





TASMANIA DAY

and SAPRA's AGM

RM PF

No 6/2010

Celebrating our many volunteers

You are invited to attend a community reception to recognise the contribution of volunteers to the South Arm community.

Sunday, 7 November 2pm—3.30pm Calverton Hall

We'd like your input with three things:

- 1. Nominations for special community awards
- 2. A photo / photos / collage of volunteers in action, to display as part of the celebration .
- 3. Items to be discussed at the General Meeting (what IS happening at Fort Direction, etc).

Please forward to SAPRA, c/- South Arm Shop by the end of October.

Let's thank our volunteers

Enquires: Rae 6239 9342 or any Committee Member (Page 2)



Volunteers and others at 'Wrecked in Cremorne'



The paper and photocopying of this Newsletter was supplied by Lin Thorp, MLC. Thanks, Lin!



SAPRA NEWS

SAPRA AGM The AGM will be on Sunday 7th November and include our community awards presentation

= put it in your diary now!

Tasmania Day: This will be a 'special' AGM as we will be celebrating Tasmania Day with a celebratory afternoon tea.

Nominations for Awards: Don't forget to send in the name of someone who deserves a 'pat on the back' for the work they do in the community and has hitherto been unrecognized.

Nominations for SAPRA committee:

Now open, and close a week before the AGM. Keep an eye out at the shops or ask a committee member for a nomination form. (To request a nomination form via email – contact kerry@smsaccounting.com.au).

South Arm to Opossum Bay Track

Council have contracted out the maintenance work on this track and it is expected to be carried out before Christmas.

SAPRA COMMITTEE MEMBERS

Deter O'Veefe (Dree)	(248,0402			
Peter O'Keefe (Pres)	6248 9402			
Darryl Howlin (Vice Pr	es) 6239 9779			
Rae Calvert (Minutes S	ec) 6239 9342			
Kerry Scambler (Treas)	6248 9302			
kerry@smsaccounting.com.au				
Dot Kelly	6239 9190			
Fran Rankin	6239 9009			
Ian Calvert	0418 138 090			
Jim Orpe	6239 9921			
Leah McDougall	6239 9101			
Lin Thorp MLC	6233 8309			
Richard Vaughan	6239 9739			
Sharyn Von Bertouch	0429 199 113			
Sue Young	6239 9237			



Avenue of Banners: (1 –r) Ian Pearce, Wendy Freeman, Brian Freeman, Gary Wickham and Helen Bennett installing banners, painted by members of the local community, along Cremorne Avenue.

Spent the Sesquicentenary 'Wrecked In Cremorne'

The good citizens of Cremorne were left truly "Wrecked" after a full day and night of celebrations on Sat 9th October. A full program of activities saw more than 200 residents, past residents, guests and visitors mark Clarence's sesqui-centenary by commemorating the centenary of the grounding of the *SS Nubeena* on Cremorne Beach.

We want to thank the people of Cremorne for making "Wrecked" a truly great event through their enthusiastic participation in all the activities. We wish to extend our gratitude to **all the volunteers** who, through their generosity, made it possible for our very small group of twelve souls to run such a varied program.

We would also like to recognise our generous local business owners who donated their time, goods and services to the day; Julia Dineen Designs, Cremorne Store, Sackett Electrical Services, Syrup Night Club, Crotty Legal Dental, AC Plumbing, South Arm Community Pharmacy, PMM Real Estate, Harmony Garden Centre, Lazenby Sand and Tassie Cycles. Thank you.

The contribution of our community organisations; Cremorne Play Group; Sandford Fire Service, Sandford Scouts, Cremorne Bowls Club, Maritime Museum, SAPRA and the St. John's Ambulance Service, is gratefully acknowledged.

We were entertained throughout the day with music from the *Eastside College Band*, wonderful local group, *Martinique*, the talented

local musician *Dylan Miller*, and *Bliss* who kept us dancing into the night.

Many other good corporate and local citizens also helped make "Wrecked" a success and we hope to thank you all personally in the near future. We shall share some of the outstanding moments of 'Wrecked" with you in the next few newsletters.

Vicki Pearce. Convenor Cremorne Community Group



South Arm Primary School

Enrolments

Enrolments are now being accepted for South Arm Primary School for 2011. 0-3 programs, Pre-Kinder group (3 years of age) and all classes from Kinder to Grade 6.

Please phone the school (62399126) or get an enrolment pack from the school office.

Anna Viney, Principal

South Arm Primary needs your help!!!!!!!

We are seeking volunteers to work with small groups of children on a regular basis in the vegetable garden and with cooking activities. You don't need to be a Peter Cundell or Nigella Lawson. We will provide basic training to get you started and ongoing support. If you have some spare time and would like to participate please phone the school on 62399126. Your help would be much appreciated.

Garden Tools

If you have any spare garden tools that you would be prepared to donate to the school please contact us on 62399126.







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By the time this article goes to press the fire permit period will almost certainly have been announced. Permit Officers for the South Arm and Opossum Bay area are:-

Richard Calvert on 6239 9412, Barry Heather on 6239 9564, Brett Arnold on 6239 9259 and Glenn Palmer on 6239 9346.

All the indications are that we are in for another busy fire season and the Tasmanian Fire Service and the South Arm Brigade urge all residents to be fire safe this summer.

There have already been a number of fires recently, luckily outside our area, which proves how dry the State is. Even with the recent rains the bush is drying out very fast, so now is a really good time to clear up around your property and create a safe zone in case of fire.

Please don't forget to change the batteries in your smoke alarm now daylight saving has started. Smoke alarms can and do save lives, but only when the battery works.

> Most importantly, if you need the Fire Brigade please ring 000. Please do not ring a Brigade Member directly. Doing so will result in a delayed response from the Brigade.

The brigade is at full strength at the moment, but we are always interested in attracting new members so if you are interested in joining the

brigade as a volunteer firefighter or just want to know more about us, please contact the Brigade Captain on 62 399 412 or come to the station on training night, which is always the second Tuesday in the month.

Glynis Heather Brigade Secretary 6239 9564



Are you looking for a fun summer activity? How about trying surf lifesaving!! It's a great way to make new friends, learn how to keep yourself safe at the beach, and enjoy the water. Clifton Beach Surf Lifesaving Club's Nipper Program is starting up in October. For more information visit our website at

www.cliftonbeachslsc.com or email Robyn Fannon at

fannonpearce@bigpond.com."

"What is your favourite country town?

South Arm in Tasmania. At the milk bar (sic) there's a blackboard announcing births. deaths and marriages. My older sister lives in South Arm and my nephew's name was up on the board when he was born."

> In the June edition of *Country* Style





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Sniffing and sneezing our way through Spring

Written by John Bell and brought to you by South Arm Community Pharmacy

Hay fever, known medically as allergic rhinitis is a common condition in Australia affecting about 40% of the population at least to some degree.

Substances which in most people would cause no reaction, actually cause a severe allergic reaction in the sensitive ones amongst us. These substances, generally called allergens or trigger factors, include wind borne pollen from grasses, weeds and trees – more likely to be troublesome around this time of year.

But hay fever can occur all year round. When it does, the most common trigger factor is exposure to dust mites. Similar year round symptoms can be caused by animal dander – the dead skin cells from our pets especially cats. Mould and mould spores can cause the same sort of problems.

Avoiding trigger factors altogether is the best option. But, when that is not possible, appropriate medication can work very well.

Which medication we choose will depend on the severity and frequency of symptoms. Mild symptoms occurring less than four days a week or less than four weeks at a time respond well to oral antihistamines. The new non-sedating antihistamines will be the best choice.

If your symptoms adversely affect your activities; or the symptoms persist for more than four days a week or more than four weeks at a time, then the nasal sprays will be the most appropriate treatment. When symptoms are severe a combination of antihistamine and nasal spray might be required.

You can get some good advice on how to manage even the toughest forms of allergic rhinitis on the Hay fever Fact Card available at our Self Care Pharmacy. Come and see Karen, Nikki, Kim and Shane at South Arm Community Pharmacy.



Avenue of Red Flowering Gums

On 26th September an enthusiastic group of people planted 53 Red Flowering Gums beside South Arm Road. Most have been 'adopted' and will be watered and cared for over the coming summer.

If you would like your very own tree/trees, there are 8 'orphans' who need a carer. Nos. 14, 15 and 16; 22 and 23 and 28, 29 and 30 just past the new Hope St. If you are able to look after one or more of these, please contact Rae 6239 9342.

This planting was for Stage 2 of the project which will ultimately link South Arm and Opossum Bay with an 'avenue' of Red Flowering Gums. The next two (or three) stages will not be planted until autumn 2011. See you then!

We would particularly like to thank people / businesses who donated to this project: Council for trees and guards; Bunnings for large stakes; Lazenby Sand for filling soil and the Fire Brigade for the initial watering of the holes.

Please support the people who support us.

Dick Vaughan 6239 9739



Saturday Dog Walk

Most of the winter we've enjoyed lovely



we've enjoyed lovely Saturday mornings, but even in the worst weather some intrepid people set out with their four footed friends at 8.30am If you or your dog would like to join us, ring Jane on 6239 9244.

Lin Thorp MLC Labor Member for Rumney



"As your local Representative I am here to help"

abor

Shop 1/27 South Arm Road Rokeby 7019 Tel: 6214 6012 Fax: 6247 6572 Email: lin.thorp@parliament.tas.gov.au www.linthorp.com

The latest edition of my Grant Booklet is now available. Please contact my office if you would like a copy.

South Arm Market,

Next Market will be on 7th November. We hope you all enjoyed the RETURN TO SOUTH ARM FUN DAY on the 17th October. At the last Market (October) our own 'Fairy', Lucy, won the B.B.Q raffle!!

Pam Larkins



Emma, Maryse, Ingrid and Brittany WELCOME Grace to the *RUNVS* team. Present this ad. to receive 5 free foils or a cut + blow-dry with every colour service with our new team member.

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Christmas orders are now being taken for chili or herb marinated feta, \$7 per jar.

Contact Karen on 0419 884 020, or email to j.k.w@bigpond.net.au.

With Maryse running the Iron Pot Coffee Lounge it became obvious to me that I needed to join a Real Estate company that could provide the office back-up and computer skills needed. After 25 years of being a Real Estate consultant with Crowther Richards, my own company Sunny Real Estate and Insight Realty, I know the importance of local knowledge and how to promote the benefits of

"Paradise Peninsula". I have helped many hundreds of residents of the area buy, sell, rent or stay and am freely available for queries and questions about Real Estate matters or local services. I will continue to do this as a sales consultant for Fall Real Estate and if you need any services call 62487666, mobile 0458653553 or any Fall office. 4 Howrah Road, Howrah.

40 DAYS

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Back to South Arm Fun Day

This Newsletter is being finalized as the Fun Day closes, so this quick article is not comprehensive.

It really was a FUN day and the weather was kind . What a fantastic effort was put in by the groups and businesses who were represented with some truly amazing stalls and sites.

First thanks go to Dot Kelly for her organization of the event. Brilliant, Dot.

It was truly an economical family fun day and the free entertainment and goodies were appreciated by all. Thanks to all the site holders, shops and businesses who donated, and clubs / groups who participated in the spirit of things (loved the donkeys).

Thanks as well to the band Martinique for giving us such cheerful toe-tapping music.

Dot will be thanking people and we may have a couple of photos for the next Newsletter.

Gellibrand Vault (Arm End)

This 170yo monument sits on a small area of private land on the river side of Arm End Reserve. The descendants (now interstate) are trying to restore the vault and have employed a stone conservator.

Opossum Bay Coastcare group are helping them preserve this important historical feature by stabilising and regenerating the land around the vault. A fence has been erected to keep rabbits out so that plants can grow.

It is a VERY difficult site and Coastcare would appreciate it if people would not enter the fenced area for the foreseeable future. As soon as possible SAPRA will be erecting a sign at the top of the bank with the wording from the vault.

Do you know Bridal Creeper?

There was an interesting discussion with Sandy Leighton of Southern Tasmanian Weed Strategy at a combined Garden Club / Coastcare meeting in October.

Sandy showed us examples of Bridal Creeper (Asparagus asparagoides) a climbing plant that can cause a lot of problems. If we spot this plant, we should leave it in situ and report it to her 0437 450 143.

She also outlined a project that will come into force shortly to help us remove some of our Boneseed.

Both these weeds are classified as Weeds of National Significance.

See back page for Coastcare working bees.

Rae 6239 9342

Tino Carnevale

The South Arm Garden Club have arranged for Tino to address a group on general gardening.

7.30pm Monday 8 November at the South Arm Pizza Shop (a cuppa, but no pizzas that night)

Everyone is welcome

Enq: Ph: Dot 6239 9190 or Rae 6239 9342

Tino Carnevale

Born and bred in Tasmania, Tino has had a lifelong interest in plants and gardening, stemming from growing up on his family's small vineyard and olive grove. As well as being a *Gardening Australia* presenter, he teaches gardening skills to adults at the Royal Tasmanian Botanical Gardens and also to kids at Moonah Primary School.

From Gardening Australia magazine





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SOUTH ARM NEWSLETTER

Local Services

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Dog walking and dog massage. Phone Avalon on 0438 528 954 or visit <u>www.allfordogs.com.au</u> for an obligation free meeting

Auto Towing & Windscreen Repairs

Tilt tray towing, windscreen repair, car detailing. Free wreck removal Anthony 0412 110 992

Bibs and Bobs

Odd jobs. Lawn mowing & edge trimming, pine barking, weeding, rubbish removal, general property maintenance free quotes, pensioner discounts Phone Mat 0428 972 815.

Bush Flower Remedies

Reiki, Iridology, Bush flower remedies Jennifer Watson 6239 9002

Counselling

Adolescent, adult, family and couples. Registered Psychologist Helen Middleton, Opossum Bay 0407 790 234

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Family History Research

Would you like a short simple search on particular individuals or comprehensive report/book on your family history? Happy to discuss your research interests. Please e-mail with your request to <u>ancestralressertas@bigpond.com</u> or FAX to 03 6248 8528 or <u>jdu85255@bigpond.net.au</u>

Family Portraits

Portraits with a personal touch. I come to you or wherever your family is happy, to get the individual, fun and beautiful family photographs you want. Discuss your ideas with me. Kate 0427 561 565

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Companion Feeds and Needs

Horses, dogs, rabbits, chickens All pet needs companionfeedsneeds@netspace.net.au

Flute, Sax, Clarinet Lessons

Available from Gordon Yemm (ex Principal Flute TSO) Beginners and advanced players All styles of music Blessington St. Ph 6239 9261

Fresh Fish

Delivered to your door Fortnightly on Wednesdays Call Sharon on:0459373743

Grief Support Group

Support meeting, 1st Friday of the month. Social Lunch 3rd Friday of the month. Enquiries to Clarence Plains Community Health Centre 6214 6035

Holistic Counselling

I am a qualified holistic counsellor completing further studies. I am looking for clients to provide confidential and supportive counselling. To make an appointment ring Wajan on 0449 950 475.

Painter and Decorator

Dave Goodard Painter, Decorator, Sand blasting Ph: 0447 836 294

Plasterer

New homes, renovations, and small jobs. Ian 6239 9830

Professional Dog Grooming

Clips, Hydrobath, Blow Dry and Nail trims. Phone Melinda 0409 250 887

Qualified Landscaper

References available Develop new gardens or rejuvenate established ones, no job too big or too small - Free quotes Phone Steve 6339 9050 or 0408 000 645 ABN 265 672 36241

Scrapbooking Classes

Clifton Beach area Guidance, assistance, some supplies. Mon morning and/or Sat. Bring a friend or small group, beginners most welcome. Karen 6248 8879 Email: kdboddy@iiprimus.com.au

Sewing classes

Jenny J 6248 9125 Fax: 6248 9372 Email: jennysewingroom@dodo.com.au

Simon Says Lawns and Gardens

Clean up, maintenance, pruning, waste removal & whipper snipping, Pensioner rates apply, free quotes available 0439 314 246 or 6239 9315

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Support your local taxi based in Delphis Drive above Cremorne. Home-city-airport Will also meet at airport. Bookings only. 7 days. Bob 0408 887 389

The yardarm

property maintenance More than mowing! Regular maintenance, pruning, flat packs, garbage, brush cutting, gutters, weeding, yard cleanups. Ph Daryl 0438 316 099 email theyardarm@internode.on.net

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Weight Loss Program

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Yoga

at Clifton Beach Surf Club. Early morning and evening classes. All enquiries Lee Cody 0417 319 046.

Wizz-Away Trash Saks

No more weekend trips to the tip Vince and Jenny 6248 8078 or 0457 295 288 **Bible Discussion** 10.30am Friday At Jane Beavan's Ph: 6239 9244

7 pm Monday evenings Non denominational Bible discussion Enq Paul & Wendy Fenton 6239 9234

Bridge

7.30pm Tuesday Ph: Noela 6239 9172

Cards

Monday 4—6pm Rummikub, Canasta, etc. Meadows Place, Opossum Bay Barbara 6239 9897

Church Events

Gardening, St Barnabas 9am to noon, first Monday of month Enq: Jane 6239 9244 Church Services

St Barnabas, South Arm

Every Sunday at 5pm Children's program first Sunday Meal following, 1st and 3rd Sunday **St Martins**, Sandford Every Sunday at 8am **St Matthews**, Rokeby Every Sunday at 10am

Rob 6248 8455 or Jane 6239 9244

Coastcare

Mortimer Bay First Sun in month 9.30-11.30 Break until 7 Feb 2011 Enq: Ph Leanne 0408 498 468 **Opossum Bay** Last Sun in month, 10am Oct 31 Gellibrand Vault Nov 28-to be discussed Richard 6239 9739 Pipeclay Meets 10am every 3rd Sunday In park opposite shop in Cremorne Ph: Rachel Viney 0439 373 383 South Arm 3rd Sun in month 10am Nov 21—Foreshore track /groundsel Feb 20th-Not sure what we're up to! Rae 6239 9342

Wildcare—Deslacs (Clifton) email info@wildcaredeslacs.org

Craft Group

12.30—3pm. 2nd, 4th & 5th Tue of the month Calverton Hall \$2 session. Enq Leslie Gore 6239 9321

REGULAR EVENTS

Cremorne Bowls Club

Tuesday: Random draw bowls 11am two games with break for soup Cost \$5, plus a raffle

Saturday: Two bowls triples 12 midday two games, with savs after - Cost \$6 Wednesday: Indoor bowls 7pm Pennant roster Glenn 6248 9127 or Brendan 6248 9847

Dog and Owner Walk

8.30am Sat—northern end of South Arm Beach near the Algona St access. Ph: Jane 6239 9244

Fire Brigade

7.30pm 2nd Tuesday South Arm Fire Station Fire Captain 6239 9412

Garden Club

Meetings held Mondays after the Market Speaker for Nov—Tino Carnevale of Gardening Australia fame! South Arm Pizza Shop at 7.30pm Enq. Dot 6239 9190 Rae 6239 9342

Gardening

A few locals get together to weed at Opossum Bay Park. 10-11am on a Tuesday morning. Enq: Dot 6239 9190 Dick 6239 9739

Indoor Bowls

Calverton Hall on a Mondays from 1.30 to 3.30pm. *If you have not played bowls before we are willing to give you lessons*. All welcome. Sue 6239 9237

Karate

Varying classes for different age groups from 4 years to adult. At Calverton Hall Ph: Kathy 6239 9022

Market

9.30-1pm 1st Sunday of the month at the South Arm RSL. Book site and/or table on: 6239 9171 after 3pm daily. Enq: phone Pam on 6248 9852.

Peninsula Sustainability Network

Interested in networking around sustainability issues on the Peninsula? Contact Phil – 6239 9893

phil@deakin.edu.au

Playgroup—Cremorne

Closed during school holidays reopen Mon 21 June 9.30—11.30 \$2 session—bring piece of fruit At the Cremorne Bowls Club Charmaine ph 6248 9491

SAPRA Committee Mtg 7.30pm 1st Tuesday in the month at South Arm School. See page 2 for committee contacts

Soup and Sandwich

Midday 3rd Monday of the month Additional helpers welcome. Calverton Hall \$6 per person

South Arm RSL Sub-Branch

4pm on the 2nd Thursday at the RSL. Ph: Colin Bird 0407 585 408 Email: <u>penny.bird@gmail.com</u>

South Arm RSL and Community Club

Great meals most nights, bottleshop and two bars. Visitors welcome to enjoy these facilities. 6239 9171

Tai Chi

Fridays 3.30 to 4.30pm At Calverton Hall All welcome Enq: Phone Marigold 6239 9541

Newsletter

The last Newsletter for the year will close on 24 November and should be in letterboxes about 2 weeks after that. This is the edition to let us know your Christmas events!

Send to:

raecalvert@gotalk.net.au for content, and kerry@smsaccounting.com.au for advertising

	Cremorne	Opossum Bay	Sandford	South Arm
Sept	67mm	74.6mm	69.5mm	62mm
Year to date	256mm	314.7mm	296.5mm	270.5mm
Long Term Average			371 mm	
	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft