

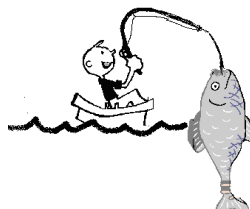
South Arm Peninsula Newsletter



July/August

No 5/2011

Fishing News

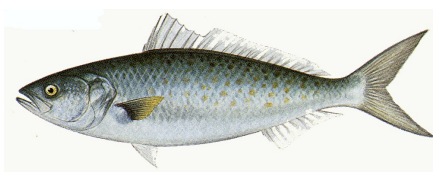


One of the great things I like about fishing is the common bond between anglers that lets you strike up a conversation on any waterway in the world.

Locals are a great source of fishing tips and on a recent trip to the Mid North Coast of NSW I spotted an old fellow on the beach who I couldn't resist having a chat with. His telltale legs and feet, weathered over many years by the beach and sand, were a giveaway that he was a man of great local beach experience.

I introduced myself and he introduced himself as Sidney. I said, shaking hands "A pleasure to meet you Sidney!" "No, my name is "Sid Knee" he replied. On the uptake I responded "You haven't got a brother called Richard have you?" "No" replied Sid "But my father was called Richard... "Dicky" to his family and friends!" "Well, my surname is Howlin and my family and friends call me "Dog" and this is my pup Jack who I wanted to name "Jack Russell Howlin" but his mother stopped me!" We had a great laugh!

Sid was fishing for Greenback Tailor but he was cursing the Blackback Salmon that were in plague proportions. He soon had a seven pounder on and he gave it to Jack to our delight commenting that he had about 90



in the freezer! Old Sid went on to explain that three canneries on the South Coast of NSW had closed down and because Salmon were no longer a commercially targeted species their numbers had got out of hand.

Sid was a wealth of knowledge and even pointed out that fish scales are a component of house paints "Hence the saying sticks like a scale to a blanket!" Sid roared.

As to other species he has only ever caught three flathead off the beach in forty years of fishing Nine Mile Beach Forster. They don't get in close he said but if you fish from a boat wide of the surf you will catch plenty. As for preparing Blackback Salmon, Sid says to keep them in the fridge overnight with the scales on then fillet them the next day. He also said a medium sized fish is the best tasting.

Ah, there's nothing like the joy and knowledge to be found from an old "Fisho".

Until next edition "Tight lines!"

Darryl (Dog) Howlin

Clifton Beach Surf Life Saving Club

Life Membership for Denise Kelly

Club stalwart and local South Arm resident Denise Kelly was awarded Life Membership at the recent Annual Presentation Night for her outstanding work and commitment to the club over more than 15 years. Denise and husband Ron joined the club with daughter Jane in 1995.

Ron has remained a fully proficient patrolling and competing member while Denise has utilized her wide organizational skills to manage catering and social activities for a broad range of tasks including major state carnivals, club functions and team manager roles for Clifton's national titles teams etc.

see page 3 for more CHSLSC news

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The opinions expressed in articles in this Newsletter are not necessarily the views of the committee



SAPRA NEWS

Community Bus

This is receiving good use from the community, both on our allocated day of Tuesday, when it almost always goes to Hobart, and on other days.

On a Thursday a group of friends hired it to go to Fern Tree to walk on the mountain; the Garden Club hired it to visit a couple of gardens (see page 6); another group hired it on a Saturday and the School will be using it for their Arm End Day.

If you have a group of people who would like to attend a function, give Dot a ring on 0447 139 573 before Friday the week preceding. It's so easy.

Wednesday is the only day it is unavailable to us.

Sand Mining on The Neck

We have received some letters and are in contact with the Govt. Dept responsible. We will be advised when the leases are due for renewal.

Vandalism

Sad to say there's been a bit of mindless vandalism and graffiti in the South Arm area recently. It's happened at the school, where volunteers work so hard to raise funds to set up equipment and in the destruction of some of the Red Flowering Gums that have been planted by volunteers.

If you have seen or know of the individuals doing this, remind them that this kind of damage to school and council property is a crime. If you know names advise the school, a SAPRA member or the police.. Please keep an eye on your adopted trees and let Dick Vaughan know (6239 9739) if there is any damage.

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This could result in unnecessary delays and stress for all.**

Clarence Cultural Heritage Advisory Committee (CCHAC)

Alan Townsend from the Council advised that in 2009 Clarence Council adopted a history plan to support history groups' collections, to record and publish local history, to encourage historical events and to install historical and interpretative signs.

Currently the Advisory Committee is concentrating on two fronts:

1. They are setting up a central database of historical photographic collections in Clarence. Photos are to be scanned and the people in them identified before we lose that information. Maurice Potter and Pene Marshall are our reps on the CCHAC and they encourage residents to scan their old family photographs or allow someone from the Committee to do so. 'Old' can mean as late as the 70's or 80's. Please contact Maurice **after the 12th August**. 6239 9175 or email maurice.potter@bigpond.com
2. Street names: The CCHAC is exploring the history of the street names in various areas and will put up a local sign explaining them. So far they have covered Bellerive, Lindisfarne and are currently working on Rokeby's street names. Rokeby should be finished by next June and following that they will be working on South Arm's street names.

SAPRA COMMITTEE MEMBERS

Dot Kelly Pres	6239 9190
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Kerry Scambler (Treas)	6248 9302
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Maurice Potter	6239 9175
Dick Vaughan	6239 9739
Sharyn Von Bertouch	0429 199 113



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Fax 03 6244 7611
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A Climate Conversation at South Arm

The school library provided a welcoming venue for upwards of seventy people who braved the weather to get the good oil on climate change last week. A team of climate scientists from the Antarctic Division, Tas Uni and DPIPW gave us a most interesting presentation, demonstrating a stunning and unequivocal rise in carbon emissions and temperature in the last 200 years. They outlined the consequences of inaction for flora and fauna and for our coastline. This, coupled with the recent storm surges in the area, was enough to get the questions flowing and discussion continued over supper. It was wonderful to see the range of ages among the audience, including a number of young people.

Thanks go to the staff of the Primary School who made us so welcome and, of course, to the scientists, Joel, John, Louise and Chris.

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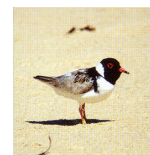
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Market Report

It was very warming to see so many people supporting the Market on such a cold day in July. A special thank you to Tony Sproule who encouraged a couple from Campania to come down and sell some beautiful vegies, and oh the sun dried tomatoes were absolutely wonderful. We would welcome them back at any time.

Pam Larkins 6248 9852



Jenni and Sarah attack the Broom

Cont. from front page

Clifton Beach Surf Life Saving Club

50TH Anniversary

Clifton Beach Club will celebrate its 50th anniversary in 2013 with the completion of a major redevelopment of facilities. The beach is Tasmania's most popular surfing beach but does present many dangers to the inexperienced swimmer/surfers as shown in tragic events that have occurred periodically outside patrol times and areas. Since its establishment in 1963, the club proudly claims no lives have been lost while club members have patrolled the beach between the red and yellow flagged areas at the southern end each summer.

Summer 2011/12 Fast Approaching

Clifton Club will be working towards increased local area involvement this season with a new administration group keen to spread the great work and opportunities surf lifesaving offers communities around Australia. Look out for our regular column in the South Arm Newsletter.

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Arm End

A very successful working bee was held on a cold but sunny 17th July when seven Coast-carers were helped by Andrew from PWS to remove several weed trees and many weed plants.

Come and join us every 3rd Sunday in the month. We meet at the end of Spitfarm Road at 10am.

(NOTE: Special excursion in December and no working bee in January).

Rae Calvert 6239 9342

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South Arm Fire Brigade



As we find ourselves in the middle of yet another cold wet winter, the Tasmanian Fire Service is again kept busy dealing with house fires. Although we usually think of the

bushfire season as the busiest time for fire-fighters, in Tasmania the winter generally proves to be more dangerous, with significantly more house fires, and unfortunately, some fire-related deaths.

Luckily we have not had any incidences in our area so far this winter, but let's not get too complacent. All householders should have working smoke alarms and a fire evacuation plan just in case the worst happens.

Planning ahead, now is a good time to clear up around your property and prepare for what could turn out to be another bush-fire summer. If you need advice about clearing blocks or general property protection please contact the Captain on 62 399 412.

We have had a number of new members recently sign-up which has boosted brigade numbers to an all time high, including a number of female members. If you are interested in knowing more about your local fire brigade, please contact the Brigade Captain on 62 399 412 or come to the Station on any training night. Training is always the second Tuesday in the month, commencing at 7.30 pm at South Arm Fire Station.

Glynis Heather, Brigade Secretary
6239 9564

Combined efforts on Calverts Hill

The weather was kind on Saturday 2nd July for The Friends of Calverts Hill working bee which was supported by volunteers from the Understorey Network and the Pipe Clay Coastcare Group. With a crew of 14 plus 4 kids the work was quickly done with around 200 *E.Morrisbyi* and understorey species planted as part of the Federal Government's Caring for our Country Community Action Grant project.



Getting ready to work

This latest working bee is one of the many actions that have been occurring on Calverts Hill in the last couple of years to help protect the threatened species *E. Morrisbyi* through revegetation and serrated tussock control. Tasmanian Landcare has also funded the Pipe Clay Coastcare group for similar coordinated work.

One of the great successes of the various projects has been the coordination and efforts of various organisations and individuals

Next working bee is FUN Serrated Tussock Chipping on Sunday 21st August 10am – 12 noon. Yes – it will be fun! Tokens will be hidden in many of the nasty tussocks with great prizes to be won (once you dig it out!). Chocolates, wine, stickers and more It was great to have new faces at our latest working bee and hope more and the same will come along for this event. Don't forget to bring a mattock

Jodie 6237 0720

Hopefully Hunting for Silver on Hope Beach

Some time ago you may remember a story in this Newsletter about the missing silver coins from the wreck of the *Hope*. The *Hope* was wrecked in 1827 on what is now Hope beach.

Many people have searched for the coins over the years and there are many theories as to why they have never been found. There was a very good article in the Sunday Tasmanian on the 3rd of July 2011 entitled "Lost booty stolen by rich whaler". The theory in this article may possibly have solved the riddle.

http://tools.themercury.com.au/video/video_popup.php?vid=11375

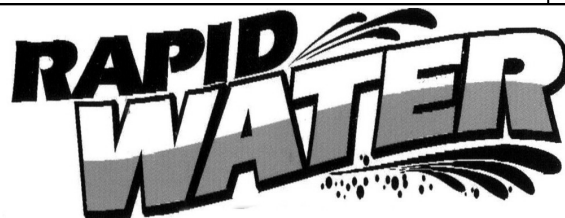
The money was supposed to have been shipped to Tasmania to pay the garrison in Hobart Town. Of course many have said that the money was never on the *Hope* in the first place and I have not seen or read anything about an inquiry into the disappearance of the money since that time.

The older residents of South Arm who are no longer with us spoke about how many people came and searched the shores along Hope Beach without any luck. My father, Bill Potter, knew several of these folk who spent days digging hoping to strike it lucky. So my feeling is that the story in the Sunday paper is much closer to the truth. Who knows?

Local History On behalf of the Clarence Cultural Heritage Advisory Committee I am looking for photographic history of South Arm in the way of your early family photos; working on the farms, orchards, sport, holidaying and photos of older homes, etc.

The Committee are keen to get them digitally recorded, with as many people as possible in the photos identified. These will be placed on a central database for all to access. Photos can be left with Rae Calvert SAPRA or in my letterbox at the South Arm Post Office and they will be returned ASAP.

Maurice Potter Ph: 6239 9175



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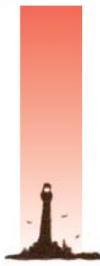
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Hugely successful fund raising - \$2,080!!!

Thank you to everyone in the community who has helped in our recent fund raising effort for the First Response group. So far we have managed to raise \$2,080 thanks to the generosity and thoughtfulness of the local community. Not only were people prepared to dig into their pockets for raffle tickets at the First Birthday Bash, we are continuing to receive donations from people who weren't able to make it on the night but felt it was important to support the First Responders. Similarly, we have had local businesses and artisans donate funds or goods to assist with the fundraising – A BIG THANK YOU TO ALL OF YOU.

Not only does the First Response group require financial support, they are also in desperate need of MORE VOLUNTEERS. The majority of the work is being done by a very small dedicated group of people. If you would like to learn more about what is involved, speak to the co-ordinator Claire Arnold on 6239 9259.

Thank you

We must say a big thank you to Tony & Judy Sproule for putting on such an amazing dinner for the 200+ people who came along to the Birthday bash. Thanks also to Tony Alexander for MC'ing the evening and ensuring everyone got fed in a timely and orderly fashion, and that the raffles ran smoothly. Thanks to Chris and Ean for providing the thoroughly enjoyable musical entertainment for the evening. Last but not least we must thank those who

SOUTH ARM COMMUNITY PHARMACY



came along to support us on the night and also for your continuing support in the pharmacy.

Diabetes

The 10th-16th July 2011 was National Diabetes week. Diabetes is a chronic disease affecting an estimated 1.7 million Australians. About 275 adults develop diabetes every day which puts them at risk of serious health problems like blindness, stroke, heart disease, and kidney damage. You can however prevent, delay or manage type 2 diabetes

successfully.

There are many reasons why people develop type 2m Some high risk factors include family history, smoking, being inactive or overweight and aged over 40.

Come and see us at South Arm Community Pharmacy for a simple \$5 finger prick blood test to see if you are at risk of diabetes.

Kim Fitzmaurice

Vitamin D – John Bell

Most people are well aware of the important role vitamin D plays in helping the body absorb calcium – necessary for the development of healthy bones, muscles and teeth – but scientists are now suggesting that vitamin D and calcium may be involved in a wide range

of diseases and disorders such as diabetes, heart disease, various cancers (breast, colon and prostate), skin conditions, multiple sclerosis and depression.

Recent studies have indicated that vitamin D insufficiency may be an “unrecognised epidemic” with up to 25% of Australians being vitamin D deficient, and a significantly higher number of Tasmanians affected.

It's almost impossible to obtain enough vitamin D from food; we get around 90% of our vitamin D from exposure to the sun. But, it's important to strike a balance between sufficient sun exposure for adequate vitamin D production and minimising the risk of skin cancer. In most parts of Australia – “tank top” (face, hands and arms) exposure for 10 minutes, three or four times a week during the spring and summer months, is ample time.

People at risk of vitamin D deficiency include housebound or bedridden elderly people, those who live in aged-care facilities, those who wear concealing clothing for religious or cultural reasons, who have dark skin, who are obese, and breastfed babies, especially if their mothers have a vitamin D deficiency.

While routine vitamin D supplementation is not recommended for most adults in Australia, a daily supplement should be recommended for at-risk adults. Your doctor can give you a simple blood test to determine whether or not you are deficient in vitamin D.

ROBERT GOYNE ex Sunny

After 25 years as a Real Estate consultant, I know the importance of local knowledge and how to promote the benefits of “Paradise Peninsula”. I have helped many hundreds of residents of the area buy, sell, rent or stay and am freely available for queries and questions about Real Estate matters or local services. I continue to do this as a sales consultant for Fall Real Estate. If you need any services call 62487666, mobile 0458653553 or any Fall office. 4 Howrah Road, Howrah.

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Garden Club News

Runnymede, Botanical Gardens and Tasmanian Museum and Art Gallery

It was an awful day weatherwise, but eight of us left the Peninsula on the Community Bus. We had fun. Richard our cheerful bus driver took us out to Runnymede. On our arrival we were taken for a tour inside and it was quite fascinating. It was NOT weather to walk around the gardens but we could see them framed through the windows. We did have a short walk and looked at the beautiful Hellebores.

From there we went to the Botanical Gardens and again only looked in the conservatory where there was a lovely display of Begonias and Orchids. We had lunch and then decided we would be better going onto the Museum. We spent a pleasant time there looking and having a coffee.

Mulched and Bagged Alpaca Poo

New supply in shortly—
ring Barbara 6239 9897.

Large plant Mulcher

This belongs to the school and is presently being kept at Jim Frayle's place 3265 South Arm Road on Seacroft corner. If you'd like to make mulch from your prunings, ring the school or the Garden Club members below.

Garden visit 27 August

The next Garden Visit will be to Sally-Anne Mangan's place at Clifton. She has lots of bulbs and other interesting plants in her garden. The garden in late August should be a picture. Numbers limited.

Mushroom Trip

Probably in September to the Mushroom Farm in the Huon. It's a really interesting excursion.

Next Meeting and Market Stall

The Market stall is still going strong and we thank all the people who bring along produce and plants for sale.

Our next meeting will be on the second Monday of the month on August 8. Meet at the Church Hall at 10.00am.

Barbara Pease
6239 9897
and
Suzanne Young
6239 9237



Help Wanted

South Arm Primary is seeking volunteers to come and help in the vegetable garden. This would mean working with a small group of children for approximately half an hour at a time doing tasks like planting and weeding. You don't need to know a lot about gardening but your help would be much appreciated. If you are interested and have a small amount of time to spare please contact the school on 62399126.



Certified Pink Eye Seed Potatoes available at the school for \$5 for 2 kgs
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Cremorne Playgroup

Remember we have a warm and fun space for play to take away the winter gloom. Our winter opening time is now from 10am to 12 noon.

With morning tea around 11am we usually get to catch quite a bit of morning sun outside and to zoom around on the bikes. All welcome. If you have not been before please come along and check us out.

Jodie 6237 0720

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Out of that we needed to purchase some new audio equipment and road cases to keep our Mics, lighting board etc in. We also need to pay the hall committee a share of the new automated curtain costs.

All of this is possible because we have great support from the locals and beyond who pay their \$\$\$ to come and see the show each year! MANY THANKS!

The raffle results from Piggery. Congratulations to all winners, who have been notified by the school!

1 st K Robertson;	2 nd K Glazebrook
3 rd M Hursey;	4 th K Glazebrook
5 th P Hursey;	6 th A Pretymann
7 th S Soul;	8 th C Birchall
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Qualified Landscaper

References available
Develop new gardens or rejuvenate no
job too big or too small Free quotes
Phone Steve 6239 9050 or 0408 000 645
ABN 265 672 36241

Scrapbooking Classes

Clifton Beach area.
Guidance, assistance, some supplies.
Small groups, beginners welcome.
Karen 6248 8879
Email: kdboddy@iiprimus.com.au

Simon Says

Lawns and Gardens

Clean up, maintenance, pruning, waste
removal & whipper snipping,
Pensioner rates apply, free quotes
0439 314 246 or 6239 9315

Taxi

Support your local taxi
based in Delphis Drive above Cremorne.
Home-city-airport, will meet at airport.
Bookings only. 7 days.
Bob 0408 887 389

The Yardarm

Property maintenance, more than mowing!
Regular maintenance, pruning, painting,
garbage, brush cutting, gutters, weeding,
yard cleanups. Ph Daryl 0438 316 099
email email@theyardarm.com.au

Website

Think Tasmania
...promoting all things Tasmanian!
www.think-tasmania.com
Contact Tania to have your business included
email - tania@think-tasmania.com
phone - 0407 790 642

THRO

Tas. Horse Rescue and Rehabilitation Org.
Please help with donations, sponsorship,
foster homes, or volunteering.
Ph 0457 147 428
www.thro.webs.com

Weight Loss Program

Our clients never feel hungry; results
guaranteed; feel energized and
revitalized; personal success coach
FREE sample pack, try before you buy!!!
Call Kylee now 0386 712 822

Water Delivery

'Rapid Water'
7 days—all hours
0432 307 298 Glenn Holmes

Wizz-Away Trash Saks

No more weekend trips to the tip
Vince and Jenny
6248 8078 or 0457 295 288

REGULAR EVENTS

Beachside Health and Fitness

Exercise Class (to music)
Lauderdale Hall. Tuesdays 11am-12
and Fridays 10 - 11am. All Welcome
Phone Darrel: 6248 7145

Bible Discussion

First meeting of 2011—18 Feb
10.30am Friday
At Jane Beavan's Ph: 6239 9244

7 pm Monday evenings
Non denominational Bible discussion
Enq Paul & Wendy Fenton 6239 9234

Bridge

7.30pm Tuesday Ph: Noela 6239 9172

Church Events

Gardening, St Barnabas

First Monday of each month—9.30am
Enq: Jane 6239 9244

Church Services

St Barnabas, South Arm
Every Sunday at 5pm
Children's program first Sunday
Meal following, 1st and 3rd Sunday

St Martins, Sandford

Every Sunday at 8am

St Matthews, Rokeby

Every Sunday at 10am

Rob 6248 8455 or Jane 6239 9244

Coastcare

Mortimer Bay

First Sun in month—9.30-11.30
Enq: Ph Leanne 0408 498 468

Pipeplay

Meets 10am every 3rd Sunday
In park opposite shop in Cremorne
Ph: Rachel Viney 0439 373 383
or 6248 9498

South Arm

3rd Sun in month 10am (not Dec
or Jan) Meet at the end of Spitfarm
Road, Opossum Bay
Ph: Rae 6239 9342

Wildcare—Deslacs (Clifton)

email info@wildcaredeslacs.org

Craft Group

12.30—3pm.
2nd, 4th & 5th Tue of the month
Calverton Hall \$2 session.
Enq Leslie Gore 6239 9321

Cremorne Bowls Club

Tuesday (Social Bowls)
10.30 am for 11.00 start.
\$7.00 for Bowls and Keith's soup for
lunch.

Wednesday (Indoor Bowls) 7.30 pm

Saturday (Social Bowls)
12.00 noon for 12.30 start.
\$6.00 for Bowls and saveloy.

All welcome
Phone 62489856 after 4.30
or contact glennbrem@netspace.net.au

Cremorne Community Group

For newsletters and information re the
Cremorne Community Group
Convenor; Vicki Pearce:
vicki_pearce@hotmail.com 0418 992 891
Secretary; Brian Bennett:
bhbennett@bigpond.com or 0417444389

Dog and Owner Walk

8am Sat—on beach below Saltair Crt
8.30 approx at Half Moon Bay
Ph: Jane 6239 9244

Fire Brigade

7.30pm 2nd Tuesday South Arm Fire
Station. Fire Captain 6239 9412

Garden Club

Meeting 1st Monday after Market
10am at different venues
Enq. Dot 6239 9190 Rae 6239 9342

Gardening

A few locals get together to weed at
Opossum Bay Park. Winter time is
10-11am on Tuesday morning.
Enq: Dick 6239 9739 Rae 6239 9342

Indoor Bowls

At Calverton Hall on a Monday from
1.30pm to 3.00pm. ALL WELCOME
just come along. Easy to learn
Sue 6239 9237

Karate

At Calverton Hall. All ages. We do not
have classes during the school holidays.
Ph: Kathy 6239 9022

Market

9.30-1pm 1st Sunday of the month at
the South Arm RSL.
Book site/table 6239 9171 after 3pm
Enq: phone Pam on 6248 9852.

Playgroup—Cremorne

9.30—11.30 summer and
10—12 in winter \$2.50 session
Bring a piece of fruit
At the Cremorne Bowls Club
Jeni (6248 9975) or Jodie (6237 0720)

SAPRA Committee Mtg

7.30pm 1st Tuesday in the month at the
Church Hall Page 2 for committee.
We welcome guests.

Soup and Sandwich

Back again on 21st February
3rd Mon in month—midday
Calverton Hall \$6 per person

South Arm RSL Sub-Branch

4pm on the 2nd Thursday at the RSL.
Ph: Colin Bird 0407 585 408
Email: southarmrsla@netspace.net.au

South Arm RSL & Comm. Club

Great meals most nights, bottleshop and
two bars. Visitors welcome to enjoy
these facilities. 6239 9171

Tai Chi

Fri 3.30-4.30 at Calverton Hall
Enq: Phone Marigold 6239 9541

Tai Chi @ Cremorne

Tuesday 9.45am, term times
Cremorne Bowls Club
Enq: Vicki; 0418 992 891

Zumba

7.15pm—Mon nights Calverton Hall
Enq: Vicki, 0419 155 578

For Sale

Couches

Pair of 2 ½ seater fabric covered
couches -excellent condition \$250 ea
or \$400 the pair. Could deliver in local
area. See photos in Opossum Bay &
South Arm shops. 62399 240

Curtain tracks/rods

- Long curtain tracks from the stage at Calverton Hall.
- Curtain rods with rings from smaller windows in the hall.

Make an offer .. Ring to view
Joan 6239 9141

TV

23" Flat Screen TCL T.V. with new
set top box \$300 ono
Phone 62 399 172

Rainfall	Cremorne	Opossum Bay	Sandford	South Arm
June 2011	55.5 mm	49.4 mm	75 mm	44.5mm
Last year		11 mm	14.5 mm	10.5 mm
Year to Date:	285.5 mm	356.6 mm	361 mm	311.5 mm
	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft