

# SAPRA - looking out for our community for 35 years

On 29 March 1989, a public meeting was convened with just two agenda items:

- 1. Formation of a 'Progress Association' for the South Arm/Opossum Bay area
- 2. The erection of a multi-purpose recreation centre

The motion to form a South Arm Peninsula Residents Association was carried unanimously and the quest to build a community centre began.

It took an enormous amount of hard work and persistence to lobby, plan, finance and build the centre but the amount of FUN in the fundraising effort balanced things out. When next visiting, spare a thought for the volunteers who raised \$100K and worked to get local, state • Jetty/boat ramp upgrades and federal govt assistance. And then built it - managing the construction, administering grants and still dealing with the usual roads, paths, rubbish etc issues!

Whilst the Stage 2 gymnasium plan didn't eventuate, the fantastic skate park and playground, envied by many communities, now sit perfectly in that space. The Centre too has changed over the years, today thriving with the Op Shop, Library, History Room and of course, the Market.

Since 1989 countless volunteer hours have been dedicated to many community projects and dealing with local issues (sometimes after a long fight) - the list is a small part of the achievements over three decades.

Thanks to all the SAPRA committees and valued volunteers in the last 35 years - this would not be the special, connected place it is without your heart-felt dedication and enthusiasm.

We do it because we love where we live.

Kerry Scambler | President Find out more here : http://southarm.tas.au/sapra-history/

# Volunteers Day - Thank you!

## Our third annual Volunteers Thank You Day saw 50+ people gather in our glorious Iron Plot Community Garden, offering a warm welcome on a cool day.

SAPRA provides this event for volunteers to connect. exchange news, stories and experiences, and fosters a sense of pride for the part each one plays in our vibrant Peninsula community. Locals Shane Heawood and Terry Hill were acknowledged for their work with the South Arm Raft over decades - examples of contributions that so often go under the radar.

To all volunteers across the Penins

Represented were: SA Firies. CERT, Friends of Opossum Bay Park, the Community Garden, Market and Bus, Calverton Hall, the Sub-Branch and RSL & Community Club, St Barnabas, Men's Shed, Iron Pot Golf Club, School Association, Cremorne Coastcare plus volunteers from the Op Shop, Library and Newsletter production team.

Thanks to Noela Foxcroft and Michelle Blom for organising the event, Ian Sale for his photos, Touch of the Mo for catering support, the Retro Bean team who kept us warm and caffeinated and to all the volunteers who joined us.

### Kerry Scambler | President, SAPRA

PS on Page 4 you'll meet a local volunteer recognised with an OAM for her work.

We acknowledge the palawa people (Tasmanian Aboriginal Community) as the traditional owners and ongoing custodians of lutruwita/Tasmania - its land and waters. We acknowledge their long history and deep connection to this place and pay respect to Elders past, present and emerging.

The paper and printing of this newsletter is kindly supplied by Heather Chong.

Logo for first newsletter April 1989



- South Arm & Opossum Bay
- Flowering Gum Avenue Opossum Bay to the Neck
- Community Newsletter 1800+ across the Peninsula
- Musk Road– lobbied for substantial upgrade
- Public seating
- · Bike path Opossum Bay to the Neck
- South Arm Convict Trail
- · Golf days, Halloween & Xmas dinners
- Australia Day & Iron Pot Rock
- · Community Bus

# About this newsletter

Contributions to the newsletter close the 2nd Friday, every 2nd month - next due date Friday 10th May 2024

Individuals and groups are invited to submit notices, reports, photos, articles or other contributions. Send contributions to editor@southarm.tas.au

Editorial and advertising enquiries - Kerry Scambler, SAPRAPres@southarm.tas.au | 0407 875 460

This newsletter has been published since 1989 by the South Arm Peninsula Residents' Association Inc. (SAPRA). It is distributed bi-monthly across the South Arm Peninsula community -Sandford, Cremorne, Clifton Beach, South Arm and Opossum Bay.

Opinions expressed in articles are not necessarily the views of the Committee.

# Digital newsletter in colour!

Available in advance of the printed edition. To subscribe, email - <u>editor@southarm.tas.au</u> Links - web pages, Facebook, email, phone numbers. Find all editions back to 2010 here: www.southarm.tas.au/south-arm-news

## Printed copies

Delivered to your mailbox (Sandford, Cremorne, Clifton Beach and Opossum Bay), available at South Arm Post Office, Touch of the Mo Café, South Arm Community Pharmacy, Lauderdale Post Office and South Arm Community Centre.

## SAPRA Committee:

*President:* Kerry Scambler | 0407 875 460 SAPRAPres@southarm.tas.au

*Treasurer:* Gillian Waldie 0408 123 906 SAPRATreas@southarm.tas.au

Secretary: Vacant SAPRASec@southarm.tas.au

### General Committee

0418 600 707
0400 416 099
0448 515 867
0438 489 974

To address a committee meeting, please contact the President.



# SAPRA: in your community

Our efforts continue as we celebrate an outstanding 35 years of working for our community. Over recent months:



- 80+ people enjoyed history-focused cruises on the ML Egeria (more next edition).
- Partnership with the school strengthens further with students to develop history materials for the History Room and, initiated by the Plotters, a project to craft items for a totem pole in the Community Garden.
- Mayor Brendan Blomeley and Clarence Council's Asset Manager joined the committee at the Centre to discuss Opossum Bay issues including Spitfarm Road, speed humps, new toilets and accessibility.
- Council appointed SAPRA as a key stakeholder in the Coastal Access Strategy (CAS).
- Work in progress to restart Bingo in May, a popular social occasion.
- Staying across the development of a cat management plan and progress of solar panels for the Centre (due end f/y).
- Working to repair our local blackboard(s), important for community communication.
- Maintenance on the Centre is ongoing (it's nearly 27 years old!).
- Michael Topfer has been growing the South Arm History Group Facebook page (800+ members).
- Purchased a digital voice recorder to reignite oral history interviews – if you know someone with a story or two to tell, please contact Michael <u>history@southarm.tas.au</u> or <u>0400 416 009</u>.
- Steve Hinton and his team of volunteer drivers have been active with the Community Bus out on the road shopping, sporting and social trips and transfers for the Egeria.
- Mary Holton and the Op Shop/Library crew are extremely busy sorting the generous donations thank you donors.
- New displays are being developed for both the History Room and Buchanan Hall. Watch this space!

So you see, our small committee does a lot behind the scenes, supported by a wonderful group of volunteers

If you'd like to know more about SAPRA, head to <u>www.southarm.tas.au/sapra-history</u> or contact any of our committee members.

- Kerry Scambler | President | 0407 875 460 | SAPRApres@southarm.tas.au



# Rainfall on the Peninsula

	Cremorne	Opossum Bay	Sandford	South Arm
January	41.5	45.8	46.5	34.5
February	4.2	8.2	2.0	7.2
2024 YTD	45.7	54.0	48.5	41.7
2023 YTD	77.5	59.2	67.4	55.2
	Geir Rodven	Teresa Quine	Bradley Mollison	Bob Kimber

Cremorne: lowest Feb rainfall since 2009



# South Arm Peninsula Men's Shed

# Up and running!

Last issue's front page featured news of the official opening of the South Arm Peninsula Men's Shed - a great achievement by all concerned. Now up and running at a fast pace there is a lot of news to share. Details of activities, events and projects are available at <u>mensshed southarm.tas.au</u>. Please take a look and join us in the fun. Here are the Men's Shed latest news highlights...

The Honourable Nic Street with SAPMS Member Michael Russell



**New President:** Congratulations to Ian Glover, unanimously elected to follow on from the great achievements of Robin Barnes who deserves a well earned rest.

**Communications Officer needed:** Anyone willing to take on the communications role should contact the Men's Shed committee at the email address below.

**Shed Projects:** A Wooden Toy Making Project kicked off in March. See the website for more information.

**Craft Wood:** Donations of suitable species and quality timber offcuts would be very welcome.

**Ministerial Visit:** A visit to the Men's Shed on 6 March to see what the team has achieved and planned left a great impression on Nic Street MP.

**Quiz Night:** See flyer for details. Help fund the Men's Shed and have fun!

Howard Kelly, Secretary, South Arm Peninsula Men's Shed | mensshed@southarm.tas.au



Boys with their toys



# New members always welcome at the Iron Pot Golf Club

Membership is \$379 to February 2025 (includes RSL & Community Club membership). Competition days – Wednesday and Saturday. Email <u>ironpotgolfclub@gmail.com</u> for an application and more information.







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PETER BLACK - 0400 049 282 peter@timelytaxandaccounting.com.au



# Meet Anne Crummy OAM

Cremorne based Anne was awarded the Medal of the Order of Australia for services to the community in this year's Australian Honours and Awards. I met with Anne to learn more about the causes she has devoted so much of her time and energy to.

Originally from the Peninsula, Anne served as Ulverstone Primary School Library Technician/ Librarian for 20 years. Her community involvement included a uniform coordination role with the Ulverstone Basketball Club. Anne's devotion to the Girl Guides began in 1997 starting with Guide Leader through to National Outdoor Activity Manager up to 2021. Currently, Anne is the Learning and Development Manager for Girl Guides Tasmania, with a focus on training and compliance.



If that is not enough, Anne is applying her

librarianship skills as part of a volunteer team archiving Calvary Hospitals' valuable histories - preservation and display of physical artefacts (in hospital foyers) and the digitisation of documents and images for online reference and display.

Although quite rightly proud of her achievements, Anne sees her award as highlighting the importance of the above organisations' roles and their history in our community. *"I love volunteering because I have met so many amazing, diverse, and committed people I'd never had had the opportunity to do so otherwise. I know I am richer for it. "* 

Congratulations Anne!

Paul Johansen, Co-Editor, South Arm Peninsula Newsletter

# **South Arm Primary School**

Already this year our students have shown great endeavour in learning, courage to take on challenges like the annual swimming and water safety program and the athletics carnival, shown respect and connection through Harmony Week.



Our new pump track is open on the school oval, the interschool athletics team represented the school proudly at the Domain Athletics Centre, our School Association has been active serving hot lunches to students.

One of my main aims is to see the school grow in the coming years and it seems like the perfect time to remind everyone that our doors are open.

Our wonderful Friday morning Launching Into Learning (LiL) program attracts many families as far afield as Lauderdale. LiL is a wonderful way for children and families to first experience the relaxed, community-orientated small school atmosphere

This year we have 14 in the kinder cohort positively beginning to engage with playbased learning, whole school assemblies and other activities.

We also have some capacity to accept new enrolments in our primary classrooms and I'd encourage any families considering a change of schools – or who might be looking to move into the district – to contact the school to arrange a time for me to take you on a tour, or to talk more about what we offer.

Stu Warren, Principal, South Arm Primary School | 6239 9126



If you do, just an hour of gardening would be a great help in maintaining our lovely community. Here are 3 little gardening gatherings where you could help:

St Barnabas Church - 1st Sat/mth 10:00-12:00

Iron Plot Community Garden @ the Centre - every Fri 10:00-11:00 (approx.)

Opossum Bay Park - every Wed 09:30-10:30

Enquiries - Rae 0417 555 175



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# Cremorne Corner



# **PIPE CLAY** coastcare group

# Clean Up Australia Day

Thank you to all who helped clean up Cremorne and for taking part in the competition side of things as well. Congrats to Joshy and Tully for taking out the 'Tallest & Most Useful' category, Byron B 'Most Unusual' and Sammy for the 'Biggest & Heaviest'. As always thank you to the many who clean up all year round.

Joshy & Tully display their finds



# Reminder: 2024 activities

Our Annual General Meeting is coming up in early May. Get in touch if you are interested in getting more involved.

As mentioned previously, there is a new funding arrangement for groups from the next financial year. We aim to ramp up our activities again in the second part of the year. Watch this space.

*The Coastcare Team* | <u>0408 121 304</u> | <u>pipeclaycoastcare@outlook.com</u> | *or Facebook* 

# Cremorne Bowls & Community Club

The Cremorne Bowls & Community Club is a hive of activity. Thank you to everyone for supporting local food van Mamma Goat and The Pigs recently with their pasta evening. It was a very special treat to have the Club set up as an Italian restaurant and to be served at tables. They will soon be coming back to the Club.

The bowlers have been busy out and about winning on many levels. Their partners as well, participating on a glorious Saturday in March for lunch and some wine tasting at local vineyards using the SAPRA bus. A great day.

Your local Cremorne social spot is so easy to join. Your membership helps with running costs and improvements. For how and where to join go to <u>cremorne.bowls.com.au</u>



# Cremorne Community Group



Planning for the year is underway. For updates <u>www.facebook.com/Cremornecommunitygroup</u> or phone Angela <u>0409 336 613</u>.

# Cremorne Calendar

Apr-May - Water your plants! Fri 5 April - Tasmanian Gourmet Seafood TBC May - Coastcare AGM Fri 3 May - Spieced Wrap & Roll

## Regular at the Bowlo

Pete's Bar Snacks CC&CB Bar Tue-Sat, 4:30 – 7:30PM Thursday Bowls Details: <u>cremorne.bowls.com.au</u>





# South Arm Community Village Fair

# South Arm Community Winter Arts Festival

This year's South Arm Community Village Fair will be part of the South Arm Community Winter Arts Festival, with workshops and events over a four week period during July - final dates to be confirmed.

Our ethos is to provide support to our local community especially over the cold winter months. This year, the focus is on mental health awareness and supporting people affected by suicide. *If you, or someone you know needs to talk to someone, call Lifeline on <u>13 11 14</u>.* 

We have a great team working behind the scenes and we look forward to providing the next update.

## South Arm Community Village Fair - Calverton Oval, South Arm - Sat 20 JULY 2024

We are looking for Artisans of all types to be part of our Winter Community Village Art & Craft Fair.

Inside stalls at the Community Centre will be available for demonstrators and sales. Outside stalls will also be available for all regular stall holders. Over the same weekend, we get to truly celebrate the creative community we are with an Art Exhibition in Calverton Hall. All profits of this event will go directly to South Arm Men's Shed.

If you would like to be part of this exciting event please email <u>southarmcommunityvillagefair@gmail.com</u> or call Fair Coordinator Laney Wing <u>0468 388 560</u>.



# SOUTH ARM RSL AND COMMUNITY CLUB INC

# **Bottleshop Discounts Now Offered To Members**

Club members now receive a discount at the bottleshop on presentation of their 2024 membership card.

Membership renewals are now due and new members are always very welcome. New member applications and renewal forms are available at the Club, via treasurer@southarmrsl.com.au or download at southarm.tas.au/south-arm-rsl-comm-club Ph: Club - 6239 9271 | Treasurer/Membership - 0419 339 415

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# St Barnabas - our community church

St Barnabas church and cemetery have been an important part of our local community since the 1890s. The history of the establishment of the cemetery, followed by the fundraising by local families to build the church, mirrors the development of the history of the peninsular from early pioneering days.



## Membership

When the community purchased the church/cemetery from the Anglican Diocese in 2021, the Board of Management had to develop a membership base in order to become incorporated. Membership is \$5 per year, and we would welcome and encourage everyone to come and join. There are many ways in which members can become involved; community activities, working bees, fundraising events, social events, providing support for those less fortunate in our community. Membership forms are available from church members, the St Barnabas' market stall, the church, the library ( in the community hall).

## Jane Beavan's 90th birthday

Any thoughts of the more recent history of St Barnabas church must involve Jane Beavan who first retired to South Arm with her husband Rev. Ernest Beavan in the late 1980s. Both soon became involved with worship at St Barnabas with Jane running a very successful Sunday School for many years. She has been a passionate, tireless, invaluable leader and member of the church. Jane will be celebrating her 90th birthday on 5th May with a special service at 10 am. Please come along and help to make it a truly special occasion for her.

### **April services**

7th - Lyn Aylett - morning prayer 14th - Rev Beverley Elliott - Iona communion service 21st - Rev Andrew Lake - Anglican communion

28th - Rev Paul Elliott - Communion service

For more information visit the St Barnabas website stbarnabas.au

#### May services

5th - Rev Andrew Lake - Jane's B/day Celebration service 12th - Rev Beverley Elliott - Iona communion service 19th - Rev Andrew Lake - Anglican communion 26th - Rev Paul Elliott - Communion service All services are at 10am. Everyone is always welcome

# Vale Dot Kelly

Dot Kelly of Opossum Bay passed away in January 2024 leaving a significant legacy for our community. Her contribution crossed a number of organisations – the CWA, Country Club, Calverton Hall and others including 12 years on the SAPRA committee with two years as President.

Dot initiated the Back to South Arm Fun Day, held as part of Clarence's Sesquicentenary, was involved with the first community bus partnership in 2010 and part of many other events/projects. She was also an active member of Council's Positive Ageing Advisory Committee.

But perhaps Dot will be remembered mostly as the one who sent South Arm ladies across the world, creating one of our area's biggest ever fund-raisers and talking points. *Bare to be Different*, a quirky calendar of women tastefully posing in various stages of undress, not only generated orders from across the country and the globe, it raised over \$100K for Calverton Hall! Enough to buy new electronic curtains, upgrade the kitchen and tennis court and build dressing rooms and more.

If you read the full story here <u>http://southarm.tas.au/history/calendargirls/</u>, you'll find it was also a great social connector, with the photo shoots and captioning providing giggles and laughs aplenty.

To her family and friends, please be assured our community won't forget Dot, her work and her beaming smile.

Kerry Scambler, SAPRA President





# Do you know our local history?

# Speaking of Speaks Bay and other local spots...

**Co-Editor comment:** In last issue's history article, subtitled "A cautionary tale?", did anyone notice my misplacing of Speaks Bay? Michael Topfer, our local history buff, knew better and pointed out that the map I relied upon shows not just Speaks Bay but also Hopes Beach on the wrong side of the Neck. The "cautionary tale" in this case.....don't believe everything you see on the internet! Thanks to Michael for the clarification and providing the following information on Speaks Bay and other local place names. Reference... www.placenames.tas.gov.au

Speaks Bay and other locations referred to in article



There are some intriguing stories behind many of the place names on the peninsula. Do you know of a local bay named Speaks Bay? It has had the name for over 200 years but it is not well known and not often used. It is the bay where Hope Beach is situated, as shown in the map. Its location is stated as being opposite Betsey Island. Speaks is an English surname. Anyone know where Speaks came from? Was the bay named after a British public official or military person?

Some beaches in South Arm have had name changes over the years. Spring Beach, a beach west of Blessington Street, opposite Cleveland Street, was noted on a Clarence Council booklet "Popular Beaches in Clarence" in 2008 as St Johns Beach possibly due to its location near Johns Point. At this time the beach was known to residents as Spring Beach. It is believed to have been named by George Alomes, when he had a farm nearby in about 1861. As stated in Placenames Tasmania, George named it Spring Beach as 'there has always been fresh water springs flowing from the hill above. If you have a look some time just at the end of the rocks as you approach Spring Beach from the jetty end, you should still see the water coming out of the rocks there. In the very dry years we could always get water there for the sheep when the water holes had dried up'.

John's Point was named after John Calvert. Fort Beach was also known as Johns Beach before the Defence Department took over the property in 1939. John Calvert was the first to set up the farm Pleasant View around 1870, the property is now Fort Direction. John Calvert was the second of eight sons of Christopher and Hannah (nee Watson) Calvert. Spring Beach has been the official name since 2014 and not St Johns Beach.

Next issue we will feature the history of Betsey Island. If you have information, stories or photographs to share please contact Michael Topfer | history@southarm.tas.au

# New services available at South Arm Community Pharmacy





# Immunisation and treatment for simple Infections

We can now offer you more vaccinations and treatment options at South Arm Community Pharmacy.

## National Immunisation Program Vaccination in Pharmacy (NIPVIP)

Our pharmacy and all of our pharmacists are now authorised and approved to provide vaccinations free of charge to eligible patients according to the National Immunisation Program (NIP). This includes vaccinations for Influenza, Pneumonia, Shingles, COVID19, Whooping cough and tetanus. We can also review your immunisation history and let you know which vaccinations you are due for. Come and speak to us about your eligibility and we can schedule your vaccinations for you.

## **Simple Urinary Tract Infections**

You may have seen the advertising on TV or social media recently reporting that accredited pharmacists can issue antibiotics for simple Urinary Tract Infections. There are very strict criteria which must be met before we can do this and of course we will always refer you to your GP when required. Our pharmacy and all of our pharmacists are approved and accredited to offer this service. There are fees associated with this service – just like a GP appointment.

South Arm Pharmacy, 3120 South Arm Rd., South Arm | 6239 9529





# The Price of Liberty is Etermal Vigilance

# ANZAC DAY 25 APRIL 2024

SOUTH ARM RSL SUB-BRANCH INC.



Extends an open invitation to all community members to attend & support this significant occasion.

**0555 Hrs. Anzac Day Dawn Service.** A Commemorative Service will be held at Lone Pine Memorial, Cape Deliverance, Fort Direction for all community members. The Service will commence at 0555Hrs with a short march by veterans to the Memorial site for a 6 AM start. **People wishing to lay wreaths during the Dawn Service, please contact the President on** 0400 140 870 ASAP.

Vehicle drivers, please follow parking attendants directions and watch out for pedestrian traffic when parking.

## Traditional Gun Fire Breakfast – 7am.

At the conclusion of the Dawn Service, the Committee extends an invitation to all community members to join them for a traditional "Hot Toddy" and a Gun Fire Breakfast at the RSL & Community Club, 2972 South Arm Road, South Arm.

**11.00 AM Anzac Day Service.** A Ceremonial Service will be held at the South Arm Memorial Park, 2972 South Arm Road, South Arm.

People wishing to lay wreaths during the Service are encouraged to do so. Please contact Stan <u>0414 924 939</u> ASAP.

At the conclusion of the ANZAC Day Service, everyone is invited back to the RSL & Community Club. Meals can be purchased from the bar and a free sausage sizzle for students and children will be available.

Thank you for attending and remembering our fallen.

# South Arm Market



The February Market was a quieter than usual day with weather playing a major part in the reduced number of patrons. Nevertheless, the music by Dan was awesome and the stalls were overflowing with goodies. We welcomed new stallholders including "Coastal Creations" and the "Birchgrove Feline Rescue".

The March Market day was so very windy. For those hardy souls who attempted to set up and finally gave up, we understand the frustration. The decision to cancel was made with great reluctance. It simply became too dangerous to continue.. and the safety of everyone was our priority.

Jacqui Harvey would like to personally thank stallholders and volunteers for your understanding, after all your preparations, of the necessity for the cancellation.

We're hoping for some sunny South Arm weather for our next market on Sunday, 7 April... with NO wind. See you there.

Market Musketeers: Enquiries / bookings: <u>0422 203 124</u> | market@southarm.tas.au

# Community Bus(y) Bees

In January, the South Arm Community Bus (See notice below) was hired by the Bee Queens and we visited Tasmania's SW to experience the Leatherwood in flower. The bus was fully booked and the journey took us through some of Tasmania's most spectacular landscapes, before arriving at our destination- an apiary on Clear Hill Road, next to Lake Gordon.





After a quick bite to eat we put on our beesuits and opened up the hives to watch the bees working these magnificent forests and to see just how much honey they are bringing in this year (it is an epic season!). Thanks to Bob Blaauw who was our able bus driver - Bob also popped a suit on and joined us in the apiary (see pic!).

For anyone thinking about hiring the bus, we can't recommend it enough even when your trip ideas are a bit 'out of the box,' the

community bus is a wonderful service for our community. See below for more information,

Jenni McLeod For further info on Bee Queens, email beequeensinfo@gmail.com

# SOUTH ARM PENINSULA Community Bus

# SOCIAL CONNECTIONS

Families | Friends | Common interest groups Keep your group together on the journey - enjoy their company and forget the hassle of driving/parking!

# SOCIAL SUPPORT

Fortnightly shopping trips (\$8 person) and other assistance available. For those unable or uncomfortable to drive.

Enquiries contact Steve - 0419 339 415 communitybus@southarm.tas.au www.southarm.tas.au/community-bus



## ADVERTISEMENT

JULIE COLLINS MP

If you require assistance on any Federal matter please contact me.



# **Nature Notes**

# **Grace in motion - Stingrays**

In the previous issue we covered Echidnas, familiar to all of us on the South Arm Peninsula. This issue we venture into our surrounding waters with some interesting stingray facts...

Stingrays are cartilaginous fish meaning their hard body parts are made of cartilage not bone. There are two main species commonly found in Tasmanian waters, the Smooth Stingray and the Southern Eagle Ray.

The *Smooth Stingray* can grow massive, with specimens 2 metres across the disc and over 350 kg recorded. It may live as long as 25 years in the wild.

The *Southern Eagle Ray* is smaller with a maximum size of 1.6 metres across the disc recorded. It may live as long as 14 years in the wild.

Both of these species are commonly found in shallow, estuarine waters around Smooth Stingray



Tasmania, often burying themselves in sediments with just their eyes exposed.

Southern Eagle Ray



They forage for small fish, crustaceans (crabs, shrimp) and mollusc using their winglike fins to "sweep" the sediments, excavating small pits over the sea floor to expose their prey. Both of these stingrays give birth to live young, with litters of 2 to 20 pups between 20 to 30 cm across the disc.

Stingray spines have been used by first nation peoples as spear tips and knives.

Contributor - Mark Green, Marine Scientist PS: Ray pits can be seen at Cremorne lagoon at low tide.

If you have a suggestion for next issue's Nature Notes please email <u>editor@southarm.tas.au</u>

SAPRA MEMBERSHIP   1 July 2023 - 30 June 2024	\$2 per person
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Date Amount enclosed (\$2 pp, & donations welcome)	\$
Your annual \$2 per person membership fee helps us to help you. It supports the many services run in our community and funding the Community Centre as our h Please leave this form in SAPRA Box 183 at the South Arm Shop.	•

# Local services and notices

Free service for Peninsula businesses.

If you know of any listing no longer active please let us know editor@southarm.tas.au

## **Accommodation**

Cremorne Self Contained Cabin Great rural location, close to beach. 0434 499 730 | www.airbnb.com/h/cremorne-trinity

#### The Octopus South Arm

Fully self-contained accomodation suitable for 2 guests(+ one infant 0-2 on request). www.airbnb.com/h/theoctopus

#### Administrative Services

Justice of the Peace - Opossum Bay David Skegg 0418 374 305 | davidskegg@icloud.com

#### Justice of the Peace

Doc. witnessing, court affidavits, stat. decs, certifying true copy of original document. Terry Roe 0400 140 870

### **Animal services**

#### Sandford Cat Hotel

5 star luxury for your cat. Hazel Jones <u>0403 568 999</u>

#### **Automotive**

Tilt tray towing, accident recovery, insurance work. Anthony 0412 110 992

#### **Red Dog Auto Repairs**

Qual. mech., Sandford area Thu & Fri's. Brakes, clutches, suspension. Small car serv. from \$150. Zach <u>0487 457 860</u>

## **Beauty**

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6239 9612 | 0421 859 408

## **Mobile Haircuts**

Professional haircuts in your home. Tania <u>0458 528 258</u> | Facebook.

### South Arm Skin Care

Qual. beauty therapist (19+ yrs). Mj's hair design, 3120 South Arm Rd. Wed-Sat. 0409 552 869 | Facebook.

#### **Business services**

Copywriter - Bethamy, Grad Cert JMC

Research & write brochures, flyers, ads and websites for your events & business. 0429 399 961 | bethamylari@gmail.com

### Rachel-is-IT

Computer repairs, up-grades, IT help. Vinyl signage for car, boat or business. <u>6239</u> 9706 | 0438 399 706

#### **Ceremony**

#### **Oakdown Celebrant**

Naming days, weddings & more. Make your day unique. Tara Bellette 0408 367 932 | tarabellette76@gmail.com

#### Lyn Gallagher, Marriage Celebrant

Weddings, Naming Days, Renewing of Vows, Special Birthdays, Funerals. Facebook 0459 769 419 | hopefulandtrue@gmail.com

Marriage & other Life Event Celebrant Saying I do? Let me be your guide -Beverley Elliiot. <u>0460 519 037</u> | beverleyfe@gmail.com

#### **Community meetings & classes**

**Bible Discussion - Connect Group** New members welcome. Fridays 10.30am. in Gellibrand Fellowship Hall at St Barnabas Church. Jane Beavan <u>6239 9244</u>

# Iron Plot Community Garden @ the Centre

Help garden, have a chat and/or help plan -Fridays 10-11am. Open for all the community to enjoy.

### Pizza Oven @ Community Garden

BYO wood, oven tools available by arrangement. Free to use but donations to the Community Garden welcome. Ph 0407 875 460 to book.

**Cremorne Community Group Inc** 

www.cremorne.tas.au | Facebook cremornecommunitygroup@gmail.com. Marquee hire for CCG members ghr@pipshy.com | 0412 305 794

## Bridge

Calverton Hall, Wednesdays at 2pm. New members and beginners welcome. Noela 0418 600 707

#### Craft Group

2nd, 4th & 5th Tues of the month 12:30-3pm, Calverton Hall. \$2/ session. Lesley Gore <u>6239 9321</u>

## Rokeby Girls' & Boys' Brigades

Adventure for girls & boys 5-18yrs. Thu 5:30 - 7:30pm, at Emmanuel School. Libby 0416 277 101 | eneduljee@gmail.com

### Sandford Scout Group Friends

Fun, community service and adventure! Joey Scouts (5-7 yrs) Mon 5-6pm, Cubs (8-11 yrs) Mon 6.15-7.45pm Scouts (11-15 yrs) Wed 7-9pm Susanne | sehovington@hovo.id.au

#### SAPRA Committee Meeting

2nd Tuesday of the month, 7pm at South Arm Community Centre. To address the Committee, **see p2**.

## South Arm Community Centre Library,

**Op Shop & History Room 9** Calverton Place, South Arm Mon 10am-12pm, Fri & Sat 1pm- 3pm Market days 9:30am-1pm.

#### South Arm Songsters Choir

All welcome for songs & laughs! 7pm Mondays at the Community Centre. Betsy 0418 526 002

## St Barnabas Community Church, SA

Morning service, Sun. 10am. W/bee 10am, 1st Sat./month. |Rachel Todd, <u>6239 9706</u> | Jane Beavan <u>6239 9244</u>.

## Exercise & activities

Cremorne Bowls Club

www.cremorne.bowls.com.au 6248 9856

#### Indoor bowls

Every Monday 1:30- 3pm Calverton Hall. Beginners always welcome!

### Evolve Fitness

Wed 5:30pm, Thu 5:30pm, Sat 8am Sandford Community Hall .First Class Free Susan 0488 707 056 | Facebook | evolvefitnessaus@gmail.com

#### Jayne Martin Yoga

Slow gentle flow suitable for beginners. For more info, contact jaynemartin04@gmail.com

#### Pilates - South Arm

Contact Helen on 0498 177 916

#### South Arm Fitness & Wellness Hub

Gym open 24/7. \$14 /week, no lock in contract. Yoga 9am Mon. Laura 0421 859 408

#### **Tennis Court**

\$10/hr. Book at South Arm Store or after hours. Kate 0409 845 245.

#### Yoga at Lauderdale Hall

Strength & calm Asana, pranayama, Yoga Nidra & meditation. Wed 10.30-12pm. Margaret 0428 252 560

#### Food & dining

Fresh fish delivered door to door

Every second Wed 11am-1pm. 30+ years. Robyn 0438 721 448 | robdaze@bigpond.com

## **Opossum Bay Store**

Open 7 days. Great coffee, fishing, takeaways, groceries, tools, cards, petrol & friendly service. <u>6239 9134</u>

#### South Arm RSL & Community Club

Great meals, take-away, bottle shop. Dinner 7 days + lunch on Sun Pizza - Fri/ Sat; Asian - Sun/Mon/Tue/Thu. A la carte Wed/Fri/Sat. ph <u>6239 9171</u>

#### Touch of the MO Cafe

Wed to Sun 8:30am-2:00pm. Brunch, Chef's specials, snack menu, coffee cafe smoothies and more. Phone <u>6295 5532</u> | <u>Facebook</u>.

#### **Gardening**

AJs Lawnmowing & Maintenance 6 Calverton Place, South Arm. Call Andrew for a free quote <u>6239 9863</u> | <u>0422 992 479</u>

Emma Parker Garden Supplies Pea straw \$15/bale. 0409 555 098

#### Last Straw Garden Supplies SA

Pea & barley straw, horse, sheep & chicken manure, potting mix & organic compost. Free local delivery. Adrian <u>0427 976 618</u>

#### Landscaping and General Gardening Develop new gardens rejuvenate old, lawn mowing rubbish removal etc. Steve 0408 000 645 sbishtas@gmail.com

### The Snail Whisperer

Bothered by snails eating your veggies and flowers?. Free removal and collection. Alistair 0417 457 140

#### Worm poo and worms

Natural magic food for veg & plants. \$4 bag poo \$9 bag worms. Free local del. or p/up South Arm Market. Jill 0419 732 390

### Home & property

Activ8 Electrical & Data Contractor Commercial & residential. Michael Calabrese 0407 281 383 | www.activ8electrical.com.au | activ8electrical@gmail.com

#### Blakey's plumbing and maintenance [after hours]

Domestic plumbing, blockages & repairs. Robert 0410 118 254

#### **Construction & Carpentry**

For all your building requirements. Simon 0405 936 652

## Flatrock Concrete

Formwork, concrete & excavations Justin 0439 915 386

### Greg Steinbauer

Gardening, odd jobs + home maintenance. 0419 136 693 | gstein101@gmail.com

#### House-sitter Clare

Experienced, reliable, mature & local. Excellent references. 0450 417 061

### Interior Design

DIY consultations, new build & renos. Free discovery call. Kellie, Hello White Interiors 0421 972 370

### **Reptile Ranger**

Rescue & relocate snakes correctly. Permit 2001766. Craig 0424 441 488

# **Rockstar Tiling & Bathroom**

Renovations. Waterproofing, tiling & bathroom renovations. Servicing Peninsula & Eastern Shore. Rick 0499 279 561

#### Snoopy's Gas Fitting

Install, service and maintain. Brett Newell 0448 877 062 | sssnoopy11@gmail.com

## **Snake Catcher & Re-Locator**

Registered. \$70 call out fee. Lauderdale, Sandford, South Arm 0411 511 769

### **Tassie handyman**

Maintenance, carpentry, painting, fencing, small l/scaping, windows & doors. 0448 667 732 | Facebook

### Weekly Cleans Mon-Fri Malena 0419 670 446

### **Health Services**

## **Converse Online Speech and Art**

Therapy Building confident communicators. 0487 718 750 | www.conversetherapy.com.au admin@conversetherapy.com.au

#### South Arm Community Pharmacy

4/3120 South Arm Rd 03 6239 9529, Fax 03 6239 9600 info@southarmpharmacy.com.au Mon -Fri 8.30am-5.30pm, Sat 9am- 12 noon

### Special Interest

### Genealogy Research

Start your family tree or solve a mystery. \$50 initial review inc 2hrs research. Maree 0409 169 659 | harriets.garden@bigpond.com

## TCE Tutor: ENW. ENL or French

Many years' experience teaching pretertiary + tertiary. Can help with essays, English etc. 0477 771 040

## Maurice Potter History Room

SA Community Centre. Join the History Facebook group. history@southarm.tas.au Michael Topfer 0400 416 099

## Transport & equipment

South Arm Peninsula Community Bus For group hire. 11 seats + vol driver, tow bar. Steve 0419 339 415 | communitybus@southarm.tas.au

#### Wheelchairs and walker

Short-term loans to SA RSL Sub-Branch Members and Defence Services personnel (and dependents). Peter 0477 706 497

## Venue Hire

# **Calverton Hall & Oval Hall Hire** Cherie 0409 217 975 | Kate 0409 845 245 Tennis court after A/H as above. Tennis

court key during the day still available at the shop.

### South Arm Community Centre

Special occasions, interest group or business meetings, workshops etc. 0407 875 460 I

SAPRAPres@southarm.tas.au

## **Volunteering**

#### **Coastcare Opossum Bay & South Arm** 1st Sunday of month. 10am -12noon.

Different venues. Robyn 0400 119 519

## **Coastcare Pipeclay**

Autumn, Spring & Clean Up Aust Day working bees. <u>0408 121 304</u> Search for us on Facebook or pipeclaycoastcare@outlook.com

## Wildcare—Deslacs(Clifton)

info@wildcaredeslacs.org

# **Coastcare Mortimer Bay**

Leanne 0408 498 468 | mortimerbay@landcaretas.org.au

### South Arm Fire Station

South Arm Fire Station 2nd and last Tuesdays of the month, 7pm Val Ansett, Brigade Chief 0408 267 887

#### Sandford Fire Station Training each Monday 7.30pm Paul Lawler, Brigade Chief 0409 305 808

#### Friends of Opossum Bay Park

Plant, plan, weed and chat at Opossum Bay Park every Wednesday, 9:30-10:30am. Rae 0417 555 175

## **Clifton Beach Surf Life Saving Club**

President Anthony Chapman 0437 946 675 Nicole Davey, 0492 979 625 secretary@ cliftonbeachslsc.com.au www.cliftonbeachslsc.com.au

#### Water carters

#### Iron Pot Water

Based in Half Moon Bay Gavin 0448 002 803. 12,500 litre per load

MKH Water Supply & Cartage Domestic & civil. Services all areas. Marcus 0438 643 176

# **Reliable Water** Tim 0419 614 457

South Air Water Damien 0417 928 377

Streamline Water Wayne 0418 125 096

# Wellbeing & health

# Acupuncture & Chinese Medicine

Dr Bec Emmerton (TCM). Treating pain, fertility, women's health, health & wellness. bekemmerton@gmail.com | 0432 079 849

## **Tara Edwards Reflexology**

Qualified. Home visits for relaxation or health concerns (chronic pain, sleep, circulation, & digestion). \$70/hr Tara<u>0457 327 482</u>

### Naturopath / Nutritionist & Psychic Medium/Healing

Amanda Erskine in Sandford. 0417 727 065

### Pamper Room

Relaxation, Hot Stone, Oncology, Pregnancy Massage and Facials. Tania 0458 528 258 Facebook www.pamperroom.com.au

#### Lomi Lomi Massage

Traditional Hawaiian healing in South Arm. Relaxation. Rejuvenation. Reenergizing. Val\_0408 267 887

### Gaia's Light Spiritual Consultancy

Accredited Reiki Treatment Prac., Chakra Balance, Akashic Records Prac., Wisdom of the Tarot & Write from Source©. evie@lightmygaia.com | 0466718244 https://lightmygaia.com |Facebook.