.

#### Heartmoves

Gentle Exercise, Wednesdays, 2pm at 1544 South Arm Road, Sandford. Contact Jenny 6248 9125 | 0417 489 145

#### **Indoor Bowls**

Commencing again at Calverton Hall 1:30-3:30pm on Mondays. All welcome, just come along.

#### Karate

For all ages, at Calverton Hall. We do not have classes during the school holidays. Phone: Kathy 6239 9022

#### Market

1st Sunday of the month at the South Arm Community Centre, 9am—1pm. For site and car boot bookings and all enquiries: Pam 6248 9852

Rainfall	Cremorne	Opossum Bay	Sandford	South Arm
September 2012	48.5 mm	59.8 mm	59.0 mm	48.5 mm
October 2012	26.0 mm	41.4 mm	45.0 mm	29.0 mm
2012 Year to Date	367.25 mm	468.4 mm	487.0 mm	412.5 mm
	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft

#### Playgroup—Cremorne

Monday, 10am —noon. \$2.50, bring a piece of fruit. Held at the Cremorne Bowls Club. Contact Bron: 6248 8067 or Jodie: 6237 0720 & visit www.cremorne.tas.au

#### SAPRA Committee Meeting

2nd Tuesday in the month, 7:30pm at the South Arm Community Centre. Guests welcome—contact a committee member to arrange (see page 2).

#### Sandford Scout Group

Friends, fun, adventure and community service for boys and girls! Joey Scouts (6 & 7 yrs) Mondays 4.30-5.30pm | Cub Scouts (8-11 yrs) Mondays 6.15-7.45pm | Scouts (11-15 yrs) Wednesday 7-9pm | Venturers (15-18 yrs) Contact: Jo Maddock 6239 9876

#### Siddha Yoga Chanting & Meditation Group Sandford

All welcome. 1st Friday of every month. Phone 6248 8247.

#### Soup and Sandwich

3rd Monday of the month, midday. Calverton Hall — \$6 per person. Contact Rita on 0403 914 020 | piekrita@msn.com or Jenny on 6239 9162

#### South Arm RSL Sub-Branch Inc.

General Meeting 4pm on the 2nd Thursday of each month at the RSL. Contact Terry Roe 0400 140 870 or email troey1@bigpond.com

#### South Arm RSL & Comm. Club

Great meals every night, bottleshop. Visitors welcome to enjoy these facilities. Ph: 6239 9171

#### Tai Chi @ South Arm

Friday, 3.30-4.30pm at Calverton Hall Enq: Marigold 6239 9541

#### Yoga—with Atmashakti

Mondays at 6.30pm, soon starting on Tuesdays. 13 Algona Street, Half Moon Bay. \$15 per 90 minute session. Ph: 0400 507 748

## ROKEBY SERVICE CENTRE Lot 25, 73 Droughty Point Rd 6247 1354 Full mechanical repairs Supply and fit tyres Transport inspections