

South Arm Peninsula Newsletter



December

No 7/2010



The Community Bus is coming

St Barnabas Church South Arm

CAROL SERVICE

19 December at 7pm

Christmas Day Service
8am Holy Communion

Enq: Rob 6248 8455



Little Bee

Early Years Learning
and Childcare Centre -
South Arm

Our 2010 Christmas Concert will be held on Wednesday 22nd December at 3.15 p.m. We hope all of our families can join in the festivities!

Will be open throughout the school summer holidays for long day care. We are closed on the following public holidays: Monday 27th December, Tuesday 28th December, 2010 and Monday 3rd January, 2011.

A special promotion

for any new **PERMANENT** bookings made in 2011

For our existing families: If you refer a new family to our Centre, and this family mentions your name, plus they make a permanent booking, you will receive 2 free days of care!

For new families: enrolling for a permanent booking, you will receive 2 free days of care!

We look forward to a bright and busy New Year.

The little bee staff - continuing to support our local Community.

If you hate driving to town; find yourself unable to drive for a time; are finding it awkward to get to town for appointments; or to get to the hair-dresser; or you would simply like to go to the cinema with a friend ...

you can use the Community Bus.
It is to for all these reasons and more.

Anticipated start is February 2011, on Tuesday each week. You will need to ring the week before to book a seat and for a minimal fee of roughly \$4 get door to door travel (house numbers are important .. see page 3). The bookings phone number will be circulated next year. Many of the finer points have yet to be ironed out, possibly during the initial stages of the service. Your input is invited.

Initially the bus will be to assist people from South Arm, Halfmoon Bay and Opossum Bay who have a long drive to essential services and social events. In the future it is visualised that this bus could transport groups of up to 12 people to particular events on the week-ends or evenings.

Note:

We will need a few volunteer bus drivers. It's easy and fun. You don't need a special licence, although there will be some standard checks.

Volunteer bus drivers will be fully covered for any costs to have the necessary checks, and for any of the running costs where their car may be used to pick up the bus.

Phone Dot Kelly 6239 9190 or any committee member (see page 2)

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The opinions expressed in articles in this Newsletter are not necessarily the views of the committee





SAPRA NEWS

Changes on

Committee:

With sadness but a great deal of appreciation the SAPRA Committee farewells Peter O'Keefe as President. We all thank Peter sincerely for his hard work representing our community over the last few years through changes at the Centre and overseeing the instigation of some great local projects. We'll miss you Peter but the door is always open!

Dot Kelly, a highly respected and active member of our community is now SAPRA President. Dot's been on the committee for some years and always provides valuable insight and feedback. Ian Calvert is now Vice President with Darryl Howlin remaining as a general committee member. We all look forward to continuing our work together through the coming year.

Talk to us: if you have any issues, suggestions, feedback or would like to join the committee, then please just give us a call, drop us an email or note c/- South Arm Shop. We're here to work for you!

Local projects – finished and coming up: there's lots on the go! Look out for the new public memorial seats near the church and at Bezzants Road, the BBQ facilities at the Hall, the bike path extension, repair of the historical signs on the bike path, continuation of the Flowering Red gum Avenue and a major coup – the new community bus service.

We wish you all a happy, and above all, safe festive season with family and friends. And, if you know of anyone spending this time alone, perhaps reach out with a kind word or act and make a difference.

SAPRA COMMITTEE MEMBERS

Dot Kelly Pres 6239 9190
Ian Calvert (Vice Pres) 0418 138 090
Rae Calvert (Minutes Sec) 6239 9342
Kerry Scambler (Treas) 6248 9302
kerry@smsaccounting.com.au
Leah McDougall 6239 9101
Lin Thorp MLC 6233 8309
Richard Vaughan 6239 9739
Sharyn Von Bertouch 0429 199 113
Darryl Howlin 6239 9779



President

Newsletter

The Newsletter will have a summer break and the next closing date will be Weds 2 Feb 2011 and should be in letterboxes about 2 weeks after that.

Send to:
raecalvert@gotalk.net.au
for content, and
kerry@smsaccounting.com.au
for advertising

South Arm RSL Sub Branch

Wheel Chairs

The South Arm RSL Sub Branch has recently purchased two wheel chairs for use by Sub Branch members and local community members who suddenly & unexpectedly, find they have a need for a wheel chair. The wheel chairs will be "loaned out" at no cost to individuals for short periods of time (renewable on a fortnightly basis) to allow the person(s) time to organise other arrangements for themselves or the incapacitated person.

Anyone within the South Arm wider peninsula community who requires the use of a wheel chair should contact one of the following committee people;

Terry Roe – 0400 140 870
Tony Alexander - 0427 367 260
Colin Bird - 0407 585 408
Herman Westerhof - 0419 343 064
Peter Bruce – (03) 62151103

The committee & members would like to acknowledge and thank the following for their support and help in raising funds which allowed the Sub Branch to purchase these two wheel chairs for the community:

Kym & Shane from the South Arm Community pharmacy
Dot Kelly & the South Arm Senior Citizens Community Club

The South Arm Market Stall Holders for donating & buying the raffle tickets
And to all who purchased tickets and/or donated items towards the "hamper" raffle (won by Bob Morgan).

Merry Christmas

On behalf of the South Arm RSL Sub Branch committee & members, I would like to thank the community for supporting the RSL Sub Branch throughout the year and we wish everyone, a safe, happy & healthy festive season. And finally, remember to think about your neighbour if he/she lives by themselves – invite them over for a meal or a Christmas drink – it doesn't take much & they will appreciate it and not feel left out or all alone.



A Chinese Meal at South Arm RSL.

Since the introduction of Chinese Cuisine four nights a week at the South Arm RSL, and along with the already well prepared meals on offer, I have been dining at the RSL usually once a week. Eager to sample more of the Chinese dishes however, I enticed four friends to join me on a recent Tuesday evening.

The mixed entree was delivered hot and fresh, with a special mention for the prawn toast, which really is "prawn" toast, not prawn flavoured toast. My dining companions' smiles were getting wider with each new taste. The entree had done its job.....left us wanting more and we eagerly anticipated our main courses - Lemon Chicken, Pepper Beef on Cauliflower, Honey King Prawns, Sweet and Sour Pork and Fried Rice. The meals arrived sizzling hot, crisp, aromatic and fresh. The servings were generous and ample for the five of us.

We intend to go back soon and often, to slowly but surely eat our way through the menu.

Well done South Arm RSL.

Sue Hickson

Dog Walk

Several enthusiastic dogs are still bringing their sometimes reluctant owners along to Algona St on Sat mornings. Once there, a very happy time is had by all. We enjoy welcoming new dogs and owners.
Enq: Jane 6239 9244

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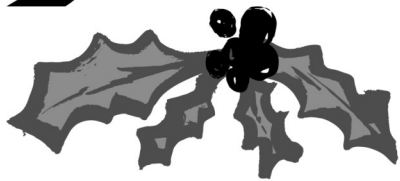
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Seasons Greetings



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and a
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to you all**
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at Lazenby Sand

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CREMORNE COMMUNITY GROUP

A big **Thank You** to you all for making "Let's Get Wrecked in Cremorne" such a resounding success. It goes without saying that without your attendance and amazing support we couldn't have had such a fantastic day.

To my fellow Group Members, we did it! A year in the making, delivered on time and with such finesse.

Congratulations.

One of the outstanding events of our festival "Let's Get Wrecked in Cremorne" was the exhibition of the History of Cremorne which ran for a week at the Cremorne Bowls Club. Curated by Diane Monks the display told the story of the grounding of the *SS Nubeena* and a pictorial history of the early years of Cremorne. The great surprise of the exhibition was a rarely seen oil painting of the *Nubeena* loaned to the History Group by the Maritime Museum of Tasmania.



House Numbers

Is your house number clearly visible from the street? It could save your life.

Emergency services, police and couriers are often baffled and at night it can be nearly impossible.

Marker pen on a bit of board, small numbers at a distance from the road, clever and artistic numbers that need a bit of deciphering, numbers hidden by vegetation or 'the second house on the left past Jane's' just don't wash with emergency services!

If you don't have a letterbox, then you need to have some other obvious method of showing your house number.

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Do the South Arm Zumba

with Vicki Derkley

Zumba is based on Latin Dance and was developed 10 years ago by Colombian Beto Perez. It's taken the world by storm - people don't feel they are exercising because it's so much fun. The music is fabulous and the structure of the class means

most people can participate.

Don't worry, you **don't have to be coordinated**, even though it is based on many different dance moves. The idea is simply to feel and listen to the music and move your body. The instructor is there to lead you through the moves, some of which may be quite tricky, but we don't take ourselves too seriously - we're just here to have fun.

Vicki has all ages participating in her classes. From 10 years through to 70 and over. You do need a base level of fitness, but don't feel you have keep up with anyone else.

Each Zumba class runs for around 60 minutes and is a **great cardiovascular workout** as well as using the core muscles of the abdomen which helps in turn to **strengthen and stabilise the back.**

7.30pm

Monday nights Calverton Hall
Wednesday nights Sandford Hall
Call Vicki, on 0419 155 578
for more information.

First Responder Group

In a health emergency, residents are reminded to ring ambulance services—**DO NOT** try to contact the First Responder Group. The ambulance service will contact a local First Responder.

First Responders would like more volunteers .. training given.

Enq: Mandy 6239 9310

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St Barnabas Church

A lot has been happening at Church lately.

On 10 October a concert was held for the Pakistani flood victims which raised \$600. This was a real musical treat, with David Skegg's special organ played by master organist David O'Neill with soloist Melissa O'Neill. A wide variety of music was presented, followed by refreshment.

On 17 October the Bishop's donkeys plodded round patiently for four hours giving rides to numerous children and one adult at the Fun Day.

31 October saw a Parish Service held at St Barnabas, with friends from Rokeby and Sandford joining our congregation. This was a very happy occasion, followed by a shared lunch.

The children who come monthly will have had their break-up on 5 Dec and we look forward to having them all return, bringing their friends, on 5 March 2011.

On 19 December the annual Carol Service will be held at 7pm. Please join us, this is a real community occasion and will be followed by Christmas refreshments in the Church hall.

On Christmas Day our service will be at 8am. David Skegg will once again be playing his organ for both these services.

The Rector and congregation of St Barnabas would like to wish everyone a safe, happy and holy Christmas.

Church Gardening

We are a motley group of people who try to keep the Churchyard looking cared for. If you can spare 1/2 hour or more, once a month, the first Monday, please do come and join us. No special skills are needed—just secateurs, weeding tools and possibly a rake.

Of course anyone who can't come on Mondays is welcome to work on their own in the graveyard at another time.

We will probably not meet in January and February, so our next session will be 7 March 2011. Put this date in your diary now.

Jane Beavan 6239 9244



New Year Resolutions !

The end of 2010 is fast approaching and what a year it has been. This time of year is notorious for planning and making (but hopefully not breaking) those New Year's Resolutions. Let us be so bold as to suggest some for you.....

New Year's Resolution 1: Give up smoking

One of the most common New Year's Resolutions is to give up smoking and yet it can be one of the most difficult times of year to quit. The stress of Christmas and all of those social events can make the temptation too great. Nevertheless, when it comes to smoking, any time is a good time to quit.

Smokers who **plan** before they quit are significantly more successful than those who don't. The decision to quit must be yours and yours alone, but to help you plan for long term success you should enlist the support of family and friends.

Your pharmacist can also offer you valuable support. Nicotine Replacement Therapy (NRT) products are currently available in Australia: patches, gum, inhaler and lozenges. Come and see us at South Arm Community Pharmacy so that we can help you choose the most appropriate product and become, and stay, a non-smoker.

New Year's Resolution 2: Lose those love handles

The cause of weight gain is easy to identify—too much energy in, not enough energy out; the solution is much more complex. The consequences of carrying excess weight cost us dearly.

If we are serious about achieving a sustainable weight loss, lifestyle changes involving diet and exercise are essential.

The quick fix is not a good long-term solution. For most people losing a kilogram per month is reasonable. Come and speak to us at South Arm Community Pharmacy about setting some realistic goals and discussing the options available to assist you with kick-starting your weight loss program.

New Year's Resolution 3: Support the pharmacy that supports your local community

The end of 2010 will mark the first 6 months of operation of South Arm Community Pharmacy. We would like to thank all of you who have been so welcoming. If you have not been to visit as yet we would like to extend the invitation to you to come and introduce yourself to our team. Our goals and aims are a little different to many pharmacies and you may be pleasantly surprised at what we have to offer. We have made it a priority to support and become involved in the local community and plan to contribute more in 2011. Please come and see us and let us know if there is more we can do for you, your family or the community as a whole.

Please note that [over summer we will be opening longer hours; 8.30am-6.30pm weekdays and 9am-1pm Saturdays](#). We hope that makes visiting your local pharmacy more convenient for you.

Wishing everyone a safe, happy and healthy Christmas and New Year from Karen, Nikki, Shane and Kim at South Arm Community Pharmacy



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Melbourne Cup Luncheon

A luncheon was held at the Calverton Hall and \$920.00 was raised for the First Responder Group. Many thanks to the South Arm Pharmacy, Yummy Bear Hampers, Fused-by-the-Soul and all those who made donations. Thank you to Alan and Noel for the sweeps and everyone else who contributed to make the day a great success.



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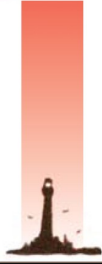
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Santa's Lolly Run



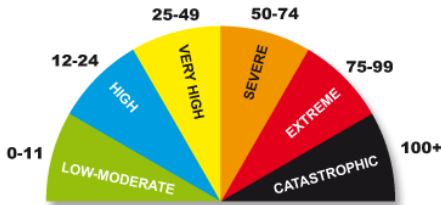
Once again the South Arm Fire Brigade Christmas Run with Santa Claus will be on the afternoon of Christmas Eve.

Santa will leave the fire station in the fire truck between 5—5.30pm and will travel around South Arm including along Blessington St and then head to Opossum Bay to arrive there by about 6.30 or so.

Listen for the fire truck alarm, or ask someone who was here last year if they come into your street.



Fire Danger Levels



South Arm Fire Brigade

We are now approaching the fire season and the Brigade urges all residents and shack owners to be familiar with the fire danger levels.

During the bushfire season, fire danger ratings will be available on the Bureau of Meteorology website, the Tasmania Fire Service website www.fire.tas.gov.au and on the weather page of Tasmania's daily newspapers. Warnings will be broadcast on ABC Radio. Power and telephones are likely to fail in a bushfire so listen on your car radio.



During Catastrophic, Extreme, Severe, and Very High levels you should frequently check conditions outside your home. If smoke is blowing towards you, a fire is approaching and you should leave immediately by a safe route, away from the fire. Please don't wait for an official warning. If ash or burning embers are landing in your yard, the fire is very close and it may be too late to leave. Take shelter in your home. Fill your bath and all available containers with water, and put out any parts of your home that catch fire.

The Tasmanian Fire Service have a number of booklets/brochures available via their website. Also available through the website from 13 December is the "Bushfire Prepare to Survive DVD"

We are now approaching the Fire Permit season and Permit Officers for the South Arm and Opossum Bay area are:- Richard Calvert on 6239 9412, Barry Heather on 6239 9564, Brett Arnold on 6239 9259 and Glenn Palmer on 6239 9346.

On a lighter note the brigade and fire truck will be at a number of local community events over the Xmas period, including the annual Xmas Eve lolly run, (details on right), but of course operational needs will always take precedence.

Finally, the South Arm Fire Brigade wishes all residents, shack owners and visitors a happy, safe and fire free Xmas and New Year, and thank you all for your support during the last 12 months.

Glynis Heather, Brigade Secretary, 6239 9564

Calverton Hall Soup and Sandwich



To all the helpers, soup makers, slice makers, etc who have supported us through 2010, the Committee says "Thank You". To the boys who put the tables and chairs in place every month, as well as setting the tables, we thank you too.

Next Soup and Sandwich will be Feb 21st 2011.

Many thanks and Merry Christmas to you all - Dot Kelly

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4 Howrah Road, Howrah.

How it has all changed

It was 1851 when the first school was started on the corner of Bezzants Road and Main Road South Arm. Operated as a privately run school for the first few years before being taken over by the Education Department around 1856. At the time there were three schools listed in Clarence; Kangaroo Point, Muddy Plains and South Arm,

There were 15 boys & 9 girls attending Kangaroo Point the year the school at Muddy Plains was broken up. At South Arm the school master Mr. Townley unfortunately passed away in 1860. He was replaced by Mr. Reynolds at which time the school then had 27 boys and 18 girls in attendance, learning writing, geography, grammar and Latin grammar, with sewing for the girls as well. Two years later South Arm had 31 children attending with two teachers, Mrs. Bray and a teacher from Rokeby coming over once a week to help.

Many people I have known attended this school including my father, his seven sisters, also my mother Kathleen and her two sisters. The Potter family had to walk from their home at the foot of the hill at Goat Bluff. In those days the road went around the eastern shore line to Seacroft and came out near the St Barnabas Church.

By 1921 the school at Harmony Lane was built and the old school at Bezzant's Road became a home.

I attended South Arm school from 1936, the school teacher then being Mrs Madge Bessier followed by Mr. Dickenson in 1940. The school actually closed for a short time when he took ill as there was no replacement due to the war. Miss P. Hyland was the next teacher.

I remember the three children of Mr. & Mrs. Wishart who lived near Musks Road who did not miss a days schooling in seven years. I'm sure that would be a record. They would drive a horse and trap from their home to Mr. Alan Calvert's property, unharness and leave it there until returning after school to drive home again. In the later days they all had a push bike to ride to school. In those days we walked to school, rain, hail or sunshine.

Maurice Potter.



South Arm Coastcare News

We wish you a happy and safe Festive Season and thank those who have kept our neighbourhood clean by picking up beach and roadside litter.

Council supported this work by helping to fund Coastcare operations in our area. South Arm and Opossum Bay groups are in recess until February. We look forward to catching up with you then, ready and fired up to help our vegetation and wildlife.

Comments received from a couple of Coastcarers:

Pied Oyster Catchers: Just a reminder that the seabirds are breeding at the moment, when it rains they don't move as quickly off the road so PLEASE SLOW DOWN!! We have noticed that the birds found dead on the road have been on wet days.

Brushtail possums are protected by law and cannot be taken, trapped or killed except under a special permit that relates specifically to that land. As a community we need to learn to live with our native species and not treat them cruelly. There are measures you can take in your gardens—Contact Parks and Wildlife if you are having problems.

Fran Rankin
6239 9009
Rae Calvert
6239 9342

Lin Thorp MLC

Labor Member for Rumney



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Grief Support Group

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Sewing classes

Jenny J 6248 9125 Fax: 6248 9372
Email: jennysewingroom@dodo.com.au

Simon Says

Lawns and Gardens

Clean up, maintenance, pruning, waste
removal & whipper snipping,
Pensioner rates apply,
free quotes available
0439 314 246 or 6239 9315

Taxi

Support your local taxi
based in Delphis Drive above Cremorne.
Home-city-airport
Will also meet at airport.
Bookings only. 7 days.
Bob 0408 887 389



The yardarm

property maintenance
More than mowing! Regular maintenance,
pruning, flat packs, garbage, brush cutting,
gutters, weeding, yard cleanups.
Ph Daryl 0438 316 099
email theyardarm@internode.on.net

Website

Think Tasmania
...promoting all things Tasmanian!
www.think-tasmania.com
Contact Tania to have your business included
email - tania@think-tasmania.com
phone - 0407 790 642

THRO

Tas. Horse Rescue and Rehabilitation Org.
Please help this voluntary organization
With donations, sponsorship, foster
homes, or volunteering.
Ph 0457 147 428
www.thro.webs.com

Weight Loss Program

Lose up to 15kg FAST!
• Our clients never feel hungry
• Results guaranteed
• Feel energized and revitalised
• Personal success coach
FREE sample pack, try before you buy!!!
Call Kylee now 03 8671 2822

Yoga

at Clifton Beach Surf Club.
Early morning and evening classes.
All enquiries Lee Cody 0417 319 046.

Wizz-Away Trash Saks

No more weekend trips to the tip
Vince and Jenny
6248 8078 or 0457 295 288

Give a a very local Tasmanian gift this Christmas
See back page

REGULAR EVENTS

Bible Discussion

10.30am Friday
At Jane Beavan's Ph: 6239 9244

7 pm Monday evenings
Non denominational Bible discussion
Enq Paul & Wendy Fenton 6239 9234

Bridge

7.30pm Tuesday Ph: Noela 6239 9172

Church Events

Gardening, St Barnabas

In recess until 7 March 2011
Enq: Jane 6239 9244

Church Services

St Barnabas, South Arm
Every Sunday at 5pm
Children's program first Sunday
Meal following, 1st and 3rd Sunday

St Martins, Sandford

Every Sunday at 8am

St Matthews, Rokeby

Every Sunday at 10am
Rob 6248 8455 or Jane 6239 9244

Coastcare

Mortimer Bay

Break until 7 Feb 2011
Enq: Ph Leanne 0408 498 468

Opossum Bay

Recess until last Sun Feb 2011
Richard 6239 9739

Pipeclay

Meets 10am every 3rd Sunday
In park opposite shop in Cremorne
Ph: Rachel Viney 0439 373 383

South Arm

Recess until 3rd Sun Feb 2011
Rae 6239 9342

Wildcare—Deslacs (Clifton)

email info@wildcaredeslacs.org

Craft Group

12.30—3pm.
2nd, 4th & 5th Tue of the month
Calverton Hall \$2 session.
Enq Leslie Gore 6239 9321

Cremorne Bowls Club

Thursday (Barefoot Bowls)
6.00 pm with a break for barbeque at
7.00pm
Team or individual entries welcome.
Phone 62489856 after 4.30
or contact glennbrem@netspace.net.au

Dog and Owner Walk

8.30am Sat—northern end of South
Arm Beach near the Algona St access.
Ph: Jane 6239 9244

Fire Brigade

7.30pm 2nd Tuesday
South Arm Fire Station
Fire Captain 6239 9412

Garden Club

No meeting till Feb 2011
Enq. Dot 6239 9190 Rae 6239 9342



Gardening

A few locals get together to weed
at Opossum Bay Park. 9-10am on
a Tuesday morning.
Enq: Dot 6239 9190 Rae 6239 9342

Indoor Bowls

There will be no Indoor Bowls until
February 2011.
Sue 6239 9237

Karate

We do not have classes during the
school holidays.
At Calverton Hall
Ph: Kathy 6239 9022

Market

9.30-1pm 1st Sunday of the
month at the South Arm
RSL.
Book site and/or table on:
6239 9171 after 3pm daily.
Enq: phone Pam on 6248 9852.

Peninsula Sustainability Network

Interested in networking around
sustainability issues on the Peninsula?
Contact Phil – 6239 9893
phil@deakin.edu.au

Playgroup—Cremorne

Closed during school holidays—
reopen Mon 21 June 9.30—11.30
\$2 session—bring piece of fruit
At the Cremorne Bowls Club
Charmaine ph 6248 9491

SAPRA Committee Mtg

No meeting in January.
7.30pm 1st Tuesday in the month at the
Church Hall
See page 2 for committee contacts

Soup and Sandwich

In recess until Feb 21st
Additional helpers welcome.
Calverton Hall \$6 per person

South Arm RSL Sub-Branch

4pm on the 2nd Thursday at the RSL.
Ph: Colin Bird 0407 585 408
Email: penny.bird@gmail.com

South Arm RSL and Community Club

Great meals most nights, bottleshop
and two bars. Visitors welcome to
enjoy these facilities. 6239 9171

Tai Chi

Last lesson for 2010 Fri Dec 3rd
Recommencing Fri Jan 28
Enq: Phone Marigold 6239 9541

Zumba

7.30pm
Mon nights Calverton Hall and
Weds nights Sandford Hall.
Enq: Vicki, 0419 155 578

FOR SALE

Overlocker machine, excellent order,
3 reel cotton model. \$100
Phone: 6239 9190

Give a Tasmanian gift this
Christmas

“surfing on the inside reflections of a silver grommet”

Book by the Peninsula's own Michael
Lawrence. Includes photos by
internationally renowned photographer,
Stu Gibson. \$65

“The Mountain”

Definitive one hour documentary on Mt
Wellington **DVD** produced by Michael
Lawrence \$15

Buy both for \$70

Phone Michael on 03 6248 9190

“Oyster Bay”

a novel by Gavin
MacSporran (of South Arm) available from
Fullers Bookshop Hobart or online from
www.lulu.com ref # 13379024
www.amazon.com ref # 1446180794
or buy direct from the author
call 0414 629 185

Win a 5 day trip to Margaret

River for two people including flights, car
hire and accommodation plus vineyard
lunches and personal tours.
Go to VisitVineyards.com for details!

*Spider foils human .. The high tech rain gauge at Cremorne temporarily lost accuracy!

Rainfall

	Cremorne	Opossum Bay	Sandford	South Arm
Oct	*38mm	54.8mm	50.5mm	
Year to date	*364mm	369.5mm	347mm	
Long Term Average				
	Geir Hurlen Rødven	Karen Wheeler	Morrie Larkins	Noela Foxcroft