

Men's Shed becomes a reality

The South Arm Peninsula Men's Shed has been in the planning for 4 years. Today it is a physical reality.

In recent months a small group of shedders has worked tirelessly to achieve what is today our very own shed. To detail the effort of these few, the difficulties encountered and the personal sacrifices made would breach confidences. **To all of them, a big THANK YOU.**

The community is indeed indebted to many individuals, organisations and government authorities who have contributed over the journey to what will become a wonderful facility for this region. The opening of our shed in the near future will be a time to acknowledge these contributions.

While the physical shed will soon be operational it is time to consider the way in which the community would wish it to operate.

A men's shed traditionally is a place for men to gather, interact and solve the world's problems, however there are many other ways it may function. We have an opportunity for all members of the community to engage in activities other than the traditional woodworking and metalworking.

Some Men's Shed activities engaged in by other sheds include:

- · Constructing equipment for community benefit
- · Introducing school students to life skills
- Producing goods for sale for fundraising
- A tool library
- Repairing broken equipment
- · Adult classes in specific skills
- Social functions







The opportunity for all members of the community to be involved in this wonderful new project exists. YOU are invited to become a member and help decide the direction our Men's Shed takes.

The list is endless and should not be limited by age or tradition. The opportunity for all members of the community to be involved in this wonderful new project exists. YOU are invited to become a member and help decide the direction our Men's Shed takes.

Membership details will be advertised shortly. Any comments, suggestions or opinions are welcomed. Please contact our committee at memsshed@southarm.tas.au or the President on 0408 446 249.

— Robin Barnes | President | South Arm Peninsula Men's Shed Inc.

We acknowledge the palawa/pakana people (Tasmanian Aboriginal Community) as the traditional owners and ongoing custodians of lutruwita/Tasmania - its land and waters. We acknowledge their long history and deep connection to this place and pay respect to Elders past, present and emerging.

The paper and printing of this newsletter is kindly supplied by Heather Chong.

About this newsletter

Contributions to the newsletter close the 2^{nd} Friday, every 2^{nd} month - next due date:

Friday 14 July 2023

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions.

Send contributions to editor@southarm.tas.au
Editorial and advertising enquiries -

Kerry Scambler, <u>SAPRAPres@southarm.tas.au</u> 0407 875 460

This newsletter has been published since 1989 by the South Arm Peninsula Residents' Association Inc. (SAPRA).

This bi-monthly publication is distributed across the South Arm Peninsula community - Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

Opinions expressed in articles are not necessarily the views of the Committee.

Digital newsletter in colour!

Subscribe to the digital edition - email editor@southarm.tas.au

Find all editions back to 2012 here: www.southarm.tas.au/south-arm-news

Printed copies

Delivered to your mailbox (Sandford, Cremorne, Clifton Beach and Opossum Bay), and your PO Box (South Arm) and available at the Community Centre.

SAPRA Committee:

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0407 875 460 | SAPRAPres@southarm.tas.au

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 0448 515 867

 Michelle Blom
 0438 489 974

To address a committee meeting, please contact the President.

SAPRA: in your community

Welcome to winter! Yes the cold of winter is well and truly here and our firies have some advice about home and bush fires (P6).



As usual our newsletter is brimming with community activities and illustrates how lucky we are to call this Peninsula home. SAPRA too has been busy:

Pot of Luck Op Shop. At the time of writing our volunteers are working hard on the re-loved clothing dislpay. There are so many reasons to Op Shop including looking after your budget and our planet.

The new carpet (fully funded by SAPRA) has given the Op Shop a big lift and with new racks thanks to Sarah Lovell MLC, it's looking great!

SAPRA and the School. We're building a stronger connection with the school and new principal Stu Warren. Our kids are our future. Simple.

The Play Space is developing wonderfully and it's going to be a joy seeing families enjoying this completed space.

SAPRA and Council. We've been liaising with Council on a variety of issues including Harmony Lane works and the Jetty Road beach access.

Committe vacancies. Interested in contributing to our community and have a few spare hours? Please get in touch as we welcome new faces and perspectives at our friendly, productive meetings.

Get in touch. Got a great project in mind and need some guidance or support? Or an issue you'd like followed up? We're here to help (••)

Thank you to our volunteers at the Library, Op Shop, History Room and Market, on the Community Bus and everywhere in our community - we always appreciate and value your contribution.

- Kerry Scambler | President | 0407 875 460

SUPPORTING OUR COMMUNITY PHARMACY

SAPRA joins with many in our community to support Kim, Shane Milli, Lisa, Karen and Jan at the South Arm Community Pharmacy.

It's reported that Government changes to prescription regulations could severely impact the pharmacy's business and their ability to provide other services without charge.

This team provides for us medically, physically and mentally, always going above and beyond because they care.

Over the last 13 years, Kim and her team have become an integral part of the community's fabric. From vaccinations to donations for fund-raisers to health communication to supporting many local organisations and much more.

Regional pharmacies are always the saviours in times of emergencies both personal or wider (eg pandemic) - let's all support ours.

- Kerry Scambler | SAPRA President | 0407 875 460



Rainfall on the Peninsula					
	Cremorne	Opossum Bay	Sandford	South Arm	
Mar	23.21mm	21.00mm	21.50mm	21.20mm	
Apr	47.50mm	42.80mm	48.70mm	43.20mm	
2023	146.00mm	123.00mm	137.60mm	119.80mm	
2022	125.50mm	105.20mm	112.20mm	92.20mm	
	Geir Hurlen Rødven	Teresa Quine	Bradley Mollison	Bob Kimber	

South Arm RSL Sub-Branch

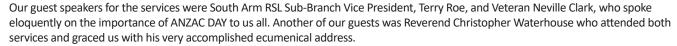
ANZAC Day - thank you

Thanks to everyone who attended and contributed to ANZAC DAY.

The Lone Pine Dawn Service was again a huge success with 1100 attendees. Following the service a Gunfire Breakfast was held back at the RSL & Community Club, very well organised by Denae Boscoe, Mark Green and Aaron Witts with many helpers. Thanks also to Wendy Quinn who managed donations at the door, helping us cover costs.

Thank you to our sponsors for their donations: South Arm Store (milk), Woolworths Shoreline (sausages), Banjos Shoreline (bread) and Pure Foods (eggs), without whom the Gunfire Breakfast would not have been so tasty.

The 11am Service was also a big success, with no less than 800 attendees on a day with fortunate weather.



As President of the South Arm RSL Sub-Branch, I was extremely proud of all our committee members who ensured that procedures went well on the day.

We await Remembrance Day on 11 November with the knowledge that our community will once again attend as a region to celebrate and remember the Fallen.

— Peter van Loggerenberg | President | 0477 706 497

South Arm RSL and Community Club

Scholarship winner announced

Natalie Aitken has been awared the 2023 Club Scholarship. This \$2,000 award assists with the education expenses of young people in their first year of an apprentice, traineeship or University studies.

After submitting a written application, three worthy applicants were interviewed by a panel. It was a difficult decision but Natalie was assessed as this year's recipient. She is in her first year of a science degree in Brisbane which has meant leaving her much-loved South Arm home and living away.

The Committee wishes Natalie and all the applicants the best for their studies this year.

Welcome to the Men's Shed

The South Arm RSL and Community Club committee and members are delighted to be able to support the development of a Men's Shed in South Arm. A couple of years ago, the Men's Shed approached the Community Club Committee looking for an approriate site to build their home. In consultation with the Iron Pot Golf Club and the RSLA Sub-Branch who both share this property with the Community Club, we were able to find a suitable piece of land to offer them.

As you can see (P1), the South Arm Peninsula Men's Shed is fast becoming a reality. The addition of a Men's Shed to the site currently shared by the Club, the Golf Club and the Sub-Branch creates an exciting additional dimension to this strong community hub in South Arm.

- Aaron Witts | President

CONTACT US

Aaron Witts - President President@southarmrsl.com.au

Denae Boscoe - Secretary Secretary@southarmrsl.com.au

Steve Hinton - Treasurer Treasurer@southarmrsl.com.au

CLUB - 6239 9171

Clifton Riding Club

Readers of this newsletter will be well aware that our region is popular with horse owners and riders but might not be aware of the Clifton Riding Club which has been in existence for over 50 years.

Most months, the Club organises rides for members that are a mix of local rides on the Tangara Trail, half-day rides further afield in places like Marion Bay, or weekends away within a couple of hours' drive.

In recent years the Club has held fundraising Cryptic Trail events in December at the Club grounds which back on to the northern end of Gorringes Beach at Mortimer Bay. This event has been a great success with teams of riders in fancy dress competing to follow clues along the Tangara Trail to a set time.

This is a mostly adult-rider club that caters for people with their own horse. It's a great way to meet other riders and explore new trails. New members are welcome. Please email cliftonridingclub@gmail.com for further details.

- Cat Clarke, President, Clifton Riding Club













South Arm Community Market



The April Market was visited by our local fire brigade, bringing with them plenty of Easter eggs for the children, young and the not so young! The entertainment for the day was supplied by Silver Zephyr. Great music as were the food options available. I couldn't go past the dim sims and I grabbed a take home pack to enjoy also - thank you Dim Sim Bloke!

The May Market was a chilly affair but warmed by the great coffee and beverages on offer. I couldn't resist a doughnut to enjoy with it 💮

The main drawcard for my dog is Metz Munchies who cater to the discerning canine taste buds. So many options which my doggos never get tired of. Thanks for fulfilling my monthly order and delivering it with a smile and a chat.

Again we welcomed Olivia back to sing - she has the voice of an angel. Thank you for joining us and we look forward to having you return in the spring.

Unfortunately, the alpacas could not attend as one of the animals was ill and all attention was on getting him well again. We look forward to having them back later in the year.

This is the last market for a while. We 're taking a break during the cold winter months, returning in September refreshed and set for some super spring sunshine.

Thank you to Jacqui and Andrew and all the other awesome volunteers.

Keep warm and safe and we look forward to seeing you all back soon.

- The Marketing Musketeers | market@southarm.tas.au

MARKET WINTER BREAK

Please note, after many amazing, busy markets, our Musketeers are taking a well-earned rest so the market will be closed close June, July and August. We'll be back refreshed with the daffodils in Spring!



South Arm Primary

Term 2 has started with just as much activity as the first term ended.

A number of whole-school events will provide great experiences for students outside their normal classroom routine this term, including the annual swimming and water safety program, interschool cross country, the continuation of our outdoor classroom schedule and an exciting whole-school art project funded by the School Association.

Over a four-week period from mid-May, all students had the chance to work alongside and learn from practising artist, Jill Farmer, to create pieces in multiple mediums relating to an overarching theme of the impact of plastic waste in the marine environment. We're hoping to extend this learning opportunity to the point of staging a public exhibition that would provide a truly authentic finale to the project. More details on the exhibition will follow!

With school operations returning to something far closer to pre-COVID norms, the prospect of having volunteers and guest presenters back in classrooms is becoming a reality again (our art project is a perfect example).

If you have a skill or experience you'd like to present for students, or have considered volunteering to support our learners in the past, please email me:

<u>stu.warren@decyp.tas.gov.au</u> so we can talk about how it might work.

- Stu Warren, Principal, South Arm Primary School

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MENTAL HEALTH FIRST AID Accredited Course

WHEN: mid-late July, two consecutive days.

WHERE: South Arm Community Centre

WHO FOR: volunteers, carers, family members of those with mental health issues.

COST: \$197 - locals & volunteers (usually \$297)

INSTRUCTOR: Victoria Lourdaise (South Arm local). Lvl 1 Counsellor, the Aust. Counselling Assoc. and First Aid instructor. Years of experience in Aged Care & Disability as an Allied Health Practitioner. Finishing her Psychology degree in 2023.

ENQUIRIES/TO BOOK:

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PIGGERY PRODUCTIONS 2023



July 28/29 August 4/5

Tickets through Eventbrite follow us on Facebook Piggery Productions

Ticket sales to South Arm Primary School Catering/drinks supporting the Men's Shed

SOUTH ARM PENINSULA Community Bus



Shopping trips FORTNIGHTLY on TUESDAYS

CONTACT STEVE FOR DATES ph/txt 0419 339 415

communitybus@southarm.tas.au

& Shoreline

Also available for group trips.

Owned and operated by the South Arm Peninsula Residents Association Inc. thanks to volunteer co-ordinator and drivers.

via Glebe Hill





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find out more:

www.localnetwork.au



kate@localnetwork.au

South Arm Volunteer Fire Brigade

Winter Fire Safety

As the cold weather approaches, remember that house fires also increase. The leading causes of these fires are cooking, heating, electrical and candles/cigarettes. The safest way to protect yourself is to have a working smoke alarm that you test regularly. A photoelectric smoke alarm with a 10-year battery is not expensive, and is recommended to be installed in every bedroom, and at the top of the stairs in a two-storey house. Be extra careful when hanging clothes to dry next to your fire (keep 2 metres away from the heater) and be aware how you dispose of ash from your wood heater as coals can stay hot for days.

Bushfires

We attended a number of escaped pile burns in the last few months. Even though permit season is over, the ground is still dry. Property owners you're to stay with all fires until they are completely

Where do home fires start? Here are the top 4 most common causes of home fires:









out, have a water supply present to extinguish them, and also ensure there is nothing that can burn within a 3m radius of the fire. One of these fires grew to 20 acres, and was quite a challenge to us and the Sandford and Lauderdale Brigades. Always ring 1800 000 699 to register your burns and ask for any advice about the impending weather.

South Arm to compete in light tanker challenge.

To keep our skills honed during the colder months, the Fire Service runs a yearly challenge where Brigades compete in several time and ability-challenging stages with a hope of winning the coveted trophy of Best Brigade.

We have also had to design one of the challenging stages for the other Brigades to complete. Two of our members, Jack and Dan, have been practising hard for the last few months, supported by a team of members who will help judge/score the other crews. With no knowledge of what the other stages will expect, it's an opportunity to practice everything. It also gives members a chance to have a bit of competitive fun in what is sometimes a pretty stressful activity.



- Val Ansett, Brigade Chief, South Arm Volunteer Fire Brigade



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Phone Email				
Date Amount enclosed (\$2 pp, & donations welcome)	\$			
Your annual \$2 per person membership fee helps us to help you. It supports the many activities and services run in our community and funding the Community Centre as our hub. Please leave this form in SAPRA Box 183 at the South Arm Shop.				

Cremorne Corner

CREMORNE COMMUNITY GROUP



PIPE CLA COASTCARE GRO

Invasive species under attack!

Unfortunately we have two very invasive species in the flora and fauna category – the Northern Pacific Sea Star and Serrated Tussock. Both threated native habitat but luckily two groups are working hard to control them - here's a report from one.

The Sea Star Clean Up Group

The group of volunteer divers, kayakers, medical assistance, and onshore logistics and disposal workers, has held two events in March and April to dive and collect the sea-stars.

The sea star is a large, aggressive predator of native species, including oysters, mussels and scallops. It can affect commercial fishing and aquaculture. Juveniles are yellow to orange with purple markings and the adults are yellow. They have 5 arms with pointed upturned tips and can grow up to 50cm across.

This group was set up to put a dent in the population infesting the lagoon and general shores around Frederick Henry Bay.

The two diving events resulted in 1.25 tonnes of sea stars being collected, drowned (as per guidelines) and disposed into landfill. This equates to around 12,000 being collected over the two events. A huge shoutout to all who have participated.

We need lots of assistance from those out on the water to help bring in, weigh/ count and empty into bins. Any time is appreciated, and we can work on a roster basis. The group welcomes any local business support.

Please contact Adam on 0427 657 120.





Cremorne calendar

JUNE: Coastcare - Weed & Plant - all June

Pop-Up @ Bowlo - Fried & Loaded Friday 23 June

JULY: Coastcare - Weed & Plant

Pop Up @ Bowlo – 'Tas Gourmet Seafood' Fri 21st Jul

SEPT: Coastcare - Snake Awareness Day 10 Sept (TBC)

NOV: Quiz Night 11 November

REGULAR at the BOWLO

Pete's Bar Snacks

Tue-Sat: 4:30-7:30pm, Cremorne Bowls & Community Club Bar

Thursdays - Indoor Bowls

Details https://cremorne.bowls.com.au

Join 'Cremorne Tas Noticeboard' Facebook group for details

Eucalyptus Morrisbyi giveaway

Magali from Enviro-Dynamics has a few extra plants to give away, so contact her if you are interested in planting this year - magali.wright@enviro-dynamics.com.au

Weeding and planting

Some jobs are just big! We've tackled some good sized ones (HUGE!) in the past as a group but this year we'll also be getting local contractors TasFlora to come in and assist with some weeding and planting as well.

Quiz Night Take 2

Set for later this year – it's a popular event so **Save the Date**, and don't book anything else in! **Saturday 11th November.**

Contact us

0408 121 304 | pipeclaycoastcare@outlook.com Facebook: search or use this link

- The Coastcare Team

Cremorne Bowls & Community Club



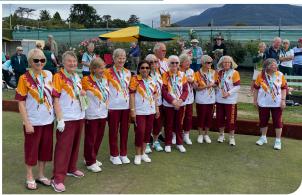
The Cremorne Bowls and Community Club had another outstanding year. The Saturday Premier Division team reached the final play-offs for the first time in the Club's history; the Ladies Division 2 side won the Pennant in remarkable circumstances, winning all three finals games on all rinks away from home. We believe that this feat has never been achieved before. Below is a photo of our awesome ladies' team.

The Mens Division 1 Midweek side reached the finals; but failed to match their flag-winning performance of last year. The Mens Division 3 Saturday side also reached the finals after being promoted from Division 4 last year, but lost in the first final.

Within the Club, Phil lons won the Men's Open Singles Championship and Teresa Newman won the Ladies Championship.

The Club welcomes all first time and experienced bowlers in joining our ranks. We are a thriving and growing Club, and welcome all new members with open arms.

Head to the website for details on how and where to join - https://cremorne.bowls.com.au/



Egeria History Cruises successful

With wonderful weather - sunny with not too much breeze and just the slightest of swells - the beautiful vessel *ML Egeria* and her friendly crew plus some fascinating tales, safe to say the history cruises on 26 March were a resounding success!

Including the Egeria's return journey with a Community Bus pickup from Bellerive as an option was also popular.

Local passengers and those from further afield enjoyed hearing many interesting stories including about Arm End, the Gellibrand Vault, Glenvar Beach, the 'Doctor's House', Half Moon Bay, Fort Direction and of the course, the Iron Pot Lighthouse.

From the positive feedback received, we'll look to run these cruises again in March 2024. If you'd like to be notified when they're bookable, please email me.

Michael Topfer, Historian and History Room Custodian
 E: history@southarm.tas.au
 Facebook: South Arm Peninsula History Group

"The trip was perfect for us. We really liked your style of commentary and the crew so friendly. It was a great mix of information and time to just enjoy the scenery. Looking forward to the next trip - keep us informed."

"The community bus was a great service and the communication regarding pickup etc was very reassuring and much appreciated."

"Your commentary was terrific! Love the boat and the staff. My group of four had fun and learned so much. You were able to answer random questions with well researched knowledge. Friendly, approachable, knowledgeable, good humoured."

My friend and I did the trip back to Bellerive and found it most enjoyable. The weather was fine and the river was nice and calm plus the crew on the Egeria were courteous and helpful. We would definitely consider doing it again. Only downside was it went too quickly!





Do you like gardening?

If you do, just an hour of gardening would be a great help in maintaining our lovely community. Here are 3 little gardening gatherings where you could help:

St Barnabas Church

First Saturday each month, 10 to 12noon

Iron Plot Community Garden @ the Centre Weekly each Friday 10 to approx 11am

Opossum Bay Park

Weekly each Wednesday 9.30 to 10.30am Enquiries - Rae 0417 555 175



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St Barnabas Community Church

Easter is a very special time of the church year, and we thank our regular minister, Rev. Paul Elliot for officiating at the thought-provoking services this year.

Questions are asked about whether or not people need God in their busy lives. Whilst there may not be time for church services, we all have to deal with concerns and fears, and need a source of hope and comfort. It can help to seek quiet times to think about our lives, and contemplate the way ahead.

If you would like to spend time guietly in your church or would like to talk to someone, please contact one of us listed below and we can put you in touch with someone who can help.

ST BARNABAS DAY - JUNE 11. Everyone is welcome to the church service to celebrate both the historical figure St Barnabas, and the first anniversary of our community owned church! A BBQ and get together will follow the 10am service. Please come and share in the celebrations.

INTERNATIONAL FRIENDSHIP DAY - JULY 30. We invite everyone to the 10am church service, and to bring a friend. There will be a delicious morning tea after the service.

REGULAR SUNDAY SERVICES

1st Sunday - Morning Prayer led by Lyn Aylett with the congregation.

2nd Sunday - Service from Iona in Scotland led by Rev. Bev Eliliott

3rd Sunday - Anglican communion service led by Rev. Andrew Lake.

4th Sunday - Ecumenical communion service led by Rev.Paul Elliott.

Please remember your community fought long and hard to become owners of St Barnabas Church and Cemetery.

Although there's a small core of people attending services, working to maintain this community building and to continue the history of the little local church, this is your church.

Everyone is always welcome to come to services, organise or join in social events, assist with working bees to keep the cemetery neat and tidy, and support or help with the necessary fund-raising to pay the bills and to make improvements.

Fund-raising ideas needed. If you have any suggestions for raising much needed funds, please contact us.

Painting skill and experience needed. Thanks to Cam Kerslake and his team for the work they've done beginning to prepare the church for painting. We know they're extremely busy so urgently require someone with experience to continue the exterior work on our beautiful old church. Winter's approaching and church has to be protected against the elements.

Roofing experience needed. The roof needs checking to see if it is weather and bird proof and make any necessary repairs.

Any assistance very much happreciated.

Contacts:

Jane-6239 9244 | Rachel- 6239 9706 | Lyn 0455 227 271

Songsters helping research

The positive impacts on our wellbeing, health and fulfillment of engaging with music are well known, particularly by our own South Arm Songsters.

Less known is how these benefits are actuall transferred to create the transformative impact, prompting researchers from The University of Newcastle to discover how.

The Songsters have been invited to participate in national reseach being done using a community-based approach.

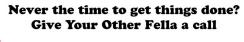
A goal of the research is to widen participation in music so that more older adults can experience the benefits.

The findings will be used to help people wanting to start a music group, including in aged-care settings.

We're looking forward to being part of this exciting recsearch!

- Betsty Hanson | Choir Director | 0418 526 002

Don't miss this! Songsters at Touch of the Mo 4.30pm - 16 June





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Administrative services

Justice of the Peace - Opossum Bay

David Skegg - davidskegg@icloud.com 0418 374 305

Justice of the Peace

Witnessing documents, affidavit for use in court, statutory declarations, certifying true copy of original document. Terry Roe 0400 140 870

Calverton Hall AGM

7 pm. 1 August 2023 Calverton Hall, South Arm

Enquiries Cherie 0409 217 975





Animal services

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Professional hair cuts in your own home. Tue-Fri 9am-6pm. Adults \$40, Kids/Teens \$30. Tania 0458 528 258, Facebook.com/mobilehaircuts.tania

South Arm Skin Care

Qualified beauty therapist with over 19 yrs experience. Facials, waxing, tinting, henna, tanning & more now located at Mj's hair design, 3120 South Arm Rd. Book online www.facebook.com/SouthArmSkinCare or 0409 552 869. Open Wednesday to Saturday.

Business services

Copywriter - Bethamy, Grad Cert JMC Attract & retain customers. I research & write brochures, flyers, ads and websites for your events & business. 0429 399 961 | bethamylari@gmail.com

Rachel-is-IT

Tasmanian Geeks

Computer Repair, Virus Removal, Service & Tune Up. Dale 0415 269 256

Ceremony

Oakdown Celebrant

Naming days, weddings & more. Make your day unique. Tara Bellette 0408 367932 tarabellette 76@gmail.com

Lyn Gallagher, Marriage Celebrant

Weddings, Naming Days, Renewing of Vows, Special Birthdays, Funerals. Facebook - Little Red Buds 0459 769 419 | hopefulandtrue@gmail.com

Marriage & other Life Event Celebrant

Saying I do? Let me be your guide - Beverley Elliiot. beverleyfe@gmail.com Ph. 0460 519 037

Community meetings & classes

Bible Discussion - Connect Group

New members welcome. Fridays 10.30am. in Gellibrand Fellowship Hall at St Barnabas Church. Jane Beavan 6239 9244

Community Garden - Iron Plot

Community space with pizza oven! Chat, help & plan Fridays 10-11am

Cremorne Community Group Inc.

www.cremorne.tas.au, Facebook, cremornecommunitygroup@gmail.

Marquee hire for CCG members - ghr@pipshy.com or 0412 305 794

Bridge

Calverton Hall, Wednesdays at 2pm. New members and beginners always welcome. Noela 6239 9172

Craft Group

2nd, 4th & 5th Tues of the month 12:30-3pm, Calverton Hall. \$2/ session. Lesley Gore 6239 9321

Garden Club

Meets 1st Monday of the month at the Community Centre at 4:30pm Laura 0400 101 900

Girls' & Boys' Brigades

Adventure for girls & boys 5-18yrs. Thursdays 5:30 - 7:30pm, at Emmanuel School, 1 Chipmans Rd, Rokeby. Libby 0416 277 101 eneduljee@gmail.com

Sandford Scout Group

Friends, fun, community service and adventure for boys and girls! Joey Scouts (5-7 yrs) Mon 5-6pm Cubs (8-11 yrs) Mon 6.15-7.45pm Scouts (11-15 yrs) Wed 7-9pm Susanne sehovington@hovo.id.au

SAPRA Committee Meeting

2nd Tuesday of the month, 7pm at South Arm Community Centre. *To address the Committee, see p2.*

South Arm Community Centre

Library, Op Shop & History Room 9 Calverton Place, South Arm Mon 10am-2pm, Fri & Sat 1pm-3pm, market days 9:30am-1pm.

South Arm Songsters Choir

All welcome for songs & laughs! 7pm Mondays at the Community Centre. Betsy 0418 526 002

St Barnabas Community Church, South Arm

Morning service, Sundays 10am. Rachel Todd, 6239 9706, or Jane Beavan 6239 9244. Working bee 10am, 1st Saturday each month.

Exercise & activities

Bingo

1st Tues each month 7pm. \$15 for 15 games. BYO welcome (incl alcohol). Enq. 0426 821 530

Cremorne Bowls Club

www.cremorne.bowls.com.au 6248 9856

Indoor bowls

Every Monday 1:30- 3pm Calverton Hall. Beginners always welcome!

Evolve Fitness

Thurs 5pm, Sat 8am, Sandford Community Hall. First Class Free. Susan 0488 707 056 or evolvefitnessaus@gmail.com facebook.com/evolvefitnessaus

Jayne Martin Yoga

Slow gentle flow suitable for beginners. For more info, contact jmartin04@gmail.com

Pilates

9am Mon Calverton Hall & 6pm Thurs South Arm Community Centre. Helen 0498 177 916

South Arm Fitness & Wellness Hub

Gym open 24/7. \$12 /week, no lock in contract. Yoga 9am Mondays Laura 0421 859 408

Tennis Court

\$10/hr. Book at South Arm Store or after hours Ron 0408 356 915

Yoga at Lauderdale Hall

Wed10.30-12pm. Strength & calm - asana, pranayama, Yoga Nidra & meditation. Margaret 0428 252 560

Food & dining

Fresh fish delivered door to door

Every second Wed 11am-1pm. 30+ years. Robyn 0438 721 448 or robdaze@bigpond.com

Opossum Bay Store

Open 7 days. Great coffee, fishing, takeaways, groceries, tools, cards, petrol & friendly service. 6239 9134

South Arm RSL & Community Club

Great meals for Members & visitors.

Dinner 7 days + lunch on Sundays. Dine in/take-away: Pizza - Fri, Sat; Asian - Sun, Mon, Tue, Thu. A la carte menu - Wed, Fri, Sat. Bar and bottleshop facility. Enquiries/bookings ph 6239 9171

Touch of the MO Cafe

Wed to Sun 8:30am-2:00pm. Brunch, Chef's specials, snack menu, coffee cafe smoothies and more. Ph 6295 5532 find us on on Facebook.

Gardening

AJs Lawnmowing & Maintenance

6 Calverton Place, South Arm Call Andrew for a free quote 6239 9863 or 0422 992 479

Emma Parker Garden Supplies

Pea straw (baled chopped bagged). Manure (sheep or screened cow). Quality, weed-free. Other things too. Regular or bulk delivery. 0409 555 098

Gardening Matters

Want to set up a vegie garden or learn how to make organic compost? Call your local expert Sandy 0427 807 800

Last Straw Garden Supplies SA

Pea & barley straw, horse, sheep & chicken manure, potting mix & organic compost. Free local delivery. Adrian 0427 976618

Qualified Landscaper

Develop new gardens or rejuvenate - big or small. References. Quotes. Steve 6239 9050 or 0408 000 645

Tasmanian tree care

Tree pruning, removal, support systems, recovery programs with soil injections & pest control. Colin Fry 0424 149 587 colin@tasmaniantreecare.com

The Snail Whisperer

Bothered by snails eating your veggies and flowers? I can help you at NO COST by removing snails from your garden or land or just collecting them from you.

Alistair 0417 457 140

Worm poo and worms

Natural magic food for veg & plants. \$4 bag poo \$9 bag worms. Free local delivery or pick up South Arm Market. Jill 0419 732 390.

Home & property

Activ8 Electrical & Data Contractor Lic. 15607236

Commercial & residential. Michael Calabrese 0407 281 383 www.activ8electrical.com.au activ8electrical@gmail.com

Blakey's plumbing and maintenance [after hours]

Domestic plumbing, blockages & repairs. Robert 0410 118 254

Construction & Carpentry

For all your building requirements. Simon 0405 936 652

Crowy's Excavations

Local, competent, fully insured. Pete 0417 051 537

Eastern Shore Plumbing

Domestic maintenance 0498 557 069

Electrical & Heat Pumps

Richard Pohl (Lic 945766) 0419 899 100

Flatrock Concrete

Formwork, concrete & excavations Justin 0439 915 386

Greg Steinbauer

Gardening, odd jobs + home maintenance. 0419 136 693 gstein101@gmail.com

House-sitter Clare

Experienced, reliable, mature & local. Excellent references. 0450 417 061

Interior Design

DIY consultations, new build & renos. Free discovery call. Kellie, Hello White Interiors 0421972370

Property Consultant

Robert Goyne, Fall Real Estate 0458 653 553 robert@fall.com.au info@hellowhite.com.au

Reptile Ranger

Rescue & relocate snakes correctly. Permit 2001766. Craig 0424 441 488

Rockstar Tiling & Bathroom Renovations.

Waterproofing, tiling & bathroom renos. Servicing Peninsula & Eastern Shore. Rick 0499 279561

Snoopy's Gas Fitting

Install, service and maintain. Brett Newell | 0448877062 sssnoopy11@gmail.com

Tas.i.vac Gutter Cleaning

Roof, solar panel, tank etc cleaning. Inspections, tank sanitising & more.Damon.tasivac19@gmail.com 0476 042 765

Tassie handyman

Maintenance, carpentry, painting, fencing, small landscaping, windows & doors. 0448 667732 or via Facebook

Weekly Cleans Mon-Fri

Malena 0419670446

Health services

Converse Online Speech Pathology

Specialising in Autism, social skills, literacy & early intervention. Frankie 0487 718 750 www.conversetherapy.com.au frankie@ conversetherapy.com.au

South Arm Community Pharmacy

Shop 4, 3120 South Arm Rd 03 6239 9529, Fax 03 6239 9600 info@southarmpharmacy.com.au Mon -Fri 8.30am-5.30pm, Sat 9am- 12 noon

TSL Counselling Services

Qualified Counsellor, PACFA member Toni - 0432 998 858 www.tslcounselling.com.au

Special interest

Family History Research

Want family history research or a gift? Jim 0417 518 336 ancestralressertas@iinet.net.au

Genealogy Research

Start your family tree or solve a family mystery. \$50 initial review inc 2hrs research. Maree 0409 169 659 harriets.garden@bigpond.com

TCE Tutor: ENW, ENL or French

Many years' experience teaching pre-tertiary + tertiary. Can help with essays, English etc. 0477 771 040

Maurice Potter History Room

In Community Centre. Join South Arm Peninsula History Facebook group. history@southarm.tas.au Michael Topfer 0400 416 099

Transport & equipment

South Arm Peninsula Community Bus

For group hire. 65c/km. 11 seats + vol driver, tow bar. Steve 0419 339 415 communitybus@southarm.tas.au

Wheelchairs and walker

Short-term loans to South Arm RSL Sub-Branch Members and Defence Services personnel (and their dependants). Peter 0477 706 497

Venue hire

Calverton Hall & Oval

Hire enquiries - Cherie Osborn cmposborn@gmail.com 0409 217 975

South Arm Community Centre

Special occasions, interest group or business meetings, workshops etc. Ph 0407 875 460 e: SAPRAPres@southarm.tas.au

Volunteering

Coastcare

Opossum Bay & South Arm -

1st Sunday each month. 10am -12noon. Different venues. Robyn 0400 119 519

Pipeclay

Autumn, Spring & Clean Up Aust Day working bees. 0408 121 304 pipeclaycoastcare@outlook.com Search for us on Facebook.

Wildcare-Deslacs (Clifton)

info@wildcaredeslacs.org

Mortimer Bay

Leanne 0408 498 468 mortimerbay@landcaretas.org.au

Fire Brigades

South Arm Fire Station

2nd and last Tuesdays of the month, 7pm Val Ansett, Brigade Chief 0408 267 887

Sandford Fire Station

Training each Monday 7.30pm Paul Lawler, Brigade Chief 0409 305 808

Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park ev. Wednesday, 9:30-10:30am. Rae 0417 555 175

Clifton Beach Surf Life Saving Club

Membership, activities, sponsorship & clubhouse inquiries - President Anthony Chapman 0437 946 675 or Nicole Davey, 0492 979 625 secretary@ cliftonbeachslsc.com.au www.cliftonbeachslsc.com.au

Water carters

MKH Water Supply & Cartage

Domestic & civil. Services all areas. Marcus 0438 643 176

Reliable Water

Tim 0419 614 457

SouthAir Water

Damien 0417 928 377

Streamline Water

Wayne 0418 125 096

Wellbeing & health

Acupuncture & Chinese Medicine

Dr Bec Emmerton (TCM) Treating pain, fertility, women's health, general health & wellness. e: bekemmerton@gmail.com p: 0432 079 849

Tara Edwards Reflexology

Qualified. Home visits for relaxation or health concerns (chronic pain, sleep, circulation, & digestion). \$70/hr Tara 0457 327 482

Ella Pascal Massage

Remedial and relaxation Mon-Thur Contact: hello@ellapascal.com or book online www.ellapascal.com

Massage

Remedial, relaxation, hot rocks and pampering massage.
Wed & Sat. Vicky 0414 516 234

Naturopath / Nutritionist & Psychic Medium/Healing

Amanda Erskine in Sandford. 0417 727 065

Pamper Room

Facials, relaxation, hot stone, or pregnancy massages. Mon- Sat www.pamperroom.com.au Tania 0458 528 258