South Arm Peninsula ewsletter



No 5/2010 September

Let's Spend the Sesquicentenary

Wrecked in Cremorne



On 9th October Cremorne is commemorating the centenary of the wrecking of the SS

Nubeena on Cremorne Beach (on 7th October 1910) with a day-long event funded by a Clarence City Council Sesquicentenary grant.

Throughout the day children will be treated to a range of activities (see below); Steve Morrisby will lead a special walk; the local history committee is presenting a history display; all leading up to the **Main Event** where people gather on the beach at 3pm to present prizes for sand sculpting and photography and finally, as the sun sets, there will be a Parade of Light from both ends of the beach and from the flotilla of boats in the bay as they come ashore. Then, just as the shipwrecked survivors of the Nubeena did, everyone will gather around the bonfire, to eat, drink and be merry.

Childrens events start at 8.30am with a community bike ride and

memorial tree

Continued p.5

planting.

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The opinions expressed in articles in this Newsletter are not necessarily the views of the committee

Sunday 17 October Calverton Hall and oval

This will be a family fun day with lots of free activities, food and live music.

Activities for children include: donkey rides, jumping castle, face painting, sausage sizzle, magician, balloons .. all free!



Most of our groups and businesses will be there with stalls and many give-aways. There will be displays of Zumba and Belly Dancing and an interesting historical display in the Hall.

Buy some famous South Arm Pinkeye potatoes or a delicious Devonshire tea.

Why not ride your bike to the oval and sleave it with our Bike Valet for safe keeping!

South Arm Peninsula Flowering Gum 'Avenue'

Red Flowering Gums (which come in many colours) are being planted on one side of the road between the South Arm Neck and Opossum Bay. This is a community initiative and people are helping to plant and 'adopt' trees to ensure they are watered over the first summer.

See page 2 for details of stage 2 of the planting .. 26th September



SAPRA NEWS

Great news – the **BBQ and shelter facility** near the oval will be started soon. This joint project be-

tween SAPRA, Calverton Hall and Council will provide a great gathering point for families and friends, especially coming into the warmer months. Perhaps with the wafting, tantalising smell of bangers sizzling away on the BBQ there would be time to enjoy a pre-lunch game of cricket?

With Stage 1 of the 'Avenue' of Flowering Gums being such a huge event, Council has approved Stage 2 following community consultation. What a colourful display this will create to greet visitors and residents as they travel between South Arm and Opossum Bay. Great work Dick Vaughan and your merry band of volunteers!

Nominations for SAPRA

committee will open soon and close a week or so before the AGM. Keep an eye out at the shops or ask a committee member for a nomination form. (To request a nomination form via email – contact kerry@smsaccounting.com.au).

AGM .. To be held in early November-Have a think about special people who do so much for our communities .. We will be presenting 'appreciation awards' again this year.

At the Back to South Arm Fun Day (front page) **SAPRA will have a table,** so visit us to pick up your South Arm Welcome Bag (in which you can carry the goodies you get from the other stalls) and find out just what we do - you might be very pleasantly surprised!

SAPRA COMMITTEE MEMBERS

Peter O'Keefe (Pres) 6248 9402 Darryl Howlin (Vice Pres) 6239 9779 Rae Calvert (Minutes Sec) 6239 9342 Kerry Scambler (Treas) 6248 9302 kerry@smsaccounting.com.au Dot Kelly 6239 9190 Fran Rankin 6239 9009 Ian Calvert 0418 138 090 Jim Orpe 6239 9921 Leah McDougall 6239 9101 Lin Thorp MLC 6233 8309 Richard Vaughan 6239 9739 Sharyn Von Bertouch 0429 199 113 Sue Young 6239 9237

Continued from front page....

Red Flowering Gum 'Avenue'

Help us achieve something really simple, distinctive and beautiful for our community.

Sunday Sept 26th—2pm Meet at Saltair Court

After the planting we are having a cuppa at Calverton Hall, you might like to bring biscuits or cake to share

To help us plan, let us know you will be able to plant and/or adopt a tree Enq: Dick Vaughan, 6239 9739 or Rae Calvert, 6239 9342

Another testimonial for our wonderful

First Responders Group

"It wasn't a life-threatening call when I phoned for an ambulance, but being on my own I felt I needed assistance or perhaps hospital. Eight minutes after my phone call two lovely ladies were at my door. The First Responders had arrive to give comfort and help. They immediately took over, giving me oxygen and taking

When you live on your own it is so nice to have someone with you just to reassure you while waiting for the ambulance. The First Responders Group did just that.

my blood pressure.

I know my call didn't save my life, but since then they have saved the lives of two local people.

What a wonderful group to have available in our community.

Many thanks, D."

We'd like to publish other comments so please send Rae your happy tale. raecalvert@gotalk.net.au or 6239 9342

Be a part of it

First Responders would still like a few more volunteers to help.
Training is given and you would be helping to provide a valuable service to our area.

Give Mandy Hursey a ring to find out more about it 6239 9310

A Better Bus Service for Cremorne / South Arm / Opossum Bay

Thanks to all those residents who phoned and emailed Metro, they have at last changed the timetables so that we can get home earlier. Catching the 5.22pm bus from Hobart, Cremornians can get home about 6pm and South Armites about 6.15pm.

But we need more people to <u>save</u> <u>petrol</u> and enjoy a <u>relaxing trip</u> on the <u>bus</u> Remember.

USE THEM or LOSE THEM Leah McDougall

Improved boating facilities

Cremorne will receive \$80,000 through the Recreational Boating Fund managed by Marine and Safety Tasmania (MAST) for a pontoon at the end of Cremorne spit.

Boaters who would like a project considered for the next round of funding can go to the MAST website: www.mast.tas.gov.au

Lin Thorp, MLC



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Tas. 7022

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\$100 Electricity Concession

The \$100 credit was issued automatically to eligible concession card holders on Sept 1 2010; either as a credit on your bill or for PAYG customers the payment will be received the next time the card is recharged.

Lin Thorp, September 2010

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Trading as mend a house

Little bee.

Little bee has a unique

'Getting ready for school, play based curriculum' combined with a long day care time frame, with opening hours from 7am to 6.30pm.

Our curriculum was created and designed by Kathy O'Neill,

based upon years of experience as a qualified kindergarten teacher in Australia and the U.K.

Little bee's curriculum offers individual and age related outcomes for every child. Our centre is a Long Day Care centre that also caters for before and after school care, suitable for children from 6 weeks to 12 vears of age.

One of the strengths of our curriculum is that parents can see how the program accommodates each child as an individual as well as fully encompassing the group each day through our unique 'daybook' system.

Our 'daybook' is a means of recording information and observations about the activities their child has taken part in. In our day book our observations and photographs of the children are linked to our key learning outcomes, exclusive to our curriculum. Our 6 key learning areas are:

Physical Creative Personal social emotional Language and literacy Mathematical development Knowledge and understanding of the world

Little bee invites prospective parents to come at any time of the day and meet our friendly experienced staff by appointment.

Successful Community Bus Grant Application

I am so pleased to announce the successful application for a community bus grant which will have positive outcomes for the community of South Arm.

The Risdon Vale Neighourhood Centre in collaboration with SAPRA (South Arm Peninsula Residents Association) will now be able to deliver communityrun transport options allowing residents access to a range of available services and programs.

The 'Cars for Communities Program' is helping Tasmanians become more involved and with the acquisition of a new bus, the South Arm community will have access to a volunteer driver and the bus for one day per week.

Given current transport issues, this news is a great boost for the area.

Inquiries can be made to the above neighbourhood centre on 6243 5752, but for now, the process of choosing a bus is underway.

Lin Thorp MLC August 2010



Ralphs Bay **Photographs** Save Ralphs Bay is having a

"Celebration Special" on all the fantastic photographs in its Gallery. Prices start at \$30.

An opportunity too good to miss. Details are on the website www.saveralphsbay.org



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Materials are available at our plant by the bag, trailer, ute or truck load "YES, WE DELIVER!"

SOUTH ARM NEWSLETTER Page 3



Special Appeal

to raise funds for the Pakistan flood relief.

Featuring Soloist Melissa O'Neill and the "Horsley" organ from David Skegg with Master Organist Fr David O'Neill.

Sunday 17th October 2010

At St Barnabas Church Commencing 2:30pm Programme approximately 1 hour. Refreshments in the Hall afterwards. Entry is by donation

Don't miss this special event.



Michael Best 0400 399 593

Lauderdale 7021 Ph 6244 5444 Fax 6248 6611 southernbe ches@robertsre.com.au ww.robertsre.com.au

Lin Thorp MLC

Labor Member for Rumney





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The latest edition of my Grant Booklet is now available. Please contact my office if you would like a copy.

Helping people breathe better

By John Bell Brought to you by South Arm Community Pharmacy

National Asthma Awareness Week is about a condition directly affecting over

two million Australians, almost more than anywhere else in the world. One in

six children and one in ten adults live each day with this life-threatening disease.

Asthma is a potentially very serious condition likely to cause at least discomfort,

quite possibly severe disability and perhaps even death. Managed appropriately,

asthma should not be a major concern; but for most people with asthma, proper

A variety of factors can trigger the inflammation which causes the symptoms

management is considered too onerous - or just not considered at all.

of asthma – wheezing, shortness of breath, chest tightness and coughing. particularly at night or in the early morning. These include allergies, viral

infections and inhaled pollutants such as tobacco smoke, dust and dust mites.

super-sensitive airways, even laughing, especially in children, are all possible

Identification and avoidance of trigger factors goes a long way towards

asthma control. But most people with asthma will need preventer and reliever

medicines as well. Which medicine is best and frequency of use depends on the

We don't yet have all the answers as to the exact underlying cause of asthma nor do we have the perfect single treatment but with the recently revised Asthma

Cold air exposure and exercise, reflux disease, certain medicines in people with

www.linthorp.com

Services are held regularly every Sunday

The first Sunday each month is enlivened 'child friendly' meal. Usually all is over by 6.30pm and we go home to a relaxing evening

If you prefer a quieter more dignified meal, this happens on the third Sunday following a service of Holy Communion. If you think you might like to find out more, or are reticent about going into a new situation, ring Robert (our minister), on 6248 8455, Kaye 6239 9656 or Jane 6239 9244



SOUTH ARM PH 62399 998. LICENSED RESTAURANT, **EAT IN & TAKE AWAYS**

St Barnabas Church

at 5pm. The congregation is not large, but there is a welcoming, caring, loving spirit.

by the children who come. They have a children's session in the hall while the service is in progress, after which everyone shares in a with everyone fed.



triggers.

PH 62486038

and Asthma Medicines Self Care fact cards (available from South Arm

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Community Pharmacy) you can understand how it can be well controlled for a normal and active life, free of symptoms. Kim and Shane at the Pharmacy are more than happy to discuss your medicines or concerns.

With good asthma management strategies we should all breathe a little more easily.

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VISA

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South Arm RSL Sub-Branch Remembrance Day 2010

11th November

The Community of the South Arm Peninsula is invited to attend the Remembrance Day ceremony at The "WALL OF REMEMBRANCE" situated within the grounds of the South Arm R S L & Community Club. You should arrive no later than 10.15a.m. Seating will be available. Sing Australia Choir will join us. All the local schools are participating and there will be a guest speaker.

Refreshments will be available, and lunch at a cost of \$10.00. It is important that R.S.V.P's to Terry Roe, President South Arm Sub Branch on 040 014 0870 or Troey1@bigpond.com no later than 30th October, to enable catering to be finalised

Morrie Larkins

Church Gardening

This is now held on the first Monday of the month (instead of the last). A few people get together to try and keep the graveyard under control, weeding, pruning, etc. No great gardening skills are necessary! Our youngest helper last time was just 18 months old (and very helpful too!). If you don't like neglected churchyards, please do come and join us. Any time between 9am and 12 noon, finishing with refreshments in the hall.

Bible Discussion Group

We've now been meeting for 15 years and lots of subjects and Bible books have been discussed! The faces have changed, but the numbers have remained about the same, with an average of usually 7 or 8. If you would like to know more, or to come and have a talk, see a video and have a cuppa please ring Jane on 6239 9244.



Would an extra \$500

help pay for education costs?

Saver Plus is a matched savings program funded in Hobart by the Federal Government. There are places available in your community until October this year.

By joining & saving \$50 a month for 10 months you will

receive an **extra \$500** (tax free) to pay for a laptop/computer, school uniforms, books & camps, sports, music, TAFE, uni books & more. Four financial/budgeting sessions are included and held at Rosny Library.

You need to be over 18 and have a child in school (or be studying yourself), a health care or pension card and some regular income.

Contact Karli on 6223 7264 or email karli.fone@thesmithfamily.com.au

Pretty Yellow Flowers

Boneseed is a declared weed in Tasmania and must not be sold, transported, traded or planted. Property owners are required by law to remove Boneseed.

The problem: It is an aggressive invader of native bushland and can outcompete native plants. It is also highly flammable and increases fire risks. A plant can produce up 50,000 seeds and they can lie dormant in soil for at least 10 years! They are found hundreds of metres from the original plant and can survive salt water. One tough cookie!!

Opossum Bay Coastcare is working hard to remove it. Please come and help us (last Sunday in the month) and/or make sure you don't have the plants on your property.

Don't know what it is? Sandy from the Southern Tasmanian Weed Strategy is coming to tell us all about it and what they are going to be doing to help us eradicate it.

Monday 4 October 7pm South Arm Coffee Shop

AND, Coastcare will have a display at the Fun Day on the Oval Oct 17 to help identify our weeds.

Dick Vaughan 6239 9739 or Rae Calvert 6239 9342

South Arm Coastcarers will be recording and removing weeds along the cliff top track off Jetty road on **September 19th—10am—midday**. Council will later remove the larger plants as they improve that track in the near future. Rae Calvert 6239 9342

Wrecked in Cremorne .. Cont from front

Colonial games on the beach will be held between 1pm and 3pm. Younger children are invited to *Roll up to the Big Tent* at 4pm and take a ride on the last voyage of the *SS Nubeena*, get washed up on the wild beach of Cremorne and fight off the pirates as they try to steal your treasure. Whilst those who are eleven years and older, are invited to turn up at 5pm to *Syrup Night Club comes to Cremorne*, for a *FREE* underage daytime "night club" with the chance to work with the best DJs and try your hand on the turn tables.

"Walk on the Wild Side" with Steve Morrisby, who will lead a walk finishing with a stroll up Calvert's Hill to see a rare stand of *eucalyptus morrisbyi*. Meet at the Cremorne Store at 11am. Appropriate footwear & clothing are recommended.

An exhibition on the history of Cremorne will open at 3.30pm on Sunday 3rd October at the Cremorne Bowls Club. This runs daily 10am and 4pm until Saturday 9th October. Photographers have been busy recording aspects of life in Cremorne for our "24 Hours in Cremorne" competition.

"The Main Event" will kick off at 3pm on Cremorne Beach to commemorate the last voyage of the SS Nubeena. We will present the awards to the winners of the sand sculpting and the photo competition, before welcoming the flotilla and recalling the grounding of the Nubeena.

As the drums mark the setting of the sun, participants from either end of the beach will converge on the *Nubeena's* boiler in the "Parade of Light". The flotilla will join the parade by rowing ashore with their lanterns & lights ablaze. Then, as did the shipwrecked survivors of the *Nubeena*, we will gather around the bonfire.

Enq: Vicki Pearce, 0418 992 891 Convenor, Cremorne Community Group

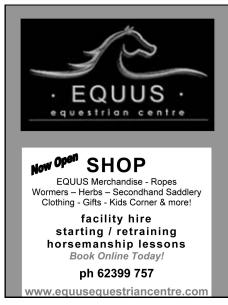
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SOUTH ARM NEWSLETTER Page 5



Kids Care for Tasmanian Coasts

This project connects school students with their local coastal community group by engaging students in growing native plants from seeds collected by the group for rehabilitating a local landcare/coastcare site.

Plant propagation is based on the Understorey Network method of growing seeds, where tubes are packed into polyboxes and seeds direct sown into the tubes, then thinned out to the strongest plant.

Community groups will receive training and equipment to collect and

clean native seeds suitable for local coastal revegetation and each school will receive training and materials to grow 250 plants (seeds, native potting mix, forestry tubes, gravel, polyboxes). The tubestock plants will be handed back to the Coastcare group by the students and a planting day organised together at a coastal revegetation site.

Plants will be used for dune stabilisation, penguin habitat, erosion control and increased plant biodiversity

Robyn Mainsbridge-Williams

South Arm Primary School



Anyone for Thai Fish Cakes?



I've often been asked how my Thai fish cakes are made. When I dined out recently in Hobart Thai fish cakes were on the menu, so I decided to order them as an entree. When they arrived they looked great, but the texture and taste was ... frankly awful.

There is one key ingredient to making world class Thai fish cakes, and that is making them with the right fish. After much experimentation it was a great surprise to discover that fresh flathead were without peer for making Thai fish cakes!

So how do you make them? Firstly you need a blender! Skin and debone about 1kg of flathead fillets and put them in the blender. Add a few good shakes of fish sauce, about two good teaspoons of red curry paste (a little more for hotter or less for milder), about a heaped dessertspoon of sugar and about 4 finely chopped lime leaves. Blend all the ingredients together until the flathead is finely blended or paste like.

Shape the mixture (it's sticky!) into hamburger like patties about 10mm thick x 60 mm round. Deep fry in hot oil until golden brown or until the fish cakes puff up and float.

Serve immediately with a sweet or chilli dipping sauce on a bed of jasmine rice garnished with coriander, cucumber and red onion.

Bon Appetite! Tight lines! Darryl Howlin



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Free quotes Lewis Mitchelmore 6248 6655 or 0419 990 959

Electrical and Heat Pumps

Richard Pohl Lie C1717 0419 899 100

Family History Research

Would you like a short simple search on particular individuals or comprehensive report/book on your family history? Happy to discuss your research interests. Please e-mail with your request to ancestralressertas@bigpond.com or FAX to 03 6248 8528 or jdu85255@bigpond.net.au

Family Portraits

Portraits with a personal touch. I come to you or wherever your family is happy, to get the individual, fun and beautiful family photographs you want. Discuss your ideas with me. Kate 0427 561 565

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Fresh Fish

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Grief Support Group

Support meeting, 1st Friday of the month. Social Lunch 3rd Friday of the month. Enquiries to Clarence Plains Community Health Centre 6214 6035

Holistic Counselling

I am a qualified holistic counsellor completing further studies. I am looking for clients to provide confidential and supportive counselling. To make an appointment ring Wajan on 0449 950 475.

Painter and Decorator

Dave Goodard Painter, Decorator, Sand blasting Ph: 0447 836 294

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Qualified Landscaper

References available Develop new gardens or rejuvenate established ones, no job too big or too small - Free quotes Phone Steve 6339 9050 or 0408 000 645 ABN 265 672 36241

Scrapbooking Classes

Clifton Beach area Guidance, assistance, some supplies. Mon morning and/or Sat. Bring a friend or small group, beginners most welcome. Karen 6248 8879 Email: kdboddy@iiprimus.com.au

Sewing classes

Jenny J 6248 9125 Fax: 6248 9372 Email: jennysewingroom@dodo.com.au

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Early morning and evening classes. All enquiries Lee Cody 0417 319 046.

Wizz-Away Trash Saks

No more weekend trips to the tip Vince and Jenny 6248 8078 or 0457 295 288

SOUTH ARM NEWSLETTER Page 7

Bible Discussion

10.30am Friday

At Jane Beavan's Ph: 6239 9244

7 pm Monday evenings Non denominational Bible discussion Enq Paul & Wendy Fenton 6239 9234

Bridge

7.30pm Tuesday Ph: Noela 6239 9172

Cards

Monday 4—6pm Rummikub, Canasta, etc. Meadows Place, Opossum Bay Barbara 6239 9897

Church Events

Gardening, St Barnabas 9am to noon, first Monday of month Enq: Jane 6239 9244

Church Services

St Barnabas, South Arm

Every Sunday at 5pm Children's program first Sunday Meal following, 1st and 3rd Sunday

St Martins, Sandford Every Sunday at 8am

St Matthews, Rokeby Every Sunday at 10am

Rob 6248 8455 or Jane 6239 9244

Coastcare

Mortimer Bay

First Sun in month 9.30—11.30 Break until 7 Feb 2010 Eng: Ph Leanne 0408 498 468

Opossum Bay

4th Sun in month, 10am Sept helping plant The Avenue p.1 Oct 24—Probably Arm End Richard 6239 9739

Pipeclay

Meets 10am every 3rd Sunday In park opposite shop in Cremorne Ph: Rachel Viney 0439 373 383

South Arm

3rd Sun in month 10am Sept 19 Meet in Jetty Rd car park Oct 17— Fun Day Rae 6239 9342

Wildcare—Deslacs (Clifton)

email info@wildcaredeslacs.org

Craft Group

12.30—3pm.
2nd, 4th & 5th Tue of the month
Calverton Hall \$2 session.
Enq Leslie Gore 6239 9321

REGULAR EVENTS

Cremorne Bowls Club

Tuesday: Random draw bowls 11am two games with break for soup

Cost \$5, plus a raffle
Saturday: Two bowls triples
12 midday two games,
with savs after - Cost \$6

Wednesday: Indoor bowls 7pm Pennant roster Glenn 6248 9127 or Brendan 6248 9847

Dog and Owner Walk

8.30am Sat—northern end of South Arm Beach near the Algona St access. Ph: Jane 6239 9244

Fire Brigade

7.30pm 2nd Tuesday South Arm Fire Station Fire Captain 6239 9412

Garden Club

Meetings held Mondays after the Market New venue: South Arm Coffee Shop at 7.30pm

Exception October 4 at 7pm to accommodate weeds speaker—see p.5 Enq. Dot 6239 9190 Rae 6239 9342

Indoor Bowls

Indoor bowls will recommence very soon at Calverton Hall on a Mondays from 1.30 to 3.30pm. We will put notices shortly in the shops to notify when it will start. All welcome. Sue 6239 9237

Karate

Varying classes for different age groups from 4 years to adult. At Calverton Hall Ph: Kathy 6239 9022

Market

9.30-1pm 1st Sunday of the month at the South Arm RSL.
Book site and/or table on:

6239 9171 after 3pm daily. Enq: phone Pam on 6248 9852.

Peninsula Sustainability Network

Interested in networking around sustainability issues on the Peninsula? Contact Phil – 6239 9893

phil@deakin.edu.au

Playgroup—Cremorne

Closed during school holidays—reopen Mon 21 June 9.30—11.30 \$2 session—bring piece of fruit At the Cremorne Bowls Club Charmaine ph 6248 9491

SAPRA Committee Mtg

7.30pm 1st Tuesday in the month at South Arm School. See page 2 for committee contacts

Soup and Sandwich

Midday 3rd Monday of the month Additional helpers welcome. Calverton Hall \$6 per person

South Arm RSL Sub-Branch

4pm on the 2nd Thursday at the RSL. Ph: Colin Bird 0407 585 408 Email: penny.bird@gmail.com

South Arm RSL and Community Club

Great meals most nights, bottleshop and two bars. Visitors welcome to enjoy these facilities. 6239 9171

Tai Chi

Fridays 3.30 to 4.30pm At Calverton Hall All welcome Eng: Phone Marigold 6239 9541

The South Arm Market Raffle

We have received a letter from the RSL Sub Branch thanking those who have donated prizes, as the money raised from the raffle will go towards a wheelchair that the Sub-Branch hopes to purchase for the Community.

The gift donated by Anita from All That Jazz was won by Lyn McLeod and the August market raffle, a gourmet basket, was won by a lass called Peta who was 'over the moon'.

Many apologies for cancelling the September Market, but the weather was really bad .. it's a very rare occurrence down here. We've never cancelled one before. We hope we didn't inconvenience people and look forward to seeing you next market—October 3rd.

Pam 6245 9852

RAINFALL 2010

	Cremorne	Opossum Bay	Sandford	South Arm
July		10.7mm	8mm	
Aug	66mm	78.2mm	66mm	77.5mm
Year to date	189mm	240mm	227mm	208.5mm
_	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft